



THE COMMONS

PREMIER RETIREMENT LIVING IN THE HEART OF ENID

OUR FAMILY MATTERS

DEC 2015 VOL 25

HEALTH CARE & REHABILITATION CENTER - GRACE MEMORY SUPPORT CENTER

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**I HOPE THAT IN THIS YEAR TO COME,
YOU MAKE MISTAKES.**

Because if you are making mistakes,

THEN YOU ARE:

*making new things,
TRYING NEW THINGS,
learning, living,*

**PUSHING YOURSELF,
changing yourself,
CHANGING YOUR WORLD.**

Neil Gaiman

VERYBESTQUOTES.COM

"New Year's Day is every man's birthday."

"One resolution I have made, and try always to keep, is this:

"To rise above the little things."
- John Burroughs

"For a new year to bring you something new, make a move, like a butterfly tearing its cocoon! Make a move!"

"Tomorrow is the first blank page of a 365 page book. Write a good one."
- Brad Paisley

"FOR LAST YEAR'S WORDS BELONG TO LAST YEAR'S LANGUAGE AND NEXT YEAR'S WORDS AWAIT ANOTHER VOICE."
- T.S. ELLIOT

"We will open the book. It's pages are blank. We are going to put words on them ourselves."

The book is called Opportunity and its first chapter is New Year's Day."

— Edith Lovejoy Pierce

"MAYBE THIS YEAR... WE OUGHT TO WALK THROUGH THE ROOMS OF OUR LIVES NOT LOOKING FOR FLAWS,

BUT FOR POTENTIAL."

- ELLEN GOODMAN

Remembering Our Loved Ones

The Commons staff would like to remember the following residents who went home to be with their Lord in 2015.



In Remembrance

Audrey Wilson

Mildred Jones

Nancy Sodowsky

Rollin Shipley

Delbert Campbell

Cindy Testerman

Evangeline Taylor

Elmer Kroll

Marge Cummings

Charles Elson

Don Cooper

Darrel Koehn

Retha Vincent

Dale Pettus

Freda Wheat

Viola Shaffner

Dean Bomholt

Ruth Beam

John Marlatt

Jay Falke

Ernest Bussart

Annella Baker

Elizabeth Decker

Stephen DeVaughn

Lucille Garis

Regena Vassar

Phyllis Miller

Virginia Murray

Lois Stuart

Essie Hyle

Jan Markiewicz

Howard Puckett

Robert Sedbrook

Dean White

Dale Graham

Marie Lambert

When someone
you *love* becomes
a memory...that
memory becomes a
treasure

Erma Hoeltzel

Bob Hamen

Zeola Arndt

Laura Dodson

Charles Strom

Laura Elson

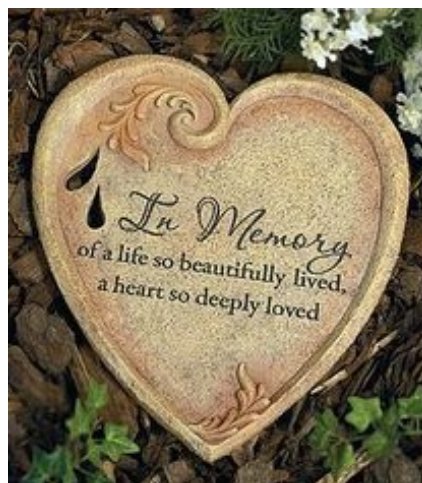
William Zaloudek

Linda Kroll

Leroy Street

Bob Harper

Mary Finnegan



Happy Birthday



Resident Birthdays

BARBARA GABRIC	1-2
BETTIE STEWART-LOCKE	1-3
MILDRED MATTUSAK	1-11
MAXINE JACKSON	1-16
JACKIE PALMER	1-17
JUNIE LEBOW	1-17
MARUMI WILLIAMS	1-17
ARDIS RIVES	1-20
DEANE ECK	1-23
LYNDEL BIBY	1-29

Employee Birthdays

MARY MCCOY	1-2
WYNN ROTH	1-2
SHERIAN HOPKINS	1-11
BREANNA WAUGH	1-15
PEGGY MILLER	1-26
LIZ PENA	1-26
LOREN STOUT	1-28
LISA SCOTT	1-30
VAN NGUYEN	1-31
TAMMY WHITT	1-31

