

American Youth Foundation Miniwanca

Adventurer Packing List for Summer 2015

Clothing and Equipment for Adventurer Cycling Program

We recommend the clothing and equipment listed below for the Adventurer program. Adventurer campers will be able to do laundry while ontrail to allow for enough clean clothes for all on- and off-trail days. It is imperative that all items of clothing and equipment are marked with the camper's name. We recommend you make duplicate lists of items brought to camp; one list to accompany the camper and one to remain at home. Miniwanca is not responsible for lost or stolen items. Clothing may be used for in-camp and on-trail uses. Please see the Adventurer Camper and Family Handbook for more information regarding clothing required.

NEW for Summer 2015 - Miniwanca has partnered with Maine Camp Outfitters to offer an online store option for camper families looking to purchase Miniwanca apparel. To access the camp store please visit: www.ayf.com/store

Temperatures at camp vary from 40°F to 90°F. Rain gear will help keep the camper dry, and a wool sweater or fleece will keep the camper warm even in wet conditions. We recommend dressing in layers and having an exterior warm layer and an exterior waterproof layer.

0000 00000	Rain Coat (No Ponchos) Rain Pants Shoes (One pair of shoes may be used for multiple uses See Explorer Handbook for more guidelines) Cycling Shoes (may use Tennis Shoes) Tennis Shoes Water Shoes Shower/Beach Shoes warm jackets (fleece or wool) winter hat (fleece, wool or synthetic) hat (wide brimmed or baseball cap) set of pajamas set of thermal tops and bottoms (wool or polypropylene) swimsuits pairs athletic socks pairs wool/synthetic socks pairs wool/synthetic socks and shorts and shorts and shorts camp time) -3 sleeved cycling jerseys/synthetic shirts pairs padded cycling shorts Cycling gloves		Toiletry kit (soap, shampoo, toothpaste, toothbrush, etc.) 2 washcloths 2 bath towels Beach towel Laundry bag Pillow with pillowcase Fitted twin bed sheet Synthetic sleeping bag, appropriate for 3 seasons Seeping bag compression sack flashlight/headlamp with extra batteries Groud/sleeping pad Non-aerosol insect repellent Sunblock lotion (SPF 30 or higher) Lip balm with SPF 2 water bottles to fit in bicycle bottle cages (label with name) one-quart size water bottle Non-breakable cup, bowl, plate, cutlery set Extra contacts or glasses w/ case Sunglasses with strap 4 bungee cords for cycling gear Cycling Helmet (non-skateboard type Cycling reflective safety vest Pea-less whistle with lanyard (Fox40 type) 6-8 heavy duty trash bags 10-15 one-gallon zip lock bags	•	Touring Bicycle (See Adventurer Camper and Family Handbook for guidelines) Wristwatch Camera Books Musical instruments Deck of cards Crazy Creek or other camping chair Props for skits Costumes for 4th of July, WancaKart, etc. 1 "nice" outfit, dress or clean pair of shorts or pants for special occasions Spiral notebook or journal, pens, pencils, stationery, and stamps
			10-15 one-gallon zip lock bags Quick dry camp towel		
What Not to Bring ☐ Cell phones, DVD players, radios, stereos, video games, iPods, MP3 players or other personal electronics ☐ All snacks or sodas: read more about the food policy in the handbook. No food allowed in cabins. ☐ Cash outside of recommended spending money for your trip (see Explorer Camper and Family Handbook for more information) ☐ Pocket knives, hunting knives, hatchets or axes ☐ Lighters, matches, candles or fireworks ☐ Aerosol cans for bug spray, hair spray or otherwise ☐ Medications—ALL medications, including over-the-counter and vitamins, must be ordered through our online pharmacy ☐ Large Collections of Collectible Card Games such as Pokemon or Magic: The Gathering will only be allowed during free time and in camper cabins.					