



FALL & WINTER (Sessions 5 & 6)

SEPT 4 - OCT 28, 2012
OCT 29 - DEC 21, 2012

DODGE YMCA
YOUTH &
FAMILY
PROGRAMS

REGISTRATION

BRANCH INFORMATION

Dodge YMCA
225 Atlantic Ave
Brooklyn NY 11201
T: 718.625.3136
F: 718.625.3736
www.ymcanyc.org/dodge

2012 FALL & WINTER DATES AND REGISTRATION DATES

SESSION 5: Sept 4, 2012—Oct 28, 2012

SESSION 6: Oct 29, 2012 — Dec 21, 2012

SESSION 5 REGISTRATION DATES

Member: August 20, 2012

Non-Member: August 27, 2012

SESSION 6 REGISTRATION DATES

Member: October 15, 2012

Non-Member: October 22, 2012

YOUTH PROGRAM REGISTRATION OVERVIEW

The youth programs are scheduled in eight-week sessions. Registration is based on a first-come, first-served basis. YMCA members enjoy the privilege of early registration (2 weeks prior to start of session).

HOLIDAYS

There will be no Youth & Family programming on holidays below. Classes will be prorated:

- Monday, September 3, 2012
- Monday, October 8, 2012
- Monday, November 12, 2012
- Thursday, November 23, 2012
- Friday, November 24, 2012

PRICING

	1x week	2x week*
Members	\$110	\$160
Non Members	\$170	\$220

* Please note that the discount applies only to the same class taken twice a week. Two different classes cannot be combined to receive the discount.

REGISTRATION POLICIES AND PROCEDURES

- Sign up at the Membership Desk
- Classes must be purchased in full **prior** to attending any programs
- Proper attire is mandatory (sneakers and athletic apparel for sports)
- Classes are subject to cancellation due to low enrollment
- There are no make up classes offered
- Please consume all food and beverages outside of gym/classrooms

REFUND POLICY

- 75% refunded after first day of program
- 50% refunded up the 2nd week of program
- No refunds or credits issued after 2nd week

CONTACT

- Please see Page 10 for staff list





SCHEDULE

**SESSION 5 (SEPT 4-OCT 28) &
SESSION 6 (OCT 29-DEC 21)**

CHILDREN PROGRAMS: 6 months—12 yrs

	MON	TUES	WED	THURS	FRI
10:00am-10:45am	Rumble Tumble (18-36 mo) <i>Gym</i> Playgroup (6 mo-3 yrs) <i>Classroom A</i>	Music & Movement (12 mo-3 yrs) <i>Classroom A</i>	Rumble Tumble (18-36 mo) <i>Gym</i>	KinderSports Jr (18-48 mo) <i>Gym</i>	Rumble Tumble (18-36 mo) <i>Gym</i>
11:00am-11:45am	World of Wonders (18-48 mo) <i>Gym</i>	Playgroup (6 mo-3 yrs) <i>Classroom A</i>	Rumble Tumble Jr. (6 mo-17 mo) <i>Gym</i>	Rumble Tumble (18-36 mo) <i>Gym</i>	KinderSports Jr (18-48 mo) <i>Gym</i>
3:30pm-4:15pm	Soccer Spikes I (3-6 yrs) <i>Gym</i>	Tiny Acrobats (4-6 yrs) <i>Gym</i>	Basketball I (3-5 yrs) <i>Gym</i> Karate (6-10 yrs) Studio B Playgroup (3 pm) (6 mo-3 yrs) <i>Classroom A</i>	Kinder Sports (3-6 yrs) <i>Gym</i> Zumbatonic (5-9 yrs), Studio B	Basketball II (3-5 yrs) <i>Gym</i>
4:30pm-5:15pm	Basketball (6-8 yrs) <i>Gym</i>	Tennis I (3-6 yrs) <i>Gym</i>	Soccer Spikes II (3-6 yrs) <i>Gym</i>	Tennis II (3-6 yrs) <i>Gym</i>	Basketball (9-12 yrs) <i>Gym</i>

