



New Jersey Wave Technology Code of Honor

In the electronic age in which we live, every member of the New Jersey Wave Team needs to be aware of the far reaching effects of data posted to web sites, email, and other electronic mediums. This includes photos posted to web sites, text messages that contain inappropriate language or information that is private or confidential, blog sites, and messages posted to sites like Twitter, Face book, etc.

We, as your coaches, do not want to have any team member's future or career jeopardized due to a careless or thoughtless impulsive action. We all recognize that the words and photos that we post on-line are there for everyone to read and view. We have seen the high price that people pay for careless mistakes and poor choices.

Before posting anything to the internet or texting to someone, we would like each New Jersey Wave member to ask themselves the following questions:

- 1) Would I send this message or photo to my parents?
- 2) Would I send it to my coach or teachers?
- 3) Would I send it to my pastor, priest, rabbi or other religious leader or mentor?
- 4) Would I want it sent to myself or one of my family members?

If you cannot answer "yes" to all of the above questions, perhaps you should hit the "delete" button. Your future is too important to be affected by an action that is impulsive and rash.

In an effort to help each member attain a performance standard above reproach or criticism, the following is a list of rules in the use of electronic equipment:

USE OF CAMERAS: Under no circumstances will cameras be allowed in locker rooms. If your cell phone has a camera device, it may never be used in a locker room. Taking photos in a locker room is strictly prohibited. Photos will be confiscated or deleted. No photos containing nudity or inappropriate expressions or hand signals of any New Jersey Wave members will be sent, forwarded or posted.

TEXT MESSAGES: The texting of inappropriate language, use of swear words and foul language, divulging of personal or private information of another member without their consent is inappropriate behavior.

FACEBOOK/SOCIAL NETWORK SITES/ BLOGGING SITES: The posting of any messages of sexual content and / or inappropriate nature is strictly prohibited. The posting of other teammate's names and/or personal information without that individual's consent is strictly prohibited.

CONSEQUENCES: Any violation of these rules, depending on the severity, will result in at a minimum of a verbal warning, to a disciplinary meeting between the violator, parents and the coach. Consequences can range from a one week suspension from practices and meets, to the member being excluded from the next meet and/or travel trip, or even expulsion from the team but ultimately to be decided by the Head Coach.

Your signature below indicates full compliance with this policy.

Swimmer Signature: _____ Date: _____

Parent Signature: _____ Date: _____