

# TROT UP FOR SPIRIT



**SPIRIT THERAPIES IS AN ACCREDITED PREMIER THERAPEUTIC HORSEBACK RIDING CENTER THROUGH NARHA (NORTH AMERICAN RIDING FOR THE HANDICAPPED, ASSOCIATION).**

Spirit Therapies is a 501 (c) 3 non-profit organization where children and adults with a wide range of physical and mental disabilities experience the expansion of their worlds through the magic of connecting with horses. Our horses are specially trained four legged therapists, who help our riders improve their lives through physical contact, exercise, and interaction with others. Our well-qualified instructors are certified by North American Riding for the Handicapped Association (NARHA).

As our rider's skills increase, so does their self-esteem and general well being. Research has proven that exercise and interpersonal interaction produces profound benefits for disabled individuals working to reach their full physical, mental, and social potential.

### Our Mission Statement

Spirit Therapies is a non-profit therapeutic riding center that positively impacts the lives of the physically and mentally challenged through connecting with trained therapy horses, certified instructors, and compassionate volunteers. We will educate and bring awareness of this valuable therapy to the public, and one day, be able to offer therapeutic riding free of charge.

If you would like more information on Spirit Therapies; visit our website at: [www.spirittherapies.org](http://www.spirittherapies.org)



**Horses lend us the wings we lack.  
~Author Unknown**

# TROT UP FOR SPIRIT



**2<sup>nd</sup> ANNUAL  
5 K RUN AND  
1 MILE FUN RUN/WALK  
Walkers Welcome!**

**Saturday,  
January 15, 2011**

**8:30 A.M.  
5K Run/Walk**

**10:00 A.M.  
Non-competitive 1 Mile Walk**

**BENEFITING**



## 2011 Sponsors

We want to give a special "Thank You" again to the Las Vegas Track Club for continuing to assist us with this event. LVTC helped us with 1st Annual and are now confirmed for the 2<sup>nd</sup> Annual "Trot Up for Spirit" event --



[www.active.com](http://www.active.com)

Thank s also to Red Rock Running Company for again hosting the 2010 Packet Pick Up and Water/Gatorade Station. They are also donating (2) \$25 Gift Cards.



Promotional support last year and for 2011 from:



Tee Shirts Sponsored by:



**WANT A SPOT HERE! CONTACT LAURIE  
WILLMOTT: 702-219-1728.**

**We Thank You for Your Support!**

## Event Information

### DATE

**Saturday, January 15, 2011**

### LOCATION

**W. Wayne Bunker Family Park –  
Corner of N. Tenaya Way at  
W. Alexander Rd.  
Las Vegas, NV 89129**

### RACE DAY SCHEDULE

**7:00 a.m. Registration Begins  
8:00 a.m. Warm-Up  
8:30 a.m. 5K Race Begins  
9:30 a.m. Race Awards Ceremony  
10:00 a.m. Non-competitive Fun Walk**

### ENTRY FEE

**Pre-Registered:  
1 Mile Fun Walk \$15  
5K Race \$30**

**NOTE: Late or race day registration  
is \$5.00 additional for both events.**

**All entries are non-refundable, non-  
transferable. Registration forms  
available at [www.active.com](http://www.active.com).**

**Packet Pick up will be held on Friday,  
January 14<sup>th</sup>, 2011 from Noon to 6 pm  
at:**

**Red Rock Running Company  
7350 West Cheyenne  
Las Vegas, NV 89129**

### COURSE

**The course begins and finishes within  
W. Wayne Bunker Park.**

## REGISTRATION

REGISTER ONLINE AT

[WWW.ACTIVE.COM](http://WWW.ACTIVE.COM)

OR PRE-REGISTER BY MAIL:

(Must be received on or before  
January 5, 2011)

MAKE CHECKS PAYABLE TO:

Las Vegas Track Club

MAIL ENTRY FORM TO:

Las Vegas Track Club

ATTN: Trot Up For Spirit

P.O. Box 30134

LAS VEGAS, NV 89173-0134

EMAIL: [lvtc.events@gmail.com](mailto:lvtc.events@gmail.com)

DAY OF RACE REGISTRATION

7:00 – 8:15 a.m.

## AWARDS

Medals awarded to the top 3 male & female 5K finishers in each age group.

