



ACADEMIC YEAR

**2016 - 2017**

**NAVAL ACADEMY PREPARATORY SCHOOL**

**Information  
Brochure  
And  
Required  
Pre-reporting  
Check lists**



## DEPARTMENT OF THE NAVY

NAVAL ACADEMY PREPARATORY SCHOOL  
440 MEYERKORD AVENUE  
NEWPORT, RI 02841-1519

Dear Midshipman Candidate,

**Congratulations on your assignment to the U.S. Naval Academy Preparatory School (NAPS)! It is an important step on your path to the United States Naval Academy (USNA). NAPS will develop your moral, mental and physical foundations. The operative word in the NAPS program is development. You will be challenged to continue to grow and mature during your ten months at NAPS.**

**As a midshipman candidate, you will be held to the highest standards. These standards are not narrow in scope, but reflect the Navy and Marine Corps' Core Values of honor, courage and commitment. We intend to strengthen your mind with an intense academic program in chemistry, mathematics, physics and English. These courses will give you the educational foundation necessary to succeed at USNA. We will push you physically, initially during the indoctrination phase of training and daily throughout the academic year. We will also cultivate your character and leadership abilities through a Character Development and Military Instruction (CDMI) program.**

**Successful completion of NAPS will not only be an impressive accomplishment, it will better prepare you for success at the United States Naval Academy. Be prepared to work as a team with other midshipman candidates. Make no mistake; the bonds you form with your shipmates at NAPS will follow you throughout your Academy experience and during your military career. Once you have mastered the academic, leadership and military skills offered in the NAPS program, the opportunities for success are virtually boundless.**

**You should be rightfully proud to put service above self in deciding to join us at NAPS and begin your career as a member of our Nation's Sea Services. If I can offer one final piece of advice, arrive here in Newport in good physical condition and with a positive mental attitude. Welcome aboard, I look forward to meeting and serving with you over the next year!**

Sincerely,

A handwritten signature in black ink, appearing to read "M. D. DOHERTY", is written over the printed name.

M. D. DOHERTY

Captain, USN

Commanding Officer

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## Mission of NAPS

To enhance midshipman candidates' moral, mental, and physical foundations in order to prepare them for success at the United States Naval Academy.

## An Officer's Career. . .

Inscribed in Latin above the bronze doors of the Naval Academy Chapel are the words "Non Sibi Sed Patriae," which means "Not for Self, But for Country." Midshipmen embrace the motto the moment they take the Midshipmen's Oath. This commitment is



a part of their lives for as long as they are commissioned officers.

The education and training at the United States Naval Academy (USNA) is for one purpose only: to prepare young men and women morally, mentally, and physically to be professional officers in the naval service. Students at the Naval Academy Preparatory School (NAPS) should be under no illusion in this regard. The mission of NAPS is to prepare them for the Naval Academy. As a Midshipman Candidate at NAPS, you will embark on a new and demanding way of life. Your challenges will be great, but equally rewarding.

## Introduction

Chinese philosopher Lao-tzu wrote more than two hundred years ago, "The journey of a thousand miles begins with a single step."

For many senior ranking officers in the Navy and Marine Corps, their first step was enrollment at NAPS.

The ten-month course of instruction at NAPS, lasting from July to May, emphasizes preparation in English, mathematics, chemistry, and physics. Academic placement depends on demonstrated ability, previous education, and an individual's aptitude for success at the Naval Academy.



Demanding military, physical, and character development programs complement the rigorous academics in order to prepare midshipman candidates for the challenges of Academy life. As part of our development program, NAPS offers an in-season athletics program, which allows midshipman candidates to compete against other preparatory schools, junior colleges, Division III, and Division I junior varsity teams. .



our country.

NAPS is an opportunity to prepare oneself for the Naval Academy. The four years spent at the Academy will be followed by a rewarding professional career as a commissioned Navy or Marine Corps officer in the service of

## History of NAPS



NAPS is the Navy's fourth oldest school; only the Naval War College, the Naval Post Graduate School, and the Naval Academy are older. Informal preparatory classes began as early as 1915.

The first official classes were established at Naval Station Newport and Naval Station San Francisco in 1920. A year later, the schools were moved to Norfolk, VA and San Diego, CA. The San Diego classes were disestablished and the NAPS classes remained solely in Norfolk until 1942, when the new Naval Academy



Preparatory School opened in Newport, RI.

In 1943, NAPS moved to the Bainbridge Naval Training Center, a facility of several

hundred acres located above the Susquehanna River, 40 miles northeast of Baltimore, MD. Then NAPS returned to Newport while the Bainbridge Center was temporarily inactive during a 15-month period around 1950. When Bainbridge was



reactivated in 1951 because of the Korean War, NAPS returned to Maryland. In August 1974, NAPS returned to its permanent

home in Newport.

## Admission to NAPS

If you apply to the Naval Academy and are not offered a direct appointment, you will be considered for admission to NAPS. Civilians selected to attend NAPS will be enlisted in the Naval Reserve prior to reporting to NAPS in July.

### General Requirements

Midshipman candidates at NAPS must be of good moral character, not married, have no children (nor be pregnant), and at least 17 years of age, but not yet 23 by the start of plebe summer at the Naval Academy.

The Superintendent of the Naval Academy determines the admission standards for each midshipman candidate.

### Medical & Physical Requirements

Midshipman candidates must be in excellent physical condition and pass the same comprehensive medical examination required for acceptance to the Naval Academy.

Midshipman candidates should refer to the Medical Considerations for Admissions at:

<http://www.usna.edu/Admissions/files/documents/MedicalAppendix1.pdf>

for a complete description of the medical and physical requirements, including height and weight standards.

Additional information regarding medical requirements and support while at NAPS can be found on pages 13-18 of this information brochure.

## Academics



The Academic Department's faculty provides classroom and laboratory

instruction as well as small group and individualized tutoring services in English, mathematics, chemistry, physics and learning skills. The faculty provides each midshipman candidate with the opportunity to acquire the needed academic tools needed to succeed at the Naval Academy.

Development of the critical thinking skills required for students to reach their full potential is a top priority. Outside the classroom, the faculty provides opportunities for individualized and small group instruction to help each midshipman candidate achieve their goals. NAPS operates on a trimester system and final exams occur at the end of each period.

The academic curriculum constitutes the core of the NAPS program, but midshipman candidates are active duty military members vice college students. This is one of the distinctions that make the NAPS experience unique.

### English Composition

English Composition assigns writing that generates thought and reflection. Using long and short critical essays, numerous journal assignments, incidental commentaries, annotations, e-mails, etc., the curriculum strives to produce:

- Independent writers capable of critiquing and editing their own work and the works of their peers
- Perceptive, critical readers capable of analyzing and synthesizing a broad range of texts.

The curriculum culminates with each student producing a final writing portfolio.

## Mathematics

Mathematics at NAPS strengthens the students' knowledge of algebraic and trigonometric concepts providing a strong foundation for calculus.

Placement in the foundation, intermediate, or advanced mathematics program depends upon standardized test scores, transcripts, and a placement test administered during the Indoctrination phase of training.

*Foundation program:* algebra, trigonometry, and analytic geometry.

*Intermediate program:* topics in the foundation program plus an introduction to calculus.



*Advanced program:* for students with a strong

mathematics background; consists of those topics included in the intermediate program plus differential calculus.

## Physics

The physics program is a three-tiered system. Placement is dependent upon the academic background in both physics and mathematics. For the prior-enlisted, naval technical school records may be used in lieu of high school records.



*Foundation program:* An algebra-based physics course covering a variety of topics including

motion, forces, energy, and electric and magnetic fields.

*Intermediate and Advanced programs:* Both programs include additional and more

advanced topics in both mathematics and physics in order to develop a deeper understanding of physical concepts. The advanced program also introduces students to applications of basic calculus, although no prior knowledge of calculus is required.

