

LIEN AMNESTY PROGRAM: City offers a limited-time opportunity to help settle outstanding liens.

TAMAGRAM

THE OFFICIAL PUBLICATION OF THE CITY OF TAMARAC, FLORIDA

TAMARAC UNIVERSITY

Now accepting applications
for the 2011 Class

JEFFREY L. MILLER: FAREWELL FRIEND

City Manager retires after
16 years of service to Tamarac

RED ROUTE:

Expanded hours for
Tamarac's Red Bus Route



WHAT'S THIS?

It's cool. Turn to Page 1.

FORE!

LIVE, WORK, PLAY, SHOP... TAMARAC!

Tamarac's world-class golfing facilities are just one way to enjoy all that *"The City for Your Life!"* has to offer and to help our local economy!

BSO CORNER

Burglary: Don't be a victim

TAMAGRAM

The *Tam-A-Gram* is the official publication of the City of Tamarac, Florida. The magazine is published quarterly and mailed to residents and businesses within the City, under the direction of the Public Information Committee and the Public Information Office.

Reader questions and comments are welcome. Please send your comments to:

Public Information Office
Attn.: *Tam-A-Gram*
7525 N.W. 88th Avenue
Tamarac, Florida 33321

You may also email your comments, or questions, to Chad Quinn, Public Information Specialist, at: chadq@tamarac.org. Please include "*Tam-A-Gram*" in the subject line of your email.

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Jeffrey L. Miller

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IMPORTANT NUMBERS

MAIN NUMBER	(954) 597-3500
Citizen Hotline	(954) 718-1800
<i>(Activated During Emergencies)</i>	
Building Services	(954) 597-3420
Building Inspections	(954) 597-3430
Building Permitting and Inspection Results	(954) 597-3435
City Clerk's Office	(954) 597-3505
City Commission	(954) 597-3460
City Manager's Office	(954) 597-3510
PIO (Media)	(954) 597-3523
Community Development	(954) 597-3530
Code Compliance	(954) 597-3425
Business Revenue	(954) 597-3536

Financial Services	(954) 597-3550
Purchasing	(954) 597-3570
Fire Rescue (Non-Emergency)	(954) 597-3800
Human Resources	(954) 597-3600
Job Line	(954) 597-3615
Risk Management	(954) 597-3613
Mayor and Commission	(954) 597-3460
Parks & Recreation	(954) 597-3620
Community Center	(954) 597-3620
Customer Service	(954) 597-3590
Caporella Aquatic Center	(954) 597-3660
Caporella Fitness Center	(954) 597-3661
Social Services	(954) 597-3642
Transit/Shuttle Bus	(954) 597-3649

Police/BSO Tamarac District (Non-Emergency)	(954) 720-2225
Public Works	(954) 597-3700
Engineering	(954) 597-3712
Recycling & Trash Hotline	(954) 597-3740
Utilities	(954) 597-3750
Customer Service	(954) 597-3590
Utilities (leaks, breaks, etc.)	(954) 597-3750
Water Treatment Plant	(954) 597-3775
<i>(Also used for 24-hour Utilities emergencies.)</i>	
Service Providers:	
All Service Refuse	(954) 583-1830
Comcast Cable	(954) 252-1937
Library (Tamarac Branch)	(954) 720-2282
Post Office (Tamarac Branch)	(954) 722-3152
Tamarac Theater	(954) 726-7898
Waste Management	(954) 974-7500

First Things

SUPPORT: It's not often you'll find a youth football team decked out in pink socks, or Tamarac's Fire Rescue personnel donning pink t-shirts in place of their usual uniforms, but this past September that's exactly what you would have found if you attended one of the Tamarac Cougar's games (**Page 2/Photo #1:** The team, pictured with their teacher and principal, in the halls of Mellinium Middle); or had the opportunity to interact with one of Tamarac's finest (**Page 2/Photo #2:** Pictured left to right, Driver/Engineer John Gaul, Fire-fighter Scott Hudanich, and Lt. Jeff Lopez). Both groups wore pink for the entire month of September in support of Breast Cancer Awareness Month, and those who have survived, or lost the fight to, this deadly disease. *Be sure to scan the QR Code next to the photo of the team for a little more information about their efforts regarding breast cancer awareness.*

PET BLESSING: Mark your calendars for **Sunday, March 26, 2011**, beginning at 10:00 am... the Tamarac Interfaith and Community Leadership Council, along with Family Central, **Continued: Page 2**

WHICH QR READER TO USE? There are so many QR Readers available (NeoReader, Quick Mark, QR Scanner, etc.) — many for **FREE!** Be sure to research those available for your particular phone*... download a couple and see which one you like best. It's simple, fun, and before you know it, you'll be noticing QR Codes everywhere. **NOTE: Not all cell phones are capable of reading QR Codes. Most smart phones have the ability, as do some "feature phones". Be sure to check with your provider. Access to the internet may incur additional cost; refer to your service plan. The City of Tamarac does not endorse third party software.*

What's this?

In this issue of the *Tam-A-Gram* you'll notice several images like the one below (and on the cover). These are called **QR Codes** and if you haven't already begun to notice them, you will as they become more and more common; not just throughout the City, but also at retailers, in magazines, and in advertisements.

So what are they? QR (Quick Response) Codes are two-dimensional bar-codes that were originally designed for labeling products and helping with inventory. These codes have evolved over the last several years into a tool used in other applications, from marketing to a way to access additional information about a product; or in the case of the City, a service, program, or facility.

How do they work? To read a QR Code, your cell phone will need: a QR Code Reader application; access to the internet; and a built-in camera. Most newer cell phones offer access to the internet, depending on your mobile phone and service plan, and include built-in cameras. Although some cell phones are coming pre-loaded with QR Code applications, if yours does not already have one, they

are widely-available from the internet and through the various mobile phone manufacturer's "application stores" — best of all, many of the readers are **FREE!**

Once you download and install the QR Code Reader application on your phone* simply open the application and hold the phone up to the QR Code — the phone does the rest! Using the phone's built-in camera, it scans the code and will then display the information associated with that particular code (generally the QR Code will link to information on the internet; however some codes may just display text).

Are they really useful? Yes. If you're on the run and notice a QR Code next to an article in a magazine, or on a display in a store, you can quickly scan the code and view the information later, no need to fumble around looking for a pen or typing long URL's into your browser — they provide a quick and easy "shortcut" to access information.

What's next? Try it! Make your experience with this issue of the *Tam-A-Gram* interactive... download a QR Code Reader and start scanning!



QR Codes: Fast. Fun. Free.



TROT: Tamarac's 30th Annual Turkey Trot was held Thanksgiving morning 2010 and included an awesome food drive (thanks!), runners, walkers, and a proposal!



Want to see even more photos from City of Tamarac events? Scan here...

Links to: www.tamarac.org/photos

First Things

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VICE MAYOR BUSHNELL

CONGRATULATIONS: Tamarac's City Commission unanimously elected District 1 Commissioner **Pamela Bushnell** the City's **Vice Mayor** for 2011. The nomination and election was held during the November 10, 2010 Commission Meeting. The Vice Mayor position is selected each November prior to the Thanksgiving holiday. In addition to representing the City at various functions, the Vice Mayor presides over Commission Meetings and Workshops in the absence of the Mayor.



