

Performance: Dressing A Dependent Patient (C1020)

Directions: The following table lists the steps that are expected of you in order to dress a dependent patient. The table also provides rationales that explain why you perform some of these steps.

You will be expected to demonstrate these steps in the same order as presented in this table. An observer will be grading your performance using the competency assessment observation form on page 2.

Step		Rationale
1	Perform initial steps (i.e. greets patient by name, explains procedure to patient, washes hands, raises side rails, wears gloves)	
2	Assist patient to choose clothing	Allows patient as much choice as possible to improve self-esteem
3	Move patient onto back	
4	Drape patient by unfolding drape over top linen.	Maintains patient's dignity and right to privacy by not exposing body. Keeps patient warm
5	Guide feet through leg openings of underwear and pants, affected leg first. Pull garments up legs to buttocks	Dressing affected side first requires less movement and reduces stress to joints
6	Slide arm into shirt sleeve, affected side first	Dressing lower and upper body together reduces number of times patient needs to be turned
7	Turn patient onto unaffected side. Pull lower garments over buttocks and hip. Tuck shirt under patient	
8	Turn patient onto affected side. Pull lower garments over buttocks and hip and straighten shirt	
9	Turn patient onto back and slide arm into shirt sleeve. Align and fasten garments	
10	Perform final steps (i.e. lower bed height and position side rails as appropriate, place call light and water within patient's reach, asks patient if anything else is needed, thanks patient, removes gloves and washes hands, documents procedure).	

Competency Assessment Observation Form: Dressing A Dependent Patient (C1020)

Performer: _____

Observer: _____ **Date:** _____

Step		Is Correct?	
1	Perform initial steps (i.e. greets patient by name, explains procedure to patient, washes hands, raises side rails, wears gloves)	<input type="radio"/> Met	<input type="radio"/> Not Met
2	Assist patient to choose clothing	<input type="radio"/> Met	<input type="radio"/> Not Met
3	Move patient onto back	<input type="radio"/> Met	<input type="radio"/> Not Met
4	Drape patient by unfolding drape over top linen.	<input type="radio"/> Met	<input type="radio"/> Not Met
5	Guide feet through leg openings of underwear and pants, affected leg first. Pull garments up legs to buttocks	<input type="radio"/> Met	<input type="radio"/> Not Met
6	Slide arm into shirt sleeve, affected side first	<input type="radio"/> Met	<input type="radio"/> Not Met
7	Turn patient onto unaffected side. Pull lower garments over buttocks and hip. Tuck shirt under patient	<input type="radio"/> Met	<input type="radio"/> Not Met
8	Turn patient onto affected side. Pull lower garments over buttocks and hip and straighten shirt	<input type="radio"/> Met	<input type="radio"/> Not Met
9	Turn patient onto back and slide arm into shirt sleeve. Align and fasten garments	<input type="radio"/> Met	<input type="radio"/> Not Met
10	Perform final steps (i.e. lower bed height and position side rails as appropriate, place call light and water within patient's reach, asks patient if anything else is needed, thanks patient, removes gloves and washes hands, documents procedure).	<input type="radio"/> Met	<input type="radio"/> Not Met
Comments			