

STANFORD HYPNOTIC SUSCEPTIBILITY SCALE, FORM C**Scoring Booklet for Modification by John F. Kihlstrom**

Name: _____ Date: ___/___/___

Subject #: _____ Experimenter: _____

Summary

0. Eye closure		XXXXXXXXXX
1. Hand lowering	Only Items 1-12 Count in Scoring	
2. Moving hands apart		
3. Mosquito hallucination		
4. Taste hallucination		
5. Arm rigidity		
6. Dream		
7. Age regression		
8. Arm immobilization		
9. Anosmia		
10. Auditory hallucination		
11. Negative visual hallucination		
12. Posthypnotic amnesia		
13. Posthypnotic suggestion		XXXXXXXXXX
TOTAL		

Posthypnotic Recall

	<i>Amnesia</i>	<i>Reverse</i>
0. Eye closure	XXXXXXXXXX	XXXXXXXXXX
1. Hand lowering		
2. Moving hands apart		
3. Mosquito hallucination		
4. Taste hallucination		
5. Arm rigidity		
6. Dream		
7. Age regression		
8. Arm immobilization		
9. Anosmia		
10. Auditory hallucination		
11. Negative visual hallucination		
12. Posthypnotic amnesia	XXXXXXXXXX	XXXXXXXXXX
13. Posthypnotic suggestion	XXXXXXXXXX	XXXXXXXXXX
TOTAL		

Note: If a subject fails to respond to *three consecutive suggestions*,
the experimenter should terminate the scale with Item #12 (Posthypnotic Amnesia),
including Item #13 (Posthypnotic Suggestion).

ITEM 0. Response to Induction

Score: _____

a. *Eye Closure* Eyes do _____ do not _____ close without instruction.

Paragraph in which eyes close: _____

b. Other Induction: _____

Response: _____

Remarks: _____

Score + if eyes close before subject is instructed to do so deliberately.

ITEM 1. Hand Lowering

Score: _____

Movement during suggestion: _____

Movement after 10 seconds: _____

Remarks: _____

Score + if hand lowers at least 6 inches by end of 10 seconds.

ITEM 2. Moving Hands Apart

Score: _____

Movement during suggestion: _____

Movement after 10 seconds: _____

Remarks: _____

Score + if hands 6 inches or more apart at end of 10 seconds.

ITEM 3. Mosquito Hallucination

Score: _____

Response during Suggestion: _____

Response during 10 Second Interval: _____

Remarks: _____

**Score + for any grimacing, movement, or
other acknowledgment of effect.**

ITEM 4. Taste Hallucination

Score: _____

a. Sweet Initial Taste: None _____ Vague _____ Weak _____ Strong _____

Subject's Description: _____

Overt Signs: _____

After Reinforcement: None _____ Vague _____ Weak _____ Strong _____

Subject's Description: _____

Overt Signs: _____

Remarks: _____

b. Sour Initial Taste: None _____ Vague _____ Weak _____ Strong _____

Subject's Description: _____

Comparison to Sweet: _____

Overt Signs: _____

Remarks: _____

**Score + if both tastes experienced and
either one strong or one accompanied by overt signs.**

ITEM 5. Arm Rigidity

Score: _____

Bending during Suggestion: _____

Bending during 10 second interval: _____

Extent of Effort: none _____ some _____ much _____

Remarks: _____

Score + if less than 2 inches of arm bending during 10 seconds.

ITEM 6. Dream

Score: _____

Time Interval Begins _____ Ends _____

Record dream, thoughts, images, fantasies, etc.

Shifts position: _____

Eye movements: not recorded _____ none _____ slow _____ rapid _____

Remarks: _____

**Score + if subject has experience comparable to a dream,
with imagery and action not under voluntary control
(i.e., not just vague, fleeting experiences, or feelings or thoughts without accompanying imagery).**

ITEM 7. Age Regression

Score:_____

Subject's present age:_____.

Regression to 4th or 5th Grade

Regression to: 4th_____ 5th_____ other_____ grade.

Inquiry:

What is your name?_____

And how old are you?_____

Where are you?_____

What are you doing?_____

Who is your teacher?_____

What is he/she doing?_____

Other information:_____

Change to childlike voice/vocabulary:_____

Speech in present_____ past_____ mixed_____ tense.