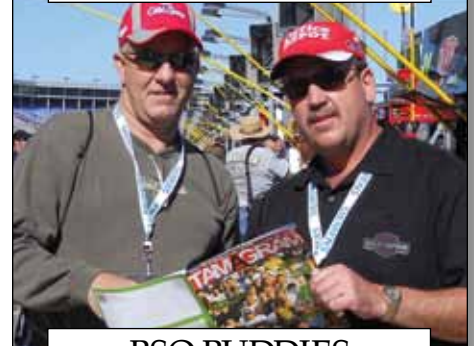
Photo: Alisha Vollkammer

PHOTOS WANTED

We want your photos! We're looking for photos taken by residents of everyday life and happenings in Tamarac, like the one above by **Alisha Vollkammer** (originally sent to us back in November 2008). **Send your photos via email to:** chadq@tamarac.org. Be sure to include your full name, telephone number and a brief description of the photo. **Also, include a quote on why you enjoy living in your community!** (Please note: Photos must be high-resolution to be eligible for printing.)



PATTIANN TROPEA



BSO BUDDIES

Pattiann Tropea took her *Tam-A-Gram* on a recent trip to Key West; and Lt. Fred Wood (left) and BSO Tamarac District Chief Marc Duguay (right) took a copy of the *Tam-A-Gram* with them to the Charlotte Motor Speedway!

Continued From: Page 1

will host a **Pet Blessing** at the Gary B Jones Park for People and Pups (8101 Southgate Blvd.). This special event will be a non-denominational blessing for all types of animals. Please note, dogs must be leashed; other animals are welcome **BUT** they must be caged at all times. For more information, contact (954) 597-3620.

VOLUNTEERS: Congratulations to Lana Reddock who has been selected as Volunteer of the Quarter for the fourth Quarter of 2010.

Lana volunteers at the City's fitness center and also conducts computer classes for seniors at the community center. She is always there when we need her and very flexible; often switching her days when needed! Special thanks to Lana for all her hard work and enthusiasm on behalf of the City. If you would like to become a volunteer with the City, contact Rose Cure Persad, Social Services Supervisor, at (954) 597-3642, or via email at rosec@tamarac.org.

www.tamarac.org



FREE FLASHLIGHT!

Where do you read the TAM-A-GRAM?

Perhaps, like Pattiann, Lt. Wood, or Chief Duguay, above, you enjoy reading it on vacation. Or maybe between rounds of golf or while at home?

We want to know... send us a picture of you reading the *Tam-A-Gram*! If you do, we may publish your photo in an upcoming issue of the magazine — and **if your photo is chosen, you'll receive a free City of Tamarac FLASHLIGHT!*** (We ran out of t-shirts!)

Send your photos to: *Tam-A-Gram* Photos, 7525 N.W. 88th Avenue, Tamarac, Florida 33321; or via email: chadq@tamarac.org. (Please note: Photos must be high-resolution to be eligible for printing.) Include your full name, address, telephone number and a brief description of the photo. *Flashlight must be picked up at City Hall.



[don't be a]

Victim

THE Tamarac District of the Broward Sheriff's Office frequently reaches out into the community to provide information that will keep its residents safe and prevent them from becoming victims. It distributes information at City Commission meetings, homeowners' association meetings, schools, and local newspapers such as the *Tam-A-Gram*. Residential and vehicle burglaries are the most common property crimes that occur in Tamarac. BSO-Tamarac offers the following prevention tips.

Residential Burglaries

Residential burglaries in Tamarac usually occur during the daytime hours when residents are at work. In most cases, burglars drive around a community looking for a home that appears to be unoccupied, with no vehicle in the driveway, news papers left out, etc. They park in the driveway, walk up to the door and knock. If someone is home and they answer the door, the burglars ask for a person by name, and leave when told they have the wrong house. If no one answers, burglars will move to the back of the house. Once in the rear of the house, they break out a rear sliding glass door or window and enter.

Residents are encouraged to call the Broward Sheriff's Office immediately if someone comes to their door asking for an unknown person.

Vehicle Burglaries

Vehicle burglaries can occur at any time of day or night when a vehicle is parked in the driveway in front of a home or at a business. The common denominator is that some object, even something as insignificant as loose change, is left in sight. When residents park their vehicles or guests visit their homes, they should remove any objects from the seats and

never leave visible loose change. This is also a good practice when parking a vehicle in any parking lot.

Residents can assist the BSO by being vigilant. Any activity that does not look right should be immediately reported. Any persons or vehicles in the area that appear suspicious should be immediately reported. Residents know their neighborhoods well, they should call the Broward Sheriff's Office immediately if they feel that a person, noise, vehicle or anything else seems suspicious or just out of place.

Gas Station Burglaries

Another form of vehicle burglary on the rise in the tri-county area is occurring at gas stations. Individuals are taking purses from vehicles while the owners are at the gas pumps. Most of the victims have been females. When the victims exit their vehicles to pump gas, they typically leave the doors open and their purses inside the vehicle. Thieves approach the side of the vehicle away from the pumps; open the door and steal the purse. In many cases the victim does not know the crime has occurred until they get back in the vehicle or look for their purse at a later time.

BSO-Tamarac suggests that you remove the keys from the ignition and lock the doors when you exit your vehicle at the pumps. We also caution that, whether the vehicle is locked or not, they should never leave purses or any other items in the open where they can be snatched by someone opening the vehicle door or breaking a window. BSO-Tamarac suggests that women take their purses with them, especially if they leave the vehicle to go inside the station.

For more information or to report any suspicious activity or persons to the Broward Sheriff's Office, call (954) 765-4321. In an emergency call 911.

First Things



FIRE Cadets

THE Tamarac Fire Rescue Cadets took on a large task this summer learning all about Fire and EMS services. The Cadets were provided with a summer Ride Along schedule and teamed up with our on duty men and women. For many of our Cadets the Program was a deciding factor concerning their careers. Each Cadet rode an average of 220 hours; this was a huge undertaking for them and the Department. The Program helped to teach them what else is out there that could be a part of their future fire service careers.

The Cadets visited many Broward hot spots: the Fort Lauderdale-Hollywood International Airport's Emergency Services Unit, the Broward Sheriff's Office Air 85 Unit, Broward's Communications Division, and the United States Coast Guard Station in Ft. Lauderdale. Each Cadet had the opportunity to experience and ask questions of the men and women who are part of the same profession but do things differently in their areas of expertise.

We're extremely proud of our Cadets and wish them continuing success in careers in the Fire and EMS services, hopefully with the City of Tamarac!

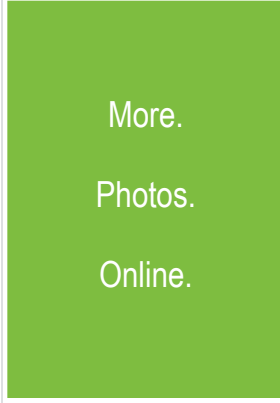


BSO: The BSO website is a great resource for useful information; from crime prevention and safety tips, to crime statistics and booking information. *Links to:* www.sheriff.org.



LIFE IN TAMARAC

Be sure to check out www.tamarac.org/photos for more great images from some of the City's events... and check out Page 2 for details on how you can share your photos!



HAPPENINGS: With so much happening in "The City for Your Life!", who could want *more*? From great parks and facilities, to award-winning programs and services, Tamarac has something for everyone. The *photos* above provide a glimpse of some of the most recent events (Skate Park Opening, October 23, 2010; Taste of Tamarac, October 30, 2010; Halloween Hoopla and BSO Night Out Against Crime, October 30, 2010; Veterans Day, November 11, 2010; and Holiday Lighting, November 30, 2010) from the past several months. Want to see more photos from City events? View our photo sets *online* at: www.tamarac.org/photos. (Or scan the QR Code above to view the photos on your cell phone!)