## **Chemistry**



The chemistry department has three tracks in its curriculum. Placement in the foundation,

intermediate, or advance program depends upon standardized test scores, transcripts, and placement tests administered during indoctrination. All three tracks use the same collegiate text with the higher tracks covering more topics and generally in more depth. Topics include chemical stoichiometry, atomic structure, periodic trends, gas laws, intermolecular forces, colligative properties, and chemical equilibrium. Critical thinking is developed in the classroom and laboratory with cooperative learning experiences designed to develop a systematic approach to problem solving.

## **Study Skills Development**



The mission of the study skills development class is to provide academic support to all midshipman candidates who desire to improve their academic performance. This program develops and/or refines the individual

student's study skills regardless of their grade point average.

A few sessions on study skills development occur during the transition week prior to the beginning of the academic year. These sessions introduce topics such as time management, note taking skills and memory strategies.

During the academic year all students will take study skills classes that introduce them to essential strategies for achieving academic success at NAPS and beyond.

Students also receive individualized assistance outside of the classroom to include mentoring and specialized reading and study plans.

Faculty members provide academic support during free periods, extra instruction periods (after classes), and scheduled study hours. Faculty members also reinforce the tenets of study skills in addition to providing the academic-discipline specific assistance.

## **Military**

All midshipman candidates are in active duty military status for their year at NAPS which is the first step in a five year officer accession program. The primary goals of the NAPS military staff are to develop character, personal integrity and honor; to nurture pride in oneself and the organization; to develop standards of personal appearance; and to introduce the Naval Service Core Values of Honor, Courage and Commitment. These are all qualities that are essential for successful military officers and future combat leaders.

## **Honor Concept**

A strong sense of personal honor has long been the hallmark of the United States military officer. When priceless human lives and expensive equipment are at stake, there is no room for those who lack integrity within our country's Officer Corps.

NAPS' midshipman candidate honor concept demands the highest standards of personal honor. The honor concept is part of the daily life at NAPS, just as the honor concept is an integral part of every midshipman's life at the Naval Academy. The midshipman candidate honor concept





is both practical and instructive. It provides a basic standard for living: "Midshipman Candidates are persons of integrity: We stand for that which is right." It fosters an attitude of responsibility and accountability.

### **Indoctrination**



The Indoctrination phase of training is a three-week course of basic military training during

July and August. A detail of USNA midshipmen assist NAPS' military staff in the military indoctrination before the academic year begins. (Voluntary disenrollment is not permitted during the Indoctrination phase of training.)

The daily routine and military discipline at NAPS will help the midshipman candidate to prepare for the demanding military standards of the Academy. Approximately 250 midshipman candidates make up the NAPS Battalion. It is then divided into three companies with approximately 85 students in each company. Each company is made up of two platoons.

There are many opportunities for midshipman candidates to develop leadership experience. Midshipman candidate battalion leadership positions are filled based on demonstrated leadership abilities. Different leaders serve each trimester and are known as "Stripers". Those midshipman candidates assigned to positions of leadership within the Battalion are responsible for the discipline, supervision and welfare of their fellow midshipman candidates.

With the exception of the stripers, all NAPS midshipman candidates have equal seniority and authority. All midshipman candidates will wear the Working Blue uniform, Navy Working Uniform (NWU), Navy Service Dress Blue uniform (SDB) with the NAPS device affixed to their collars. While off duty, midshipman candidates may

wear the appropriate, authorized uniform or civilian clothes. However, limited locker space will restrict the amount of civilian clothing a midshipman candidate can store.

Liberty is normally granted on the weekends, requiring midshipman candidates to return at a designated time each night. After Open House Weekend in October, "overnight liberty" is awarded based on individual academic, athletic, and military performance.

While assigned to NAPS, all midshipman candidates will earn approximately 25 days of leave. Midshipman candidates will have opportunities to use their leave at Thanksgiving, Winter Holiday and Spring Breaks.

### **Character Development and Ethics**



Character Development and Ethics Instruction is provided to raise morale and promote

teamwork. Ethical decision-making, core values and moral courage are the primary focus. Distinguished speakers from the Navy, Marine Corps and civilian community share their motivating and inspirational stories with the midshipman candidates. Group discussions and training led by NAPS' military staff will allow midshipman candidates to explore their own values and become exposed to how individuals with dissimilar backgrounds may look at the same controversial scenario.

The military training program at NAPS is enhanced by the inclusion of trips to the other military commands co-located on Naval Station Newport. When the NAPS Battalion participates in events hosted by Naval War College, Naval War College Museum and Surface Warfare Officer School, they are exposed to other military commands as well as opportunities for mentorship by senior military officers.

# Athletics & Physical Education

NAPS endorses a “whole person” approach to the development of each midshipman candidate.



Each afternoon during the academic year midshipman candidates are given the opportunity for individual and team physical training. Midshipman candidates are expected to improve their physical fitness during the academic year.

Each midshipman candidate will take the Naval Academy’s Physical Readiness Test four times. This test will be used to judge improvement in personal physical fitness. Extra instruction is available to all



midshipman candidates who demonstrate a need for group or individual training through which to improve their fitness level.

Along with physical fitness, NAPS will test each midshipman candidate on their swimming abilities. Midshipman candidates who are non-swimmers are given individual instruction in the remedial swim program.

The Athletic Department offers nine varsity sports throughout the academic year. Each sport will offer open tryouts for midshipman candidates. Athletes must be in good academic standing in order to participate on a NAPS athletic team. NAPS athletic teams play a competitive schedule consisting of regional college JV teams, junior college and prep schools.



NAPS athletic facilities include Nimitz Field (football, lacrosse) McCool Track (track), Prichard Field (baseball and lacrosse), Gym 302 (basketball, wrestling, baseball and track). Gym 302 also houses one of three weight rooms available to the midshipman candidates. NAPS’ primary weight room is located in Kay Hall, next to Nimitz Field. Midshipman Candidates are allowed to use the Naval Station Newport gym, pool and fitness centers. These facilities provide a wide range of physical activities and opportunities in which to improve physical fitness.



## NAPS Sports Program Schedule

### *Fall Sports:*

- Football
- Men’s Lacrosse

### *Winter Sports:*

- Wrestling
- Men’s Basketball
- Women’s Basketball
- Indoor Track (co-ed)

### *Spring Sports:*

- Men’s Lacrosse
- Outdoor Track (co-ed)

## NAPS Club Opportunities\*

- Cross Country/Distance running (Fall)
- SCUBA
- Strategy Games Club
- Math Team

\* Club offerings depend upon interest. Other opportunities may be offered if there is sufficient interest.

## Command Services and Support

To support the midshipman candidates, staff and faculty, the Command Services Department provides administrative, logistical and information technology (IT) support.

### Admin

The administrative office provides direct support to the midshipman candidates for all of their administrative needs to include:

- Enrollment
- Identification and Documentation
- Pay and Allowances
- Military Orders, Evaluations and Advancements.

Additional information regarding the required enrollment paperwork each midshipman candidate must have upon arrival to NAPS can be found on pages 20 and 21.

### Logistics

The supply and transportation offices of NAPS provide support to the midshipman candidates for all military and academic training requirements. Information regarding arrival transportation to NAPS can be found on pages 9 through 11.

### Information Technology (IT)

IT provides information services to the midshipman candidates, staff and faculty at NAPS.

Toward the end of the indoctrination phase of training, NAPS' IT will issue a government computer to each midshipman candidate. These computers are identical and use the latest Microsoft Windows operating system and the Office suite applications software.

Each midshipman candidate will be given an account on the NAPS network. The account will allow the midshipman



candidate to access the internet, their NAPS e-mail account, and

printing services to the network printers. Midshipman candidates will receive instruction on how to access the NAPS Scholastic Tracking & Accountability Record (NSTAR) program, which allows each midshipman candidate to view their academic schedule and grades.

All midshipman candidates will be given training on various computer applications, network security requirements and proper use of government information technology equipment.

Midshipman candidates will not install or use software not provided by NAPS' IT service. This includes all types of gaming or music software and instant messaging/chat software. Due to network security concerns, the connection of personal electronic devices to any NAPS computer or to the NAPS network is STRICTLY prohibited. This includes cell phones, audio devices, digital cameras, wireless routers, hubs, extra storage devices/drives, and personal printers.

