



UNIVERSITY OF CALIFORNIA, MERCED

# The Resume Guide

## Use a resume to:

- Respond to an advertised job vacancy
- Send to employers that interest you after you have researched the organization
- Accompany graduate school or other important application forms
- Present at an interview to a potential employer
- Submit to employers before on-campus interviews
- Accompany a request to a past or current employer or professor to write a letter of recommendation
- Reinforce a personal contact you have already established with a employer

## How to develop a resume:

1. **Analyze the job description for skills and abilities** – Read through job descriptions for the skills and abilities that employers are seeking. Read through the descriptions and highlight the required skills, attributes and qualifications. Use these words in your resume.
2. **Create a list of accomplishments** – Take some time to think about your accomplishments: things you did well, enjoyed doing and were proud of. Include education/training, volunteer opportunities, jobs, projects, school assignments, travel and group/team activities. Describe in detail what you did, who you did it with, what equipment you used and what happened. Quantify your results, if possible, and use commonly understood terminology.
3. **Analyze experiences for relevant skills areas**
4. **Write descriptive phrases** – Using action verbs, write short phrases to describe what you did that illustrates each skill. Be concise and specific. Arrange the descriptive phrases in order of relevance to the position for which you are applying.
5. **Choose the appropriate format** - There are several resume formats that suit individuals with different backgrounds with varying experiences. Choose the one that is best for you:

### Chronological:

This type of resume lists your experience in reverse chronological order, starting with the most recent. You may arrange your headings in various ways, depending upon what aspects of your background that you wish to stress. This format works best when your work, volunteer, and academic experiences relate directly to the type of job for which you are applying. It is preferred by most business employers.

### Skills/Functional:

This resume highlights your most important skills or functions. Headings are built around these areas. Job titles, employers and dates of employment are listed in a brief section at the bottom of the page. This format allows you to highlight skills, knowledge and relevant abilities to the position regardless of where and when you obtained them. It works well when your work experience is not directly related to your career goal, you are entering a job market for the first time, or you are making a career change.

### Hybrid:

This resume combines both the chronological and skills resumes. It allows you to maintain the popular chronological resume while including a summary of your skills. It can be

organized in a number of ways, but most hybrids start with a skills summary followed by a list of experiences with descriptions in reverse chronological order.

## **RESUME DO'S & DON'TS**

### **Do:**

- Use good quality paper (at least 20 lb. bond) paper
- Use a readable font and print on laser printer
- Be specific in your objective, if you use one
- Emphasize results produced, significant achievements, recognition from others
- Quantify when possible and use specific examples
- Check the spelling of every word; make sure grammar and punctuation are correct
- Have someone else proofread your resume
- Get feedback from several people
- Begin phrases with action verbs such as “developed,” “originated,” “led,” etc.
- Be truthful about your accomplishments
- **Keep your resume to one page unless you have extensive experience related to your job objective**

### **Don't:**

- Use resume templates (i.e. Resume Wizard). It is difficult to adjust sections and your resume looks like all other candidates who used the same template
- Begin phrases with “I” or use complete sentences
- Include personal information such as marital status, social security number, age or national origin
- Use flashy graphics or colored paper
- Mention controversial activities or associations
- List unrelated, detailed duties such as “opened mail” or “filed documents”
- Exaggerate your experience
- Use meaningless words or phrases such as “seeking a challenging position” or “seeking a position working with people”
- Start phrases in the experience section with “my responsibilities (or duties) included”
- Use abbreviations

## **REFERENCES**

Because it is assumed that a candidate will furnish references upon request, it is unnecessary to put “references available upon request” at the bottom of your resume. However, when an employer does request references, include them on a separate piece of paper with current contact information (names, titles, addresses, phone numbers and e-mail) of 3 to 5 persons who have agreed to provide recommendations for you.

### **Some suggestions relating to selecting and working with your references:**

- **Always ask the person's permission** to use him or her as a reference. Do not assume that the person will be willing to recommend you. This courtesy is appreciated and may

avoid later embarrassment -- or a negative reference. "*Would you be comfortable giving me a strong recommendation?*" opens the subject. Be prepared to hear a "no" or to deal with some reservations.

- **Give the person providing the recommendation a copy of your current resume.** In many cases, he/she will know you in only one context (in the classroom, as an advisor, as a supervisor in a work situation). The reference may be stronger if the person has fuller knowledge of your other accomplishments.
- **Discuss with the person the type of position you will be seeking or share descriptions of specific positions for which you are being considered.** If there are particular skills or information you hope he or she will include in the reference, mention these.

