

Absalom Jones Senior Center

310 Kiamensi Rd., Wilmington, DE 19804 995-7636 Open Monday through Friday, 9am to 2pm Hot lunch and salad bar served daily at 11:30am April 2015

From the Director's Desk

Welcome spring! Did your body adjust to the time change yet? I don't know about everyone else, but I don't like getting up in the dark. I guess I'll get over it. If you're looking to get out after all the snow this winter just give us a call. We have a lot going on to keep you busy. As I started typing the activities for April I realize it's going to be a busy month.

I'm looking for those flowers to pop their heads up. Of course that also means grass cutting time and weeds in the garden. Maybe that snow wasn't so bad after all. If you want to help in the garden just let us know. Last spring was a terrible year for gardens

There was so much rain so we're looking for a better spring this year. Hope to see you at the center. Enjoy a wonderful spring and summer. See you at the center. Regards, *Joan*

APRIL BIRTHDAYS

Ann Ammerman Sophie Murray Anna Kuhar Carolyn Wing Cleo Phillips Charlotte Smith Richard Sarsfield John Hicks Shirley Jenkins Darlean Ashley Austin Snow Jeanne Daniels Alicia Thomson Ruby Hinson-Griffith Phil Weyl Thelma Hall Margaret Henderson Beverly Snover Melchora Toala Angela Taylor Robert Wilson, Jr. Gloria Hunter Terry Sczechowski Eileen A. McKeown

UPCOMING ACTIVITIES AT THE CENTER

April 7, Defensive Driving Refresher Course 10 a.m.-2:30 p.m.
April 15, Blue Rocks Concert @ 11 a.m. 12:15 Free Lunch
April 22, Inner Harbor MD (coach) \$29/\$34 non-members
April 28, Ricks Dance Party "New York The Big Apple" 12:30 p.m.
April 29, 55 Plus Expo Dover Convention Center
May 7, Lunch & Fashion Show at Churchman Village \$5
May 14, "Fair With A Flair" @ Garfield Park Comm Rec Center
May 22, Mohegan Sun Casino \$27/\$32
May 27, "The Art of the Brick" @ Franklin Institute \$21.50/ \$26.50
June 3, Platinum Picnic @ Banning Park
June 19, Picnic @ Lums Pond
June 29, Resorts Casino Coach \$27/\$32
For information and to sign up, call 302-995-7636.
No refunds on coach trips unless someone replaces you.

New Castle County Senior Center Mission Statement

New Castle County provides recreational, educational and nutrition services for seniors 55+ years of age regardless of race, religion, sex, ethnic origin or handicap. All those attending the Center must be able to take care of their personal needs and make independent decisions as they participate in the activities of the day.

In case of inclement weather, please listen to **WDEL (1150) or WILM (1450) am radio stations** To check for Center closings & transportation cancellations.

Please DO NOT call the Center.

STAFF

Director Joan Budrow Assistant Director Judy Panchisin Site Manager Sheila Kellam Drivers Roy Swaby Terry Lake James Kula

ABSALOM JONES SENIOR CENTER

Welcome New Members

Starlet Quinn Anthony Donnelly Katherine Murphy Glenda Donnelly Gail DuVernay Betty Gold

John DuVernay Boyzell Williams

Thinking of You

Kay Coffin Sandy Sheridan Evelyn Smith Sal Catullo Dorothy Skipsi

9

Marianna Emery Margaret Davis Angela Taylor Agnes Haley Delores Watt Lillian Himmelberg Joyce Johnson Dreama Chinski Marcia Sharp Velma Wheeler

Pauline Jarman Reginia Salinski Marie Catullo Alice Short George Zawicki

 $\overline{\mathbf{O}}$

TRIVIA QUESTIONS

- You can draw a line about _____ miles with the average pencil.
- The elephant is the only animal that has four ______
- In Washington, DC, no building can be taller than
- The Greyhound has the best of all breeds of dogs.

Senior of the Month: Nick Piccoli

Nick Piccoli was born June 7 in Philadelphia. He now lives in Stanton with his lovely wife. Nick graduated from Temple University with a bachelor degree in business administration, marketing major, and accounting minor. He then worked for 33 years as a senior project administrator with United Engineers. He has one son and one daughter, and five grandchildren (one boy and four girls), including a set of twins!