As is usually the case in the fourth quarter of the year, the City of Tamarac had a lot going on during the last months of 2010. We hope you were able to join us for the opening of the City's first Skate Park (located at the Tamarac Sports Complex) where hundreds of children and adults alike took their inaugural first runs on the ramps and rails; and that you enjoyed the 7th Annual Taste of Tamarac and annual Halloween Hoopla; were able to celebrate and honor our nation's veterans during our annual Veterans Day ceremony; got the opportunity to run (or walk) in the 30th Annual Tamarac Turkey Trot; saw the holiday tree and menorah lit up, and heard the children's choir sing, at the annual Holiday Lighting! It was a great season... be sure to check for more upcoming events throughout the *Tam-A-Gram* and in the *Discovery* section.

WELCOME

NEW CLERK

On September 30th the City of Tamarac welcomed a new addition to its Executive Team — our new **City Clerk**. **Peter Richardson** comes to Tamarac with over 22 years experience as a City Clerk. Most recently he worked for the City of Coral Springs, serving as City Clerk for the past 12 years. Prior to his work with Coral Springs, Peter was the Town Clerk for 10 years in Chapel Hill, North Carolina. Peter is a Certified Records Manager and a Certified Municipal Clerk. Peter replaces Tamarac's previous City Clerk, Marion Swenson, who retired in August after 18 years of service to the City.



City Manager Retires

...known for being "Committed to Excellence... Always!", Jeffrey L. Miller retires

On January 28, City Manager Jeffrey Miller will retire after serving the community since his appointment in September 1999. Prior to then, he served the City as Director of Community Development, beginning in November 1994 until accepting the top slot in 1999.

Tamarac has changed during his tenure—Tamarac's population now approaches 60,000. The median age continues to drop and a richly diverse population has changing needs, far different from the original retirement community once envisioned.

Tamarac today is far different and greatly improved from when he originally came here.

As City Manager, Jeff served under two different Mayors. Current Mayor Beth Talabisco has worked with Jeff since her

first election as Commissioner in 2003. She respects his ability to balance the issues. "He has helped every administration make the



JEFFREY L. MILLER

best decisions possible". Mayor Talabisco went on to compare Jeff to "a captain on a ship- he has kept a steady hand on the rudder. His calm and unflappable manner has guided our ship, no matter the weather around us". On a more personal note, the Mayor added "I have always admired his honesty and integrity. Jeff has been a great friend to Jack and I, and we'll miss his advice, guidance and support". We wish he and his wife Nancy all the best."

When Mr. Miller began as City Manager, former Mayor Joe Schreiber was in office. Mayor Schreiber described their nine years working together as "a great partnership, we worked very well together. He was very

good and did an outstanding job".

Jeff Miller has been an asset not only to Tamarac, but to Broward County as well, having served for three years as the President of the Broward City County Manager's Association (BCCMA). He was also a two-time finalist for Florida's City Manager of the Year, in 2005 and 2007.

The residents of Tamarac have been well served by Mr. Miller as he leaves the City well-managed and fiscally sound. When asked about the accomplishments he's most proud of, Jeff mentioned the Commerce Park, the tremendous expansion of Parks & Recreation programs, the numerous high quality additions to the City's facilities and infrastructure, and embracing the use of new technology and innovation.

Jeff humbly says "it has been an honor and privilege to serve the residents of Tamarac". He attributes his success to the excellent City staff, going on to say "I am really proud of the great staff we have here. I believe we have one of the finest staffs in the country. During my service, my goal has been to lead this City to become one of the best in the nation in customer service. In fact, our motto is 'Customer Service, Second to None!' Thanks to the efforts of the staff, we were able to accomplish that".

As he prepares for retirement, Jeff plans to spend time travelling with Nancy, playing golf, and catching up on his reading — at least until he decides on his next challenge. Where ever he goes, and whatever he does, Jeff assures us "Tamarac will always have a special place in my heart"!

"[like] a captain on a ship, he has kept a steady hand on the rudder... through all kinds of weather..."

Tamarac University 2011



We want you! We're now accepting applications for the 2011 Class of Tamarac University (TU)! Now in its fifth year, TU is the perfect opportunity to get to know more about Tamarac, "The City for Your Life!"

Would you like to know how your City government works? How about how the City's budget is developed, the relationship between the City Manager and City Commission, or the responsibilities of departments such as Community Development and Public Works? TU was created to answer all of these questions and many, many more.

Since its inaugural class in 2007, TU has been an overwhelming success — with almost a hundred graduates so far! TU functions as a citizens' academy where residents and representatives of the business community can improve not

Continued: Page 10



MORE TO SCAN: Yep... this QR Code links directly to the TU application online, but the application is interactive, so you may want to go directly to the URL link on your computer: www.tamarac.org/TU.

DID YOU KNOW?

Code Compliance is more than just mowed yards, clean roofs, trimmed hedges and screened air conditioning units (see below); it's about property values and maintaining the aesthetics of the Community. www.tamarac.org/Code

Lien Amnesty


The City of Tamarac is offering relief, in the form of a **Lien Amnesty Program**, to those property owners who have had Code Enforcement liens levied against them. The program, approved by the City Commission at the November 10, 2010 Commission Meeting, is designed to help property owners bring their properties up to code and as a result, provide a fast and economical resolution to their respective liens. In addition, the Lien Amnesty Program helps to encourage property owners to do their part in keeping up the appearance of the community; which in turn not only keeps our City beautiful, but assist in maintaining property values as well.

Here's how the program works... if you have a lien on your property you can apply for the program (there is a \$100 application fee) and meet the following criteria: the property first must be brought into compliance; only the owner of the property can apply for inclusion into the program; the lien(s) must have been recorded prior to October 1, 2010.

What do you get in return? In return for your participation in the Lien Amnesty Program, and bringing your property into compliance, the City will release your lien for as low as \$500 — the majority of liens are released for between 10% - 20% of their accumulated charges depending on a sliding scale.

For more information on Tamarac's Lien Amnesty Program, or to apply for inclusion, please contact the City of Tamarac's Code Compliance Division at **(954) 597-3425**.

Please note, the Lien Amnesty Program is available for a limited time only; the program began on December 1, 2010 and will be in effect for 6 months; until June 1, 2011.



MORE DETAIL:
Scan this QR Code for more information about the City of Tamarac's Code of Ordinances.
Links to: www.tamarac.org/Code.



What's wrong with this picture?

Mechanical Equipment Screening: You may recall that in October of 2008, the Code Compliance Division recommended to the City Commission that the City's Code be amended to include a provision to require all exterior mechanical equipment (such as air conditioning units) be screened from view from the public right of way.

As part of the passage of the new ordinance, a two year amortization period was included to allow property owners to screen their mechanical equipment before any official violations would be issued. As of October 2010, the amortization period has ended; Code Inspectors will now be required to cite property owners for any infractions.

In keeping with our green initiatives, the City recommends that the screening of mechanical equipment be done with hedges or other appropriate foliage; however that is not a requirement.

For questions regarding mechanical equipment screening, or other Code Compliance related inquiries, please call **(954) 597-3425**.


Hazardouse Waste & Electronics Recycling



05101 MARK YOUR CALENDARS: The City of Tamarac, in partnership with Broward County Waste and Recycling Services will be hosting it's annual **Household Hazardous Waste and Electronics Recycling Roundup** on **Sunday, May 1, 2011**, from **8:00 am - 3:00 pm**, at the Tamarac Public Services Complex (6011 Nob Hill Road).