TEEN PROGRAMS: 12—17 yrs

	MON	TUES	WED	THURS	FRI	SAT
3:30pm-4:30pm		Teen Lounge	Teen Lounge / Teen Xtreme	Teen Lounge		
4:30pm-5:30pm		Teens Take the City (till 6:00)	Teen Lounge / Teen Xtreme	Youth & Government (till 6:00)	Leader's Club	
5:30pm-6:30pm						Teen Center (7:00 pm)

BALANCED GROWTH



EARLY CHILDHOOD PROGRAMS | 6mo. - 4 yrs

* Please note that there are no classes Mon, Sept 3, Mon, Oct 8; Mon Nov. 12; Thurs Nov 23; and Fri Nov 24. Classes will be pro-rated accordingly.

*** RUMBLE & TUMBLE | 18-36 mo. (Gym)**
This class develops motor skills and movement awareness, including stretching, aerobics, balancing, ball play, and songs in a structured and relaxed environment. Children develop physical strength, flexibility, and confidence. Requires active caregiver support.

SESSIONS 5 & 6

Mondays	10:00 am- 10:45 am
Wednesdays	10:00 am- 10:45 am
Thursdays	11:00 am- 11:45 am
Fridays	10:00 am- 10:45 am

RUMBLE & TUMBLE JR. | 6-17 mo. (Gym)
We've brought our most popular class to the babies! A simpler version of it's older sibling, Rumble & Tumble Jr. offers younger children a safe space to walk, tumble, climb, jump, and explore movement. Songs, games, and equipment provide a structured and active playtime. Classes require parental or caregiver participation.

SESSION 5 & 6

Wednesdays	11:00 am- 11:45 am
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*** KINDER SPORTS JR | 18 mo.- 48yrs (Gym)**
An opportunity for your child explore the world of sports and early fitness! Skills are broken down and modified into simple activities for our young athletes. Children work on hand-eye and foot-eye coordination, gross motor skills like running and jumping. Classes require parental or caregiver participation.

SESSION 5 & 6

Thursdays	10:00 am- 10:45 am
Fridays	11:00 am- 11:45 am

MOVEMENT & MUSIC | 12mo-3yrs (Classroom A)
Encourage children's creative expression and develop motor skills in a nurturing environment. Activities that emphasize music and movement including songs, finger plays, story telling, circle games, musical instruments, parachute, freeze dance, puppets, and rhythm sticks are part of the curriculum. Requires active caregiver support.

SESSION 5 & 6

Tuesdays	10:00 am- 10:45 am
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PLAYGROUP | 6 mo.- 3yrs (Classroom A)
Every event is a good reason to discover and learn. Playing together and sharing toys, kids learn how to wait for their turn, how to ask for it and how to say thanks when they get what they want. We will explore numbers, letters and nature through books, songs, arts projects, circle time, building blocks play and other activities. They will discover the world around them and expand their individual abilities and skills in a safe and nurturing environment. Age appropriate toys, musical instruments, and art materials are supplied. Playgroup fee is \$5 per day.

SESSION 5 & 6

Mondays	10:00 am- 10:45 am
Tuesdays	11:00 am- 11:45 am
Wednesdays	3:00 pm- 3:45 pm

*** WORLD OF WONDERS | 18 mo.-2yrs (Classroom A)**
Bond with your little ones while they develop creative, cognitive, and motor skills. Children engage in stories and books as well as activities that develop creativity, explore identities, solidify learning concepts and build self-confidence. Children participate in guided projects and explore different art mediums.

Mondays	11:00 am- 11:45 am
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GROWING STRONG

YOUTH SPORTS & ENRICHMENT CLASSES



* Please note that there are no classes Mon, Sept 3, Mon, Oct 8; Mon Nov. 12; Thurs Nov 23; and Fri Nov 24. Classes will be pro-rated accordingly.

* SOCCER SPIKES I and II | 3-6yrs (Gym)

This class features a variety of engaging exercises designed to familiarize young players to the game of soccer while emphasizing teamwork and positivity. Instructors utilize age and level-appropriate teaching tools and drills. Level I is designed for beginners who are new to the sport of soccer. Level II is designed for those who have taken Soccer Spikes I or have some soccer experience.

