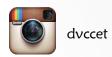


# Résumé & Cover Letter Samples

Also Includes:

Action Word List
Résumé Formatting Tips
Employability Skill List







Graduation: May 2016

# Marsha B. Bravo

265 Camelback RD, Pleasant Hill, CA 94523, 925-436-7272, bravo@dvc.edu

Objective: To obtain an internship position in a non-profit organization, utilizing my knowledge of business.

#### Education

#### Goal: Bachelor of Arts, Psychology

Transfer to a 4 year university

Currently Enrolled: Diablo Valley College

#### Relevant Course Work:

Principles of Management

Professional Writing

Business Finance

Organizational Behavior

### Skills & Qualifications

- Demonstrated ability in grant writing and other professional writing
- Understanding of basic business and organizational behavior principles
- Possess initiative to institute organizational policy
- Strong communication skills needed to support colleagues, supervisors and clients
- Fluent in Mandarin
- Organized, detail orientated and ability to interpret organization policy and procedures
- Proficient computer skills including Excel, FilemakerPro and basic web design knowledge

#### Experience

#### Office Assistant, Brady and Bravo Family Medical Services, Alameda

Summers 2012-2013

- Provided office support to medical center staff
- Provided customer service and support to over 20 patients daily
- Organized and maintained file system for incoming patients
- Implemented office recycling program

#### Team Member, Grant Writing Assignment, Professional Writing Class, DVC

Fall 2011

- Worked with two teammates to draft a grant request addressed to local community businesses and organizations
- Researched history of organizations and developed plan of grant implementation
- Designed website used to promote outreach initiatives, using GooglePages
- Awarded \$1000 in grant money to be used toward scholarships for incoming students at Diablo Valley College

# Awards & Memberships

*Member*, Chi Sigma Honor Society *Student of the Year*, St. John's High School, San Jose 2010-2011

# Sanford Sharpie 235 Camelback Rd, Pleasant Hill, CA 94523, 925-436-5989, sharpie@dvc.edu

Objective: To obtain a part-time position or internship in the area of nursing and health care

Education: Goal: Bachelor of Science, Nursing Graduation: May 2017

Currently Enrolled: Diablo Valley College

GPA: 3.6

#### Relevant Course Work:

Health Assessment/LabMicrobiology

Nursing Research
 Family and Community Health Nursing

#### Skills:

- Understanding of health care issues and principles as they relate to institutions and communities
- Experience conducting assessments via intakes and lab tests
- Familiar with high paced hospital environments
- Effective communication skills, including knowledge of imperative health related terms
- Refined research and data collection skills
- Ability to provide support to hospital staff in the form of admin support & patient care
- Proficient computer skills including knowledge of FileMaker Pro, MS Office, internet, email

#### Relevant Experience:

Volunteer, San Ramon Valley Hospital, San Ramon, Summer 2011

- Assisted floor nurses with daily patient intakes
- Provided administrative support to nurses, doctors, and patients
- Delivered lab samples and test results to various departments
- Attended continuing education lectures that covered topics including out-patient care, pathophysiology, and community health issues

#### Additional Experience:

Catalog Assistant, Library, Diablo Valley College, July 2012-Present

- Responsible for maintaining the catalog system for research and reference materials
- Assist head librarians with daily organizational tasks
- Assist students and staff in locating various resources in the library
- Check-out and check-in materials using FileMaker Pro

#### Associations:

Member, College Choir, Diablo Valley College

#### **Daisuke Tanaka**

5678 North Avenue • Martinez, CA 94553 • (925) 980-7654 • daisuke\_tanaka@gmail.com

#### **OBJECTIVE**

A position as a Library Clerk with a Contra Costa County Public Library

#### HIGHLIGHTS

- Strong Library Information skills needed to work in public library
- Experience assisting with community outreach and programming including the ability to recognize need for and design workshops for underserved populations
- Ability to represent organizations professionally and provide service to clients and customers
- Selected to serve as Student Liaison on Library Technology Advisory Committee with faculty, staff and area libraries
- Familiarity with online resources to assist patrons with job and college search
- Knowledge of Microsoft Word, Excel and PowerPoint
- Practice and procedures of invoicing, shipping, and receiving

#### EDUCATION

Associate of Science: Library Technology
Diablo Valley College, Pleasant Hill, CA

May 2013

#### RELEVANT SKILLS

#### **LIBRARY PRACTICES & TECHNIQUES**

- Comprehend and recognize library terminology and standard library procedures
- Understand processes relating to acquisition and classification of library materials
- Designed children's reading project for on-campus day care facility at Diablo Valley College
- Process book requests for students and faculty; assist patrons in locating materials
- Prepare and type book orders, requisitions, continuing contract orders and library suborders

#### **ADMINISTRATIVE**

- Knowledgeable of office support methods and ability to provide quality customer service
- · Ability to maintain accurate notes and records of meetings and office related procedures
- Experience training and mentoring new employees
- Ability to process insurance claims; transcribe taped accident reports; maintain client confidentiality