This is the perfect opportunity to dispose of all those items you know you shouldn't throw out in the regular trash, such as: used paint, solvents, pesticides, hosehold cleaners, lawn and pool chemicals, and much, much more, including old computers and monitors!

Be on the lookout for more information in the April/May/June issue of the *Tam-A-Gram*, or call **(954) 597-3700**.



IN DETAIL: Code Section 9-136: Air conditioning or other mechanical equipment placed in any front, side or rear yard shall be screened or walled in so as not to be visible from the public right-of-way and shall not be placed on the roof of any building or structure unless such air conditioning or mechanical equipment is completely screened or walled in so as not visible from the public right-of-way or adjoining properties. Want more detail? The City of Tamarac's complete Charter and Code of Ordinances are available online, simply scan the QR Code! Links to: www.tamarac.org/CodeofOrdinances.

TAG / PAGE 6



FORE!



Tamarac, “*The City for Your Life!*”, is a vibrant and active community with something for everyone! Some of the best features of our community can be found at our three golf course facilities: Colony West Country Club, The Woodlands Country Club, and Woodmont Country Club.

There’s nothing quite like hearing the distinct smack of the club or driver hitting your golf ball just right and knowing that you’ve hit the perfect drive; or reading the break of the green and the direction of the wind just right to sink a putt for that elusive birdie. The challenge, recreation and social camaraderie make golf an exciting game and each of Tamarac’s world-class facilities offer unique courses that golfers, from beginners to pros alike, will find thrilling and fun. But, beyond golfing, they also offer other amenities that you may not be aware of; from golf lessons with seasoned pros, to tennis camps; from fine dining, to sports bars – it’s all right here in your own back yard!

If you’ve never played golf, this may be

a great time to try it out – each of Tamarac’s facilities are offering special discounts to residents for a limited time! Beyond golf, they offer weekly dining specials and so much more! Keep reading for more information about each of these facilities, and the promotions they’re offering... and don’t be fooled by the “country club” moniker, each facility is open to the public!

Live, Work, Play, Shop... Tamarac!... it’s more than just a slogan, by spending your money here in Tamarac, you’re able to obtain goods and services closer to home and help grow the local economy. Your support helps keep Tamarac’s business community vital, our shopping centers occupied, and our City looking good.

Turn the page for some great offers! ➔



DID YOU KNOW?

Like many sectors of the economy, **there are many challenges facing the golf industry.** The National Golf Federation, which specializes in market research for the industry, reports that openings of 18-hole golf courses are at the lowest number in two decades, citing the economy as the primary reason. According to the Foundation, there were 374 golf course closings in the three years from 2006 through 2008, even before the recession was at its height. Foundation studies indicate little demand for new courses, citing a decline in the number of golfers in America and the number of rounds played. Tamarac has three great facilities, each offering the community unique opportunities: from golf to tennis; dining to special events — so be sure to check out all that our local businesses have to offer and help build our economy here at *home*. “The City for Your Life” has everything you need; restaurants, recreational activities, shopping and so much more!

WOODLANDS COUNTRY CLUB

WOODMONT COUNTRY CLUB

COLONY WEST COUNTRY CLUB

TAG / PAGE 8



4600 woodlands Boulevard | (954) 731-2500
Established: 1975 | Par: Woodlands East = 72 | Woodlands West = 72

7801 N.W. 80th Avenue | (954) 722-4300
Established: 1974 | Par: Pines Course = 72 | Cypress Course = 72

6800 N.W. 88th Avenue | (954) 721-7710
Established: 1971 | Par: Championship Course = 71 | Glades Course = 65

Located in the Woodlands Community off Commercial Boulevard, southwest of Rock Island Road, **The Woodlands Country Club** is nestled amongst the meandering tree lined streets of one of the area's most architecturally unique communities. The club's two golf courses were designed by world-renowned architects Robert Von Hagge and Bruce Devlin and offer open vistas, plenty of water features, and undulating topography which are sure to please golfers of all skill levels.

Nestled in the heart of the Woodmont community (bordered by Southgate Boulevard to the north, McNab Road to the south, Pine Island Road to the west, and University Drive to the east), the **Woodmont Country Club** is a semi-private club; which means it is open to the public and offers memberships as well. The Woodmont Country Club offers two distinct courses, the Pines and Cypress. The Cypress course is known as one of the most challenging in South Florida. Both courses are set among rolling greens with mature trees and are highlighted by multiple water features; with a multiple-tee system, they offer challenging play for golfers of all skills levels.

Centrally located on Pine Island Road (N.W. 88th Avenue), just south of McNab Road, **Colony West Country Club** is a public facility offering two distinct courses; the Glades course and the more challenging Championship course. Like those at the Woodlands Country Club, Colony West's courses were designed by the team of Robert Von Hagge and Bruce Devlin. The Championship course, with its 15 water holes and tight fairways is known as one of the most challenging in South Florida, if not the entire country.

The Woodlands Country Club is a semi-private, member-owned club. Although many of the club's features are reserved for members only, there are plenty of opportunities for the general public to enjoy this spectacular facility and its two beautiful courses. In addition to golf, the Woodlands offers golf lessons, catering, and the ability to host your special events in a unique and beautiful setting.

For more information about all that The Woodlands Country Club, has to offer, along with the public tee times and dining options, be sure to visit their website at: www.woodlandscountryclub.net.

SPECIAL PROMOTION: The Woodlands Country Club is offering Tamarac residents a special discount! For more details about this great limited-time offer, use the direct URL listed in red below, or **scan the QR Code** to the right!

WWW.WOODLANDSCOUNTRYCLUB.NET
www.woodlandscountryclub.net/tamagram



In addition to golf, the Woodmont Country Club offers dining – open for breakfast, lunch, and dinner. They also offer catering services and the opportunity to host your special events (in a banquet facility capable of seating 500 people!). In addition, the facility includes twenty tennis courts (nineteen clay and one hard court) managed by Synergy Tennis Academy. The Synergy Tennis Academy offers lessons, tennis camps, and after-school programs.

For more information about all that the Woodmont Country Club, as well as the Synergy Tennis Academy, have to offer, including weekly dining specials and camp schedules, be sure to visit their website at: www.woodlandscountryclub.net.

SPECIAL PROMOTION: The Woodmont Country Club is offering Tamarac residents a special discount! For more details about this great limited-time offer, use the direct URL listed in red below, or **scan the QR Code** to the right!

WWW.WOODMONTCOUNTRYCLUB.NET
www.woodmontcountryclub.net/tamagram



In addition to golf, the Colony West Country Club offers dining – open for breakfast, lunch, and dinner – as well as catering services, and the ability to host your special events.

For more information about all that the Colony West Country Club has to offer, including special promotions and dining deals, be sure to visit their website at: www.golfcolonywest.com.

Did you know? The Colony West Country Club hosts the bi-weekly meetings of Tamarac Kiwanis Club.

SPECIAL PROMOTION: The Colony West Country Club is offering Tamarac residents a special discount! For more details about this great limited-time offer, use the direct URL listed in red below, or **scan the QR Code** to the right!

WWW.GOLFCOLONYWEST.COM
www.golfcolonywest.com/tamagram.html



TAG / PAGE 9



AndLast



Relay for Life

TAG / PAGE 10

04 | 02 Save the date for Tamarac's **American Cancer Society Relay for Life 2011**; starting **Saturday, April 2, 2011** at 1:00 pm and lasting through 7:00 am, Sunday, April 3. This year's event will take place at University Hospital and Medical Center, 7201 N. University Drive. The official "survivor Lap" starts at 4:00 pm [on April 2]. There will be entertainment throughout the night and a closing ceremony at 7:00 am on April 3. All survivors and their family members and caregivers are invited to take an honorary walk and attend a special dinner in their honor (call for more details). For more information about Tamarac's *Relay for Life* event, or to register, please contact: Drue Landers, (954) 604-2927 / druerelay4life@yahoo.com; or Gail Wilbur, (954) 481-1622 / jp.gail@yahoo.com; or visit our Tamarac *Relay for Life* Website: www.relayforlife.org/tamaracfl.