### **SENDING RESUMES & COVER LETTERS ELECTRONICALLY**

#### **To send your resume as an attachment:**

- Create your resume using a common word processing program
- Give the document a name the recruiter will associate with you (i.e. MillerJennifer.doc)
- Be absolutely sure your document is free of viruses. Send it electronically to a friend to make sure it is easy to open, the formatting stays correct, and the document is virus-free.

#### **To send your resume in the text of the e-mail message:**

- The cover letter should appear first, above your resume
- Do not use bold, underlining, bullets, distinctive fonts, colored text, or html codes. Use asterisks (\*), plus signs (+), dashes (-), ALL CAPITAL LETTERS, and combinations of these to highlight text.
- Align all text to the left margin
- Using your word processing software, select "File-Save As" and change the "file type" to "text only." Name the resume version something such as "resume text version."
- Re-open your text version and view the differences. The text version is now ready to e-mail or paste into a web-based form.
- Send it electronically to yourself and to a friend with a different e-mail system to see how it will look
- Text resumes look plain and ordinary, but employers are used to this

#### **To make your resume scannable:**

Some large employers utilize resume database tracking systems. They scan incoming resumes into a database (sometimes letters, too) and when they have openings, they can retrieve resumes using relevant keywords.

- It's okay to ask the employer if you should provide a scannable resume. Some companies will indicate on their website if they scan resumes
- Include industry or job-specific keywords, especially relevant skills, understandable abbreviations, major, specific fields of study, and experience
- Use 10 to 14-point font size
- Do not use italics, underlining, fancy fonts, bullets, and multiple columns.
- Use spacing or ALL CAPITALS for emphasis
- Do not center text

### RESUME COMPONENTS

<b>COMPONENT</b>	<b>BASICS</b>	<b>COMMENTS</b>
<b>Identifying Data</b>	Name, address, e-mail address & phone number (include area code and zip code) - Put at the top of the page	Be sure that any message on your personal answering machine is appropriate for a potential employer. If you have a personal webpage that you want employers to view, include its address here.
<b>Education</b>	Name of school, major, degree received, graduation date or expected graduation date	Honors and G.P.A. are optional. However, most businesses (especially consulting and accounting firms) want to see your G.P.A. If you have attended more than one school, list the most recent first. It is not necessary to list all the schools you have attended. Do not list high school. Additional training you have received may either go under this heading or under a separate one.
<b>Experience</b>	Paid, volunteer or military. Emphasize skills, abilities and accomplishments appropriate to the position for which you are applying. Note the job title, employer's name, location and dates of employment.	Experience does not need to be paid to be included here. Focus on achievements and contributions (i.e. a procedure you streamlined or a cost-saving suggestion you made)
<b>Job Objective*</b>	If used, this is a one line description of the type of position desired.	The job objective should follow your identifying data and be as specific as possible.

<b>Skills &amp; Abilities*</b>	Foreign languages, computer skills, office skills, lab techniques or transferable skills not mentioned elsewhere in the resume	These can be listed separately or combined under the heading “Skills & Abilities”
<b>Languages*</b>	Mention if you are fluent in a foreign language	If you understand a language, but are not fluent you still might want to mention it (i.e. Conversational Spanish or read and write French)
<b>Activities &amp; Interests*</b>	In order of importance, list student activities, professional associations and committees in which you have participated. List any offices you have held and indicate the skills you used.	Include activities and interests that show leadership, initiative or pertain to your career interest.
<b>Community Involvement*</b>		If the setting is political or religious, you may want to use generic descriptions (i.e. Youth leader for church, Speech writer for City Council candidate). If substantial, these experiences may be listed under “Experience.”
<b>Honors*</b>	Recent graduates and continuing students can include academic honors such as Deans List, honor societies and scholarships	These can be listed separately or as a subsection under “Education.”
<b>Research &amp; Publications*</b>	Briefly describe relevant research projects. List articles, papers or books that have been published.	
<b>Travel*</b>	Include this section if your career interest involves travel or knowledge of other cultures.	