Midshipman candidates are allowed to bring their personal electronic devices (laptop/tablet) to NAPS. There are locations on the Naval Station and at NAPS that have WiFi hotspots. It is recommended midshipman candidates indelibly mark their personal electronic devices and have an attachable locking/security device for each piece of personal electronic equipment.

## Appointment to the U. S. Naval Academy

The Naval Academy Admissions Board will offer USNA appointments to qualified midshipman candidates at the end of the academic year. Appointment criteria include, but are not limited to:

- Successful completion of the course of instruction at NAPS ( $\geq 2.2$  GPA)
- No grade below a C in any subject
- Improving or sustained course grades and SAT/ACT scores
- Pass the USNA Physical Readiness Test
- Body fat composition within USNA standards
- Favorable conduct and honor aptitude
- Favorable recommendation from NAPS' Commanding Officer.

### Nomination Requirements



Every NAPS midshipman candidate is required to apply/re-apply for a nomination from each source for which he/she is eligible. For most this includes the following:

- Vice President
- Both senators
- Congressional representative

Nominations received in your 2016 application process **do not carry over**, so all will need to reapply. The nomination process must be started before reporting to NAPS. The NAPS military staff will assist and track midshipman candidates through this process.

### Post Graduation Transfer

Midshipman candidates who entered NAPS as civilians; "Direct Entries," and who receive their USNA appointment, will normally receive four to six weeks of



leave without pay before reporting to the Naval Academy. During this period they will not be covered by medical insurance, but will be authorized treatment at a military treatment facility if injured. Parents may choose to keep their son/daughter on their health policy to ensure coverage during this period.

Midshipman candidates who entered NAPS as "Direct Entries," and who do not receive their USNA appointment will be processed for discharge from the Navy.

Midshipman candidates who entered NAPS as prior enlisted and who receive their USNA appointment can utilize accrued leave between NAPS and USNA.

Midshipman candidates who entered NAPS as prior enlisted and do not receive their USNA appointment will receive orders/assignment based on their existing enlistment contracts.

## Arrival and Checking Aboard

### Newport, Rhode Island

Newport has been an important city in the history of this great country. It was a major port during colonial times and later served as a vacation spot for the very wealthy including the Vanderbilt family and Doris Duke. It has a rich history in the U.S. Navy and is home to the Naval War College, as well as several Navy officer accession programs. From pristine shorelines to golden sunsets, Newport has become a favored tourist attraction for many. Information regarding Newport and the surrounding area is available at:

- [www.discovernewport.org](http://www.discovernewport.org)

## **Naval Station Newport**

NAPS is located on the end of one of Naval Station Newport's many peninsulas. It provides numerous facilities for use by midshipman candidates.



The Chapel of Hope provides religious services for several denominations as well as daily counseling for midshipman candidates upon request. Midshipman candidates also have the privilege of shopping at the Navy Exchange (NEX) and base commissary. Also located in the NEX area is the recreation center, which includes bowling and a game room, and the uniform shop, which provides a variety of uniform items, tailoring and dry cleaning services.

Many of the midshipman candidates take advantage of the Liberty Center which has a Computer Café with WIFI and free computer use for games and internet browsing. The Liberty Center also sponsors area weekend trips and outings to include day trips to local area attractions and activities.

## **Transportation to NAPS**

If you arrive by air it is recommended that you schedule your flight through the T.F. Green Airport (PVD) located in Warwick, Rhode Island.

Please note that midshipman candidates will only be reimbursed for the amount that it would cost the government to purchase the same ticket. For example:

*- A one way flight from Baltimore, MD to*

*T. F. Green Airport in Providence, RI has a government fare of \$188.00. The reimbursable amount to the midshipman candidate therefore cannot exceed \$188.00.*

NAPS will operate a free shuttle service from T.F. Green airport to Newport for incoming prospective midshipman candidates. There will be a NAPS representative to meet you at the airport lobby according to the following schedule:

- 25 JULY 2016 from 1:00 PM – MIDNIGHT

- 26 JULY 2016 from 6:00 AM - 08:30 AM

Listed below are alternative transportation options:

- Bus Service, [www.ripta.com](http://www.ripta.com)

- Orange Cab Airport Shuttle  
(401) 841-0020  
[www.newportshuttle.com](http://www.newportshuttle.com)

- Airport Taxi & Limousine Service  
(401) 737-2868

Please note both taxi and car services to Newport can be expensive. Every effort should be made to take the NAPS free shuttle service. If you experience problems, contact the NAPS Command Duty Officer (CDO) at 401-641-0752.

**Keep all of your receipts**, including your airline ticket voucher; without them you will not receive full reimbursement for your travel expenses. At check-in, each prospective midshipman candidate will complete a military travel claim (DD Form 1351-2) for reimbursement of allowable expenses.

## **Arrival by Automobile**

Arrival by automobile requires a base access pass issued by the Pass and Identification office (Pass & ID) (see Pass & ID location and operating hours in the maps and directions section of this brochure). The following documentation will be required in order to receive a vehicle pass:

- Military orders and/or correspondence directing you to report to NAPS

- Two forms of identification for each person entering the base. Examples of accepted identification:

- Driver's license
- Student ID
- Passport
- Social Security Card
- Birth certificate
- Voter registration card

- Vehicle registration or rental contract

- Proof of insurance or rental contract.

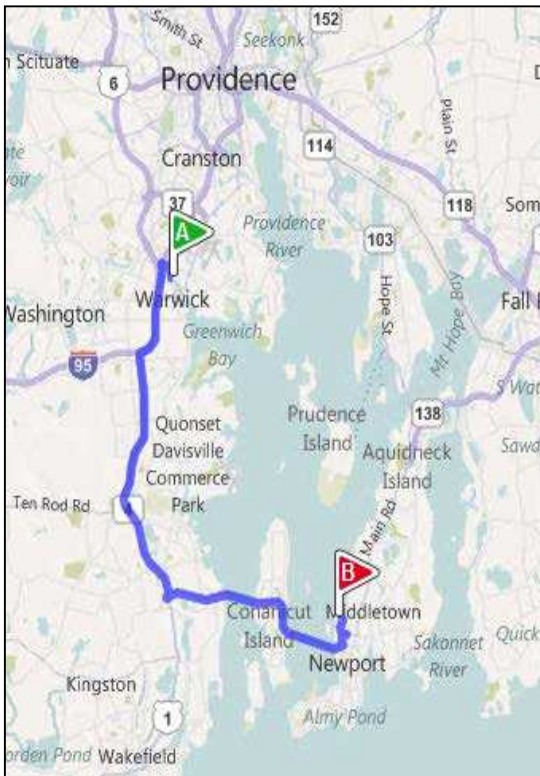
You will be directed to enter the Naval Station through Gate 1. When passing through Gate 1, the driver will be required to show a picture identification card, i.e., passport, driver's license, state identification card, school identification card.

Upon entry to the Naval Station, "NAPS Event" signs will be posted along the road. (see NAPS route in the Maps and Directions section of this brochure on page 11)

**Individuals without base access must be accompanied by the prospective midshipman candidate. The Active Duty orders will allow base entry.**

### Maps and Directions

From T.F. Green Airport, Providence (approx 35 min)



Prospective midshipman candidates who elect to "check-in" and sleep at NAPS the night before Induction Day (I-Day) will NOT be permitted to leave the NAPS' training area. Therefore, if checking-in after 6:00pm be sure to eat prior to entering the naval station.

### Required Arrival Times

Prior enlisted service members, who are prospective midshipman candidates, must report to NAPS no later than 11:59pm, 20 July 2016 but no earlier than 8:00am, 19 July 2016.

Prospective "Direct Entry" midshipman candidates are required to arrive no later than 9:00 AM, 26 July 2016 but no earlier than 12:00 PM (Noon) 25 July 2016.

