



# SEA GIRT RECREATION BASKETBALL PRESEASON SKILLS AND DRILLS

This 3 week 90 minute workout will get players ready for the season. Skills and drills will be taught by basketball instructor Cindy Fagan who runs our K-2 clinic.

**WHO:** 3-6TH GRADE GIRLS AND BOYS

**WHERE:** SEA GIRT ELEMENTARY GYM

**WHEN:** NOV.1, NOV.8TH AND DEC.6TH SATURDAYS

**TIME:** 9-10:30 AM

**COST:** \$70 DEADLINE OCTOBER 24TH \$10 LATE FEE

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NAME \_\_\_\_\_ MALE \_\_\_ FEMALE \_\_\_\_\_

ADDRESS \_\_\_\_\_ GRADE \_\_\_\_\_

PHONE \_\_\_\_\_ EMERGENCY # \_\_\_\_\_

E-MAIL (must provide) \_\_\_\_\_

**I hereby agree to allow my child to participate in the sport of basketball. I understand there are certain risks of injury inherent in the practice and play of this sport and I am willing to assume these risks. I hereby certify that my child is fully capable of participating in the sport of basketball and he/she is healthy and has no physical or mental disabilities or infirmities that would restrict full participation in this activity. In addition to giving my full consent for my child's participation, I do hereby waive, release, and hold**

**harmless, Sea Girt Recreation, its officers, its coaches, sponsors supervisors or representatives for any injury that may be suffered by my child in the normal course of participation in the sport of basketball.**  
**Legal Guardian Signature** \_\_\_\_\_ **Date** \_\_\_\_\_

Date paid \_\_\_\_\_ Check# \_\_\_\_\_ Amount \_\_\_\_\_ **NO REFUNDS!!**

\*\* Any Questions? Email [pattysgrec@gmail.com](mailto:pattysgrec@gmail.com)