PARTNERSHIP: Sheriff Al Lamberti seated with City Manager Jeffrey L. Miller, Vice Mayor Pamela Bushnell. Standing (l to r): Commissioners Harry Dressler, Diane Glasser, and Michelle J. Gomez.

AFTER several months of negotiations, the City Commission officially approved a new contract with the Broward Sheriff's Office (BSO) at the December 8, 2010 Commission Meeting. Sheriff Al Lamberti attended the meeting to participate in the signing of the new contract which renews the City and BSO's long-standing partnership. The contract continues the City Commission's priority of providing public safety second to none; there are no decreases in staffing or service levels. The cost of the new contract represents 26% of the City's General Fund; the second lowest cost (as a percentage of the Gen-

eral Fund) in the County. Tamarac's crime rate remains one of the lowest in Broward County and below state and national averages, a point reflected in our most recent Resident Survey which shows a high level of satisfaction with BSO in the community. In fact, resident satisfaction with the quality of Tamarac's BSO police services is 9% points above the national average!

DID YOU KNOW?

The City of Tamarac has been contracting with the Broward Sheriff's Office for policing service since 1989, making us one of BSO's longest served Cities.

TU | Continued From: Page 5

only their understanding of local government, but also their role in *their* local government. Upon completion of the multi-week program, graduates become ambassadors of the City within their neighborhoods, clubhouses, and circle of friends.

"...upon completion of the [TU] program, graduates become ambassadors of the City..."

Classes for TU are held on Tuesday evenings in the Spring (from April to June) from 6:00 – 8:30 pm. There is no fee to participate in the program; however, since space is limited

to 25 participants per year, attendance at all sessions is expected.

Applications are now available online at www.tamarac.org/TU (or scan the QR Code on page 5!). The deadline to apply is **Friday, February 11, 2011** – don't delay, get your's in today!

So, will you be there?



TENNIS ANYONE?: For the second year in a row, the Woodmont Country Club and Synergy Tennis Academy will play host to an ATP (Association of Tennis Professionals) World Tour tournament here in Tamarac. The tournament will take place over the course of 10 days from January 14 through January 23, 2011. Over \$10,000 will be at stake as over 150 players from around the world compete in singles and doubles. For more information, please contact Synergy Tennis Academy at **(954) 597-9674**, or visit them online at www.synergytennis.org. Synergy Tennis Academy also offers 20 courts open to the public as well as tennis lessons, clinics, leagues, after-school programs, summer and sports camps.



SAVE MONEY [AND WATER]: In an effort to encourage a permanent reduction in indoor water use, the City of Tamarac Utilities Department has **rebates available to residents who purchase low-flow (1.28 gallon /flush) toilets; up to \$175!** The rebates are offered for single family homes only on a first-come, first-served basis; additional eligibility requirements apply, please refer to the application available on the Utilities Department page of the City's website, www.tamarac.org/Utilities, or by calling the City's Water Conservation Specialist, at **(954) 597-3792**. Funds for this program are limited, to assure rebates are available, you must submit your application prior to purchasing your new low-flow toilet.

RED ROUTE

Effective November 1, 2010, the **City of Tamarac's Red Route's hours of operation expanded to Monday through Friday from 7:00 am – 7:00 pm.**

This change was a result of Broward County Transit eliminating Route 57 from their daily schedule. Broward County Route 57 ran from 7:00 am – 7:00 pm, Monday through Saturday and covered much of Tamarac; running from the eastern border along Commercial Boulevard and McNab Road, and along Nob Hill and Pine Island Roads.

The City of Tamarac's Red Route served many of the same locations, however the hours of operation were Monday through Friday from 9:00 am – 5:00 pm only. In order to supplement the deficiency in transit service left by the deletion of Broward County's Route 57, **we expanded**, in partnership with Broward County Transit, **the**

hours of the Red Route from 7:00 am – 7:00 pm. The cost per ride is \$.50 (cents).

For more information, contact Tamarac's Transportation Division at **(954) 597-3649**, or visit www.tamarac.org/RedRoute.

Please note, the additional service hours are made possible by funding through Broward County; no additional City expenditures were required to expand this service.



RED ROUTE TIMES:

Scan this QR Code to view a complete schedule of Tamarac's Red Bus Route, including times and locations. *Links to:* www.tamarac.org/RedRoute.

VETERANS



We want/need you!

THE Jewish War Veterans (JWV) are looking for you! The Tamarac Post of JWV is actively recruiting new members. Meetings are held on the third Sunday of each month; breakfast starts at 9:00 am, followed immediately by the monthly meeting. New members as well as members of out-of-state Posts are welcome. All Jewish war veterans are cordially invited to attend. For more information, please contact Post Commander Hubie Klombers at **(954) 720-7290**.

If you are a veteran and would like information on this **or other veterans groups** serving the Tamarac area, please contact the Tamarac Parks and Recreation Department at **(954) 597-3620**.

TAMARAC THEATER

OF PERFORMING ARTS

New show...

“They’re Playing Our Song”

January 8 - January 20, 2011

SHOW TIMES:

Saturday at 2:00 and 8:00 pm
and Sundays at 2:00 pm

TICKETS: \$20 per show

New show...

“Social Security”

February 19 - March 13, 2011

SHOW TIMES:

Saturday at 2:00 and 8:00 pm
and Sundays at 2:00 pm

TICKETS: \$20 per show

FOR MORE INFORMATION: (954) 726-7898 / www.ttopa.org / 7143 Pine Island Road

Now that you've read the informative *Tam-A-Gram*, it's time to *Flip For It!* and learn about the great programs and activities Tamarac's Parks and Recreation Department offers... it's all in the *Discovery* section of the *Tam-A-Gram!*

Discovery
flip for it

Discover

Discover the Benefits of Tamarac Parks and Recreation



Adopt-a-Program

Or Parks and Recreation department offers programs for everyone and those of all ages from youth to seniors. We have a variety of programs including fitness, swimming lessons, martial arts, dance classes, senior programs, summer camp, trips, sports leagues, special events and so much more.

The Adopt-A-Program enables individuals or groups to make a contribution by volunteering their time or making a

monetary donation to assist with a specific parks and recreation program or event. If you have a program in mind you can give directly to that program or we can suggest potential programs for adoption. You can make it a community project for your homeowners association, school or for your family.

One of our most popular programs is our Holiday Assis-
Continued: Page 7

January / February / March 2011

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PAID
So. Florida, FL
Permit #1401

City of Tamarac
7525 N.W. 88th Avenue
Tamarac, Florida 33321-2401



FACILITY LOCATIONS

Caporella Aquatic Complex and Fitness Center
9300 N.W. 58 Street

Caporella Park
5200 Prospect Road

Gary B Jones Park for People and Pups
8101 Southgate Boulevard

Sunset Point Park
11000 W. McNab Road

Tamarac Community Center (TCC)
8601 W. Commercial Boulevard

Tamarac Multi-Purpose Center
7531 N. University Drive

Tamarac Park / Recreation Center
7501 N. University Drive

Tamarac Sports Complex
9901 N.W. 77 Street

Tephford Park
10003 Southgate Boulevard

Veterans Memorial Park
7825 Southgate Boulevard

For more information about Tamarac's Parks and Recreation and the programs and services we offer call **(954) 597-3620**. For a detailed map of our parks and facility locations, visit us online at www.tamarac.org/locations.