#### FINANCIAL RECORD KEEPING

- Experience collecting and recording fines and payments for overdue materials; issue receipts to patrons
- Knowledgeable bookkeeper (accounts payable and receivable), shipping and receiving, inventory control, bank deposits, and payroll
- Experience balancing daily cash flow in excess of \$200,000; handled bank deposits, credit card deposits, and submission of Cashier Daily Balance form

EXPERIENCE		
Student Assistant	Career & Employment Services, DVC, Pleasant Hill	Jan 2012 - Present
Batching Clerk/Transcriptionist	Farmers Insurance, Richmond, CA	Mar 2010 - Dec 2011
Customer Service Rep	Target, Martinez, CA	Feb 2010 – Oct 2011

	YOUR NAME			
	Your Address			
		<del></del>		
				-
	E-mail			-
Education: Tell th	e reader about your o	current education and	d recent education	and training
Goal: Bach	nelor of		Expected:	
	a 4 year university		_	
-	enrolled:			
	Coursework:		_	
neievant c	oursework.			
Skills: <i>In this sect</i> i	ion, tell the reader wh	at you know how to d	do	
<ul><li>Train</li></ul>	ed in CPR and First Ai	d, June 2009		
• Abilit	y to effectively mana	ge a classroom and m	naintain appropriate	e student involvement
<u> </u>	Skill (i.e. second la	inguage, communication skil	ls, leadership)	
•	Skill (things learne	ed in courses – child develop	ment theory, etc)	
•	Skill (i.e. second la	Inguage, communication skil	ls leadershin)	
_	Jan (i.e. second id	inguage, communication skil	is, icadersinpy	
•	Skill (employabilit	y skills: flexibility, initiative, o	organization, etc see page	± #9)
-	s section, tell the read ong action words (see	-	his should read like	a mini job description
Job Title,	Company Name,	City, State	<del></del>	Dates of employment
<ul><li>Train</li><li>Creat</li></ul>	ed new staff in daily p	procedures and safety	y protocols	
Job Title,	Company Name,	City, State		Dates of employment
•				
•				
Activities: Any extr	a things that you woul	d lika tha raadar ta kno	yw ghout you	
-	a things that you would National Education As		•	
-		•		
• Partio	cipated in national co	merence and worksh	ops specific to class	room management
position, orga	nization		D	 ates

Cover letters
should be 1 page

Today's date

Mr. Hiring Person
HP's Job Title
HP's Company
Company Street Address
City, State, and Zip Code

Your Name

Street Address

State, City, Zip

Phone Number



Stuck? Imagine that you are writing a letter to a close friend.

Use every day casual language to tell your friend what job you are applying for and where. Why are you qualified? What are you excited about the job?

After you're done, go back and translate your letter using professional language to an employer.

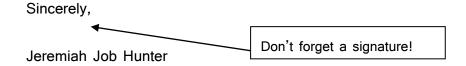
Piece of cake, right?

Dear Mr. Hiring Person,

1<sup>st</sup> Paragraph: should clearly state the <u>purpose</u> of your letter and should indicate the position for which you wish to be considered, including position title if provided. Also, indicate how you learned of the opening (web site, newspaper, college job board, etc).

2<sup>nd</sup> Paragraph: The body of your letter should consist of one to two paragraphs. This section of the letter should address the responsibilities of the position and should draw upon your experiences in related settings and your academic preparation. Use this part of the letter to share with an employer your achievements and the special skills that you can contribute as a new employee (refer to your enclosed résumé). Also talk about what you know about the organization.

3<sup>rd</sup> Paragraph: tell how you will follow through. For example, "I'll call your office early next week to see if we could meet soon and discuss this job opening."



# Jill Lacey

# 2500 Elm Street Walnut Creek CA 94597

September 7, 2009

Stacey Kent, Administrative Director School of Management John F. Kennedy University 100 Ellinwood Dr. Pleasant Hill CA 94523

#### Dear Ms. Kent:

I was excited to see the part-time position of Administrative Assistant II posted on the JFKU website. I am a graduate student at JFKU in the School of Management and after visiting your office last week, I became convinced that my background in writing, editing and designing would contribute to the Marketing Department's continued growth and success.

Highlights of my qualifications include:

- Experience in marketing communications producing newsletters, brochures and flyers
- General office support (filing, phones, serving walk-in traffic, ordering supplies)
- Outreach support: staffing booths at career fairs, public speaking, fundraising
- Computer proficiency with MS Excel, Word, Access and PowerPoint
- Two years' university work experience serving faculty and students

I am eager to learn more about the department's strategic goals for rebranding JFK after our recent change of leadership. I think that my studies, coupled with my past experiences can be a great asset to your efforts.

I look forward to discussing my qualifications with you further in person. I can be reached via phone (925) 555-2343 or email jlacey@hotmail.com. I'll follow up early next week to see if you have any questions.