There will be an optional "open house" from 1:00pm – 4:00pm on Monday 25 July. At the open house parents, family and friends will have the opportunity to meet the staff and faculty. In addition, the Commanding Officer will provide an overview brief on the NAPS year. NAPS tours will also be offered. This is an optional, but informative, event. **There will be no events for families on I-Day (26 July).**

From Logan Airport, Boston (approx 1hr 30min)



**Map of Naval Station Newport**

Enter "1 Training Station Road, Newport, RI" into your GPS device to take you to Gate 1



## Arrival Protocol

### **DO NOT ARRIVE LATE.**



Pay close attention to your original orders or "permit to report" papers and make appropriate plans to comply with your report date and time. If you cannot schedule a flight that allows you to arrive at NAPS before 09:00 AM on 26 July 2016 you should arrive on 25 July 2016. NAPS will accommodate you for the night or you can arrange your own accommodations off base.

If arriving before 25 July 2016, you must:

- 1) Call the Command Duty Officer at (401) 641-0752 prior to your arrival at NAPS, and
- 2) E-mail [rudenko@naps.edu](mailto:rudenko@naps.edu):

- Full name
- Where you are traveling from
- Whether or not you require transportation from T.F. Green Airport
- Reason for early arrival.

**Checking-In.** Dress comfortably and appropriately. Lightweight slacks, short sleeve shirt or blouse, and athletic shoes are recommended. Females should avoid skirts or summer dresses. Males must have a fresh shave. Expect the weather to be hot and humid.

I-Day on 26 July is a long and taxing event. It is important that you eat a good breakfast the morning of I-Day, as the schedule does not allow for a typical lunch break. Additionally, the heat and humidity in July place a premium on proper hydration.

Prior military service members must

report to NAPS at Perry Hall no earlier than 0800, 19 July 2016 and no later than 2359 on, 20 July 2016. Prior military service members should arrive in Service Dress White (Navy) or Service "A" (USMC). You will be directed to change into your service working uniform upon completion of the check-in process.

Pack lightly. If you bring it, you carry it. Use collapsible luggage with a lockable device attached. The living quarters in Ripley Hall are small and storage is limited. Midshipman candidates will wear their military uniforms the majority of their time at NAPS.

Important documents needed for I-Day check-in, identified in the Administrative Checklist (pg. 20), should be kept in a pocket folder which will be carried with you to the initial check-in station. Do not leave these documents in your baggage.

**\*\*NOTE: If unforeseen circumstances arise which will impact your on-time arrival on I-Day you should call the NAPS CDO at 401-641-0752 as soon as possible.**

**Civilian Clothes.** Appropriate civilian attire is authorized for wear on liberty. All civilian clothing will be conservative in both fit and fashion. Midshipman candidates will have the opportunity to receive and send non-seasonal civilian clothing from/to home. Examples of inappropriate clothing include, but are not limited to:

- Any clothing that is excessively tight or loose in wear
- Ripped, faded or multicolored jeans
- Half shirts, belly shirts, tank or tube top (to include undershirts of any color)
- Short shorts (male and female), skirts and dresses will be no shorter than 2 inches above the knee
- Any clothing that reveals undergarments



- Any clothing with profanity or suggestive material

- If trousers, jeans or shorts have belt loops, then a belt will be worn.

It is recommended that all midshipman candidates have at a minimum:

- (1) collared dress shirt

- (1) dress slacks; can be khaki in material and color or for females (1) dress skirt; can be khaki in material and color

- (1) pair of dress shoes; any non-athletic shoe (ie. loafers, boat shoes, etc)..

- (1) belt

**Baggage.** All baggage will be searched upon arrival. Leave any liquor, fake IDs, pornographic material, or weapons at home. These items will be confiscated and are grounds for immediate disenrollment.

**I-Day Schedule.** Upon arrival, prospective midshipman candidates are required to leave their family and friends to begin the indoctrination phase of training. Final goodbyes must be completed at this time. Midshipman candidates will be sworn in during a small Oath of Office Ceremony at the conclusion of I-Day processing. This ceremony is not open to families.

The Commanding Officer will provide an optional NAPS Overview Brief to parents at 9:30am for any interested families after their final goodbyes. This will be the same brief as provided during the optional "open house" on Monday, so there is no need for attendance at both.

There are no other events or briefs for families on I-Day.

**ARRIVE ON TIME, GET CHECKED-IN AND BE READY TO TRAIN!**

## Medical Advisories, Information and Services

### DoDMERB Advisory

If there are any changes in the prospective Midshipman Candidates health since their Department of Defense Medical Exam Review Board (DoDMERB) examination, the USNA Admissions Medical Liaison must be notified in writing. Areas of particular concern are:

- Any and all surgery (orthopedic, oral, etc)

- Any hospitalization

- Orthopedic injuries (broken bones, joint injuries or any other musculoskeletal injuries)

- Head injuries

- Vision changes

- Loss of consciousness

- Mental health changes

- Any condition which might preclude full participation in the rigorous indoctrination phase of training.

Mail or fax documentation of any changes in your health status since your DoDMERB examination to:

### **USNA Admissions Office Nominations and Appointments**

Attn: Medical Liaison  
Halsey Field House  
52 King George St.  
Annapolis, MD 21402-5018

Contact Number: (410) 293-4381  
Fax: (410) 293-1819

### **Medical In-Processing**

On I-Day, all prospective midshipman candidates will undergo a brief medical examination to ensure physical qualification for admission to the Naval Academy. Prospective midshipman candidates must pass this examination to be inducted. In most cases, this will be a routine screening examination to confirm that no problems have developed since the date of the last DoDMERB examination. It is however, the responsibility of the prospective midshipman candidate to inform the medical screening team of any health changes so they may conduct a more in-depth medical screen.

**Be aware that on the day you report to NAPS, you must be within the weight and body fat standards applied at your DoDMERB examination, or you risk disqualification.**

### **Dental In-Processing**

The USNA Office of Admissions assumes that all new midshipman candidates will arrive at NAPS with excellent medical and dental health. Prospective midshipman candidates must report ready to undertake the extremely rigorous indoctrination phase of training, uninterrupted by medical or dental conditions that would detract from the training.

While assigned to NAPS, midshipman candidates will have access to the Branch Dental Clinic located on the naval station. The Branch Dental Clinic will provide all general and specialty dental care required. It is strongly suggested, that each prospective midshipman candidate have a complete dental examination performed by his/her family dentist prior to Induction-Day. This will ensure any acute dental conditions are treated prior to enrollment. Examples of acute dental conditions include:

- Any cavities or tooth decay requiring restoration or extraction
- Any wisdom teeth indicated for extraction.

Please note: any dental surgery must take place **at least four weeks prior to I-Day** in order to treat any post operative complications.

All prospective midshipman candidates who are undergoing active orthodontic treatment will need a waiver from USNA Admissions Office. A waiver to enroll into NAPS with braces will be submitted during the application process. It is important to note that even if a waiver is granted, Branch Dental clinic does not provide this type of orthodontic service. Since this type of service is considered cosmetic there will be no financial compensation for outside civilian care.

On I-Day, prospective midshipman candidates with this type of orthodontic issue must have a copy of their initial treatment plan and all orthodontic records as well as any civilian orthodontic care they intend to seek while assigned to NAPS.

A dental screening examination will be conducted during the Indoctrination phase of training. Prospective midshipman candidates are to report their most recent dental check-up, including third molar (molar tooth) evaluations by a general dentist and/or an oral surgeon. Additional dental care will be provided throughout the NAPS academic year.

### **Immunizations**

All prospective midshipman candidates must complete the demographics on the Immunization Record for United States Naval Academy Preparatory School. A physician or other licensed health care provider **MUST** complete the vaccination history.

Prospective midshipman candidates are requested to mail one copy and hand carry two copies to the I-Day Immunization Station. Do not leave this paperwork in your bags. This form is very important, as it will decide which immunizations you require during your year at NAPS. (The form is located on pg. 28 of this brochure)

Please mail one copy of the immunization record in ample time to ensure it arrives to NAPS prior to 1 July 2016, to the following address:

**Naval Academy Preparatory School**  
ATTN: NAPS Medical  
440 Meyerkord Ave  
Newport, RI 02841

Prospective midshipman candidates must ensure all of the required immunizations are received. Any vaccines not received prior to I-Day will be given at the King Hall Medical facility. The following vaccines will be administered to both male and females while assigned to NAPS:

- Tdap and Menactra/Menveo vaccines are required. If your provider does not have these vaccines, please do not accept a substitute vaccination. NAPS will ensure each prospective midshipman candidate is inoculated with the necessary and appropriate vaccines.

