



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

National Park Week

Thursday, April 24 8:00am-4:30pm

FREE (Limit is 14 people)

We will leave at 8am from the

Greater Peoria Family YMCA and visit:

Spring Lake State Fish and Wildlife Area , Jack Wolf
State Fish Hatchery, Sand Ridge State Forest,

Emiquon National Wildlife Refuge and

Dickson Mounds State Museum

RSVP by calling Paul at 309.692.7631 ext. 230



Itinerary

8:00-9:00am Leave Greater Peoria Family YMCA by bus.

9:00-10:15am Spring Lake or Sand Ridge Nature Hike

10:15am Depart for Jack Wolf State Fish Hatchery

10:30-11:30am –Tour Jack Wolf Fish Hatchery

Depending on time we may briefly visit Chautauqua National Wildlife Refuge

12:15 Lunch in Havana, IL

1:00-1:30 Emiquon National Wildlife Refuge

1:45-3:00pm Dickson Mounds State Museum

3:15 Depart

4:30 Arrive back the Peoria YMCA

Know Before You Go-When planning a trip to the refuge, it is important to wear appropriate clothing and footwear for hiking excursions and to dress for the weather. Poison Ivy is common throughout forested areas. Consider bringing water, food, binoculars, field guides, a hat, sunscreen, insect repellent and anything else that might make the outdoor experience more enjoyable. Bring a backpack to place all of your belongings.

Broken in hiking boots

Jacket

hat

lunch or lunch money

sunscreen

Chap stick

animal or plant identification books

binoculars

backpack

bug/tick repellent

tall socks

Spring Lake - State Fish and Wildlife Area

7982 South Park Rd.

Manito, IL 61546

309.968.7135

Sand Ridge State Forest

25799 E. CR 2300 N - Mason County Road, Forest City, IL 61532

Phone: (309) 597-2212

GPS: 40.39050, -89.87088

Jake Wolf Memorial Fish Hatchery

25410 N Fish Hatchery Road, Topeka, IL 61567

Phone: 309-968-7531

GPS: 40.43024, -89.89191

Emiquon National Wildlife Refuge

State Rt. 78/97, Lewistown, IL 61542

Phone: (309) 535-2290

GPS: 40.30547, -90.08533

Dickson Mounds Museum

10956 N. Dickson Mounds Road
Lewistown, IL 61542

Please rsvp to the Senior Program Director at paul.larson@peoriaymca.org or call 309.692.7631 ext 230.

Greater Peoria Family YCMCA

General Usage Adult Liability Form

Non Refundable & Non Transferable

PARTICIPANT INFORMATION

Name (*Last, First, MI*): _____ Birth date: _____

Address: _____ City: _____ Zip: _____

Gender: M F Age _____ YMCA Member: Y N Email _____

MEDICAL INFORMATION & EMERGENCY FORM

Does you have any known allergic reactions or chronic illnesses? Yes No

If yes, please describe: _____

Regular Physician:

Name (first, middle, last): _____ Phone (including area code): _____

Medical Conditions:

Please list any medical conditions of the (asthma, diabetes, epilepsy, etc.): _____

List any allergies or allergic reactions to medications of the student/minor: _____

List any medications you are presently taking: _____

Date of most recent tetanus shot: _____

Medical Insurance Information _____

Company: _____

Employee Identification #: _____ Plan Number: _____

Emergency contacts (Please print):

1. Name (first, middle, last): _____ Work #: () Cell #: ()

Relationship (friend, neighbor, coworker, etc.):

2. Name (first, middle, last): _____ Work #: () Cell #: ()

Relationship (friend, neighbor, coworker, etc.):

I agree on behalf of myself, my heirs, assigns, executors and personal representatives, to hold harmless and defend Greater Peoria Family YMCA, including the directors, coordinators, agents, employees or representatives associated with the event from any and all liability claims, loss of damage arising from or in connection with my participation.

Signature _____ Date _____

CODE OF CONDUCT

The Peoria Family YMCA is a youth-serving, community-based membership organization dedicated to providing To put Christian principles into practice through programs that build healthy spirit, mind and body for all. Participation in the organization's programs is subject to the observance of the organization's rules and procedures. The activities outlined in the following list are strictly prohibited. Any program member, staff, or volunteer leader who violates this code is subject to discipline, up to and including removal from the program.

- Abusive language toward a staff leader, volunteer, or another program member
- Possession or use of alcoholic beverages or illegal drugs on Peoria Family YMCA property or reporting to the program while under the influence of drugs or alcohol
- Bringing onto YMCA property dangerous or unauthorized materials such as explosives, firearms, weapons, or other similar items
- Discourtesy or rudeness to a fellow program member, staff leader, or volunteer
- Verbal, physical, or visual harassment of another program member, staff leader, or volunteer
- Actual or threatened violence toward any individual or group
- Conduct endangering the life, safety, health, or well-being of others
- Failure to follow any agency policy or procedure
- Bullying or taking unfair advantage of any program member
- Failing to cooperate with an adult supervisor, leader, or mentor
- Not demonstrating the YMCA values of honesty, caring, respect, and responsibility

I agree to abide by the rules described above and understand that I may be removed as a participant if I violate any of these rules.

Parent signature

Date

PUBLICITY FORM

On occasion, the Greater Peoria Family YMCA takes photographs or makes an audio or video recording of children and/or adults involved in activities. Such photographs or video records may be used by staff and participants to remember the activities or participants. In addition, such photographs and audio/visual recordings may be used in publications or advertising materials to let others know about the YMCA. Also, local news organizations may learn about the YMCA's activities or events, and the YMCA may invite or allow them to photograph or record such events to be used, distributed, or displayed as the agents of the YMCA see fit.

I hereby expressly grant to the Greater Peoria Family YMCA the right, privilege and license to use the picture or likeness of me in any photograph, movie, video production or any other forms of media publication and to use the verbal or written statements or declarations of me for the purpose of publicizing, fostering and promoting the YMCA and its programs, or for any other purpose in furtherance of the mission of the YMCA

Name: _____

Signature _____

Printed Name _____

Date _____