TAMARAC ATHLETICS

The following sports leagues are offered in the City of Tamarac. Please contact the sports league at the phone number provided for more information.

Youth Sports Leagues.....	Phone Number
Flag Football	(954) 721-5131
Girl's Softball.....	(954) 881-7003
(www.tamaracgirlsoftball.com)	
Little League	(954) 720-0301
(www.tamaraclittleleague.com)	
T-Ball/Coach Pitch	(954) 720-0301
Youth Basketball	(954) 597-3620
Youth Football/Cheerleading.....	(954) 721-5131
Youth Soccer.....	(954) 804-5022
(www.tamaracsoccer.com)	
Adult Leagues.....	Phone Number
Coed Softball	(954) 720-7103
Men's Basketball.....	(954) 533-5538
Men's Basketball League (Over 30)...	(954) 720-7103
Men's Soccer	(954) 553-0272
Men's Softball	(954) 726-2013

SPECIAL EVENTS

Community Garage Sale

Where: Tamarac Community Center
When: Saturday, January 29th, 7:30 am – 12:30 pm
Fee: \$20.00 per vendor space

Black History Month Art Exhibition

Who: Art displayed by Challenger Elementary School Students
Where: Tamarac Community Center
When: Art displayed throughout the February, Reception date TBA

Daddy & Daughter/Mother & Son Sweethearts Ball

Enjoy a special evening of dinner and dancing.
Where: Tamarac Community Center
When: Saturday, February 12th, 6:00 – 8:00 pm
Fee: \$10.00 per couple/ \$5.00 additional family member

Artist of the Month Exhibit

Visit the Tamarac Community Center to view:
January: Sheldon Rosin, "Portraits of Nature", (Photography)
February: Challenger Elementary, "Black History Month", (Mixed Media)
March: Noel Mellad, "Expressions in Life", (Acrylic)

QR Codes

If you've already *Flipped For It!* and read this issue of the *Tam-A-Gram*, you probably noticed the many **QR (Quick Response) Codes** sprinkled through-out the magazine (story: *Tam-A-Gram*, page 1) — you'll begin to notice these codes more and more through-out the City (not to mention in magazines, newspapers, advertisements, and more...) in the coming months as we begin to display them at many of our parks and facilities.



QR Codes allow us to share up-to-date and more detailed information than what is practical to display on our typical signage. These codes will not replace existing signage at our facilities, they will act as an extension to supplement the information displayed.

If you don't have a **QR Code Reader**, there are many available for various smart phones and "feature phones"; simply search your cell phone manufacturer's "application store" — most are FREE! Once you get the hang of this technology and begin using it you'll quickly realize the benefits of scanning codes on the go!

They're fast, fun, and free!

The code above links to the City of Tamarac's Parks and Recreation Departments Facebook page. Scan the code, or go directly to: www.facebook.com/TamaracParks.

ADULT TRIPS

Register for all trips at the Tamarac Community Center located at 8601 W. Commercial Boulevard from 8:00 am - 8:00 pm. All bus trips will leave from this location. **For information about any of our trips, call (954) 597-3620.** Trips are subject to cancellation. No refunds one month prior to trip date (no exceptions).

Dinner at Tarpon Bend and IMAX Movie

When: Thursday, January 13
(Bus leaves at 4:00 pm / returns at 11:00 pm)
Fee: Residents: \$20, Non-Residents: \$30

Broward Center for the Performing Arts: "Les Miserables"

When: Thursday, January 27
(Bus leaves at 4:00 pm / returns at 10:00 pm)
Fee: Residents: \$65, Non-Residents: \$75

Laffing Matterz

When: Thursday, February 10
(Bus leaves at 4:00 pm / returns at 10:00 pm)
Fee: Residents: \$75, Non-Residents: \$85

Broward Center for the Performing Arts: "Westside Story"

When: Thursday, February 24
(Bus leaves at 4:00 pm / returns at 10:00 pm)
Fee: Residents: \$65, Non-Residents: \$75

Parker Playhouse: "S' Wonderful"

When: Thursday, March 10
(Bus leaves at 4:00 pm / returns at 10:00 pm)
Fee: Residents: \$55, Non-Residents: \$65

Dinner and Coral Springs Center for the Arts: "Rhythm of the Dance"

When: Thursday, March 17
(Bus leaves at 4:00 pm / returns at 11:00 pm)
Fee: Residents: \$60, Non-Residents: \$70



SKATE

Come enjoy Tamarac's new skate park located at the Sports Complex (9901 NW 77th Street). The park is open Tuesday – Sunday, (closed on Mondays). All skate park participants must complete a waiver of liability and consent agreement prior to using the Skate Park. Users under age 18 must have the waiver and consent signed by a parent/legal guardian. Parents/legal guardians will be required to present picture identification. Upon completion of the registration process the participant will receive a Skate Park Decal which is valid for the current calendar year. The decal will be required to be displayed on the participant's helmet and worn at all times. **Registration for the Skate Park** is located at the Tamarac Community Center, 8601 W. Commercial Blvd. or Tamarac Recreation Center, 7501 N. University Drive.

HERITAGE.. It Starts in Parks! One step brings you back in time to the days of Spanish exploration and the Seminole Indians. Tour a reconstructed Seminole chickee, or a fort that has seen two wars and still stands today. Whether we were born and raised on the Florida peninsula, or just moved in yesterday, our rich heritage shapes who we are as Floridians and make us proud to call Florida our home. *Finding our shared heritage...*

**It Starts
in Parks™**

SENIOR PROGRAMS

Calling all Seniors! Want to live a more vibrant life, form new friendships, feel a sense of achievement, and get in heart healthy shape? Be part of the fun and become a member of the award winning Tamarac Community Center Senior Program!

With over 50 different activities, programs and services per week, there is truly something for everyone. The Senior Program has over 1200 members who participate in activities such as Jazzer-cise, clay workshops, painting, line dancing, scrabble, volleyball, chair yoga, and much, much more. Where else can you enjoy all these activities all for \$25 a year!

The Senior Program is available to seniors ages 55 and up from Monday through Friday, 8:30 am – 4:00 pm. For more information and to check out our program listing, please visit the Community Center (8601 W. Commercial Blvd.), or call **(954) 597-3620**, or visit us on the web at www.tamarac.org/parks. You can also get updates on Tamarac's Senior Program through **Twitter** (www.twitter.com/CityofTamarac) and **Facebook** (www.facebook.com/TamaracParks).

Below is a partial list of the classes Tamarac's Senior Program has to offer. Call (954) 597-3620 for more information...

CLUBS & ACTIVITIES

Arts & Crafts
Badminton
Battle of Sexes Trivia
Bingo
Body Basics
Card Playing
Chair Yoga
Chicken Soup for the Soul
Coed Basketball
Creative Writing
Duplicate Bridge
Happy Hookers Club
Jazzercise
Jewelry Making
Line Dancing
Mah Jong
Mediation
Scrabble
Stretch & Tone
Tai Chi
Volleyball
Walking Club
Water Exercise Class
Yoga
Yogalites
Zumba

SOCIAL SERVICES

All services are provided at the Tamarac Community Center (TCC) unless otherwise noted. Call the Information and Referral line at (954) 597-3642 for more information on social service programs that may be available in Broward County. For transportation issues, to register for our Transportation Program or to inquire about transit, please call (954) 597-3649. Schedules for the Red and Yellow Transit Routes are available at www.tamarac.org and at City facilities.