- Human Papillomavirus (HPV), is an optional vaccine that will be provided.

- Gardasil, is a vaccine that will be provided unless a refusal form is signed on I-Day.

- Mantoux Tuberculin Skin Test (PPD) must have been performed and documented within the last six months prior to Induction-Day. The PPD form must be returned to the address listed below by **1 July 2016**.

**Naval Academy Preparatory School**  
ATTN: NAPS Medical  
440 Meyerkord Ave  
Newport, RI 02841

In addition, prospective midshipman candidates **MUST** have **TWO** copies of their completed immunization record. If a healthcare provider has any questions regarding immunizations, the provider can contact the USNA Immunization Clinic at (410) 293-2273/4414. This phone number is for health care providers only.

### **Medical Care or Seriously Ill or Injured**

If a midshipman candidate becomes ill or injured, the Navy will provide or pay for the medical care and related expenses incurred as a result of the illness or injury. These are the same benefits provided to all active duty members of the U.S. Armed Forces, so long as the midshipman candidate remains physically qualified for commissioning.

The majority of medical care is provided by the Naval Health Clinic New England or by the Clinic's referral program to civilian care facilities. Medical care received in any civilian medical facility without a referral is not authorized and any expenses incurred will not be reimbursed. Exceptions are made for emergent care only. All emergency care at Naval Station Newport is directed to the local civilian hospital in Newport.

If a midshipman candidate's medical condition brings their suitability for admissions to the Naval Academy into question, the USNA Admissions Medical Officer will make a recommendation to the Superintendent. If the Superintendent of the United States Naval Academy does not grant a waiver for the condition, the midshipman candidate will be disenrolled from NAPS.

## **Medications**

Any medications prescribed by a physician must be identified to the medical screening team at I-Day. The medication must be in a labeled container with its written prescription or certified physician's note. The written prescription must contain the following information:

- Name of the medication
- Dosage
- Dates of intended use
- Reason it was prescribed.

The medical screening team will evaluate the documentation and appropriateness medications. It will then be annotated in the prospective midshipman candidate's military medical record in order to authorize its continued use.

## **Optometry**

Please note the following advisories:

1. Do not undergo corrective vision surgery (e.g. **PRK, LASEK or LASIK**) as this can be a disqualifier for commissioning and may not be waived for commissioning.
2. If you have a prescription for contacts or eye glasses the Navy will issue you military standard eye glasses.
3. Naval Health Clinic New England Optometry does not issue contact lenses, but will update prescriptions so that you may purchase contact lenses at your own expense.
4. Tinted or lenses that become tinted with sunlight, are not permitted during military parades, training, formations and inspections. This type of eye wear will not be your primary set of eye glasses.
5. Bring two pairs of your most recently prescribed eye glasses, a 6-10 month supply of contact lenses (if you choose to wear them) and at least two written copies of

your most recent eye glasses/contact lens prescription.

6. Color vision screening will be conducted to confirm normal color vision.

7. Your eye glasses should be valid from at least July 2016 to July 2017 to be considered a current prescription. Mail one copy of your eye glasses prescription by July 1, 2016 to the address listed below:

**Naval Academy Preparatory School**  
ATTN: NAPS Medical  
440 Meyerkord Ave  
Newport, RI 02841

8. Bring two copies of your current eye glasses/contact lens prescription for the medical screening team.

## **Injury Prevention**

All prospective midshipman candidates should start physical training at least three months prior to their arrival. This will allow the time necessary for the body to adjust to the demanding schedule of the NAPS Indoctrination phase of training. Training during this phase will include:

- Distance running
- Long periods of standing on several different surfaces including a synthetic turf athletic field, athletic track, roads, trails, grass, sand, and gymnasium hardwood floor
- Multiple periods of intense physical activity. This includes push-ups, pull-ups, sit-ups, squats, lunges, and plyometrics
- Long periods of marching.

Prospective midshipman candidates should not wait until the last minute to prepare for the physical demands of NAPS' physical and military training program. It is highly recommended that prospective midshipman candidates gradually build up their physical aptitude over a three month period.



Be prepared for training with at least two **QUALITY** pairs of running shoes. The running shoes should be less than 6 weeks old and “broken-in” in order to avoid training blisters.

Midshipman candidates with flat feet should have a high quality motion control running shoe to allow for proper mechanics when running. Any prospective midshipman candidate with a history of lower leg or foot stress fractures, shin splints, tendinitis, or plantar fasciitis should be evaluated at a reputable shoe store for foot position and gait before making shoe purchases.

The majority of injuries incurred during the Indoctrination phase of training are related to the body being overly stressed, due to a dramatic increase in physical training. The only way to avoid or prevent a significant injury is to prepare your body daily over a 3 month period.

Prospective midshipman candidates should be actively participating in daily stretching, lifting, and cardio programs involving outdoor running on multi-surfaces. Training should not be the same every day and should involve a warm-up and cool-down period.

All prospective Midshipman Candidates should be eating a healthy well balanced diet. A personalized eating plan can be generated at [www.choosemyplate.gov](http://www.choosemyplate.gov).

Prospective midshipman candidates with a history of stress fractures or stress reactions with increased physical training should speak with a healthcare provider about vitamin D and calcium supplementation. This supplementation

however, must be approved on I-Day by the same procedures as prescribed medication.

### **Health Insurance**

NAPS strongly recommends prospective midshipman candidates contact their local health insurance provider to discuss their options of procuring and maintaining private medical insurance in order to ensure continuous medical coverage in the rare case of medical disqualification from NAPS.

Reasons for medical disqualification can include epilepsy, diabetes mellitus, ulcerative colitis, and even serious injury. As a result of a medically based separation, the midshipman candidate could face significant issues upon return to the civilian sector in acquiring health insurance. For this reason alone, having private health insurance already in place is a wise investment.

Additionally, direct entry midshipman candidates will not have health care coverage during the period between NAPS graduation and entry to USNA.

### **Tattoos, Brands, Body Piercing**

Navy and USNA regulations prohibit tattoos, body art, or brands that are visible in Navy uniform; e.g., those on the head, face, neck, scalp, arms or hands. Furthermore, the regulations amplify that any “...tattoos, body art, or brands that are prejudicial to good order, discipline and morale or are of a nature to bring discredit upon the Navy are prohibited.” The prohibition is applied to any body art and ornamentation that is:

- Excessive
- Obscene
- Sexually explicit

- Advocates, symbolize or discriminates a particular sex, gender, race, religion, ethnic or national origin, affiliation to a gang, supremacist and extremist groups, or the glorification of drugs and/or their use.

All prospective midshipman candidates who have tattoos or skin ornamentation, as described above, must contact the Head of Nominations and Appointments in writing at the following address:

**USNA Admissions Office  
Nominations and Appointments**

Attn: Medical Liaison  
Halsey Field House  
52 King George St.  
Annapolis, MD 21402-5018

Contact Number: (410) 293-4381  
Fax: (410) 293-1819

Pre-existing body alterations must comply with the Naval Academy's policy or be removed at the midshipman or midshipman candidate's expense unless a waiver is granted by the Naval Academy Body Alteration Review Board. All body alterations shall not be visible in the Summer White Uniform (short sleeve), "...either on the skin that shows outside of the uniform or through the fabric. All tattoos/body art/brands on the head, face, neck or scalp are prohibited."

Included in each midshipman candidate's Offer of Appointment package is a statement of understanding regarding body alterations. It is required that this statement be completed and returned with your offer acceptance.

If you did not return the form, submit it immediately to the Head of Nominations and Appointments at:

**USNA Admissions Office  
Nominations and Appointments**

Attn: Medical Liaison  
Halsey Field House  
52 King George St.  
Annapolis, MD 21402-5018  
Contact Number: (410) 293-4381  
Fax: (410) 293-1819

Any prospective Midshipman Candidate who reports to NAPS with a tattoo, brand, or body piercing that does not conform to the Naval Academy's policy AND who has not received a waiver from the Head of

Nominations and Appointments should anticipate not being inducted into the NAPS Battalion.

