

APPENDIX A
PACKING LIST

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| PHASE 0, OCS Clothing and Equipment Checklist |
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Like items are acceptable pending approval by OCS Company Commander
For Prohibited items see Appendix D (Contraband) of OC Guide (7 April 2013).

| MINIMUM QUANTITY | ITEM DESCRIPTION | NOTES | PACKED |
|-----------------------------|---|---------------------|--------|
| ADMIN ITEMS | | | |
| 1 each | Identification Card, Military | | |
| 1 pair | Tags, Personnel ID w/ chain | | |
| 2 Copies | OCS Acceptance Letter | | |
| ISSUED CLOTHING | | | |
| 2 each | Belt, Trousers | | |
| 2 pair | Boots, Combat, Desert | | |
| 1 pair | Boots, Wet Weather (overshoes) | | |
| 2 each | Cap, ACU w/name tape | | |
| 1 each | Trousers, ECWS (Gore-Tex™) | | |
| 1 each | Coat, Cold Weather, ACU or Jacket, Gore-Tex | | |
| 1 each | Coat, Wet Weather | | |
| 1 pair | Gloves, Shell, Black Leather w/ inserts | | |
| 6 each | Coat, ACU with Velcro Name Tapes & Flag | | |
| 1 each | Jacket, IPFU | | |
| 1 pair | Pants, IPFU | | |
| 1 each | Shirt, long sleeve, IPFU | | |
| 2 each | Shirt, short sleeve, IPFU | | |
| 2 each | Shorts, black, IPFU | | |
| 1 each | Cap. knit, foliage green | | |
| 10 pair | Socks, cushioned | | |
| 6 pair | Trousers, ACU | | |
| 1 each | Trousers, Wet Weather | | |
| 10 each | Undershirt, Sand | | |
| INDIVIDUAL EQUIPMENT | | | |
| 1 each | Bag, Duffel | | |
| 1 each | Bag, Sleeping (Mummy or MSS) | | |
| 1 each | Bag, Waterproof | | |
| 1 each | Bag, Laundry | | |
| 1 each | Belt, Individual Equipment | | |
| 2 each | Canteen, Water, Plastic (1 qt) | | |
| 1 each | IFAC | | |
| 2 each | Case, Small Arms (required w/ LCE & FLC) | Not required w/ LBV | |
| 1 each | Compass, Lensatic with case & Lanyard (FUNCTIONAL & MILITARY ISSUE) | | |

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|----------------------------------|--|--------------|--|
| 2 each | Cover, Canteen | | |
| 1 each | Cup, Canteen or Hydration Pack | Minimum of 1 | |
| 1 each | Entrenching Tool w/ Carrier | | |
| 1 each | Flashlight, L-shaped (w/ all lenses and batteries) | | |
| 1 each | Helmet, PASGT (Kevlar OR ACH) (Without cover) | | |
| 1 set | Knee/Elbow Pads | | |
| 1 each | Poncho | | |
| 1 each | Liner, Poncho | | |
| 1 each | Map Case, Green or Camo | | |
| 1 each | Mask, Chemical-Biological | | |
| 1 each | Mat, Sleeping | | |
| 1 each | Ruck, ALICE, with frame and shoulder straps (recommend LARGE) | | |
| 1 pair | Suspenders, individual equipment or Tactical Load Bearing Vest | | |
| 1 each | Whistle, Plastic, Black or Dark Green | | |
| 1 each | Camelback (color per AR 670-1) OR 2qt canteen w/cover | | |
| 1 pair | Eye Protection (PPE) | | |
| ADDITIONAL REQUIRED ITEMS | | | |
| 1 each | Bee-sting allergy kit (by prescription) | | |
| 5 each | Bag, Zip-Lock, Plastic (12 x 12) | | |
| 5 each | Bag, Zip-Lock, Plastic (8 x 8) | | |
| 5 each | Bag, Zip-Lock, Plastic (6 x 6) | | |
| 1 pair | Plug, Ear w/ case | | |
| 3 each | Pen, Black, ball-point | | |
| 2 each | Pen, Sharpie, fine point, black | | |
| 1 each | Ruler, 12" Clear | | |
| 2 each | Book, Memo 3.5" x 4.5" | | |
| 1 each | Marker, Permanent, Black | | |
| 1 each | Notebook, Steno Type | | |
| 2 packs | Index Cards, 3" x 5" (100 per pack) | | |
| 1 set | Pens, Alcohol, super fine, red, blue, black, green | | |
| 1 each | Pen, cleaning (alcohol) | | |
| 2 each | Pencil, mechanical | | |
| 2 each | Coordinate Scale and Protractor | | |
| 1 each | Camouflage Compact or Stick | | |
| 1 each | Foot Powder | | |
| 1 each | Insect Repellant | | |
| 1 each | Lipstick, Anti-Chap | | |
| 1 each | Pre-Sun 15, 4 oz | | |
| 3 each | Brassiere, Athletic/Sports type (Female) | | |
| 1 kit | Shoe Shine Kit, Desert boot Cleaning Kit | | |
| 1 pair | Shoes, Running (conservative in color) | | |
| 1 pair | Shoes, shower (conservative in color) | | |