Resident of the Month

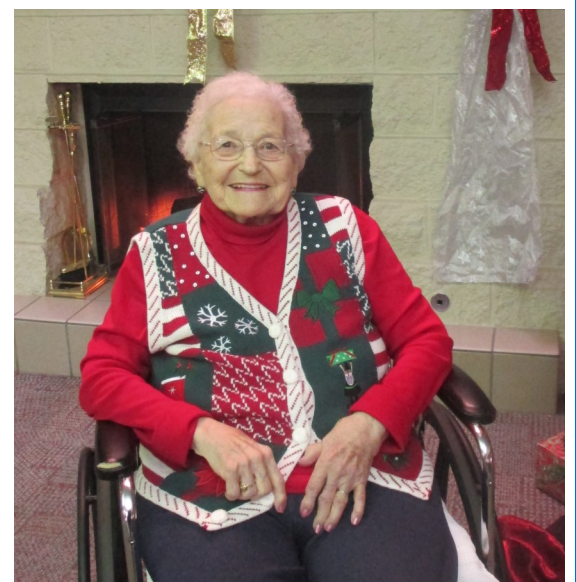
Each month the Resident Council votes on a resident of the month.

This is a resident who enjoys visiting with other residents and going out of their way to make the other residents feel welcome and loved.

Resident of the Month for January is Dorothy Stephan.

If you see Dorothy,
congratulate her and let her
know how appreciated she is.

THANKS DOROTHY!



JANUARY 2016

SUNDAY

MONDAY

TUESDAY


WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

HEALTH CARE & REHABILITATION CENTER

						1 10:00 AM SIT & GET FIT 3:00 PM POPCORN PARTY 6:00 PM BINGO BLITZ	2 10:00 AM IT'S TRIVIA! 2:00 PM MOVIE MATINEE 6:00 PM SOCIAL HOUR
3 9:30 AM WORSHIP 2:00 PM <i>CCCC CHOIR</i> 6:00 PM GAME NIGHT	4 10:00 AM SIT & GET FIT WITH PRE-K 2:00 PM COOKING CLUB 5:45 PM <i>BACK HOME AGAIN</i>	5 10:00 AM UNO WITH PRE-K 2:30 PM BIBLE STUDY 6:00 PM WORD FUN	6 10:00 AM SHOW & TELL WITH PRE-K 10:30 AM SING ALONG 2:00 PM BINGO BONANZA	7 9:00 AM PRETTY NAILS 2:30 PM BIRTHDAY PARTY 6:00 PM CRANIUM CRUNCHES	8 10:00 AM SIT & GET FIT WITH PRE-K 3:00 PM <i>MUSIC W/CAROLYN</i> 6:00 PM BINGO BLITZ	9 10:00 AM IT'S TRIVIA! 2:00 PM MOVIE MATINEE 6:00 PM SOCIAL HOUR	
10 9:30 AM WORSHIP 2:00 PM TREASURED MEMORIES 6:00 PM GAME NIGHT	11 10:00 AM SIT & GET FIT WITH PRE-K 2:00 PM COOKING CLUB 6:00 PM BIBLE JINGO	12 10:00 AM DOMINOES WITH PRE-K 2:30 PM BIBLE STUDY 6:00 PM MIX & MATCH	13 10:00 AM SHOW & TELL WITH PRE-K 10:30 AM SING ALONG 2:00 PM BINGO BONANZA	14 9:00 AM PRETTY NAILS 2:00 PM SALVATION ARMY CHURCH 6:00 PM CRANIUM CRUNCHES	15 10:00 AM SIT & GET FIT WITH PRE-K 3:00 PM <i>RON & SHIRLEY</i> 6:00 PM BINGO BLITZ	16 10:00 AM IT'S TRIVIA! 2:00 PM MOVIE MATINEE 6:00 PM SOCIAL HOUR	
17 9:30 AM WORSHIP 2:00 PM <i>FIDDLIN' MAGIC</i> 6:00 PM GAME NIGHT	18 10:00 AM SIT & GET FIT 2:00 PM COOKING WITH DINING SERVICES 6:00 PM AROUND THE HOUSE JINGO	19 10:00 AM READING WITH PRE-K 2:30 PM BIBLE STUDY 6:00 PM <i>TRAILBLAZERS</i>	20 10:00 AM SHOW & TELL WITH PRE-K 10:30 AM SING ALONG 2:00 PM BINGO BONANZA	21 9:00 AM PRETTY NAILS 2:00 PM CENTRAL CHRISTIAN CHURCH 6:00 PM CRANIUM CRUNCHES	22 10:00 AM SIT & GET FIT WITH PRE-K 3:00 PM MEET & GREET 6:00 PM BINGO BLITZ	23 10:00 AM IT'S TRIVIA! 2:00 PM MOVIE MATINEE 6:00 PM SOCIAL HOUR	
24 9:30 AM WORSHIP 2:00 PM TREASURED MEMORIES 6:00 PM GAME NIGHT	25 10:00 AM SIT & GET FIT WITH PRE-K 2:00 PM COOKING CLUB 6:00 PM FUN ON THE FARM JINGO	26 10:00 AM BINGO WITH PRE-K 2:30 PM BIBLE STUDY 6:00 PM SPELLING BEE	27 10:00 AM SHOW & TELL WITH PRE-K 10:30 AM SING ALONG 2:00 PM BINGO BONANZA	28 9:00 AM PRETTY NAILS 2:00 PM REDEEMER LUTHERAN CHURCH 6:00 PM CRANIUM CRUNCHES	29 10:00 AM SIT & GET FIT WITH PRE-K 3:00 PM <i>MUSIC WITH DOUG SWANSON</i> 6:00 PM BINGO BLITZ	30 10:00 AM IT'S TRIVIA! 2:00 PM MOVIE MATINEE 6:00 PM SOCIAL HOUR	
31 9:30 AM WORSHIP 2:00 PM <i>PIANO MAN WILL NUNN</i> 6:00 PM GAME NIGHT					Barbara Gabric 1-2 Junie Lebow 1-17 Maxine Jackson 1-16 Jackie Palmer 1-17 Marumi Williams 1-17 Ardis Rives 1-20 Deane Eck 1-23 Lyndel Biby 1-29		

