# **National AMSA**

"For more than **57 years**, AMSA has represented the voice of physicians-in-training in their efforts to best serve the public. There are four strategic priorities that the **62,000 AMSA members** focus their activism: **eliminating health disparities**, **advocating for diversity in medicine**, **transforming the culture of medicine and fighting for universal access to health care**. AMSA's **action committees** and interest groups expose students to information on subjects not generally covered in traditional curricula.

AMSA remains a leader in the campaign for resident work hour reform-authoring the **Patient and Physician Safety and Protection Act** of 2005..... In 2002, AMSA launched the **PharmFree Campaign** to educate and train our members to professionally and ethically interact with the pharmaceutical industry. AMSA has also sponsored events around universal health care, global HIV/AIDS, medical student debt and technology in medicine.

AMSA local chapters continue to reach out to serve the health needs of their communities. Annually, local chapters contribute over one million hours of community service. The **annual convention** is the largest gathering of medical students and regularly draws an attendance of more than 1,700 physicians-in-training, medical educators and health policy innovators.

AMSA continues to search for new and innovative ways to improve health care, health-care delivery and medical education."

Mission Statement:

"The American Medical Student Association is committed to improving health care and healthcare delivery to all people; promoting active improvement in medical education; involving its members in the social, moral and ethical obligations of the profession of medicine; assisting in the improvement and understanding of world health problems; contributing to the welfare of medical students, premedical students, interns, residents and post-MD/DO trainees; and advancing the profession of medicine."

Source: <www.amsa.org>

# **UC Berkeley**

Mission Statement

UC Berkeley Premedical AMSA is devoted to exposing its members to diverse issues in medicine; involving its members in service, social, and self-development activities; fostering an atmosphere of camaraderie amongst premedical students; and enhancing the premedical experience and the students' understanding of and appreciation for the medical profession.

We're Here for YOU...

From choosing your first classes to applying to your dream medical school, AMSA is here for you every step of the way. "It takes more than medical school to make a great physician," and premedical AMSA is the precursor to making you an exceptional doctor. How can you optimize your premedical AMSA experience?

## • Get involved in action committees (AC):

AC Chairs organize events that each focus on a particular topic in medicine. All members are highly encouraged to join these committees! Early exposure to early exposure to diverse issues in medicine improves your breadth of knowledge, allows you to explore areas of health care and medicine that you may pursue as a career, develops leadership skills, and opens opportunities for leadership advancement within AMSA in the future.

## Attend weekly events:

General meetings (GMs) and AC events are held on **Thursday nights 7-8:30 pm**. GMs are topical, with focuses on MCAT, admissions, volunteer and research opportunities, etc.

### Make your requests:

We can't know how to better serve you if you don't tell us! Email the **VP of Membership Gianna Peralta** throughout the year with your suggestions for future events/activities, or topics you would like to see addressed.

### • Visit amsa.berkeley.edu:

The website is constantly updated with GM minutes and upcoming events. Also, join the Facebook group "AMSA -Berkeley Chapter" - you're more likely to peruse the FB group anyway!

## **AMSA Benefits**

### National AMSA

AMSA GoldOption® Line of Credit Bank of America Credit Card

USMLERx Discounts

Kaplan MCAT Test Prep

**COMLEX Preparation** 

**Hotel Discounts** 

Car Rental Discounts

AMSA's Online Travel Center

AMSA Student Housing Directory

Barnes & Noble.com AMSA Online Bookstore

The New England Journal of Medicine Discount

PDA and Smartphone Medical References Discount

AMSA Online Instrument Sales

The Medical Letter Electronic Site License

VisualDx Student Medicine

Student Health Insurance

Discount Dental and Vision Plans

Collegiate Assistance Program (CAP)

GEICO Auto Insurance

Homeowners/Renters/Condominium Insurance

Discount Contact Lenses

The New Physician magazine

Member Listserves

AMSA Catalog

AMSA - Healia Partnership for Online Health Communication

AMSA Career Development

AMSA Student Mentor Program Member Login Reauired

### **UC Berkeley AMSA**

Kaplan Prep Course \$200 Discount (50% for officers!) Guaranteed Access to all Kaplan-AMSA Workshops UCSF Medical Student Mentorship Program Upperclassman Mentorship Program Premedical Telebears: Individual Advising Night Topical General Meetings

## **Membership Survey**

- What types of medicine-related issues would you like UCB AMSA to address?
- 2. What types of events would you expect AMSA to host?
  - 3. What types of services, other than those listed, would you expect AMSA to provide?

# **Membership Application**

(make check payable to "AMSA ASUC")

(make check payable to 711107171000)
Name:
Address: (and Apt. #)
City/State/Zip:
Phone:
Email:
Gender: M / F
DOB:
Major:
Anticipated Graduation Year:
T-Shirt Size: <b>\$ M L XL</b>
I grant AMSA permission to use photos of me
for AMSA events/materials.
I'm signing up for UCB membership for
(CIRCLE ONE):
• 1 year = \$25
• <b>2</b> years = \$45
• 3 years = \$65
• 4 years = \$85
National AMSA Dues (optional, but strongly recommended):
Up to 5 years premedical membership: \$75 (flat fee)
I'm interested in (check all that apply):
☐ Medical Student Mentorship Program
□ Being a Pre-Med Mentee/Mentor
Committees (check all that apply):
☐ Fundraising
□ Community Service
□ Newsletter
☐ Community & Environmental Health/Global
$\ \square$ Culture of Medicine/Humanistic Medicine/Policy
□ Student Life/Premedical Survival Guide

Gender & Sexuality/Race, Ethnicity & Culture in Health

# 2011-2012 Board Members

UCB AMSA Mentor: Michael Ivan, MD IvanM@neurosurg.ucsf.edu

<u>President: Jennifer Kahng</u> jkahng@berkeley.edu

VP of Membership/ Newsletter Chair: Gianna Peralta giannaperalta@gmail.com

VP of Programming: Cynthia Gaw cynthia.gaw@berkeley.edu

<u>Secretary: Lauren Meyer</u> laurenmeyer@berkeley.edu

<u>Treasurer: Ramir Vega</u> ramirvega@gmail.com

Webmaster: Michael Chung m.chung@berkeley.edu

<u>Fundraising Chair: Justine Tisado</u> jtisado@berkeley.edu

Community Service Chair: Cindy Ha cindy ha@berkeley.edu

<u>CEH/Global Chair: Tuhin Roy</u> tuhinroy@berkeley.edu

<u>COM/Humanistic/Policy Chair: Deepti Pujare</u> deeptipujare@berkeley.edu

Student Life/PMSG Chair: Wei Quan wquan@berkeley.edu

<u>GS/REACH Chair: Paul Williams</u> pewilliams 13@gmail.com

"It takes more than medical school to make a physician..."



Premedical Chapter University of California Berkeley

amsa.berkeley.edu
General Meetings:
Thursdays 7-8 PM
Facebook Group:
AMSA Berkeley Chapter