*\*Optional components – use if appropriate for your background and the employers you’re targeting*

## VERB LIST FOR RESUMES & COVER LETTERS

### Management Skills

Administered  
Analyzed  
Assigned  
Attained  
Chaired  
Consolidated  
Contracted  
Coordinated  
Delegated  
Developed  
Directed  
Evaluated  
Executed  
Improved  
Increased  
Organized  
Oversaw  
Planned  
Prioritized  
Produced  
Recommended  
Reviewed  
Scheduled  
Strengthened  
Supervised

### Communication Skills

Addressed  
Arbitrated  
Arranged  
Authored  
Collaborated  
Convinced  
Corresponded  
Developed  
Directed  
Drafted  
Edited  
Enlisted  
Formulated  
Influenced  
Interpreted  
Lectured  
Mediated  
Moderated  
Negotiated  
Persuaded  
Promoted  
Publicized

Reconciled  
Recruited  
Spoke  
Translated  
Wrote

### Research Skills

Clarified  
Collected  
Critiqued  
Diagnosed  
Evaluated  
Examined  
Extracted  
Identified  
Inspected  
Interpreted  
Interviewed  
Investigated  
Organized  
Reviewed  
Summarized  
Surveyed  
Systematized

### Technical Skills

Assembled  
Built  
Calculated  
Computed  
Designed  
Devised  
Engineered  
Fabricated  
Maintained  
Operated  
Overhauled  
Programmed  
Remodeled  
Repaired  
Solved  
Upgraded

### Teaching Skills

Adapted  
Advised  
Clarified  
Coached  
Communicated  
Coordinated  
Demystified  
Developed  
Enabled  
Encouraged

Evaluated  
Explained  
Facilitated  
Guided  
Informed  
Instructed  
Persuaded  
Set goals  
Stimulated  
Trained

### Financial Skills

Administered  
Allocated  
Analyzed  
Appraised  
Audited  
Balanced  
Budgeted  
Calculated  
Computed  
Developed  
Forecasted  
Managed  
Marketed  
Planned  
Projected  
Researched

### Creative Skills

Acted  
Conceptualized  
Created  
Customized  
Designed  
Developed  
Directed  
Established  
Fashioned  
Founded  
Illustrated  
Initiated  
Instituted  
Integrated  
Introduced  
Invented  
Originated  
Performed  
Planned  
Revitalized  
Shaped  
Helping Skills  
Assessed

Assisted  
Clarified  
Coached  
Counseled  
Demonstrated  
Diagnosed  
Educated  
Expedited  
Facilitated  
Familiarized  
Guided  
Motivated  
Referred  
Rehabilitated  
Represented

### Clerical/Detail Skills

Approved  
Arranged  
Catalogued  
Classified  
Collected  
Compiled  
Dispatched  
Executed  
Generated  
Implemented  
Inspected  
Monitored  
Operated  
Organized  
Prepared  
Processed  
Purchased  
Recorded  
Retrieved  
Screened  
Specified  
Systematized  
Tabulated  
Validated

### More Verbs for Accomplishments

Achieved  
Expanded  
Improved  
Pioneered  
Reduced (losses)  
Resolved  
Restored  
Spearheaded

## CHRONOLOGICAL RESUME

### **Sally Hiu**

Kern Hall 135  
P.O. Box 2039  
Merced, CA 95343  
209-724-4200  
*shiu@ucmerced.edu*

### **OBJECTIVE:**

Seeking a summer internship in the non-profit sector working with youth

### **EDUCATION:**

#### **University of California, Merced**

B.A. Social & Cognitive Sciences, Emphasis: Psychology

Merced, CA  
*expected* May 2009

### **EXPERIENCE:**

#### **Kolligian Library, University of California, Merced**

*Student Assistant*

Merced, CA  
August 2005–present

- Assist patrons in locating reference material
- Locate library journals for interlibrary loan program

#### **Bed Bath and Beyond**

*Front End Manager*

Fresno, CA  
June 2003–August 2005

- Promoted to Front End Manager from Sales Associate after 1 year of employment
- Trained new employees on cash register, return policy, bridal registry and customer service
- Worked 20 hours/week while maintaining strong academic record and course load
- Provided strong customer service in a busy retail environment
- Received 100% marks on 3 “secret shopper” visits

### **ACTIVITIES:**

#### **National Honor Society**

*President, Member*

Fresno, CA  
2001–2005

- Voted unanimously as *President* by fellow classmates for the 2004-2005 school year
- Organized visits to 5 colleges for 30 club members, including locating transportation, finding chaperones and setting up campus tours
- Collaborated with other club officers to run monthly meetings

