## **Assessment Skills Self-Evaluation Form**

## MENTAL STATUS EXAM

**Directions:** Place an "X" in the boxes that best describe how *recently* you have used each of the skills listed and the degree of *proficiency* with which you implement each skill. Then, based on your selections, determine whether the skill is of *high* (A), *medium* (B), or *low* (C) priority in your overall skill development effort. Make it a point to develop first those skills that are used more often and with moderate to low proficiency.

Skill	<b>Recency of Use</b>			Proficiency			Priority		
Ability to properly:	Recent	Some Time Ago	Never	Very	So So	Not At All	Α	В	С
Describe observations of appearance and behavior									
Assess mood									
Evaluate thought processes and content									
Assess cognitive functions using a variety of tests									