JANUARY 2016

SUNDAY

MONDAY

TUESDAY


WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Grace Memory Support Center

<h2>Grace Memory Support Center</h2>						1 9:00 AM DAILY UPDATE 10:00 AM PUZZLE FUN 1:00 PM GAME TIME 3:00 PM POPCORN PARTY	2 9:00 AM DAILY UPDATE 10:00 AM LEISURE TIME 1:00 PM SIT & GET FIT
						3 9:00 AM DAILY UPDATE 10:00 AM LEISURE TIME 1:00 PM GRACE MEMORY DEVOTIONAL	4 9:00 AM DAILY UPDATE 10:00 AM COFFEE SOCIAL 2:00 PM COOKING CLUB
10 9:00 AM DAILY UPDATE 10:00 AM LEISURE TIME 1:00 PM GRACE MEMORY DEVOTIONAL	11 9:00 AM DAILY UPDATE 10:00 AM COFFEE SOCIAL 2:00 PM COOKING CLUB	12 9:00 AM DAILY UPDATE 10:00 AM BINGO 1:00 PM IT'S TRIVIA! 2:00 PM LEISURE TIME	13 9:00 AM DAILY UPDATE 10:00 AM TREASURED MOMENTS 2:00 PM MOVIE MATINEE	14 9:00 AM DAILY UPDATE 10:00 AM FUN WITH PRE-K 1:00 PM PRETTY NAILS 2:00 PM WORD FUN	15 9:00 AM DAILY UPDATE 10:00 AM PUZZLE FUN 1:00 PM GAME TIME 3:00 PM RON & SHIRLEY	16 9:00 AM DAILY UPDATE 10:00 AM LEISURE TIME 1:00 PM SIT & GET FIT	
17 9:00 AM DAILY UPDATE 10:00 AM LEISURE TIME 1:00 PM GRACE MEMORY DEVOTIONAL	18 9:00 AM DAILY UPDATE 10:00 AM COFFEE SOCIAL 2:00 PM COOKING CLUB	19 9:00 AM DAILY UPDATE 10:00 AM BINGO 1:00 PM IT'S TRIVIA! 2:00 PM LEISURE TIME	20 9:00 AM DAILY UPDATE 10:00 AM TREASURED MOMENTS 2:00 PM MOVIE MATINEE	21 9:00 AM DAILY UPDATE 10:00 AM FUN WITH PRE-K 1:00 PM PRETTY NAILS 2:00 PM WORD FUN	22 9:00 AM DAILY UPDATE 10:00 AM PUZZLE FUN 1:00 PM GAME TIME 3:00 PM MEET & GREET	23 9:00 AM DAILY UPDATE 10:00 AM LEISURE TIME 1:00 PM SIT & GET FIT	
24 9:00 AM DAILY UPDATE 10:00 AM LEISURE TIME 1:00 PM GRACE MEMORY DEVOTIONAL	25 9:00 AM DAILY UPDATE 10:00 AM COFFEE SOCIAL 2:00 PM COOKING CLUB	26 9:00 AM DAILY UPDATE 10:00 AM BINGO 1:00 PM IT'S TRIVIA! 2:00 PM LEISURE TIME	27 9:00 AM DAILY UPDATE 10:00 AM TREASURED MOMENTS 2:00 PM MOVIE MATINEE	28 9:00 AM DAILY UPDATE 10:00 AM FUN WITH PRE-K 1:00 PM PRETTY NAILS 2:00 PM WORD FUN	29 9:00 AM DAILY UPDATE 10:00 AM PUZZLE FUN 1:00 PM GAME TIME 3:00 PM MUSIC W/DOUG	30 9:00 AM DAILY UPDATE 10:00 AM LEISURE TIME 1:00 PM SIT & GET FIT	
31 9:00 AM DAILY UPDATE 10:00 AM LEISURE TIME 1:00 PM GRACE MEMORY DEVOTIONAL	ACTIVITIES HELD IN THE HEALTH CARE CENTER GREAT ROOM				Bettie Stewart-Locke 1-3 Mildred Mattusak 1-11		