Handwriting change: none_____ some_____ striking_____.

Change in pencil grip:_____

Remarks:_____

Scoring of suggestion continues on next page.

Regression to 1st or 2nd Grade

Regression to: 1st _____ 2nd _____ other _____ grade.

Inquiry:

What is your name? _____

And how old are you? _____

Where are you? _____

What are you doing? _____

Who is your teacher? _____

What is he/she doing? _____

Other information: _____

Change to childlike voice/vocabulary: _____

Speech in present _____ past _____ mixed _____ tense.

Handwriting change: none _____ some _____ striking _____.

Change in pencil grip: _____

Remarks: _____

**Score + if clear change in handwriting between present and at least one regressed age.
[Insert record of subject's responses in this booklet.]**

ITEM 8. Arm Immobilization

Score:_____

Movement during suggestion:_____

Movement during 10 seconds:_____

Extent of effort: none_____ some_____ much_____

Remarks:_____

Score + if arm lifts less than 1 inch in 10 seconds.

**Note. If the scale is terminated before Item #9 due to three failures,
add one point to the subject's final score.
Otherwise, the subject's score should not be adjusted.**

ITEM 9. Anosmia

Score:_____

Smell during test: none_____ vague_____ weak_____ strong_____.

Subject's description:_____

Subject's identification:_____

Overt signs:_____

Smell after termination: none_____ vague_____ weak_____ strong_____.

Subject's description:_____

Subject's identification:_____

Remarks:_____

Score + if odor of substance denied and overt signs absent.

ITEM 10. Voice Hallucination

Score:_____

Orients toward loudspeaker: _____

Record conversation.

Remarks: _____

Score + if subject answers realistically at least once.

ITEM 11. Negative Visual Hallucination

Score:_____

Subject reports three boxes: _____

Subject hesitates _____ changes report _____ other _____

Subject reports two boxes _____. Colors: red _____ white _____ blue _____.

Remarks: _____

**Score + if third box denied or perceived vaguely
(e.g., as a colored spot or shadow), whether or not sustained.**

SUBJECTIVE REPORT OF HYPNOTIC DEPTH

Report: _____

Basis given, if any: _____

Remarks: _____

**Note. The test for Item #13 (Posthypnotic Suggestion)
precedes the test for Item #12 (Posthypnotic Amnesia)**

ITEM 13. Posthypnotic Suggestion

Score: _____

Subject: does not move _____ moves to chair _____ stands up _____ other _____

Description: _____

Subject: remembers _____ does not remember _____ infers _____ suggestion.

Description: _____

Remarks: _____

Score + if any partial movement response.

The test for Item #12 continues on the next page.

Post-Experimental Interview

Do not inquire into any items that were omitted.

How did the session go today?

How did this experience compare to the last time you were hypnotized?

How about when it was suggested that there was something heavy in your hand? How did that compare to last time?

And how about the mosquito suggestion? How did it compare to the fly suggestion last time?

[Optional] What about the dream?

About the suggestion that you were going back to elementary school. What did that *experience* feel like?

Did you really feel like you were that age? [Probe gently for details.]

Did you have *any* sense of your adult identity at any time during the experience? [Probe gently for details.]

SHSS:C/13

At the end it was suggested that you would change chairs when I picked up a pencil from the pencil well. What was that like?

Did you feel any urge to change chairs, or move around?

Did you remember having been given the suggestion at the time?

[If yes] How did you feel about responding?

And there was also a suggestion that you would have difficulty remembering the things that you experienced while you were hypnotized. What was it like to remember things right after you came out of hypnosis?

Did you really forget any of the suggestions?

What happened after I said "Now you can remember everything". Did anything change then?

If recognition test administered: When I gave you the long list of suggestions, what was it like to choose which ones you had been asked to experience? When you said "yes" to an item, indicating that you recognized it, did you actually remember being asked to do that thing, or did it just somehow "ring a bell" with you, or what?

Do you have any other comments about your experiences during hypnosis? [In response, debrief subject.]

Do you have any other comments or questions about the experiment?