PROGRAMS

Caregiver Support Group

Are you a full time caregiver for someone over the age of 60? Do you feel stressed out and overwhelmed? Meet others who share similar experiences caring for a loved one. In partnership with the Jewish Family Services. Please call Susan Panzer, at (954) 370-2140, for FREE respite for your loved ones so you can attend this meeting.

When: 1st and 3rd Monday of each month, 10:30 am

Chronic Disease Self-Management Program

(Tomando Control de su Salud Aprende a contolar su enfermedad cronica-Clase en Espanol disponible. Llame a (954) 597-3642 para registrarse.)

Do you suffer from a chronic disease? Classes are 2.5 hours, once a week over a 6 week period. Participants who suffer or who are caregivers to those with chronic disease are invited. Light refreshments will be served at each class. In partnership with the Aging & Disability Resource Center of Broward County. Days and times to be announced. Space is limited. Please call (954) 597-3642 to register.

Financial Counseling: Learn to manage your finances...

Learn how to budget or use online banking with one on one counseling with a financial specialist. Also get assistance with applying for federal programs such as Medicaid, Food Stamps, and Cash Assistance. Free for Tamarac residents. Please call (954) 720-2485 to set up your free sessions. By appointment only. A partnership with CareSource, Inc., a non-profit social services agency.

Women's Individual Empowerment Sessions

Women of all ages will receive eight free individual counseling sessions. Topics include empowerment, self-improvement, relationships, legal issues, domestic violence and parenting. Sessions are facilitated by Lakshmi Subrahmanian, a licensed mental health counselor. Call (954) 655-7040 to schedule an appointment. Tamarac residents only.

SERVICES/ GROUPS

Alzheimer's Support Group

When: 1st and 3rd Wednesday of the month at 10:00 am

Bereavement Support Group

When: Every Monday, 10:00 - 11:30 am

Eye Screenings — FREE!

Please call (954) 597-3642 to schedule an appointment.

Free 911 Cell Phones for Seniors

2nd Monday of each month at 9:30 am. Call (954) 597-3642 to set up an appointment. Donations of cell phones are accepted.

Free Eyeglass Repair Program

When: Every Tuesday, 10:00 am - 1:00 pm

Free Individual Senior Counseling: Contact Sharon Roseman, LCSW at (954) 895-6031 for an appointment. Residents only.

Hearing Screenings

When: 2nd Tuesday of each month, 9:00 - 10:45 am

Mammovan

Mobile Mammography Screening provided by North Broward Hospital District. Most insurance is accepted. If insurance is unavailable, there will be a \$75 fee to cover the cost. A referral is recommended. No HMO taken. Call (954) 597-3642 to schedule your appointment.

Meals on Wheels: Lunch

Served at 11:30 am for seniors 60 and older. Suggested donation is \$2. Provided by Broward Meals on Wheels. Must reserve a meal no later than noon the day prior by calling Patrick Massagui at (954) 724-2544 between 9:30 am and 12:30 pm.

Osteoporosis Screenings

Call 1-800-257-0944 to schedule an appointment.

Project SAFE

When: 2nd Monday of each month, 9:30 - 11:00 am

Senior Coping Skills Group

When: 2nd and 4th Tuesday of each month, 10:30 am - 12:00 pm

Senior Social

Join us for bagels and coffee and an educational lecture.
When: Every 3rd Tuesday of each month, 10:00 am

SHINE Counselor

Serving Health Insurance Needs for the Elderly. Questions regarding your Medicare/Medicaid Insurance? Call the Area Agency on Aging and Disability Resource Center to speak to a SHINE counselor: (954) 745-9779.

Veterans Advisor

When: Every Friday, 8:00 - 11:00 am. No appointment necessary.

VOLUNTEERS WANTED

The City relies on the involvement of volunteers to build a strong sense of community. Our volunteers participate in a wide variety of activities including helping seniors, participating in special events, assisting the Parks and Recreation Department and other activities. We are currently in need of volunteers for our senior program to help with activities such as the dance, senior social, etc. If you have some time and would like to get involved, please contact us by email at rosec@tamarac.org or call (954) 597-3642.

ADULT ACTIVITIES

Activity	Day	Time	Ages	Resident/ Non-Resident Fee		Location	Session
				Resident/ Non-Resident Fee	Resident/ Non-Resident Fee		
Badminton	Mon. & Wed.	6:00 - 9:00 pm	13 & over	\$3/\$5	Community Center	Per Class	
	Sat.	5:00 - 9:00 pm					
Co-ed Volleyball	Mon. & Thurs.	7:00 - 8:45 pm	16 & over	\$60/\$70	Multi-Purpose Center	Membership	
	Sat.	1:30 - 4:00 pm					
Clay Workshop	Mon. & Wed.	5:30 - 8:30 pm	18 & over	\$55/\$65	Community Center	8-week	
Line Dancing (Beginner)	Thurs.	6:00 - 8:00 pm	18 & over	\$7/\$8	Community Center	Per Class	
Line Dancing (Intermediate)	Tues.	7:15 - 8:45 pm	18 & over	\$5/\$6	Community Center	Per Class	
Line Dancing (Intermediate)	Thurs.	8:00 - 9:30 pm	18 & over	\$7/\$8	Community Center	Per Class	
Middle Eastern Dance	Tues.	7:00 - 8:30 pm	18 & over	\$45/\$55	Community Center	4-week	
Mixed Art	Mon.	9:30 - 11:30 am	18 & over	\$40/\$50	Recreation Center	8-week	
Pilates & Yogalates	Sat.	9:30 - 10:30 am	16 & over	\$20/\$30	Recreation Center	4-week	
Salsa & Ballroom Dance	Wed.	7:00 - 8:00 pm	18 & over	\$35/\$45	Community Center	4-week	
Table Tennis	Sat.	2:00 - 9:00 pm	18 & over	\$1/\$2	Community Center	Per Class	
Taekwondo	Tues. & Thurs.	7:00 - 8:00 pm	13 & over	\$70/\$80	Recreation Center	4-week	
Tennis Lessons	Sat.	9:00 - 10:00 am	13 & over	\$40/\$50	Sports Complex	4-week	
Weight Loss & Toning Boot Camp	Tues.	6:30 - 7:30 pm	18 & over	\$3/\$5	Recreation Center	Per Class	
Zumba	Mon.	7:00 - 8:00 pm	13 & over	\$20/\$30	Recreation Center	Per Class	
	Wed.	9:30 - 10:30 am					
	Wed.	6:30 - 7:30 pm					
	Fri.	7:00 - 8:00 pm					

FITNESS SCHEDULE

Body Sculpting	Thurs. & Fri.	6:00 - 7:00 pm	13 & over	\$25/\$35	Community Center	Per Class
Boot Camp	Wed.	7:00 - 8:00 pm				
Hi/Low Impact Aerobics	Tues.	6:00 - 7:00 pm				
Kickboxing	Mon. & Thurs.	6:00 - 7:00 pm				
Pilates	Mon.	7:00 - 8:00 pm				
Step Fusion	Wed.	6:00 - 7:00 pm				
Yoga	Mon.	5:30 - 6:30 pm				
	Thurs.	7:00 - 8:00 pm				
	Sat.	9:00 - 10:00 am				

Where:
Fee:

Tamarac Community Center
 Residents: \$5, Non-residents: \$6 per class
 Residents: \$45, Non-residents: \$54 for 10 classes
 Residents: \$132.50, Non-residents: \$198.75 for annual membership