SESSIONS 5 & 6

Level I	Mondays	3:30pm-4:15pm
Level II	Wednesdays	4:30pm-5:15pm

* BASKETBALL FOUNDATIONS | 3-12yrs (Gym)

The Y has a 100-yr history in teaching basketball to youth and adults alike. Youth will learn the game of basketball through age-appropriate drills, exercises, and controlled games. Skills will cover dribbling, shooting, passing, defense/offense, strategy and rules while youth develop teamwork and sportsmanship. For 3-5 year olds, we offer two levels: Level I is designed for beginners who are new to the sport of basketball. Level II is designed for those who have taken Basketball I or have some b-ball experience.

SESSIONS 5 & 6

6-8yrs	All Levels	Mondays	4:30pm-5:15pm
3-5 yrs	Level I	Wednesdays	3:30pm-4:15pm
3-5 yrs	Level II	Fridays	3:30pm-4:15pm
9-12yrs	All Levels	Fridays	4:30pm-5:15pm

ZUMBATONIC | 5-9 yrs (Studio B)

Zumbatonic classes are high-energy fitness parties packed with specially choreographed, kid-friendly routines and all the music kids love. Zumbatonic increases kids' focus and self-confidence, and enhances coordination.

SESSIONS 5 & 6

Thursdays	4:30pm-5:15pm
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* TENNIS FOUNDATIONS I & II | 3-6yrs (Gym)

In this class. Youth learn and build upon basic skills such as forehand, backhand, volleys, serves, as well as court awareness, etiquette and rules. All skills and techniques are taught in the form of games and physical activities. Level I is designed for beginners who are new to the sport of soccer. Level II is designed for those who have taken Tennis Foundations I or have some tennis experience.

SESSIONS 5 & 6

Level I	Tuesdays	4:30pm-5:15pm
Level II	Thursdays	4:30pm-5:15pm

* KINDERSPORTS | 3-6yrs (Gym)

Introduce your child to the world of sports and early fitness! Skills are broken down and modified into fun games for our young athletes—sports including soccer, baseball, tee-ball and gymnastics. Children work on hand-eye and foot-eye coordination, basic ball manipulation skill and directional skills. Your child will build competence in basic sports skills while having a blast.

SESSIONS 5 & 6

Thursdays	3:30pm-4:15pm
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SHOTOKAN KARATE | 6-10yrs (Studio B)

One of the most popular martial arts practiced today! Students will learn fundamentals, including blocks, stances, rules and regulations for class. Beginner and Intermediate students will learn forms 1 to 3 in the Shotokan system, as well as punching and kicking techniques for self-defense.

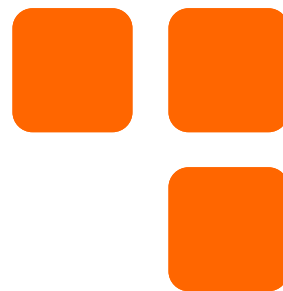
Wednesdays	3:30pm-4:30pm
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TINY ACROBATS | 4-6yrs (Gym)

Develop physical strength, flexibility, and kinesthetic awareness through gymnastic moves which include forward rolls, tucks, somersaults, backbends, straddle splits, hand-springs, handstands, and more. Children learn safe practices, balance control, and how to maximize their muscle coordination, while developing timing and precision skills.

Tuesdays	3:30pm-4:15pm
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FORGING FRIENDSHIPS



TEEN PROGRAMS | 12-17yrs

The Dodge YMCA provides young people with a safe space to socialize, seek support and participate in activities that build self-esteem, prepare them for higher education and to succeed as an adult.

Through various programs and workshops our goal is to empower, inspire, and teach young people to be leaders.

All Teen Programs are free. Please contact Emily Rodriguez, Teen Director at erodriguez@ymcanyc.org or 212.912.2416 for more information.