**Alcohol and Drug Screening**

The Navy definition of drug abuse includes the wrongful use, possession, manufacture, or distribution of a controlled substance. Drug abuse also includes the unlawful use of controlled substance analogues (designer drugs), natural substances (e.g., fungi, excretions), chemicals, (e.g., chemicals wrongfully used as inhalants), propellants, and/or prescribed or over the counter drugs or pharmaceutical compounds with the intent to induce intoxication, excitement, or stupefaction of the central nervous system, and will subject the violator to punitive action under the UCMJ and or adverse administrative action.

Examples of other substances, the wrongful use of which constitutes drug abuse, includes but is not limited to the following:

- Products that contain synthetic cannabinoid compounds, such as Spice, Genie, Blaze, Dream, Ex-ses, Spark, Fusion, Dark Knight, Yukatan Fire, and K2

- Natural substances such as salvia divinorum and mushrooms

- Common items abused by inhaling or huffing, such as Dust-Off

- Over the counter products such as Rokitussin or Coricidin HBP

- Prescription Medications such as Oxycodone, Vicodin, Adderal, and Valium

Any midshipman candidate who wrongfully possess controlled substance analogues (designer drugs), salvia divinorum, or products containing synthetic cannabinoid compounds will be subject to punitive action under the UCMJ, adverse administrative action, or both, as well as immediate disenrollment from NAPS.

The Department of Defense, Navy, USNA and NAPS regulations clearly prohibit, with zero tolerance, the use of illegal drugs and designer drugs, including anabolic steroids.

The National Defense Authorization Act mandates that appointees to all officer accession programs undergo testing for drug and alcohol use **within 72 hours of being formally inducted**. All prospective midshipman candidates will be required to submit a urine specimen for drug testing and will undergo a breathalyzer test for recent alcohol ingestion. A confirmed positive result in either test or a refusal to undergo testing will result in immediate disqualification; no waivers are authorized.\*\* We **will** test you for drugs!

**\*\*Marijuana use by any member of the military is prohibited**, even if such use occurred in a state where marijuana use has been legalized.

## ***Contact Information***

### **Admissions & Enrollment**

#### **USNA Admissions Office Nominations and Appointments**

Attn: Candidate Guidance Office  
Halsey Field House  
52 King George St.  
Annapolis, MD 21402-5018  
Contact Number: (410) 293-4361  
Fax: (410) 293-1829

#### **Naval Academy Preparatory School**

ATTN: Administration Office  
440 Meyerkord Ave  
Newport, RI 02841  
Contact Number: (401) 841-6966

### **Medical**

#### **USNA Admissions Office Nominations and Appointments**

Attn: Medical Liaison  
Halsey Field House  
52 King George St.  
Annapolis, MD 21402-5018  
Contact Number: (410) 293-4381  
Fax: (410) 293-1819

#### **Naval Academy Preparatory School**

ATTN: NAPS Medical  
440 Meyerkord Ave  
Newport, RI 02841  
Contact Number: (401) 841-1248

## **Pre-Arrival Checklists**

All prospective Midshipman Candidates are required to fill-out the following Pre-Arrival Checklists.

- Administrative Checklist
- Financial Checklist
- Miscellaneous Checklist
- Personal Items Checklist
- POV Checklist

\*Additional information regarding these Checklists and other NAPS information can be found at:

- 1) Naval Academy Preparatory School's facebook page (Naval Academy Preparatory School). Please visit/like this page as frequent updates are disseminated via facebook.
- 2) NAPS' homepage at [www.usna.edu/naps](http://www.usna.edu/naps)
- 3) email [rudenko@naps.edu](mailto:rudenko@naps.edu).

## Administrative Checklist (Direct-Entry Civilians)

\*The following Checklist items are required for all “direct entry” prospective midshipman candidates.

\_\_\_\_\_ Federally or State issued Picture Identification Card (driver’s license or state ID card)

\_\_\_\_\_ Social Security Card (original)

\_\_\_\_\_ \* Original Orders

\_\_\_\_\_ Original or notarized copy of your birth certificate and/or naturalization papers

\_\_\_\_\_ All travel receipts – airline/bus/train tickets, car rental, taxi or car service (show “zero” balance)  
*(Please note, that receipts must reflect the amount paid and the date it was paid)*

\_\_\_\_\_ Upon enrollment into NAPS, all midshipman candidates must reapply for a Congressional/  
Presidential nomination to the USNA. The process should be started prior to reporting to NAPS.  
**Bring a folder which contains documentation that the process has been started and includes  
the names and address of your U.S. Senators and Representatives.**

\_\_\_\_\_ ACT account # and password will be required for all who have previously taken the ACT exam.  
Those who have not yet taken the ACT may be required to register while at NAPS.

\_\_\_\_\_ \* Enlistment Statement of Understanding

\_\_\_\_\_ \* Record of Emergency Data (DD Form 93)

\_\_\_\_\_ \* Record of Military Processing (DD Form 1996/1-4)

\_\_\_\_\_ \* Enlistment Document (DD Form 4/1-2)

\_\_\_\_\_ \* Letter of Authorization of Enlistment in the Naval Reserve from the Director of Admissions, USNA

\_\_\_\_\_ Copy of your immunization records (page 28 of this brochure – filled in). (Mail 1 copy by 1 July; hand  
carry 2 copies on I-Day)

\_\_\_\_\_ Copy of any changes to your medical record since your DoDMERB physical. (Mail 1 copy by 1 July;  
hand carry 2 copies on I-Day)

\* All enlistment documents are located at  
<http://www.usna.edu/Admissions/Accepted/NAPS.php>



## Administrative Checklist (prior-enlisted service members)

\*The following Checklist items are required for all prior-enlisted service members

\_\_\_\_\_ Prior-enlisted service members must bring their Medical and Dental records.

Prior-enlisted Navy service members who are eligible for advancement:

- Must have all requirements completed
- Completed requirements entered into their service records
- Detaching command must forward the advancement exam to:

**Personnel Support Detachment**

ATTN: Education Services Officer

690 Peary Street

Naval Station Newport

Newport, RI 02841

\*Student UIC: 30809

\_\_\_\_\_ *(Please note that course books are very difficult to complete at NAPS, and courses requiring classified information are not available)*

\_\_\_\_\_ If possible you should **report with a leave balance of approximately 30 days**. This will allow you to depart NAPS on leave during the scheduled leave periods and after NAPS graduation. Those with insufficient leave will be required to remain at NAPS during leave and post-graduation periods.

\_\_\_\_\_ During your year at NAPS and subsequent 4 years at USNA you will have very limited stowage for personal property and no stowage for household goods. Household goods (furniture, appliances, large electronics, etc) should be disposed of through sale or donation or by shipping to family/friends. Government long term storage is not available in connection with orders to NAPS/USNA.

\_\_\_\_\_ Prior-enlisted service members must obligate a minimum of two years military service for the opportunity to attend NAPS.

- If this is not in your service record upon arrival at NAPS, you must sign the required documents at check-in on Induction-Day.
- It is your responsibility to ensure the required obligated service is in your official service record

\_\_\_\_\_ There will be limited opportunities to wear Navy/Marine Corps enlisted uniforms while at NAPS. As such, one set of each uniform will be adequate. The exception is the Navy Working Uniform (NWU) which will be worn while at NAPS – bring all that you have.

## Financial Checklist

Bring approximately \$200.00 in small bills for incidental expenses. *(You may have some delay before receiving your initial paycheck)*

During the Check-In Process, the Personnel Support Detachment will assist you in enrolling into the Navy's Direct Deposit Program. *(All pay and allowances midshipman candidates will receive while at NAPS will be distributed via this program. The deductions include uniform bill requirements, Battalion Activity Fund (BAF), etc.)*

Direct-entry Midshipman Candidates will receive approximately \$1,027.20 a month\* (before taxes, BAF and Uniform deductions). Prior enlisted service members will receive the base pay of their enlisted pay-grade only. *(All additional allowances will be stopped upon their transfer to NAPS.)*

\* Payday occurs on the 1<sup>st</sup> and 15<sup>th</sup> of each month. Direct entry midshipman candidates typically receive approximately \$200 per pay check after taxes and deductions. This amount must cover routine hygiene and convenience expenses. Travel expenses associated with leave periods, to include post-graduation leave, are the responsibility of the midshipman candidate.