Nick's favorite television show is the "Sopranos". One Christmas his daughter gave him a gift which included a bus tour of some of the locations from which the television series was shot. His favorite food is pasta—ANY kind! And chicken cutlets. Nick's favorite vacation would be a cruise to Aruba, St. Martin, and St. Thomas.

Nick's hobbies include sports, football, basketball, and bowling. He said he *attempted* ballroom dancing. Nick would like to have dinner with Joe DiMaggio, the greatest all-around baseball player of all time.

Thanks for sharing a bit of your life with us, Nick!

We are awarding a monthly gift to a lucky birthday person. Every time the birthday person for that month comes to the Center for a meal or trip, we will enter their name in a drawing for a gift to be awarded at our birthday party. So the more times you get your name in the basket, the better chance you will have to win!

 $\bigcirc \land \bigcirc \land$

SCHEDULE OF EVENTS

Page 3

Daily Activities

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9am-2pm: Game Room		9am-2pm: Trip Day	9am-2pm: Game	9am-2pm: Trip Day
and Fitness Center Open			Room and Fitness	
	Center Open	9am-2pm: Game	Center Open	9am-2pm: Game
9-10am:	0 D:	Room and Fitness	0.00.10.15	Room and Fitness
DE Swim & Fitness Club	9am: Bingo	Center Open	9:30-10:15am: Bible Study	Center Open
9:30am: Bank &	10:30-11:15am:	9:15-11:45am: Water		9am-11am:
Post Office (1st Monday)	Advanced Line	Color Class (2nd & 4th	Tai Ji Quan	Movies in the
	Dancing (1st Tuesday)	Wednesday)		computer room
Tai Ji Quan			10-11:30am: Bingo	
	10:30am: Craft Club	10am: Video	-	10-11:30am:
10am: Bingo		Armchair Exercise	10am: Crochet Club	Penny Bingo
	I2pm: Bid Whist			
10:30-11:30am:		Tai Chi	10:15am: Grocery	10:30-11:30an:
Bible Study	12:30-1:30pm:		Shopping	Cyn-Win Dance/
	Crochet Club	12pm: Bid Whist		Fitness Class
12:30pm: Medicine	Chess Club		10:45-11:30am:	
Pickup at Your	Group Exercise Class		Soul Line Dancing	Art Therapy
Drugstore (2nd Monday)			(First 4 Thursdays)	(1st & 3rd Friday)
	l 2:30pm:			
12:30pm: Debbie's Cardio	Ageless Grace		12:15pm: Pinochle	II:30am: Tai Chi
	1:30-2pm:		I 2:30pm: Ageless	12-4pm:
	Debbie's Cardio		Grace	Bid Whist
	I:30-2pm: Pickle Ball		12:45-1:45pm: Group Exercise Class	Ipm: Walking the
			Group Exercise Class	gym: 19 laps = 1 mile
	LAST TUESDAY OF THE MONTH		2-3pm:	2-3pm:
			Drama Club Practice	Drama Club Practice
	Birthday Party!		Cosmetologist, Debra (Ist Thursday)	Drama Club Practice

Activities & Services Offered Throughout the Year

GAMES:	Bingo, pinochle, billiards, shuffleboard, pickle ball, Wii.		
	Game room is open daily from 9am-2pm.		
HEALTH:	Blood pressure screening, Delaware Assistance Prescription		
	Program, Vial of Life, Medicare information, Speakers		
FITNESS:	Dance classes, water aerobics, tai chi, group exercise, walk the gym,		
	Beginners dance class, Debbie's cardio		
SERVICES:	Elderinfo, Legal Aid, Tax assistance by AARP, defensive driving,		
	caregiver information, book and video lending library, Delaware		
	Energy Assistance Program		
GROUPS:	Advisory Council, Red Hat Society "Sassy Ladies", Chess Club,		
	Crochet Club, Drama Club, Shuffleboard Club, Wii Bowling, Book Club		
ARTS & CRAFTS:	Watercolor class, paper flower making, candy making		

Look for dates and times in the newsletter or ask the Senior Center staff!