LEADER'S CLUB (Conference Room)

Participate in leadership training, personal growth, service learning, social development. Members meet and work together on character-building activities, plan and organize club projects, and attend annual overnight leadership rallies. Together they map our career and educational goals, seek information and share experiences related to self-improvement.

Fridays 4:30 - 6:30 pm

TEEN CENTER

A tradition of Dodge YMCA, the building is closed exclusively for teens to drop in for a range of activities including skills-building workshops, basketball, swimming, ping pong, dance, and more.

Saturdays 7:00 pm- 10:00 pm

TEENS TAKE THE CITY (TTC) (Conference Room)

Roll up your sleeves and get involved in issues that affect yourselves and your community. Gain hands on experience about how decisions are made that directly impact your daily lives. The program focuses on ways the democratic process impacts NYC communities, as well as how teens themselves can be effective agents of change. By working alongside political leaders, teens have a chance to get their voices heard through writing legal memoranda, resolutions, and press releases.

Tuesdays 4:30 pm- 6:00 pm

YOUTH & GOVERNMENT (Conference Room)

Empower yourself to become active citizens and be aware of social issues that impact your community. Participants focus on youth and culture identity, political perspectives, and assist in building a strong community through studying public issues, debating public policy, writing legislation, and building leadership skills. Teens also participate in a weekend retreat to Albany in April to debate bills, and propose legislation with other teens from across the state.

Thursdays 4:30 pm- 6:00 pm

TEEN XTREME (Meet in Classroom B)

A fitness program created just for teens like you! This program is designed to meet your individual fitness needs and goals while you learn about proper techniques and usage of fitness equipment.

Wednesdays 3:00 pm- 4:15 pm

Wednesdays 4:30 pm- 5:15 pm

TEEN CENTER LOUNGE (Conference Room)

Come and hang out in our Teen Center Lounge where you can complete homework (tutoring / help available), get some computer time in, or just kick back and relax with other Teens!

Tuesdays 3:30 pm- 4:30 pm

Wednesdays 3:30 pm- 5:30 pm

Thursdays 3:30 pm- 4:30 pm



MORE TO DISCOVER



THERE'S EVEN MORE FOR YOUR FAMILY!

CHILDWATCH | 6mo-5yrs (Childwatch Room)

Need someone to look after your child while you work out? We're here for you! Bring your child (for a maximum of two hours per day) to Childwatch where they enjoy creative play in a fun, safe environment with trained YMCA staff. Available to members only for a \$5.00 charge per hour. Please register at the Member Services Desk 48hrs in advance at 718.625.3136.

Childwatch Hours:

Monday, Wednesdays:	9:00am-2:00pm, 3:00pm-6:00pm
Tuesdays-Sundays:	9:00am-2:00pm

PARENT'S NIGHT OUT | 5-12yrs (Classroom A)

Do you need time to go out to dinner, go shopping or just relax? You can leave your children with trained staff at the Dodge Y. Your kids will make new friends, and participate in a safe and fun evening. Dinner is included.

Dates: Friday, September 21, 6:30pm-9:00pm
Friday, October 19, 6:30pm-9:00pm
Friday, November 16, 6:30pm-9:00pm
Friday, December 14, 6:30pm-9:00pm

Fees per Child:

Y AfterSchool Participants:	\$12
Members:	\$15
Non-Members:	\$20

HOLIDAY CAMP | 5-12yrs

When school is out, the Y is here to keep kids safe and engaged in fun, healthy activities. Geared towards hands-on and physical activities that foster positive social interactions. Kids participate in swimming, sports and trips. MUST have a medical form to register.

4 Days: Wed, December 26 – Mon, December 31, 2012

Fees per Child per Day:

Y Afterschool Participants	\$40
Members	\$50
Non-Members	\$70

Y AFTERSCHOOL PROGRAMS | 5-12yrs

Y After School is geared to enriching kids' academic development, engaging them in healthy physical activity and fostering positive social interactions. Each program offers the high-quality instruction and supervision by trained and qualified staff. Y After School is free.