Battalion Activities Fund (BAF): A fee of \$2000 is charged to each midshipman candidate to cover the costs of the physical fitness clothing and equipment, textbooks and various student activity expenses, to include but not limited to, Battalion trips and graduation events. The payment schedule is \$250.00 per month which will be automatically deducted from your pay over the period of September through April. This is a mandatory fee.

Military Uniform Issue: All midshipman candidates are required to pay for their military uniforms. The total cost of the military uniform issue varies for each individual, but is approximately \$1,700.00.

The Uniform Issue is paid via 6 automatic monthly payroll deductions which commence in November and continue through April. The deduction per month will be approximately \$280.00.

Scholarships may be used to pay for the BAF fee and uniform expenses mentioned above. Any scholarship amounts above the costs of these two fees must be held for use at USNA. If you do not successfully complete NAPS or voluntarily/involuntarily separate from NAPS, you will be reimbursed by check a prorated amount

NAPS is not an "eligible educational institution" per U.S. tax code. As such student fees are not tax deductible. There is also no code on the FAFSA for NAPS.

## Miscellaneous Checklist

1. You will go through a mentally and physically challenging three-week indoctrination period. The days are long. The program is designed to help develop character, personal integrity, and honor; to nurture pride in yourself and your organization; and to develop self-assurance, self-discipline, and standards of personal appearance. You have been selected from thousands of applicants for NAPS.

Due to your country's investment and the impact short-sighted decisions can have on your future, it is NAPS' policy to **not allow** midshipman candidates to withdraw from the program until after the completion of the Indoctrination Phase of training.

2. Alarm clocks are permitted. We suggest that you bring a small battery powered alarm clock.

You will be authorized to use small, compact audio equipment (iPods, etc.) with headphones, after the Indoctrination Phase of training. Elaborate stereo systems are not permitted.

3. You may bring your favorite musical instrument, tennis racket, lacrosse stick, baseball bat or glove with you. Do not bring heavy or bulky equipment such as weights.

4. Brief phone calls (not to exceed 15 minutes) will be scheduled 2-3 times during INDOC. Other than for these scheduled calls cell phones are NOT permitted during the Indoctrination Phase of training. Time to write personal letters is set aside each day.

5. Male midshipman candidates are required to maintain a regulation military haircut. Mustaches and beards are not permitted. At the beginning of the Indoctrination Phase of training all males will receive a "CLOSE" haircut.

6. Female midshipman candidates will not be required to get their hair cut, but their hairstyle and grooming must be in adherence with Navy Regulations. Please use this link for specific styles that may be worn:

[http://www.navy.mil/ah\\_online/um/femalehair.html](http://www.navy.mil/ah_online/um/femalehair.html)

Also, for authorized hairstyles, please look at the Navy Uniform Regulations Chapter Two at the following link:

<http://www.public.navy.mil/bupers-npc/support/uniforms/uniformregulations/Pages/default.aspx>

There will be limited time in the morning for hygiene and your hairstyle must be in compliance to Navy Regulations from reveille to taps.

NAPS Staff members will provide instruction to the female midshipman candidates on the proper way to wear their hair during I-Day and throughout Indoctrination period.

7. Your mailing address while at NAPS will be:

Midshipman Candidate \_\_\_\_\_  
Company \_\_\_\_\_, Platoon \_\_\_\_\_ \*  
Naval Academy Preparatory School  
440 Meyerkord Ave.  
Newport, RI 02841-1519

\*Company and Platoon numbers will be provided on I-Day

8. Announcements, information and photos are frequently posted on the "Naval Academy Preparatory School" Facebook page. If you use Facebook you should "like" this page to receive notifications of postings.

## Miscellaneous Checklist (cont.)

\_\_\_\_\_ 9. The routine during indoctrination requires adherence to regular meals and hydration. If there are any dietary restrictions which could preclude this please contact NAPS at 401-841-1340 to discuss.

\_\_\_\_\_ 10. Gifts of food, care packages/or gift boxes are not allowed during the Indoctrination Phase of training. However, letters or postcards are strongly encouraged.

\_\_\_\_\_ 11. Do not bring any electrical appliances (i.e. coffeepots, toasters, hotpots, televisions, or video games). These items will be confiscated.

12. Appropriate civilian attire is authorized for wear on liberty. A limited amount of civilian clothes should be brought to NAPS for wear on liberty. All civilian clothing will be conservative in both fit and fashion. Closet space is limited so midshipman candidates will have the opportunity to receive and send non-seasonal civilian clothing from/to home.

The dress code at NAPS prohibits:

- Any clothing that is excessively tight or loose in wear
- Ripped, faded or multicolored jeans
- Half shirts, belly shirts, tank or tube top, (to include undershirts of any color)
- Shorts, skirts and dresses will be no shorter than 2 inches above the knee
- Any clothing that reveals undergarments
- Any clothing with profanity or suggestive material
- Any shoe with a heel height greater than 2 inches.
- If the trouser, jeans or shorts have belt loops, a belt will be worn.

It is recommended that all Midshipman Candidates have at a minimum:

- (1) collared dress shirt
- (1) dress slacks; can be khaki in material and color or for females (1) dress skirt; can be khaki or denim in material and color
- (1) pair of dress shoes; any non-athletic shoe (ie. loafers, boat shoes, etc).
- (1) belt

\_\_\_\_\_ 13. Unless you live close to Newport (within two hundred miles) the first time you will get to go home will probably be Thanksgiving holiday period. Parents, family and friends will have the opportunity to visit you at NAPS during Fall Open House weekend (8-10 October, 2016).

\_\_\_\_\_ 14. Come prepared to meet the challenges you'll face during the Indoctrination Phase of training and throughout your military career. All midshipman candidates' physical aptitude will be tested during the first week of the Indoctrination Phase of training.

\_\_\_\_\_ 15. Liberty (time off) will only be considered on Saturdays and Sundays after the Indoctrination Phase of training. Gradually, Friday night and weeknight liberty will be awarded to midshipman candidates who have the appropriate academic grades, military conduct, and physical readiness standards. Liberty is considered a privilege, not a right.

\_\_\_\_\_ 16. There are many organized sports teams here at NAPS, both varsity and club. It doesn't matter if you are a recruited athlete or not, we encourage "walk-ons!"

## Personal Items Checklist

Prospective midshipman candidates are required to bring the following:

Running shoes-2 pairs\* (do not substitute with basketball, tennis or cross-training shoes)

\*Running injuries lead to frequent down time. It is very important that all bring running shoes that are individually suited.

\_\_\_\_\_

Toiletries: to include but not limited to...

- soap, shampoo
- razor (not electric)
- shaving cream
- deodorant
- feminine hygiene items

\_\_\_\_\_

Swimsuit, solid color, dark blue or black one piece (females only)

\_\_\_\_\_

Bathrobe, knee length or longer (optional)

\_\_\_\_\_

(4) envelopes with stamps

\_\_\_\_\_

(8) pair underwear

\_\_\_\_\_

(for females) (4) sets of white, cotton sports bras (must be solid white, no logos, no lace, no push-up devices, no excessive padding)

\_\_\_\_\_

(4) pair of dark blue or black (6") compression shorts (must be a solid color). (Compressions shorts, when worn with NAPS issue PT shorts, shall not be visible)

\_\_\_\_\_

### **Cosmetics and Jewelry**

During the Indoctrination Phase of training the wearing of cosmetics such as lipstick, nail polish, mascara, eye shadow, etc., as well as jewelry while in uniform is strictly prohibited. Once this phase of training is completed, midshipman candidates will be given instruction and training on the NAPS standards of wearing cosmetics as well as personal jewelry.

\_\_\_\_\_

### **Electrical Appliances and Electronic Devices**

The following are either OPTIONAL (\*) or DO NOT BRING (-) items.