\*\*\*Each entry will receive a raffle ticket for a chance to win a \$25 Gift Card from Red Rock Running Company.

RACE PARTICIPATION WAIVER: I hereby acknowledge that I have voluntarily applied to participate in "Trot Up For Spirit". I am aware that walking/running is a potentially hazardous activity and I am voluntarily participating in this activity with the knowledge of the danger involved and hereby agree to accept any and all risks of injury or death. I agree to abide by any decision of race officials relative to my ability to safely complete the run/walk. I am aware of and voluntarily assume all risks associated with running/walking in the "Trot Up For Spirit" including, but not limited to falls, contact with other participants, the effects of weather, including heat, humidity, extreme cold, all such risks being known and appreciated by me. I agree that I, my heirs, distributees, guardians, legal representatives and assigns will not make a claim against, sue, attach the property of, or prosecute Spirit Therapies, Las Vegas Track Club, or W. Wayne Bunker Family Park, all race sponsors and their employees for injury or damage resulting from my participation in "Trot Up For Spirit". In addition, I hereby release and discharge Spirit Therapies, Las Vegas Track Club, W. Wayne Bunker Family Park, all race sponsors and affiliated organizations from all actions, claims, or demands that I, my heirs, distributees, guardians, legal representatives or assigns now have or may hereafter have for injury or damage resulting from my participation in the "Trot Up For Spirit". If I do not follow the rules of this event, I understand that I may be removed from this competition. I give my permission to Spirit Therapies, Las Vegas Track Club, W. Wayne Bunker Family Park to use any photographs, videotapes and other recordings of me that are made during the course of this event. Incomplete and / or unsigned entries will not be accepted. Note: for your safety, no pets, bicycles, rollerblades, scooters or skateboards are allowed. Entry fees are non-refundable, non-transferable, and non-tax deductible.

- I understand that, by signing this form, I have read and agree to the above stated terms in the Race Participation Waiver
- I would like to receive more information about the Spirit Therapies and Horses Helping Heroes programs.
- I would like to receive information on future events involving Spirit Therapies and Horses Helping Heroes.
- I am interested in volunteering at Spirit Therapies and / or with the Horses Helping Heroes programs.

## TROT UP ENTRY FORM

Name \_\_\_\_\_ AGE \_\_\_\_\_ on Race Day  
 Address \_\_\_\_\_  
 City/ State/ Zip \_\_\_\_\_

Male  
 Female

Phone / Email \_\_\_\_\_

EVENT (S)  
 1 Mile FUN Run/Walk \$15  
 5K Run (Competitive) \$30  
 Trot Up For Spirit Sweatshirt (Donation of) \$30

TOTAL \$ \_\_\_\_\_

Cash Enclosed \$ \_\_\_\_\_  
 Check Enclosed \$ \_\_\_\_\_

Checks Payable to Spirit Therapies

Visa  Mastercard

Card # \_\_\_\_\_ Exp. \_\_\_\_\_ / \_\_\_\_\_

Name as it appears on card \_\_\_\_\_

T-SHIRT SIZE (Circle One) S M L XL

SWEATSHIRT SIZE (Circle One) S M L XL (\$30.00 donation)

I will be running/walking as an individual  
 I am unable to run/walk, please accept my dona donation of \$ \_\_\_\_\_

DIVISION  
 12 and under  
 13 - 19  
 20 - 29  
 30 - 39  
 40 - 49  
 50 - 59  
 60 and over

## PLEDGE FORM

PLEDGE DEDICATED TO \_\_\_\_\_:

## SPONSOR LIST

Please include sponsor's name, email, phone information

	Amount	Name	Email / Phone
1			
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			

TOTAL COLLECTED

Make Checks Payable to Spirit Therapies. Pledge Money May Be Collected on Race Day.

Additional Pledge Forms: [www.spirittherapies.org](http://www.spirittherapies.org)

\_\_\_\_\_  
SIGNATURE OF APPLICANT

\_\_\_\_\_  
PRINT NAME

\_\_\_\_\_  
DATE

\_\_\_\_\_  
SIGNATURE OF PARENT OR GUARDIAN (if under 18)

\_\_\_\_\_  
PRINTED NAME OF PARENT OR GUARDIAN (if under 18)