

Maternity Bag Checklist

FOR MUMMY

- ☐ Identification Card
- ☐ Hospital Form / Letter
- ☐ Cord Blood/Lining Collection Kit
- ☐ Birth Plan (if you have)
- ☐ Pen
- ☐ Mobile Phone
- ☐ Camera and memory card
- ☐ Chargers
- ☐ Breast pump
- ☐ Sweater
- ☐ Slippers
- ☐ Socks
- ☐ Clothes / Pyjamas
- ☐ Nursing Bras
- ☐ Maternity Pads
- ☐ Underwear
- ☐ Toothbrush and toothpaste
- ☐ Facial wash
- ☐ Body wash and shampoo
- ☐ Lip Balm
- ☐ Makeup (if you need)
- ☐ Hairband / Hair tie
- ☐ Going home outfit

FOR BABY

- ☐ Baby clothes
- ☐ Scratch mittens
- ☐ Booties / Socks
- ☐ Hat / Cap
- ☐ Blanket
- ☐ Diapers / Nappies
- ☐ Going home outfit
- ☐ Infant car seat

Miscellaneous
& important
numbers to note:



Still unaware of the benefits of cord blood banking? Call Cordlife at **6238 0808** or visit www.cordlife.com/sg for more information.

Brought to you by:

cordlife 
one chance, one choice.