- Do not bring hair clippers or barber utensils
- \* Small hair dryers and electric razors are authorized (optional)
- Do not bring boom boxes, TVs, game systems (e.g. XBOX, PSP, PS3), or tobacco products
- \* Electronic equipment, e.g., cell phones, laptops and PDAs, will be under the custody of the Ripley Hall staff until the Indoctrination Phase of training is complete. During the post Indoctrination Phase of training the use of personal electronic equipment is considered a privilege. Therefore NAPS faculty and staff may confiscate and secure from use the above mentioned items or other personal items, if they become a distraction to a midshipman candidate's ability to perform his/her duties. (optional)

\_\_\_\_\_

## Academic Supplies Checklist

**You do NOT need to bring a calculator – one will be issued to you.**

Prospective midshipman candidates should bring the following:

### **PHYSICS:**

\_\_\_\_\_ Three ring binder. This binder will not be used for any other subject.

\_\_\_\_\_ Dividers that can be placed in your three ring binder.

\_\_\_\_\_ A notebook (or loose leaf paper) for your binder.

\_\_\_\_\_ Three-hole punch. The kind that can be put into a three ring binder is fine.

\_\_\_\_\_ Mechanical pencils

### **CHEMISTRY:**

\_\_\_\_\_ Three ring binder with pockets or one without pockets and a folder that can be placed within (i.e., has three holes). This binder cannot be used for any other subject.

\_\_\_\_\_ Dividers that can be placed in your three ring binder.

\_\_\_\_\_ One package of blank (no lines) index cards

### **MATHEMATICS:**

\_\_\_\_\_ Three ring binder with pockets or one without pockets and a folder that can be placed within (i.e., has three holes). This notebook cannot be used for any other subject.

\_\_\_\_\_ Dividers that can be placed in your three ring binder.

\_\_\_\_\_ Three-hole punched Engineering Computation Pad

### **OTHER:**

The following are not required, but are extremely helpful:

- Multi-colored pencils (not pens)
- Scissors
- Clear plastic tape
- Ruler with cm and mm markings on it
- Stapler
- Index cards
- Extra lead for pencils
- Extra erasers

## Privately Owned Vehicle (POV)

Although, it is not encouraged, midshipman candidates are authorized to have their Privately Owned Vehicles (POV) with them while attending NAPS.

At check-in on Induction-Day, midshipman candidates with vehicles will be required to present the following documentation:

- Current, valid, US driver's license that will not expire before June 2016
- Current Vehicle Registration. If registration is in a name other than the midshipman candidate's provide a signed note from the individual whose name it is in authorizing the midshipman candidate to drive the vehicle.
- Proof of Insurance with a liability minimum of \$20,000

*(Failure to present these documents during the check-in process, will prevent the Midshipman Candidate from utilizing their POV on base while assigned to NAPS)*

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**IMMUNIZATION RECORD FOR UNITED STATES NAVAL ACADEMY PREPARATORY SCHOOL APPOINTEES**

Name	SSN	DOB	Phone	Your Age on I-Day	Date you turned 16
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The appointee consents to receiving the required immunizations for induction into NAPS. The appointee will bring **TWO** completed copies of this form along with any updates to this form on I-Day. Do not mail updates. **DO NOT LEAVE IN YOUR BAGS AT I-DAY.** Any vaccines not verified on I-day will be given. Vaccine information sheets are available at <http://www.cdc.gov/vaccines> electronically if you have questions on the vaccines.

Appointee Signature \_\_\_\_\_

**\*\*\*\*REQUIRED IMMUNIZATIONS: Modifications in requirements can be made based on DOD guidance, CDC guidance and mission needs.\*\*\*\***

1. **Polio (Poliomyelitis)** - At least 3 doses are required to complete the series. Adult IPV booster is required for age 17 or older.
2. **Tdap is REQUIRED!!** DTP, DT, Td - Childhood completion or catch up required per ACIP recommendations.
3. **MMR & Varicella** - At least 2 doses of each are required. Proof of immunity will be done on I-Day. Do not send proof of immunity.
4. **Hepatitis A & B** - REQUIRED. NOTE: Indicate if Twinrix, a combination vaccine, was used for HAV and HBV immunizations.
5. **Menactra or MENVEO-REQUIRED.** Menomune will not meet this requirement. One dose of Menactra or Menveo is required after patient turns 16 years.
6. Bexsero OR Trumenba for MenB will be required.
7. **HPV-** for men and women is highly recommended. We will offer and/or continue vaccine series at I-Day. HPV9 will be preferred if approved by ACIP.

**If a provider is uncomfortable with the above guidance, the required vaccines will be administered on I-Day at no cost to the midshipman candidates.**

**\*\*\* THIS SECTION TO BE COMPLETED BY PATIENT'S HEALTH CARE PROVIDER\*\*\*NO ATTACHMENTS ACCEPTED - Fill out this form. (PRINT)\*\*\***

<b>Tuberculin Skin Test (PPD)</b> Provide documentation of a PPD skin test or QuantiFERON®-TB Gold after Jan 1 of this year. If the applicant has a history of a reactive PPD test, documentation of the medical evaluation to include chest x-ray results and medication prophylaxis must be provided at I-Day.				Date of PPD _____ PPD Reaction READING in mm _____ mm (Record in <u>MILLIMETERS ONLY</u> - not "negative" or "positive") QuantiFERON®-TB Gold results can be attached to this paperwork.			
Polio Mo/Day/Yr	DTP/DTaP Mo/Day/Yr	Td Mo/Day/Yr	Hepatitis B Mo/Day/Yr	Hepatitis A Mo/Day/Yr	Gardasil (HPV4) Mo/Day/Yr	Menactra Mo/Day/Yr	Bexsero Mo/Day/Yr
1	1	1	1	1	1	1	1
2	2	2	2	2	2	2	2
3	3	3	3		3	Menveo Mo/Day/Yr	
4	4	Tdap Mo/Day/Yr	Twinrix Mo/Day/Yr	Cervarix Mo/Day/Yr	HPV9 Mo/Day/Yr	1	Trumenba Mo/Day/Yr
5	5	1	1	1	1	2	1
MMR Mo/Day/Yr	Varicella Mo/Day/Yr	2	2	2	2	Menomune Mo/Day/Yr	2
1	1	3	3	3	3	1	3
2	2						

Name \_\_\_\_\_ Telephone \_\_\_\_\_ Signature \_\_\_\_\_ Date \_\_\_\_\_  
**This form must be completed and signed by an MD, DO, PA, CNP, or RN. Healthcare Providers may call (410)293-1774 for any questions.**

**Mail to: Medical Records, NAPS, 440 Meyerkord Ave, Newport, RI 02842. Do not FAX. Due NLT 1 July. Mail one copy and have appointee bring TWO copies of this form to I-Day along with any updates. DO NOT LEAVE IN YOUR BAGS!**

**\*\*\*NAVAL ACADEMIC IMMUNIZATIONS STAFF ONLY: IDAY REQUIREMENTS\*\*\*NAVAL ACADEMIC IMMUNIZATIONS STAFF ONLY: IDAY REQUIREMENTS\*\*\*REQUIREMENTS\*\*\***

Prev Med for +PPD	PPD after Jan 1	POLIO Adult dose after Age 17 required	TDAP One dose required	HEP B PEDS 0-19YRS	HEP B ADULT 20 & UP	HEP A PEDS 1- 18YRS	HEP A ADULT 19 & UP	TWINRIX 18 & UP	HPV 2 <sup>nd</sup> dose 1 month later, 3 <sup>rd</sup> dose 6 mon after 1 <sup>st</sup> and 4 month after second	MENVEO (One dose of Menveo or Menactra required after age 16) FOR NAPS- dose must be in last 5 years	Bexsero (2 <sup>nd</sup> dose at least 1 month later)	N O N E
											Trumenba 2 <sup>nd</sup> dose 2 month later, 3 <sup>rd</sup> dose 6 mon after 1 <sup>st</sup> and 4 month after second	

Staff review prior to I-Day Initial \_\_\_\_\_ Front Table Review Initial \_\_\_\_\_ Final I-Day Review Signature \_\_\_\_\_ Updated in AHLTA

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