For additional information, please contact a Site Director listed below:

PS 8: TBD	718.625.3136
PS 11: Raquel Rodriguez	718-398-3134
PS 38: Natalis Rubero	646-996-3306
PS 307: Wayne Brown	917-539-0864

XER GAME ROOM (Classroom A)

Want to spend some quality time with the kids? Come to our Xer Game Room for free games and activities, including our Polypong table, bike races, Sport Wall, and dance games.

Saturdays	1:00pm-5:00pm
Sundays	1:00pm-5:00pm

LITTLEST BOO FESTIVAL | All Ages

All little boys and ghouls are welcome to participate and dress up in their most frightfully cute costumes! We will offer a light breakfast, Halloween themed games and activities, our photo booth, face painting, and goodie bags. Admission donation is \$3 to benefit our Strong Kids Campaign.

Tuesday, October 30, 2012, 11:00am-12:30pm

GIVE THANKS POTLUCK | All Ages

Bring your family's favorite Fall dish and join us as the Y thanks you, and your children, for being a part of the Dodge YMCA family. We will also be offering games, activities, goodie bags, and much much more. Admission donation is \$3 to benefit our Strong Kids Campaign.

Tuesday, November 20, 2012, 11:00am-12:30pm

PRIVATE LESSONS ONE-ON-ONE



We also offer one-on-one private sports training lessons with our qualified sports instructors are also available. Participants are coached according to their age and skill level. Classes are one - hour in length. Sports lessons include but are not limited to Basketball, Soccer, Teeball, Tennis, and Football.

LESSON PACKAGE	MEMBERS	NON- MEMBERS
1 Lesson	\$50	\$65
3 Lessons	\$135	\$185
5 Lessons	\$225	\$300

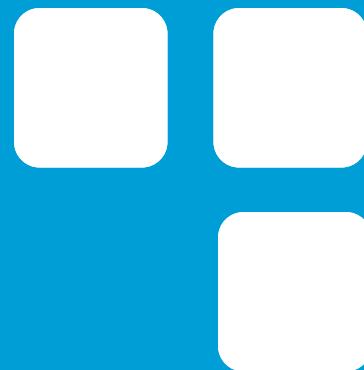
REGISTRATION AND PROCEDURES

- Fill out a Private Lesson Application at the Membership desk.
- Private sports training packages must be purchased at membership desk
- After purchase is made, parent/guardian will be contacted to schedule date(s) and time(s) of lessons (unless already established by instructor)
- Lessons start and end at scheduled times. There will be no exceptions.
- Please call or email 24 hours in advance to cancel a sports lesson.
- Any lessons cancelled with less than 24 hours notice will be counted against total package.

FOR MORE INFORMATION ABOUT PRIVATE
LESSONS, TO SCHEDULE LESSONS, OR TO
CANCEL A CLASS PLEASE CONTACT:

Emily Rodriguez
erodriguez@ ymcanyc.org
212.912.2416

CELEBRATE WITH US BIRTHDAY PARTIES



Let our home be your home and celebrate your next birthday at the Dodge Y.

POOL PARTIES | 5 yrs and up

Enjoy an hour of swimming in our pool with family and friends in your own reserved lane. Pool parties include two hours in the party room. Children unable to swim independently must be accompanied in the water by a parent or guardian.

Saturdays 3:00pm-6:00pm (Pool time is 3:00-4:00)
Sundays 1:00pm-3:00pm (Pool time is 1:00-2:00)

GYM PARTIES | 2 yrs and up

Enjoy the space and freedom of the entire gymnasium for an hour. Interested in setting up our Rumble & Tumble obstacle course? No problem. Or have our Y staff lead sports activities (basketball, soccer, tennis)? We can do that too. Or just use the gym for your own activities. Gym parties include two hours in the party room.

Saturdays 3:00pm-6:00pm (Gym time is 3:00-4:00)
Sundays 1:00pm-3:00pm (Gym time is 1:00-2:00)

ROOM PARTIES | 2 yrs and up

Reserve just the party room for your child's birthday. With three hours of room rental, families can opt to bring in entertainers, or have our Y staff lead an activity (e.g. face painting, jewelry making, arts & crafts, party games).