It Starts in Parks

YOUTH ACTIVITIES

Activity	Day	Time	Ages	Resident/ Non-Resident Fee	Location	Session
Animation Class	Wed.	6:30 - 7:30 pm	14 & over	\$70/\$80	Recreation Center	6-week
Ballet, Tap & Jazz	Mon.	6:00 - 6:45 pm	4 - 6 yrs.	\$40/\$50	Recreation Center	4-week
Bollywood Mom and Baby Dance Fit.	Mon.	10:30 - 11:15 am	3 mos. +	\$60/\$70	Recreation Center	6-week
Cartooning Class	Tues. or Thurs.	6:30 - 7:30 pm	10 & over	\$60/\$70	Recreation Center	6-week
Hip Hop / Cheerleading	Sat.	12:00 - 12:55 pm	5 - 11 yrs.	\$40/\$50	Recreation Center	4-week
	Wed.	6:00 - 6:45				
Imagination Mornings	Wed.	10:00 - 10:45 am	16 mos. - 3 yrs.	\$10/\$15	Community Center	4-week
Imagine Art	Sat.	12:00 - 12:45 pm	4 - 11 yrs.	\$36/\$46	Community Center	4-week
Jump Start Your Game	Wed.	6:30 - 7:30 pm	8-13 yrs.	\$40/\$50	Recreation Center	4-week
Kempo Karate	Mon. & Wed.	5:30 - 6:30 pm	7 - 18 yrs.	\$70/\$80	Recreation Center	4-week
Kidokinetics	Thurs.	10:30 - 11:15 am	2 - 4 yrs.	\$40/\$50	Recreation Center	6-week
Level 1 Ballet & Tap	Sat.	10:00 - 10:45 am	3 - 5 yrs.	\$40/\$50	Community Center	4-week
Level 2 Ballet, Tap & Jazz	Sat.	11:00 - 11:55 am	6 - 10 yrs.	\$40/\$50	Community Center	4-week
Start Smart Sports Development	Thurs.	6:00 - 6:45 pm	3 - 5 yrs.	\$30/\$40	Multi-Purpose Center	6-week
Taekwondo (Beginner)	Tues. & Thurs.	5:00 - 6:00 pm	4 - 12 yrs.	\$70/\$80	Recreation Center	4-week
Taekwondo (Advanced)	Tues. & Thurs.	6:00 - 7:00 pm	7 - 12 yrs.	\$70/\$80	Recreation Center	4-week
Teen Club	Thurs.	7:00 - 8:00 pm	12 - 17 yrs.	\$20/\$25	Multi-Purpose Center	Annually
Tennis Lessons	Tues.	5:30 - 6:30 pm	6 - 12 yrs.	\$40/\$50	Sports Complex	4-week
Tumbling	Sat.	11:00 - 11:45 am	3 - 5 yrs.	\$40/\$50	Community Center	4-week
Wing Chun	Mon. & Wed.	7:00 - 8:30 pm	10 & over	\$75/\$85	Recreation Center	4-week

The City of Tamarac offers all of these great activities and more! For more information call Parks and Recreation at (954) 597-3620. To sign up for any of our activities, or to speak with someone in person, visit our Customer Service Division located at the Tamarac Community Center, 8601 W. Commercial Blvd. (Hours: Mon. - Fri., 8:00 am - 8:00 pm, Sat., 8:30 am - 8:00 pm, Sun.). For the latest on what's happening in the City, you can follow us on Twitter at twitter.com/CityofTamarac or become a fan of "Parks and Recreation" on Facebook! Please note, date and times of activities are subject to change, please contact Tamarac's Parks and Recreation Department for more details.

CAPORELLA AQUATIC CENTER

Visit the Caporella Aquatic Center located at 9300 NW 58 Street. Enjoy its many amenities including a 25 meter swimming pool with zero depth entry and slide, children's water playground, 3,000 sq.ft. fitness room, locker rooms, picnic tables, and more.

Pool Hours:

Weekdays: Pool: 10:00 am - 6:00 pm
Slide and Sprayground: 2:30 - 6:00 pm

Saturdays: Pool, Slide, and Sprayground:
10:00 am - 6:00 pm

Sunday: Pool, Slide, and Sprayground:
10:00 am - 4:00 pm

For Aquatic Center rental information and fees, please call (954) 597-3660.

NOTE: The pool is closed January and February.

Pro-active Arthritis Water Exercise Class

Work on balance and coordination while increasing range of motion, joint flexibility, muscle strength, and cardiovascular fitness without causing strain.

When: Monday, 10:30 - 11:30 am, and
Wednesday, 12:30 - 1:30 pm

Fee: Senior Program Members: **FREE**
Non-Senior Program Members: \$2.00 per class

Swim Lessons

Swim Lessons are offered for beginner level swimmers. Swimmers will learn front float, back float, and general arm and leg motions for swimming freestyle and backstroke.

Parents/Tots (Ages 3 -5):

Monday/Wednesday, 6:00 - 6:45 pm;
Tuesday/Thursday, 5:00 - 5:45 pm;
Saturday, 9:00 - 9:45 am & 10:00 - 10:45 am

Tots Only (Ages 3 -5):

Monday/Wednesday, 6:00 - 6:45 pm;

Level 1 (Ages 6 & over):

Monday/Wednesday, 5:00 - 5:45 pm;
Tuesday/Thursday, 5:00 - 5:45 pm & 6:00 - 6:45 pm;
Saturday, 9:00 - 9:45 am

Level 1 (Advanced):

Saturday, 10:00 - 10:45 am

Level 2 (Intermediate, Ages 6-16)

Adult Level 1 (Ages 17 & over):

Tuesday/Thursday, 6:00 - 6:45 pm

Fee: Residents: \$40.00, Non-residents: \$50.00

Competitive Swim Team

Beginners to serious competitors of all ages can join the competitive swim team. Private lessons are also available. Call (954) 597-3660 for more information.

Water Aerobics

Get a total body workout to improve motor skills, balance, strength, and posture. Moderate to high level of cardio will be achieved.

When: Monday/Wednesday, 6:00 - 6:45 pm

Fee: Residents: \$45, Non-residents: \$55



tance Program. The Social Services Divisions helps low income and needy families in Tamarac during the holidays by providing them with the donations we receive including non-perishable food and toys.

How does it work? When an individual or group offers to adopt a program, the Parks and Recreation Department will match the group donation efforts with the program of your choice. For additional information or to adopt a program please contact the Parks and Recreation Department at (954) 597-3620.

WELLNESS CENTER

We invite you to visit the Tamarac Wellness Center. We have a variety of free weights, life fitness machines, treadmills, elliptical cross trainers, recumbent lifecycles, stationary bikes and more. The Wellness Center offers a friendly non-competitive workout environment with an awesome view of our competitive pool or community garden. If this is your first visit, our qualified friendly staff will show you around and get you familiar with the equipment. We also have personal training sessions available. Visit the Tamarac Wellness Center today at 9300 NW 58th Street or contact us at (954) 597-3661 or visit our website at www.tamarac.org/parks.

TAMAGRAM

flip for it flip for it

Now that you've read about [just a few] of the great programs and activities Tamarac's Parks and Recreation Department offers... *Flip For It!* and read the City's informative magazine, the *Tam-A-Gram!*



MORE ONLINE: Want to read back issues of the *Tam-A-Gram*, or share the current issue with a friend? The Current issue of the *Tam-A-Gram*, along with past issues and other informative City of Tamarac publications are available online, simply scan this QR Code! Links to: www.tamarac.org/publications.