### **SKILLS:**

**Computer:** Microsoft Office Suite (Word, Excel, PowerPoint), Photoshop, Dreamweaver, Strong Internet Skills

**Language:** Conversational French



## CHRONOLOGICAL RESUME

**David Gonzalez**

*dgonzalez@ucmerced.edu*

*School Address:*

510 G. Street  
Merced, CA 95348  
(209) 742-2100

*Home Address:*

1300 Avenue 12  
Madera, CA 93637  
(559) 673-3200

### OBJECTIVE

Seeking a co-op position in the field of nanobioengineering

### EDUCATION

University of California, Merced

**B.S. Bioengineering, emphasis: Nanobioengineering**

*expected May 2007*

Madera Community College

**A.A. General Studies**

May 2005

### RELEVANT COURSEWORK

- Algorithm Design & Analysis
- Engineering Fundamentals
- Physics
- Chemistry

### RELEVANT EXPERIENCE

Madera Community College, Technology Services

Madera, CA

**Computer Lab Assistant**

August 2003-May 2005

- Responded to students' questions and resolved problems in C, C++, and PASCAL
- Developed interpersonal skills and problem solving strategies while working with students from a wide range of backgrounds
- Maintained Technology Services website

### COMPUTER SKILLS

**Software:** ViewLogic Workview, Oracle, vx Works and Tornado

**Programming:** Java, C++, Visual C++, HTML, LISP, MIPS assembly, VHDL

**Applications:** Networking (Mosaic, Netscape, FTP), Database (SQL, dBase), Microsoft Word, WordPerfect

**Operating Systems:** Windows 2000/NT/98/95/3.1, Unix (BSD, Solaris)

## SKILLS/FUNCTIONAL RESUME

### **CHRISTY SMITH**

132 Fresno Hall  
P.O. Box 2039  
Merced, CA 95343  
209.724.4132  
csmith@ucmerced.edu

### OBJECTIVE

Seeking a full-time business consultant position

### EDUCATION

University of California, Merced  
**B.A. Management**

expected May 2007

### SKILLS

#### **Leadership**

- Served as President of the National Organization of Women (N.O.W) for 2 years running
- Pioneered first club on campus (Future Business Leaders of America - Phi Beta Lambda)
- Recruited 30 new members to join student club through advertisement and word of mouth

#### **Analytical/Quantitative**

- Created budgetary proposal for largest club on campus
- Maintained \$10,000 budget for National Organization of Women

#### **Written/Oral Communication**

- Edited student's papers for content, coherence and language usage
- Led monthly hall meetings for 50 underclassmen including implementing programs and developing workshops
- Wrote successful business proposal in accordance with UC Merced's Student Life and Future Business Leader's of America

#### **Computer**

- Microsoft Word, Excel, Outlook, InDesign, SPSS

### WORK HISTORY

Student Resident Assistant	University of California, Merced	8/05-present
President/Founder	Phi Beta Lambda	9/05-present
President	National Association of Women	9/03-5/05

## HYBRID RESUME

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Mee Vang  
1245 R. Street  
Merced, CA 95348  
<http://www.meevang.com>

209-724-8197  
[mvang3@ucmerced.edu](mailto:mvang3@ucmerced.edu)

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### Objective

Lab position in the field of cognitive psychology

### Summary of Qualifications

- Collaboratively worked on a team of 3 Graduate Research Assistants and 2 faculty members in the field of cognitive psychology
- Undergraduate coursework in Psychology, Research Methods and Probability & Statistics
- Proficient in Microsoft Word, Excel, PowerPoint, SPSS, Melvyl

### Experience

Kaplan Test Prep  
*Teacher, S.A.T. Subject Test: Biology/Chemistry*

San Diego, CA  
Fall 2003 – Spring 2005

### COMMUNICATION SKILLS

- Taught small groups of high school students with different learning styles and/or learning disabilities on the S.A.T. Biology & Chemistry subject tests
- Consistently improved S.A.T. test scores from onset of class to end of course

### LEADERSHIP SKILLS

- Voted Southern California Region Teacher of the Year (2004)
- Developed a new curriculum that was approved for nationwide use
- Created a fun and informative learning environment that motivated students to learn difficult concepts

University of California, San Diego, Center for Brain & Cognition  
*Lab Assistant, Children's Language Laboratory*