Thank you for your time. I look forward to hearing from you soon!

Sincerely yours,

# Jill Lacey

Jill Lacev

#### **Action Verbs for Résumés**

#### **Communication & Instructional Skills**

Apprised	Educated	Presented	Taught
Answered	Explained	Reported	Trained
Conducted	Familiarized	Represented	Translated
Contacted	Handled	Responded	Wrote
Demonstrated	Informed	Spoke	
Drafted	Instructed	Summarized	

# **Management & Leadership Skills**

Allocated	Founded	Instituted	Recruited
Developed	Governed	Managed	Represented
Directed	Hired	Oversaw	Spearheaded
Elected	Initiated	Pioneered	Sponsored
Enlisted	Inspired	Produced	Supervised

#### **Creative Skills**

Adapted	Created	Edited	Originated
Authored	Composed	Established	Published
Conceived	Designed	Generated	Revolutionized
Conceptualized	Devised	Invented	Wrote

#### **Organizational Skills**

Arranged	Distributed	Installed	Routed
Assembled	Disseminated	Maintained	Recorded
Collected	Enforced	Organized	Reorganized
Centralized	Executed	Planned	Scheduled
Coordinated	Formalized	Prepared	Updated
Catalogued	Implemented	Processed	

# **Helping Skills**

Aided	Collaborated	Fostered	Provided
Advised	Comforted	Guided	Settled
Advocated	Contributed	Helped	Supported
Attended	Counseled	Mediated	Tutored
Assisted	Facilitated	Mentored	

# **Analytical Skills**

Analyzed	Detected	Evaluated	Interviewed
Assessed	Discerned	Examined	Researched
Audited	Discovered	Gathered	Searched
Compiled	Documented	Identified	Surveyed
Consulted	Edited	Interpreted	Tested

# Selling Skills

Arbitrated	Marketed	Promoted	Secured
Encouraged	Negotiated	Publicized	Sold
Increased	Persuaded	Resolved	Solicited

DVC

# **Employability Soft Skills**

**Employability Skills** are skills that employers often cannot train us in but expect us to have. For example, an employer can train you in the office procedures of their organization, but cannot train to you to show up to work on time; that is *expected*.

Awareness: be observant of what needs to be done, as well as the needs of others, pay

attention to both your words and actions and how they affect others

Communication: be able to effectively and confidently communicate your thoughts and ideas

verbally, non-verbally and in writing

Flexibility: be ready to make changes, adapt quickly and easily

*Initiative*: be a self-starter and self-directed, look for things to do before being asked

*Integrity*: be honest and ethical in both your work and your treatment of others, give an

honest day's work for a day's pay

Leadership: lead by example, encourage others, and give clear and concise directions

Presentation: speak slowly, clearly and confidently, always act and dress professionally and

appropriately

**Problem Solving**: be creative, open-minded, practical and helpful when approaching difficulties

and problems

**Respect:** be considerate of other's feelings and differences, treat all people equally and

recognize their value

Responsibility: be accountable for the work that you do, be dependable and accept the

responsibilities given to you

Task/Time Management: accomplish work within the designated time, plan activities with

realistic expectations for completion, multi-task to get things done, be punctual

Teamwork: be respectful, collaborative, and cooperative with co-workers, share and

contribute to accomplish goals

Have you mentioned your employability skills on your resume?

# Did you:

# **❖** Content

\*\*

		Focus on the specific results of your work, significant achievements, and recognition		
		received?		
	☐ Use action verbs (pg 8) to describe your experience?			
	☐ Emphasize your employability skills (pg 9)?			
		Emphasize your strongest qualifications; what do you want	the employer to read first?	
		Create a résumé tailored to the job you are seeking?		
		Remember to describe both your paid, unpaid internship 8	volunteer experiences?	
		Use short phrases, not long and complex sentences?		
		Use quantitative information: #, %, \$?		
		Keep your résumé up-to-date?	Visit the DVC online job	
		Have somebody you trust proofread your résumé for	_	
		spelling and grammatical errors?	system for Résumé	
		Hint: Career and Transfer has resume drop-ins!	guides and videos!	
Forma	t		www.dvc.edu/career	
		Change margins to .5 top/bottom; .75 on the sides		
		Use readable and common fonts		
☐ Use <b>BOLD</b> , <i>italics</i> or <u>underline</u> for section headings				
		Make your résumé clear, concise and easy to read		
☐ Send your résumé with a cover letter				
	☐ Print your résumé on high quality 8 ½ by 11 paper			

	Avoid:		
*	Use résumé templates included in word processing software	"References available upon requests." If they want them they will ask. Reference should be professional, not personal	
*	Personal pronouns "I", "my" or "me"	❖ Salary information	
*	Mailing or faxing a résumé if email is an option.	Lies. Brag but never lie.	
*	<ul> <li>Personal information (Ex: Your age, height, weight, date of birth, marital status, sex, ethnicity, health, religion, or political affiliations)</li> </ul>		