

## Friday, October 31, 2014

8:00-8:30 a.m.	Registration and Continental Breakfast
8:30-8:45 a.m.	Welcome and Introductions
8:45-10:15 a.m.	<b>Compassion and Attunement with Suffering</b> Frank Ostaseski
10:15-10:30 a.m.	Break
10:30 a.m.-Noon	<b>Grief as a Path to Wholeness</b> Frank Ostaseski
Noon-1:00 p.m.	Lunch
1:00-2:30 p.m.	<b>Keeping It Real: Authenticity and Knowing Who We Are as Professional Caregivers</b> David Browning, MSW, BCD
2:30-2:45 p.m.	Break
2:45-4:15 p.m.	<b>Walling In or Walling Out? Cultivating a Reflective Approach to "Boundary Issues"</b> David Browning, MSW, BCD
4:15-4:30 p.m.	Closing Remarks and Evaluations



**David Browning, MSW, BCD**, is Senior Scholar Emeritus at the Institute for Professionalism and Ethical Practice (IPEP), Boston Children's Hospital and Harvard Medical School, and a clinical social worker practicing with adults in the Cancer Center at Massachusetts General Hospital. He served on the Boston Children's Hospital Ethics Advisory Committee from 2010 to 2012, and received, along with the rest of the IPEP leadership team, the Boston Children's Hospital Academy's 2010 Medical Educator Award for Innovative Scholarship in Medical Education. Mr. Browning recently completed a Fellowship in Ethics at Harvard Medical School.

From 2002 to 2010, he was a senior Research Scientist at Education Development Center, Inc., where he directed the Initiative for Pediatric Palliative Care, a nationally-acclaimed, interdisciplinary educational program for clinicians serving children with life-threatening conditions and their families. His practice as a medical educator has focused on promoting collaborative learning to bring about enhanced professionalism, improved clinical practice, and the positive transformation of medical cultures. David Browning's current academic work explores the everyday ethics of healthcare communication in frontline clinical practice.



**Frank Ostaseski**, in 1987 co-founded the Zen Hospice Project, the first Buddhist hospice in America. In 2004, he created the Metta Institute to provide broad based education on mindful and compassionate end of life care. His groundbreaking work has been widely featured in the media, including the Bill Moyers television series, *On Our Own Terms*, *The Oprah Winfrey Show*, and in numerous print publications. In 2001, he was honored by H.H. the Dalai Lama for his years of compassionate service to the dying and their families.

Frank is a dynamic and visionary Buddhist teacher and international lecturer. He is a frequent keynote speaker for many healthcare organizations such as Harvard Medical School, the Mayo Clinic, the National Hospice and Palliative Care Organization and others. His public programs, writings, and recordings have introduced thousands to the practice of contemplative care. More information is available on: [www.mettainstitute.org](http://www.mettainstitute.org)

Please check all applicable fields for continuing education/contact hour certificates.

Nurses	6.25 hours
Psychologists	6.0 hours
Social Workers	6.0 hours
Counselors (LPC, LPCC)	6.0 hours
Clergy/Chaplains	6.0 hours
Funeral Directors	6.0 hours
Other	6.0 hours

**Nurses.** The MetroHealth System (OH-O87/05-01-15) is an approved provider of continuing nursing education by the Ohio Nurses Association (OBN-001-91), an accredited provider by the American Nurses Credentialing Center's Commission on Accreditation.

**Counselors.** The MetroHealth System is approved as a provider of continuing education by the Ohio Counselor Board. Provider #RCX-089203.

**Psychologists.** MetroHealth is approved by the Ohio Psychological Association-MCE Program to offer continuing education for psychologists. MetroHealth Medical Center, #99PO-346004382, maintains responsibility for the program.

**Social Workers.** This program has been approved by the State of Ohio Social Work Board. Provider #RSX-048809.

**Funeral Directors.** Continuing education credits have been approved by the State of Ohio Board of Embalmers and Funeral Directors.

**Chaplains.** This educational event provides 6 hours of continuing education that can be applied to the educational hours required by the Association of Professional Chaplains.

