



THE NA UNITY

Carrying the message of recovery, not the disease.

BASIC TEXT AND NA IP'S

INSIDE THIS

Basic Text and NA IP's	2
Please Remember	2
The New Comer	2
I Am An Addict	3
Open Area Positions	3
Clean Time Celebrations	3
Service and Activities	4

Get out of your comfort zone try a different meeting.

Yes To Life

Monday 6:30pm
28050 Grand River, Botsford Hospital Farmington

Recovery Starts Here

Tuesday 7 pm
888 Southfield of God Lincoln Park

LET'S GIVE OTHER'S SUPPORT

Avoid people, places, and things

Basic Text Page 15:

"Old friends, places, and ideas are often a threat to our recovery. We need to change our playmates, playgrounds and playthings."

Come early and stay late

Basic Text page 252:

"We were into service work, emptying ash trays, setting up and cleaning up meeting halls. We would get there early and leave late,..."

Don't use and go to meetings

Basic Text page 10:

"...we suggest that newcomers keep coming back and come back clean." also **IP #23** "Staying Clean on the Outside":

Instead of picking up that first drug, we do the following:

- * Don't use, no matter what
- * Go to an NA meeting

Get and use a sponsor

Basic Text Page 55:

"We have found it helpful to have a sponsor and to use this sponsor" also **IP #16** "For the Newcomer"

"We suggest that you look for a sponsor as soon as you become acquainted with members in your area."

Get a home group

Basic Text Page 54:

"We find our place in the Fellowship, and we join a group whose meetings help us in our recovery."

also **Basic Text page 95:**

"Attending our home group provides encouragement from the people that we get to know."

CONT. PAGE 1: BASIC TEXT AND NA IP's

Keep coming back; it works

Basic Text Page 9:

"We have learned from our group experience that those who keep coming to our meetings regularly stay clean."

also **Basic Text page 148:**

and **IP #22** "Welcome to Narcotics Anonymous":

"KEEP COMING BACK - IT WORKS!"

90 meetings in 90 days

Basic Text Page 53:

"A meeting a day for at least the first ninety days of recovery is a good idea.

Use the phone

Basic Text Page 54:

"...get and use telephone numbers,..."

What Is the Narcotics Anonymous Program

Chapter 2 Basic Text:

We want the place where we recover to be a safe place, free from outside influences. For the protection of the fellowship, we insist that no drugs or paraphernalia be brought to any meeting.

At the Au-
meeting @
Regional Delegate will give a
SYSTEM PROPOSAL.

PLEASE REMEMBER

gust 11th Area
1:30 pm our
presentation on the SERVICE

This is a little reminder to all GROUPS who would like to make donations to Area. You have 2 options you can send donations to Area with your group GSR or you can send a Money Order payed to the order of WWCANA from your group. Mail the money order to: WWCANA P.O. Box 1175, Southgate, MI. 48195.

If anyone is interested in checking out events in the Western Wayne County Area, you can do so by following this link to our site: <http://www.michigan-na.org>. You may also check out events for other counties at the same link. Then click on the county you want information about.

If a person is fortunate enough to make it to our rooms to become a newcomer.... then I believe I need to help them stay. I have heard **THE NEW COMER** to many times from people who have multiple years....they need to reach out...how insane is that?
By: Scott S.

I AM AN ADDICT

There can be no doubt that Narcotics Anonymous works for addicts who want to achieve freedom from active addiction. Surrendering has saved my life to be certain it has shown me a new way to live. Walking into the rooms beaten down and desperate with every bridge burned and no one to trust as no one trusted me. We are told to surrender to live! Yes that awesome feeling of surrender to admit I AM AN ADDICT! Help me. For me this was a mind blowing awkward moment of victory filled with shame and fear. Let us all take a moment to recall how you felt being exposed to what we all tried to hide the most. Well on our way we go to meetings, get a home group, find a sponsor, get involved, go camping, bowling, open talks, picnics, bon-fires, conventions, barbeques, new friends, work, church, step study, meetings, meetings and then.....