ABSALOM JONES SENIOR CENTER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
APRIL CALENDAR	Tai Ji Quan Classes will be held on Mondays at 9am & 10 am, and Thursdays at 10am & 1 Iam until July Watch for swimming programs coming up this summer!	I TRIP SIGN UP DAY Join us for lunch at PortoFino Restaurant 10: Arm Chair Exercise 11: Wii Table Ten	2 9: Wii Four Dames 9: Haircuts 9:30: Bible Study 10:15: Shoprite 10-12: Crochet Club 10:45: Soul Line Dancing 12:15: Pinochle Club 12:30: Ageless Grace 12:45: Group Exercise 2: Drama Club	3 HOLIDAY CENTER CLOSED
6 10:30: Bible Study 12:30: Debbie's Cardio	7 9-2: Bingo 9:30: Wii Hot Ladies 10: Defensive Driving Refresher Course 10: Beginners Line Dancing 10:30: Advanced Line Dancing 12: Bid Whist 12:30: ADV MT, Ageless Grace, Wii Foxy Ladies, & Group Exercise 12:30: "Cookies to Die For" Drama Club Play 1:30: Debbie's Cardio	8 9:30-2: TRIP Christiana Mall 9: Water Color Class 10: Arm chair exercise 11: Wii Table Ten 6:30: Drama Club Play & Refreshments	9 9: Wii Four Dames 9:30: Bible Study 10-12: Crochet Club 10:15: Shoprite 10:45: Soul Line Dancing 12:15: Pinochle Club 12:30: Ageless Grace 12:45: Group Exercise 2: Drama Club	10 9-2: TRIP Health Fair at Kingswood Community Center 10:30: Cyn /Win Dance & Fitness Class 12: Bid Whist 2: Drama Club
13 Visit members in nursing homes. 10:30 Bible Study 12:30 Debbie's Cardio	14 9: Bingo 10: Beginners Line Dancing 10:30: Advanced Line Dancing 12: Bid Whist 12:30: Ageless Grace, Wii Foxy Ladies, & Group Exercise, Advisory Board Meeting 1:30: Debbie's Cardio	15 9:30-2: TRIP Join us for the Blue Rock Concert and stay for a free luncheon 10: Arm chair exercise, Tai Chi, Wii Table Ten	16 9: Wii Four Dames 9:30: Bible Study 10: Crochet Club 10:15: Shoprite 10:30: Soul Line Dancing 12:15: Pinochle Club 12:30: Ageless Grace 12:45: Group Exercise 2: Drama Club	17 9-2:30: TRIP Spence's Bazaar 10:30: Cyn/Win Dance & Fitness Class, Art Therapy 11:30: Tai Chi Class 12: Bid Whist Club 2: Drama Club
20 Roll off for Wii top team 10:30 Bible Study 12:30 Debbie's Cardio	21 9: Bingo 10: Beginners Line Dancing 10:30: Advanced Line Dancing 11:30: Speaker: Delaware State Health Program 12: Bid Whist Club 12:30: Wii Foxy Ladies, Group Exercise, Ageless Grace, 1:30: Debbie's Cardio	22 8:30-6:30: TRIP Inner Harbor 9-11:30: Watercolor Class 10: Armchair Exercise 10:30: Art Therapy	23 9: Wii Four Dames 9:30: Bible Study 10:15: Shoprite 10: Crochet Club 10:30: Soul Line Dancing 12:15: Pinochle Club 12:30: Ageless Grace 12:45: Group Exercise 2: Drama Club	27 9:30-2: TRIP Mystery Ride! 10:30 Cyn/Win Dance & Fitness Class 12: Bid Whist Club 2: Drama Club
27 9-2:30: TRIP Harrah's Casino, Chester 10:30 Bible Study 12:30 Debbie's Cardio	28 9: Bingo 9:30: Wii Hot Ladies 10: Beginners Line Dancing 10:30: Advanced Line Dancing 12: Bid Whist Club 12:30: Wii Foxy Ladies, Group Exercise, Ageless Grace, 12:30: NY The Big Apple Dance Party 1:30: Debbie's Cardio	29 9-2:30: TRIP 55+ Expo at Dover Convention Center 9-11:30: Watercolor Class 10: Tai Chi Class 11: Wii Table Ten	30 9: Wii Four Dames 9:30: Bible Study 10:15: Shoprite 10: Crochet Club 10:30: Soul Line Dancing 12:15: Pinochle Club 12:30: Ageless Grace 12:45: Group Exercise 2: Drama Club	