Registration Deadline:  
**October 24, 2014**

No Refunds after  
**October 27, 2014**

For more information,  
**Call (216) 778-2992**

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## Conference Objectives

- Examine mindfulness and compassion in addressing suffering and facilitating healing.
- Identify ways of utilizing the encounter with loss to encourage movement from tragedy to transformation and fragmentation to wholeness.
- Discuss the centrality of authenticity in professional caregivers when suffering is present.
- Describe a range of typical approaches to the topic of boundaries in professional and organizational settings.

# Registration

# Directions to MetroHealth

**Please Print Legibly**

Name \_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Organization \_\_\_\_\_

Profession \_\_\_\_\_

Telephone - Work \_\_\_\_\_

Home \_\_\_\_\_

Email \_\_\_\_\_

**Fees**  
**Register Early and Save!**

	By Oct. 17	After Oct. 17
General Registration	\$80	\$100
MetroHealth Employees/Students	\$65	\$85

Parking, lunch, refreshments, and course materials will be provided.

Special Meal Requests:

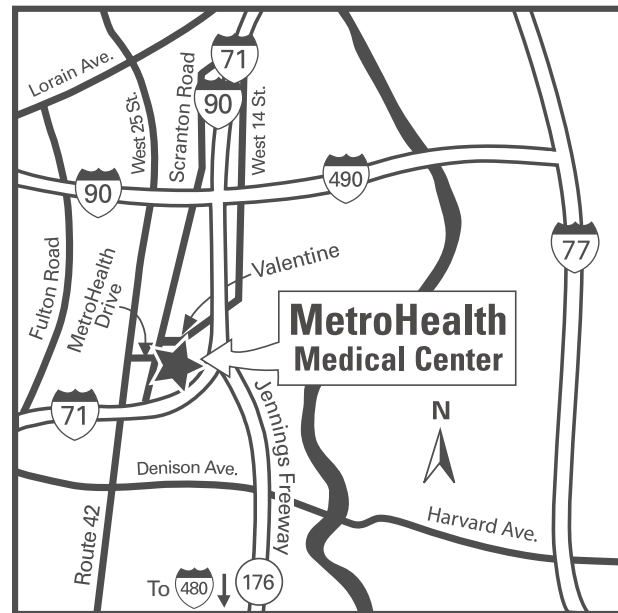
Check if needed:

Vegetarian

Other: \_\_\_\_\_

Please make checks payable to:  
**MetroHealth Foundation/  
Bereavement Conference**

Mail to: **Pastoral Care  
MetroHealth Medical Center**  
2500 MetroHealth Drive  
Cleveland, Ohio 44109-1998  
**ATTN: Dan Rossbach**



**MetroHealth Medical Center**  
2500 MetroHealth Drive, Cleveland, Ohio 44109-1998

**From the West via I-90:**  
Exit W. 25th Street. Turn right. Proceed to MetroHealth Drive. Left on MetroHealth Drive. Proceed to Hospital Parking Garage, adjacent to the inpatient entrance.

**From I-71 North or South:**  
Exit W. 25th Street. Left on West 25th Street to MetroHealth Drive. Right on MetroHealth Drive. Proceed to Hospital Parking Garage, adjacent to the inpatient entrance.

**From the South via I-77:**  
Take I-490 West to I-71 South. Exit W. 25th Street. Left on W. 25th Street to MetroHealth Drive. Right on MetroHealth Drive. Proceed to Hospital Parking Garage, adjacent to the inpatient entrance.

**From the South via Jennings Freeway:**  
Take I-480 West to Route 176 North (Jennings Freeway). Exit at W 14th Street and follow the signs to I-71 South. Follow above directions for I-71.

**From the West via the Ohio Turnpike:**  
Take Exit 151 to I-480 East to I-71 North and follow the directions for I-71.

**From the East via the Ohio Turnpike:**  
Take Exit 173 to I-480 West to I-77 North and follow above directions for I-77.

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**MetroHealth Medical Center**  
Pastoral Care Department  
2500 MetroHealth Drive  
Cleveland, Ohio 44109-1998



**Suffering Within Bereavement:  
Exploring the Issues**

Friday, October 31, 2014

MetroHealth Annual Bereavement Conference

# Suffering Within Bereavement: Exploring the Issues

**Friday, October 31, 2014**

MetroHealth Medical Center,  
Scott Auditorium  
Cleveland, Ohio

with  
David Browning, MSW, BCD  
Frank Ostaseski

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