

WARFARIN DOSE REMINDER CHART

Name: _____ Date of adjustment: ____/____/____

Your doctor has highlighted a row below showing the total amount of warfarin (Coumadin) you should take each week. Look at the highlighted row and find the number under today's day of the week. Take that number of 5-mg warfarin tablets at approximately 5 p.m.

Number of 5-mg tablets to take on each day of the week							
Total weekly dose (mg)	Number of tablets on Monday	Number of tablets of Tuesday	Number of tablets on Wednesday	Number of tablets on Thursday	Number of tablets on Friday	Number of tablets on Saturday	Number of tablets on Sunday
2.5	1/2	0	0	0	0	0	0
5.0	1/2	0	0	0	1/2	0	0
7.5	1/2	0	1/2	0	1/2	0	0
10.0	1/2	0	1/2	0	1/2	0	1/2
12.5	1/2	0	1/2	0	1/2	1/2	1/2
15.0	1/2	0	1/2	1/2	1/2	1/2	1/2
17.5	1/2	1/2	1/2	1/2	1/2	1/2	1/2
20.0	1	1/2	1/2	1/2	1/2	1/2	1/2
22.5	1	1/2	1/2	1/2	1	1/2	1/2
25.0	1	1/2	1	1/2	1	1/2	1/2
27.5	1/2	1	1/2	1	1/2	1	1
30.0	1/2	1	1	1	1/2	1	1
32.5	1/2	1	1	1	1	1	1
35.0	1	1	1	1	1	1	1
37.5	1 1/2	1	1	1	1	1	1
40.0	1 1/2	1	1	1	1 1/2	1	1
42.5	1 1/2	1	1 1/2	1	1 1/2	1	1
45.0	1	1 1/2	1	1 1/2	1	1 1/2	1 1/2
47.5	1	1 1/2	1 1/2	1 1/2	1	1 1/2	1 1/2
50.0	1	1 1/2	1 1/2	1 1/2	1 1/2	1 1/2	1 1/2
52.5	1 1/2	1 1/2	1 1/2	1 1/2	1 1/2	1 1/2	1 1/2
55.0	2	1 1/2	1 1/2	1 1/2	1 1/2	1 1/2	1 1/2
57.5	2	1 1/2	1 1/2	1 1/2	2	1 1/2	1 1/2
60.0	2	1 1/2	2	1 1/2	2	1 1/2	1 1/2
62.5	1 1/2	2	1 1/2	2	1 1/2	2	2
65.0	1 1/2	2	2	2	1 1/2	2	2
67.5	1 1/2	2	2	2	2	2	2
70.0	2	2	2	2	2	2	2

POINT-OF-CARE SERIES



Point-of-Care Guides

This article is part of a series that offers evidence-based tools to assist family physicians in improving their decision making at the point of care. The series is produced in partnership with *American Family Physician*. A related article, which also includes the anticoagulation flowsheet and reminder chart, appears in the May 15, 2005, issue of *AFP*.

Past topics in this series include sore throat, pulmonary embolism, hypertension, acute otitis media, angioplasty risk and knee injury. All tools are available free online at <http://www.aafp.org/fpm/toolbox>.

Note to the physician: The initial total weekly dose (first column) can be derived using the nomogram published in: Ebell MH. Evidence-based initiation of warfarin (Coumadin). *Am Fam Physician*. 2005;71:763-765; available online at: <http://www.aafp.org/afp/20050215/poc.html>.

Chart developed by Mark H. Ebell, MD, MS. Copyright © 2005 American Academy of Family Physicians. Physicians may photocopy or adapt for use in their own practices; all other rights reserved. "A Systematic Approach to Managing Warfarin Doses." Ebell MH. *Family Practice Management*. May 2005; 77-83; <http://www.aafp.org/fpm/20050500/77asys.html>.