La Jolla, CA  
Summer 2005

### RESEARCH SKILLS

- Located 20 children with typical language development and children with language impairments for formal speech and language evaluations
- Gathered and processed statistical data from participants that was ultimately used in a nationwide survey
- Conducted literature review on the acquisition and development of language in children

### Education

University of California, Merced  
B.A. Human Biology, emphasis Psychology and Cognitive Sciences

expected May 2007

## WRITING THE COVER LETTER

### Cover Letters for Advertised Positions:

1. **Research the employer** – Research the prospective employer’s organization to match your skills, abilities and values with that of the organization. In your cover letter, show why you are a good fit with the employer. Send the letter to a specific person whenever possible. If you don’t, the organization receiving the letter will feel little or no responsibility to respond.
2. **Analyze the job description** – Look for the duties and qualifications of the job and design your cover letter to match these as much as you can. Often job listings are very short and vague. In this case, draw from your research of similar jobs to infer what skills and abilities might be required.
3. **Analyze your background** – Think about your background in relation to the job duties and qualifications. Ask yourself “*What have I done that is similar to the duties of this job?*” Areas to think about are courses taken, classroom projects, past work experience, summer jobs, internships, volunteer experience, extracurricular involvement and travel.

## COVER LETTER DO’S & DON’TS

### Do:

- Use paper that matches your resume
- Write an original cover letter for each employer and position
- State in the first sentence why you are writing
- Show that you know your career goals, the position and the employer’s organization
- Demonstrate originality and enthusiasm
- Proofread for typos and accuracy
- Type or computer print envelopes
- Keep photocopies of all materials for your records
- Include a cover letter with every resume
- If a specific person alerted you to the job opening, include that person’s name and professional affiliation (i.e. *Professor John Doe of UC Merced’s School of Engineering suggested I contact you about your Sanitary Engineer opening*)

### Don’t:

- Use the same generic cover letter for every job. Target each cover letter and resume to the position you are applying for.
- Make the letter more than one page
- Be long-winded; make your points succinctly
- Exaggerate your skills or experience

## COVER LETTER - SUGGESTED CONTENT & LAYOUT

Name  
Your return address  
Your city, state and zip code  
Current date

Person to whom you are writing  
Title and department  
Organization Name  
Address  
City, state and zip code

Dear Mr./Ms./Dr. Last Name:

First Paragraph: In your initial paragraph, state the reason for the letter, the specific position or type of work for which you are applying and indicate from what resource (Career Center, newspaper, friend, etc.) you learned of the opening.

Second Paragraph: Indicate specifically why you are interested in the position, the company, its products or its services. Demonstrate your high level of interest and enthusiasm for the position by revealing the fact that you have researched their organization. This section of the letter, often eliminated by the naive letter writer, is the most important.

Third Paragraph: Refer the reader to the enclosed resume and/or application form that summarizes your qualifications, training and/or related experience. As a recent graduate, explain how your academic background makes you a qualified candidate for the position. If you have related work experience, point out the specific achievements or unique qualifications. Try not to repeat the exact information the reader will find in the resume, rather elaborate on points of interest to them.

Final Paragraph: In the closing paragraph, indicate your desire for an interview and your flexibility as to the time and place. Possibly repeat your phone number, although it is on your resume. Finally, close your letter with a statement or question, which will encourage a response. For example, state that you will be in the city where the company is located on a certain date and would like to set up an interview. State that you will call to follow up on your letter (within ten days to two weeks) to discuss a possible appointment. Thank the person for his/her consideration.

Sincerely,

*Your Signature*

Your Name

## **RESUME & COVER LETTER WRITING ASSISTANCE**

For more individualized attention with your resume and/or cover letter, make an appointment with a Career Counselor. We have the most up-to-date information on current practices because we hear directly from employers what they are looking for in candidates. Here is how the Career Services Center can assist you.

### **We can help you to:**

- Identify skills and characteristics that employers value
- Choose the type/format of resume that best fits the job/industry you are applying for
- Make mundane tasks sound cool and relevant to your industry/field
- Emphasize accomplishments and results, not simply job responsibilities
- Focus your cover letter so that it is not “all over the map”
- Define the “audience” you are writing to
- And much, much MORE!!!

### **DROP BY THE CAREER SERVICES CENTER:**

Monday-Friday • 8:30am-5:30pm

Kolligian Library • Room 127

209.381.7879

*Last modified 8/05*