



A 5K Run/Walk Under the Stars

The Kick-off Event for the 2011 Human Trafficking Awareness Month

September 10, 2010

Race Starts: 6pm, Check-in Open: 5pm
Tom Bass I Regional Park, Pavilion 2
3452 Fellows Road, Houston, TX 77047

ABOUT THE CAUSE:

Over 150 years ago slaves from the south would anxiously await nightfall to escape and run north to freedom. With coded songs humming in their head that pointed the direction, such as "Following the Drinking Gourd" which secretly instructed the slaves to follow the big dipper to the northern star and the northern star to freedom.

The times have changed, the songs are no longer sung, but unfortunately the slavery still exists. Join Houston Rescue and Restore Coalition as we honor those who once looked up to the stars for their chance for freedom and those who still do today.

ABOUT THE FUN RUN:

Proceeds from this event will go directly to the outreach and educational activities of Houston Rescue and Restore Coalition, whose mission is to confront modern-day slavery by educating the public, training professionals and empowering the community to take action.

*"When the sun goes back
and the first quail calls
follow the drinking gourd.
The old man is a-waitin' for
to carry you to freedom.
Follow the drinking gourd"*

Course: The run/walk will begin and end at Pavilion 2 in Tom Bass Regional Park Section I. The run will go along the park's inside track out onto Fellows Road, down to Tom Bass Regional Park Section II around the lake and back on Fellows Road to Tom Bass Regional Park Section I and back to Pavilion 2. For those who are competitive runners we will be offering a timed run this year. Please see additional costs associated with the competitive run.

Parking: There is limited parking at Pavilion 2 and overflow parking available across the park located at the Arts Pavilion. Volunteers will be on site to direct participants to over flow parking and to the start line for the race.

Perks: All participants will receive an event T-shirt (which are all made by survivors of human trafficking in India), a goodie bag and food and refreshments, while supplies last, at the post-race party. All participants will also be eligible for door prizes. Must be present to claim prize.

ENTRY FEES:

Early-Bird Registration, must be received by 8/30/11..... \$25
(Will be guaranteed to receive a t-shirt)

General Registration and Day Of Registration.....\$30
(T-shirts provided as available, checks and cash only for day of race registrations)

Competitive Runners.....Add \$2 to entry fee
(For runners interested in timing results, only available for the first 100 registrants)

You may register and pay online via our secure payment system at www.houstonrr.org or you may mail in a check payable to: **Houston Rescue and Restore Coalition** along with your registration form to HRRRC · PO BOX 541184 · Houston, TX · 77254.

Questions? Please contact us at 713-874-0290 or email at bigdipperdash@houstonrr.org.

PARTICIPANT REGISTRATION FORM: (Each participant must register individually)

First Name:		Last Name:	
Address:			
City:		State:	Zip Code:
Email:			
Telephone:		Emergency Contact (Name & Telephone Number):	
DOB:	Age on Race Day:	Gender:	T-Shirt Size (S, M, L, XL, XXL):

Yes, I would like my email to be added to HRRC’s e-news listserv.

WAIVER - Each participant must read and sign below:

I know that running a road race is a potentially hazardous activity. I should not enter and run or walk unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in the event, including but not limited to falls; contact with other participants; the effects of the weather, including high heat/humidity; traffic and other conditions of the road; all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release Bay Area Running Club, Houston Rescue and Restore Coalition and the City of Galveston, its officers and agents, their representatives and successors, including Road Runners Clubs of America, from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of the negligence or carelessness on the part of the persons named in this waiver. I understand that bicycles, skates and radio headsets are not allowed in the run portion of the event, and I will abide by this guideline. I grant permission to all of the foregoing to use any photographs, motion pictures, recordings, or any other record of this event for any legitimate purpose.

****Important:** Participants under the age 18 must have this form signed by a parent or legal guardian.

Participant’s Signature:

Date:

Guardian’s Signature (if participant is under 18 yrs old):

Date:

I will be registering for the Early-Bird Registration Fee of \$25 (must be received by 8/30/2011)

I will be registering for General Registration of \$30

I will be registering for the Competitive Race, \$2 will be added to your registration fee.

Are you a HARRA Member? Yes No (will be verified), if so you receive a \$2 discount on the entry fee.

I would like to make an additional donation to HRRC in the amount of \$_____