

Preprinted Physician Orders: **Diabetes Mellitus Sliding Scale Insulin**

Finger Stick ☐ before meals and at bedtime ☐ every 6 hours ☐ twice daily
 Blood Glucose

Sliding Scale Insulin ☐ **Novolog Insulin Sliding Scale #1**
 200-250 – Give 2 units of Novolog Insulin subcutaneous
 251-300 – Give 4 units of Novolog Insulin subcutaneous
 301-350 – Give 6 units of Novolog Insulin subcutaneous, recheck in 2 hours and cover.
 351-399 – Give 8 units of Novolog Insulin subcutaneous, recheck in 2 hours and cover.
400 and higher – Critical Value – Obtain laboratory blood glucose and notify physician.

☐ **Regular Insulin Sliding Scale #2 (Dr. Nascimento)**
 250-299 – Give 6 units of Regular Insulin subcutaneous.
 300-349 – Give 8 units of Regular Insulin subcutaneous, recheck in 2 hours and cover.
 350-399 – Give 12 units of Regular Insulin subcutaneous, recheck in 2 hours and cover.
400 and higher – Critical Value – Obtain laboratory blood glucose and notify physician.

All patient results of 400 mg/dl and higher must be reported to the lab and a venous blood specimen must be obtained for testing. Notify the physician of the Critical Value and document per policy.

☐ **Refer to Diabetes Self Management Program.**

☒ **Adult Hypoglycemia Protocol** for FSBG less than 70 mg/dl. For results less than 50 mg/dl, repeat FSBG to verify results (result within 10% of initial reading) and if result is confirmed, a STAT venous glucose should be ordered.

Notify physician of critical test results and interventions for patients with moderate or severe hypoglycemia..

Adult Hypoglycemia Protocol (FSBG less than 70 mg/dl)

Mild Hypoglycemia (50 – 69 mg/dl)	
Give One	4 oz. Orange/Apple Juice <u>or</u> 3 Graham Crackers <u>or</u> 1 tube Glucose Gel OR If NPO or unable to swallow: 20 ml D50 IV <u>and</u> start IV D ₅ W @ 100 ml/h.
Moderate Hypoglycemia (40 - 49 mg/dl)	
Give One	8 oz. Milk (or juice) <u>and</u> 3 Graham Crackers <u>or</u> 2 tubes Glucose Gel OR If NPO or unable to swallow: 50 ml D50 IV (1 amp) <u>and</u> start IV D ₅ W @ 100 ml/hr.
Severe Hypoglycemia (< 40 mg/dl) – Implement Rapid Response Team	
Give	Give 50 ml D50 IV (1 amp) <u>and</u> start IV D ₅ W @ 100 ml/hr.

Following initial treatment, recheck the finger stick blood glucose in 15 minutes and contact the physician.

Repeat finger stick blood glucose every 15 minutes and treat per guidelines until the blood glucose is 70 mg/dl or greater.

Physician Signature _____ Date _____ Time _____

Validation of Verbal Order: Physician Signature _____ Date _____ Time _____

FirstHealth
 RICHMOND MEMORIAL HOSPITAL
 A Division of FirstHealth Moore Regional Hospital

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 Inside This Box