

**Lehman College Department of Nursing**

**THERAPEUTIC INTERVENTIONS III (NUR 405) - PSYCHOMOTOR SKILLS**

Student Name \_\_\_\_\_

The following skills will be introduced and practiced in this nursing course. Critical Skills - are marked with an asterisk and student must be validated in the lab before carrying out these skills in the clinical areas.

NURSING SKILLS	VALIDATION		COMMENTS
	Lab	Clinical	
<b>1. Newborn Care/Assessment</b>			
1.1 Fetal monitoring			
1.2 Suctioning			
1.3 Skin/cord care			
1.4 Vital signs (including weight)			
1.5 Reflexes			
1.6 Elimination assessment			
1.7 Eye care			
1.8 Formula feeding			
1.9 Infant bath			
1.10 Diapering			
<b>2. Cares/Assesses Maternity Client</b>			
2.1 Leopold maneuver/fundal height			
2.2 Assesses uterine contractions/FHR			
2.3 Assessment of fetal/maternal response to labor			
2.4 Assessment of progress of labor			
2.5 Identify significance of uterine/fetal tracings			
2.6 Postpartum assessment			
*Lochia			
*Fundus			
*Perineum/episiotomy			

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NUR 405 - Care/Assessment of Maternity Client (Continued)	Lab	Clinical	COMMENTS
*Breasts			
*Elimination			
*Nutritional intake			
*Sleep/rest			
*Comfort			
*Parents response to newborn			
*Health education needs			
2.7 Grooming/hygiene			
2.8 Application of hot/cold to perineum and breasts			
2.9 Self-medication administration (PCA pump)			
2.10 Breastfeeding			
2.11 Breast self-exam			
<b>3. Intravenous therapy/monitoring</b>			
*3.1 Mothers-IV administration/care			
*3.2 Pediatric-IV administration/care			
<b>4. Medication Administration</b>			
*4.1 Mothers-oral, subq, IM,IV			
*4.2 Newborns-oral, subq, IM, IV			
*4.3 Pediatrics-oral, subq, IM, IV			
<b>5. Inhalation Therapy</b>			
5.1 Nebulizer			
5.2 MDI			

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NUR 405 - (Continued)	Lab	Clinical	COMMENTS
<b>6. O<sub>2</sub> Saturation Monitoring</b> (pulse oximeter)			
<b>7. Infection control/gloving/maintenance of sterility/sterile dressing</b>			
<b>8. Foley Catheter insertion</b>			
<b>9. Straight Urinary Cath insertion</b>			
<b>10. Naso-gastric Tube Feedings</b>			
<b>11. Hickman Dressing/care</b> (in agencies where allowed)			
<b>12. Pediatric Care/assessment</b>			
12.1 Neuromuscular assessment			
12.2 Cast care			
12.3 Mist tent			
12.4 Play therapy			
12.5 Developmental assessment (DDST <sub>2</sub> )			
<b>13. Finger Stick for Glucose Monitoring</b>			
<b>14. Specimen collection</b>			
<b>15. Environmental Assessment</b>			
15.1 Home assessment			
15.2 Community assessment			

Lab Initials/Signature: \_\_\_\_\_

Clinical Faculty: Initials/Signature: \_\_\_\_\_