SCHEDULE OF EVENTS

☆

 \checkmark

☆ ☆

☆

 $\overset{}{\checkmark}$

Page 5

*** ☆ **Absalom Jones Senior Center** ☆ **Advisory Board** ☆ \checkmark **President: John Hicks** ☆ Vice-President: Joe Kontur Secretary: Castella LaCompte **Assist. Secretary: Evelyn Pyle Goodwill Ambassador: Annette Tomasello** Staff **Director:** Joan Budrow Assistant Director: Judy Panchisin Site Manager: Sheila Kellam **Drivers:** Roy Swaby, Terry Lake, James Kula **Advisory Board Meeting** \checkmark April 14 ☆ \checkmark *****************

Legacy—What will yours be?

You joined the ABJ Center because you found a place to call home. The Center offers several activities. educational offerings, and resources that help you live a more fulfilling life. You have made friends that you accompanied on many trips. Some of you have made life-time friends. By remembering the ABJ Senior Center in your will, it would help preserve a place for others to come for many years. For more information and assistance, contact the Center.

Friendly Reminder

For your health and safety, **please** do not take items from the lunch trays and store them in your bag or purse. It is risky to have food items sit at room temperature. Please consume all food items at the Center. Thank you for your cooperation.

Greeting Cards

Check out the rack of cards in the game room. They are \$.25 each and the money benefits the Center.

PINOCHLE CORNER

February "300" Club	
George Anthony	324
Peg Chandler	330
Jeanne Daniels	331
John Dougherty	371
John Felme6	337
Bob Glenn	304
Michael W. Harris	367
John Hicks	334
Betty Howe	308
Joanne Kautz	345
Maggie King	319
Joe Kontur	305
Patricia Merritt	328
Joan Murphy	327
Joanne Nagy	349
Clint Nordell	392
Nick Piccoli	311
Evelyn Pyle	308
Bill Schultise	339
John Smith	360
Rosie Strengari	304
Angela Taylor	341
Catherine Trakas	331
Marjorie Weidner	327
Doris Whitcoe	321
Dorothy Zupon	312
III at a st Tatal Orange for Dataset	
<u>Highest Total Score for Februa</u> Clint Nordell	<u>ry</u> 1,567
	1,507
Highest Scores for February	
February 5, Joanne Kautz	416
February 12, John Dougherty	394
February 19, Clint Nordell	423
February 26, Clint Nordell	429

50/50 Winner

Congratulations to Lorraine Riley, \$38

Showcase

Have you checked out the showcase lately? Perhaps you need a small gift for a friend or a family member? The staff will help you.

Book Buddy Program

This is a program to provide reading material to homebound seniors who are unable to visit their County library. To find out more or to sign up for this free service call 395-5656.



MAY 14 10 a.m.-12 p.m.

Garfield Park Comm. Rec. Center, 26 Karlyn Dr., New Castle

Free event for ages 55+ First 100 quests receive a special gi

Miss Delaware Brittany Lewis Exercise Demonstrations with Ageless Grace Line Dancing Experience with Cynthia Clark Short, 11 a.m. UD Student Nurses Offering Stroke Screenings Vendors Offering Health Screenings, Diabetes Screenings, & BP Tests

Presented by Absalom Jones Senior Center



Thomas P. Gordon

County Executive

Honorary chairs Mark Bowden, author of *Black Hawk Down*, and Gail Husch, author of *The Button Field* Meet local authors and artists + Buy a new book or artwork

The Hockessin Art & Book Fair is a collaboration between the New Castle County Art Studio, Hockessin Library and Hockessin Community Recreation Center; the Center for the Creative Arts; the Hockessin Bookshelf; the Written Remains Writers Guild; and Unexpected Spark Studios.

> Registration information will be available April 2015. For more information, go to nccde.org/specialevents

Hockessin Art & Book Fair
HockessinABF