

## **Traffic Safety Tips for Parents • What Are You Driving At?**

The following points are used with permission from the Calgary Police Service Traffic Tips brochure. Find the full document at Calgary.ca/roads.

## **CALGARY POLICE SERVICE SAYS:**

# When driving through a school zone, remember:

- Children do not perceive traffic like adults do – extra caution is needed.
- The maximum permitted speed is 30 km/hr from 7:30 a.m. until 9 p.m. on school days.
- Passing is not allowed within a school zone during the hours that the zone is in effect.

## Do NOT park:

- within 5 m of a crosswalk. This ensures children are visible to other road users.
- in a bus zone. No vehicle other than a Calgary Transit vehicle may stop or park in a bus zone. You may not stop even momentarily in a bus zone.
- · in school bus zones.
- within 1.5 m of a driveway or garage.
- within 5 m of a fire hydrant, corner, intersection, stop sign or yield sign.
- in a manner that impedes other vehicles from using the alley. You must leave a minimum of 3 m unobstructed width for the passage of other vehicles.



#### **FRIENDLY ADVICE**

## Encourage exercise! Help your child to walk or bike to school.

If you must drive your child, park five minutes away and walk. Even a short period of exercise is proven to significantly improve learning and behavior in school. (Learn more by watching a short TED talk by Dr. J. Ratey, MD, of Harvard Medical School at *tinyurl.com/boostlearning1*.) It's easier and safer to park further away, and you also prepare your child to learn that day.

## Your child will follow your example. Don't jaywalk!

When crossing the street (at the crosswalk), raise your arm and use the Point-Pause-Proceed method. (Visit *tsk.capsc.ca* for details.) This strategy lets drivers know what you are doing, making it easier for them to stop and let you cross safely.

ABOUT U-TURNS - Parents are often seen making illegal u-turns in school zones. Save yourself a fine by reviewing the Alberta laws on u-turns.

#### **CHANGE FOR THE BETTER**

If we all make a small commitment to safer behavior and do it for five days, it will make a big difference. Like doing the wave at a football game, small actions done along with others have an incredible impact.

FOR THE NEXT FIVE DAYS, I WILL

Need ideas? Have your child bike or walk to school | park and walk from further away | use Point-Pause-Proceed to cross the street | drive the speed limit | use the crosswalk (don't jaywalk!) | talk to your kids about traffic safety.

CUT OUT THIS COMMITMENT AND PLACE IT ON YOUR DASHBOARD AS A REMINDER.



Date:

FOR MORE INFORMATION AND TO LEARN ABOUT CALGARY'S SCHOOL TRAFFIC SAFETY WEEK, VISIT TSK.CAPSC.CA.

## CALLING ALL KINDERGARTEN - GRADE 12 STUDENTS IN CALGARY! Design a poster about Submit your pos With your family, research staying safe in traffic! ways that kids can stav safe in traffic. Visit tsk.capsc.ca for full contest guidelines. TRAFFIC SAFETY AWARENESS WEEK POSTER THIS SIGNED CONSENT FORM MUST BE ATTACHED TO THE BACK OF FINAL POSTER SUBMISSIONS RETURN YOUR POSTER TO: School: (SCHOOL OR GROUP) Phone Number: PARENTAL CONSENT: By submitting this poster, I agree to abide by the rules of the contest, BY: and understand that my child's work may be used in future traffic safety awareness events.

Signature: