

## JUNIOR – Plans for Self-Improvement

Your Name: \_\_\_\_\_

Date: \_\_\_\_\_

Self-reflection and self-evaluation are important steps that lead to self-improvement. Your answers to the following questions will help you evaluate your present status as a candidate in Teacher Education. By answering the following questions, you have the opportunity to assess your strengths and weaknesses, and to ACT on the conclusions.

Examine the following statements and indicate how you feel you have performed this semester. Your responses will help you make decisions about how you can improve on your performances.

Check ONE response to the following statements.

### Curriculum & Subject Matter Knowledge

	Always	Quite Often	Sometimes	Rarely	Almost Never
1. Having a knowledge of the subject matter presented in class will help me become a better teacher.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. I am able to create daily lesson plans and unit plans that call for critical thinking	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. By varying the strategies for each lesson when plan for micro-teaching, I am able to generate more interest in my lesson.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. Student participation in a variety of learning experiences is important to me.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5. By selecting appropriate resources such as software, videotapes, periodical articles and books, I am able to make lesson plans more interesting.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6. I am able to perceive the connection between daily lesson plans and unit plans.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7. I am able to perceive the interconnectedness between theory and practice in exams, classroom assignments, micro-teaching and practicum.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8. Fostering creativity and curiosity is an important of part my lesson plans.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
9. By engaging in meaningful educational research, I am able to strengthen my assignments.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

	Always	Quite Often	Sometimes	Rarely	Almost Never
10. Through informed decision making, I am able to reflect insights into my teaching and learning.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
11. My ability to use modern technology in the various roles of a teacher is strong.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
12. I know how to conduct meaningful research that is appropriate for the task.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
13. I value planning lessons that incorporate multicultural literature.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
14. I enjoy listening to music and watching videos that portray the multicultural makeup of students.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
15. I feel comfortable in having students with various learning disabilities in my classroom.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
16. I enjoy working with people whose learning styles are different from mine.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
17. Being on time for class and other appointments is a priority for me.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
18. I have a sound knowledge of classroom management skills.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
19. I adhere to a code of professional conduct that is expected of all professionals.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
20. Engaging in behaviors that are becoming of a professional is my goal.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
21. It is necessary for a teacher to possess strong technological skills.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
22. Through the week I plan to set aside time for recreational purposes.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
23. Holding membership in professional organizations is an important part of professionalism.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
24. Participating in the various professional activities on campus is a priority to me.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
25. I regularly practice self-reflection/assessment in all my endeavors.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
26. Improving my grades to the best of my ability is important to me.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
27. I am committed to always serve through teaching.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Describe how satisfied you are with your disposition/professionalism, and tell how you plan to implement change.

**Program Requirements**

	Always	Quite Often	Sometimes	Rarely	Almost Never
28. Participation in portfolio assessments is helpful to me in my professional growth.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
29. I see where I can improve when I prepare to present my portfolio at various stages of my education program.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
30. When the need arises for me to use the services of the TLC or Career Center for counseling, career development, or tutoring, I use such resources on campus.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
31. I often look forward to participating in education enrichment programs such as conferences and on campus labs and workshops.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
32. Reflecting on my world view helps me examine my personal value system.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
33. The use of technology in my courses to complete assignments has been very beneficial to me.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
34. I perceive the need to participate in field experience observation activities prior to my practicum experience as an important stage while learning to be a teacher.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
35. Participating in community out-reach is important for my professional growth.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
36. I perceive my world view to include service to humanity through teaching.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Please describe your degree of satisfaction with your readiness to fulfill program requirements and show how you plan to implement changes.

## HOLISTIC DEVELOPMENT

	Always	Quite Often	Sometimes	Rarely	Almost Never
37. Conforming to school standards of respect and empathy for students, preparedness for lessons and involvement in the school community show my commitment to serve humanity.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
38. I maintain a balance in all activities to help me in my physical, mental, social, and spiritual development.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
39. My knowledge of human growth and development theories help me grow holistically.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
40. Being sensitive to my students' diverse cultural needs, and their abilities, dispositions, and socio-economic needs will help develop for them a better learning environment.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
41. Included in my plan for developing the well being of my students is the need to pay attention to their social, emotional, psychological, and physical growth.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
42. As a professional, it is important for me to respect the conviction of others in my dealings with them.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
43. The development of a teacher is an on-going process and it is my duty to be engaged in lifelong learning.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Describe your degree of satisfaction with your personal holistic development and future plans for the development of your students and show how you plan to implement changes.