Saturdays 3:00pm-6:00pm
Sundays 1:00pm-3:00pm

SERVICES PROVIDED

The YMCA will arrange to provide the following:

- Reserved room, pool lane, or gym
- Tables and chairs
- Y staff trained to work with children
- Decorating and prep time half an hour before party

PRICING (up to 20 guests)

Pool Party

Members \$375.00
Non-Members \$425.00

Gym Party

Members \$375.00
Non-Members \$425.00

Room Party

Members \$275.00
Non-Members \$325.00

- Additional Time: \$50.00 for every 1/2 hour applies. Only rental of the room can be extended.
- Additional Children: \$5.00 per additional child.

REGISTRATION AND PAYMENT

A \$100 non-refundable deposit with your Party Agreement is required to reserve your space. Payment in full is due two weeks prior to date of scheduled party.

- Birthday parties must be reserved at least 2 weeks in advance.

CONTACT

For more information or to book a party, please contact the membership desk or the Youth and Family Administrative Assistant at 212.912.2415.



HOOP IT UP

JR. KNICKS IS ON IT'S WAY TO THE DODGE Y!

The YMCA of Greater New York Jr. Knicks program for boys and girls emphasizes the importance of having fun playing basketball, while also developing athletic and social skills, improving educational performance and learning about healthy lifestyles.

PROGRAM COMPONENTS:

- Instructional and competitive basketball
- Sports skills instruction
- YMCA Youth Sports Philosophy
- Coaching on sportsmanship, teamwork and fair play
- Information about healthy lifestyles

10-WEEK PROGRAM BEGINS EARLY FEBRUARY, 2013

FOR MORE INFORMATION CONTACT:

Emily Rodriguez, Teen Director
erodriguez@ymcanyc.org, 212- 912-2416

REGISTRATION OPENS JAN. 2013

Registration packets will be available at the membership desk starting in January as well as on our website (www.ymcanyc.org/dodge).



DODGE INFORMATION

MEMBER SERVICE DESK HOURS

Monday - Friday 6:00 am - 10:00 pm
Saturday - Sunday 8:00 am - 5:00 pm

2012 SESSION & REGISTRATION DATES

Session 5 Dates Sep 4, 2012 - Oct 28, 2012
Registration Dates Members: Aug 20, 2012
Non- Members: Aug 27, 2012

Session 6 Dates Oct 29, 2012 - Dec 21, 2012
Registration Dates Members: Oct 15, 2012
Non- Members: Oct 22, 2012

Session 7 Dates

UPCOMING DATES TO REMEMBER

Littlest Boo Fest

Tuesday, October 30, 2012, 11:00 am-12:30 pm

Give Thanks Potluck

Tuesday, November 20, 2012, 11:00 am-12:30 pm

Parents Night Out

- September 21, 6:30 pm-9:00 pm
- October 19, 6:30 pm-9:00 pm
- November 16, 6:30 pm-9:00 pm
- December 14, 6:30 pm-9:00 pm

Holiday Camp

Wed, December 26– Mon, December 31, 2012



WORKING TOGETHER STAFF LISTING

Ruth Chan

Sr. Director, Youth & Family
212-912-2414
rchan@ymcany.org

Emily Rodriguez

Teen Director
212-912-2416
erodriguez@ymcany.org

Nayira Polanco

Education Director
212-912-2417
npolanco@ymcany.org

Administrative Assistant

212-912-2415

Youth Program Instructors

212-912-2415

Wayne Brown

Site Director, PS 307
917-539-0864
wbrown@ymcany.org

Natalis Rubero

Site Director, PS 38
646-996-3306
nrubero@ymcany.org

Raquel Rodriguez

Site Director, PS 11
718-398-3134
rrodriguez@ymcany.org

TBD

Site Director, PS 8
718-625-3136



**FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

DODGE YMCA

225 Atlantic Ave
Brooklyn, NY 11201
718.625.3136
ymcanyc.org/dodge



**WELCOME
TO THE
DODGE Y**

New York City's YMCA
**WE'RE HERE
FOR GOOD.™**