| COMMON ITEMS | | | |
|----------------|---|---------------------|--|
| 2 pair | Laces, Combat Boot (spares) | | |
| 25 feet | Parchute/550 cord | | |
| 5 pair | Mid Calf Socks, White, Running (no logos or stripes) | | |
| 1 role | Black electrical tape | | |
| 1 set | Sand Table Kit for Phase II & III | | |
| 1 kit | Toilet Articles, (as required): toothbrush, toothbrush case, toothpaste, soap, soap dish, shaving gear, mirror, comb or small brush, feminine hygiene articles, dental floss, mouthwash, antiperspirant. No electric razors | | |
| 4 each | Towel, Bath, Brown | | |
| 2 each | Washcloth, Brown | | |
| 10 each | Underwear, White, Black, Brown or Sand | | |
| 3 each | Padlock, combination (SERVICEABLE, must fit on duffle bag) | | |
| 1 each | Watch, Wrist (Black/Green/Sand) | | |
| 1 pair | Blousing rubbers (elastic with hooks) | | |
| 10 each | Coat Hangers, Copper | | |
| 2 pair | Government Issued eyeglasses w/ strap (if required by prescrip; no contacts) 1 pr worn, 1 extra | | |
| 1 set | Civilian clothes (worn in transit) | | |
| 4 each | Battery, D cell (2 in flashlight) | | |
| OPTIONAL ITEMS | | | |
| 1 pair | Boots, ECWS (Gore-Tex™) or Extra Pair of Boots | | |
| 3 each | Long Sleeve T-shirt, Sand | | |
| | Headlamp | | |
| | Cold Weather Under Armor Top and Bottoms | May replace Polypro | |
| 2 each | Top, Underwear, Polypropylene | | |
| 2 each | Bottom, Underwear, Polypropylene | | |
| 1 each | Sewing Kit | | |
| 1 each | Calamine Lotion | | |
| 1 each | Chigg-Away | | |
| 1 each | Athletic Supporter (Male) w/ cup | | |
| 2 each | Tabs, Blousing (Velcro) | | |
| | Money to cover incidental, do not bring excessive amounts of money to training. | | |

APPENDIX D
CONTRABAND ITEMS

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| PHASE 0, OCS Clothing and Equipment Checklist |
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D-1. Contraband. The following items are considered contraband and will be secured IAW local SOP. The Platoon Trainer staff may grant use of some of these items during Intermediate or Senior Phase as phase privileges. See Appendix A for more information.

1. Tobacco products.
2. Alcohol.
3. Any supplements taken to enhance performance.
4. Medications not prescribed by a Physician.
5. Food (to include gum, candy, cough drops, mints, etc.) No food will be taken out of the DFAC or brought back from the field.
6. Contact lenses.
7. Irons.
8. Stoves.
9. Heat tabs.
10. Cosmetics.
11. Hair nets & curlers.
12. Perfumes, colognes, or after-shave.
13. Body sprays.
14. Electric or battery operated razors.
15. Digital/tape recorders, CD players, Walkman, MP3 players.
16. Radios, portable TV/ DVD players.
17. **Cellular phones.**
18. **Pagers, beepers.**
19. Laptop/palmtop computers.
20. Global positioning devices.
21. Civilian clothes.
22. Magazines and Newspapers.
23. Bayonets, fixed-blade knives, or knives over 3”.
24. Any lotion other than non-scented.

25. Any handheld electronic devices (i.e., video game players, palm pilot, organizers).

26. Adult material of any kind.

27. Vitamins.

a. Regarding items 1-4: These items could cause severe physical harm if they are used under the strenuous conditions placed on the candidate throughout the course.

b. This list is not all-inclusive. Items that are not listed above are subject to cadre discretion. If you have questions concerning a particular item ask your Platoon Trainer for additional guidance.

c. You will be verbally counseled on retaining any of these items. If any contraband is found on you or in your room at any time during the course you will be subject to disciplinary action.