The thrill is gone my shiny new bike has lost its luster. I want to stay clean I will stay clean however I believe I can do without the conflict of personalities and the huge egos we cram into the rooms. The good sharers who hold us hostage for sure is just a waste of my time I have much better things to do than listen to this nonsense. The ten year who just relapsed telling us how to stay clean AHHH enough! No more! Now this is freedom not having to go to those boring meetings anymore. A few months go by and as life will do eventually it comes crashing down on us the disease had tricked me and isolation comes to visit. No more meetings, avoiding my sponsor and all the things that will keep me clean. I ran to a meeting, hope replaced by fear and anger consequently my desire to use outweighing my desire to stay clean. Safe at a meeting I walk in to see my sponsor and look there is the good sharer in addition to the ten year fighting to stay clean.

My disease is stronger than me I underestimated its hold on me yet again. The only reason I stayed clean is because of N.A. and the members in which I found differences with instead of similarities. I surrender; I am an addict no better or worse than anyone else. Not everyone will like me to be sure I will not like everyone. Realizing I need acceptance not just of the good sharer but me and my own character defects. Thank you N.A. and all its members for helping an addict like me. This is where I belong.

Dave L.

We have OPEN positions at Area Level. Open positions are RCM ALT. and MSO Rep. Let's get out of our comfort zone and step up and do service work. Service works if you work it. I hear many people say, they would like to do something different than just go to meeting. So why not get involved in SERVICE?



CLEAN DATES

JUNE

Keirsten S.	06/10/98	15 years
Katie H.	06/19/11	2 years
Gina B.	06/22/93	20 years
Justin M.	06/25/07	6 years
Sean C.	06/26/12	1 year
Shannon H.	06/26/12	1 year

JULY

Luther A.	07/05/87	26 years
Kitty C.	07/07/86	27 years
Ron C.	07/10/84	29 years

Congrats to everyone keep up the good work. Please keep the clean dates coming. We the people of the NA fellowship, love to celebrate clean dates, anniversaries with cake.

Food, Fun and Family**Area & Sub-Committee Mtgs.**

Admin Meeting: 12:30 pm Second Sunday of the month; Dorsey Community Center

New GSR Orientation: 1:30 pm Second Sunday of the month; Dorsey Community Center

Area Meeting: 2:00 pm Second Sunday of the month; Dorsey Community Center

Activities: 6:30 pm Last Monday of the month; Clean and Serene Group 574 S. Sheldon Rd, Plymouth

Helpline: 7:00 pm Last Sunday of the month; Straight from the Book 28680 Cherry Hill, Garden City

Hospitals & Institutions: 7:00pm Fourth Monday of the month; Clean Serene Group, 574 S. Sheldon Rd. Plymouth

Literature Review: 6:30 pm Fourth Wednesday of the month; For Sanity's Sake 36660 Cherry Hill, Westland

Marathon Meeting: 6:30 pm Second Sunday of the month; Straight from the Book 28680 Cherry Hill, Garden City

Newsletter: 7:30 pm Second Wednesday of the month; Wednesday Night Recovery 21555 Kinyon, Taylor. Submit all articles, etc to wwna.newsletter@gmail.com

Outreach: 7:00 pm Second Friday of the month; Courage To Change, 15600 Trenton Rd. Southgate

Policy: 11:30 am Area Sunday of the month; Dorsey Community Center

Public Information: 10:00 am Third Sunday of the month; Dorsey Community Center

Web Servant: Mel K. wwca.webservant@gmail.com

Don't forget Washtenaw and Western Wayne County Areas Campout July 26 - 28, 2013
For information check out www.michigan-na.org



**August Campout
August 15-17, 2013
Wolverine Campgrounds
7698 N Baxter Road,
Columbiaville
Saturday Night 6 p.m.
Potluck, Bring a Dish to
Pass!
(See flyer for details)**



**Oakland County 2013
Picnic, Saturday July 20th
From noon until dusk @
Donald Red Geary Park,
Ferndale, MI. For more
info check out our website
www.michigan-na.org
then click Oakland county**

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Name: _____ Signature: _____

Date: _____