OUR FAMILY EMERGENCY PLAN







Family Emergency Plan-Wallet Card Beready Iowa Y FAMILY EMERGENCY CONTACT (C)PHONE CONTACT #2 (C) PHONE CONTACT #3 **©**PHONE CONTACT #4 (C) PHONE © DIAL 911 FOR EMERGENCIES POISON CONTROL 1-800-222-1222

CONTACT #5	(PHONE
CONTACT #6	(PHONE
CONTACT #7	(PHONE
NEIGHBORHOOD MEETING SPOT	
MEETING SPOT OUTSIDE OF NEIGHBORHOOD	

EMERGENCY SUPPLY KIT

Water (3-5 day supply)

Personal hygiene items

· Plates, cups, utensils, non-

· Portable battery-operated radio/

Extra clothing/bedding

electric can opener

Non-perishable food

· First aid kit

Money

Whistle





- Medications (for at least 1 week)
- · Paperwork outlining current medications, dosages & instructions
- · Copies of important documents
- diapers, bottles, pacifiers, etc.
- If you have children books,

Be Ready Iowa 🗹

· Extra batteries



- If you have infants formula,
- toys, games, etc.

Family Emergency Plan-Wallet Card Beready Iowa Y

FAMILY EMERGENCY CONTACT (C)PHONE

CONTACT #2 (C)PHONE

CONTACT #3 (C)PHONE

CONTACT #4 (C) PHONE

© DIAL 911 FOR EMERGENCIES POISON CONTROL 1-800-222-1222 FOLD HERE

> CONTACT #5 (C)PHONE CONTACT #6 (C) PHONE CONTACT #7 **©PHONE**

NEIGHBORHOOD MEETING SPOT

MEETING SPOT OUTSIDE OF NEIGHBORHOOD





- Water (3-5 day supply)
- Non-perishable food
- · First aid kit
- Money
- Whistle
- Personal hygiene items
- Extra clothing/bedding
- Plates, cups, utensils, nonelectric can opener
- Portable battery-operated radio/ weather radio
- · Battery-operated flashlight
- Extra batteries
- · Medications (for at least 1 week)
- · Paperwork outlining current medications, dosages & instructions
- Copies of important documents
- If you have infants formula, diapers, bottles, pacifiers, etc.
- If you have children books, toys, games, etc.

FOLD HERE

FOLD HERE

weather radio



- Water (3-5 day supply)
- · Non-perishable or canned food
- Medications
- · Pet carrier, leash



- · Paperwork outlining current medications, dosages & instructions
- Copy of current vaccination record
- · Small toys, blankets, etc.

VET/ANIMAL CLINIC (C) PHONE

VET EMAIL 🖅 **(** VET FAX

KENNEL **©**PHONE

PET SUPPLY KIT 🌟 🥻







- Water (3-5 day supply)
- · Non-perishable or canned food
- Medications
- · Pet carrier, leash
- · Paperwork outlining current medications, dosages & instructions
- · Copy of current vaccination record
- · Small toys, blankets, etc.

VET/ANIMAL CLINIC (C) PHONE

VET EMAIL 🖅 **♥** VET FAX

KENNEL **©**PHONE



(i) WALLET CARD (BACK)

MY MEDICATIONS	
MY DOCTOR	(C)PHONE
DOCTOR EMAIL 🖅	© DOCTOR FAX
PHARMACY	© PHONE

EMERGENCY KIT FOR YOUR VEHICLE



- · Flashlight with extra batteries
- · First aid kit with pocketknife
- · Blankets and/or sleeping bags
- Plastic bags, moist towelettes & hand sanitizer
- Matches
- Whistle
- · Rain gear & extra clothes
- · Jumper cables
- Life Hammer[®], ResQMe[™] or other emergency hammer
- Brightly-colored cloth to use as a flag
- Bottled water
- Canned/prepackaged fruit & nuts & non-electric can opener
- Small shovel & other tools
- Window scraper*
- Extra set of mittens, socks & wool cap*
- Small sack of kitty litter or sand for traction*

*In winter months

SHELTER-IN-PLACE PLANNING



- Designate a safe room in your home. It should be an interior room where you are able to close and seal all doors, windows and vents.
- Remember to have your emergency supplies handy, including those for children and pets.

EVACUATION PLANNING



- Identify primary and secondary evacuation routes in buildings you frequent (e.g. home, work).
- If you have a car, make sure you always have at least half a tank of gas in case you need to evacuate.
- If you do not have a car, plan how you will leave if you need to evacuate.
- Become familiar with alternate routes and other means of transportation out of your area.
- Remember to take your emergency supply kit with you, and make sure everyone in the home knows where the kit is located.
- Lock the door to your home and leave a note telling others when you left and where you are going.
- Check on elderly neighbors and those with special needs. If you have room and there is time, offer them a ride. You may wish to make arrangements before an emergency.



Dial 5-1-1 or 1-800-288-1047 for road closure information, or visit www.511ia.org.

MY MEDICATIONS	
MY DOCTOR	© PHONE
DOCTOR EMAIL ₹=7	© DOCTOR FAX
PHARMACY	(C)PHONE

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(i) WALLET CARD INSTRUCTIONS

- Complete the wallet cards using the information from your family emergency plan. Each family member should have a card. (Pages 1 and 2 should be printed back-to-back.)
- 2. Cut around the dotted lines of the cards. Do not cut between each card panel.
- 3. Fold accordian-style, along the designated lines.
- 4. When folded, cut the corners off your card.
- 5. Keep in a wallet, purse, or book bag at all times.