FROM THE DESK OF SOCIAL SERVICES

We would like to ask, if any resident or family member finds an item that does not belong to you or your family member, please turn this item in to Social Services. If our department is closed please turn the item in to the receptionist or to the House Supervisor, this way it will get to Social Services and returned to the proper owner.

If you or your family member has any items turn up missing, please report it to Social Services and we will locate the missing item.

Also, as a reminder, any new items that are brought in to the facility for your loved ones will need to be taken to the Social Service Department.

This is to add the new item to the residents inventory and mark it with the residents name.

Greeting Cards Available

Social Services has greeting cards available for many different occasions to purchase at 50¢ a piece.



Whether you are looking for a card for a birthday or any other special occasion, stop in at the Social Services office to get yours today.

Make a RESERVATION

Hey Residents! Got an event coming up? Would you like to reserve the private dining room? If so, come by the Social Services office to get on the calendar.

Our office is open Monday through Friday
from 8:00 am to 5:00 pm.

DONATIONS FOR BINGO

The activities department always welcomes donations for bingo prizes. We can use a variety of items; such as body wash, shampoo, conditioner, and nick nacks. We also enjoy assorted candy items (preferably easy to chew) or small individual snack items, like chips, cookies, or crackers, or any other item you feel the residents would enjoy.

We would appreciate anything you may want to donate for our residents to have more prize options during bingo.



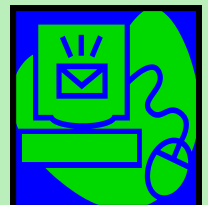
Thank You, Activities

ATTENTION: Newsletter is going green

In an effort to protect resources and save paper, we are asking family members to please give us your email address to send our monthly newsletter to families that would like to receive it.

To receive Our Family Matters online, email the activities department at activities@thecommons-umrc.com, the business office at frontoffice@thecommons-umrc.com, or stop by the business office to give us your email address.

We will continue to mail out a hard copy of Our Family Matters to those who have not presented us with an email address.



*National Activity
Professionals' Week*

JANUARY 17-23, 2016

www.recreativeresources.com

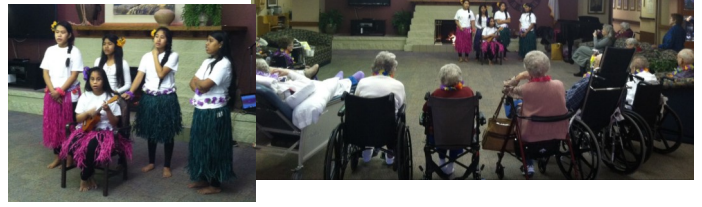


Looking back at 2015

Fun with Roses



Brilliant Stars Dancers



Super Foods



Make-A-Burger for Make-A-Wish



Easter



Retirement Connie Easterly & Debby Ratzlaff



Halloween



Christmas



United Methodist Health Care Center at The Commons

301 S. Oakwood Rd.

Enid, OK 73703

I wish to support United Methodist Health Care Center at The Commons with a gift of:

\$ _____

In Memory / In Honor / In Appreciation of:

Special Occasion

Please note the following of my gift:

Name: _____

Address: _____

City: _____ ST: _____ ZIP: _____

_____ I would like someone to personally contact me regarding future giving opportunities at
The United Methodist Health Care Center at The Commons.

GIFTS ARE TAX DEDUCTIBLE

MAKE CHECKS PAYABLE TO UNITED METHODIST HOME OF ENID, INC.

UNITED METHODIST HEALTH CARE CENTER AT THE COMMONS

Scott Wegmiller, Executive Director
Lisa Scott, Assistant Administrator
Dr. Dan Washburn, Medical Director
Roslynd Caton, Director of Nursing
Andrea Morrow, Assistant Director of Nursing
Cassie Webb, Social Service Director
Tracy Holden, Activity Director
Mandy De La Cruz, Director of Dining Services
Gail Edmison, Director of Ministry Services