

**Section 10-3**

## **Note Taking Guide**

### ***Your Excretory System*** (pp. 254–258)

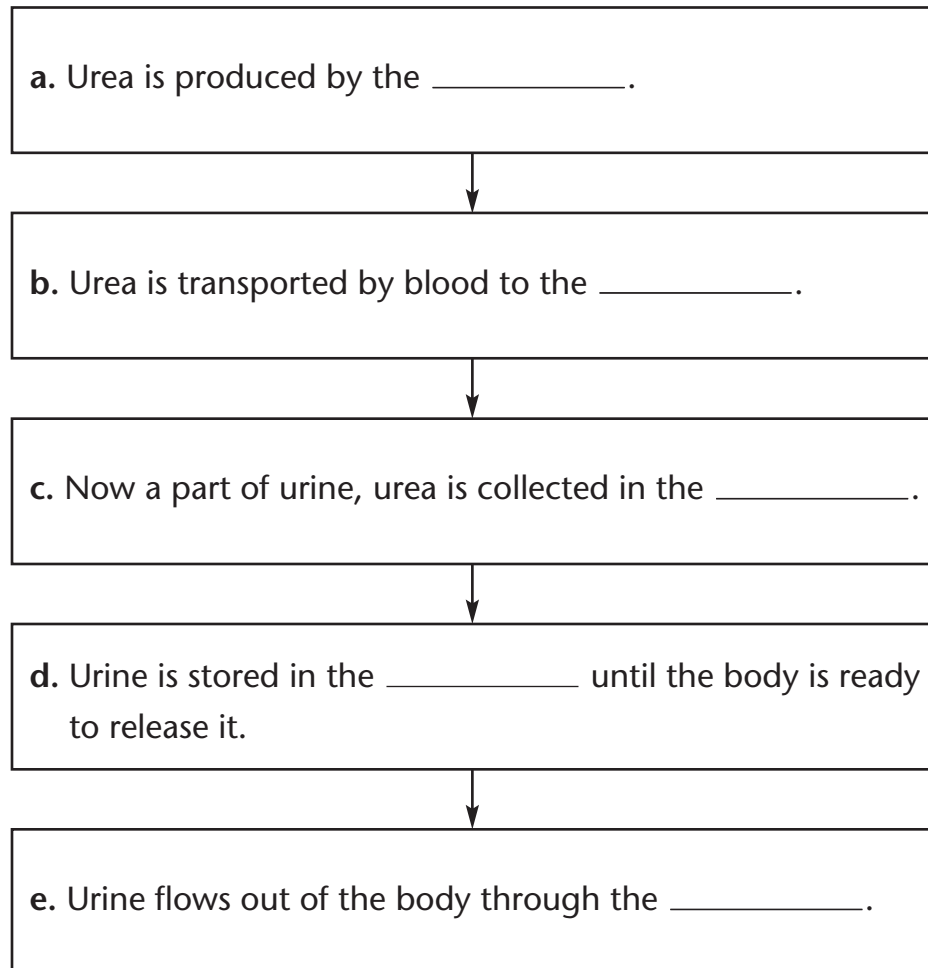
#### **Organs of Excretion**

1. List four organs of excretion.

a. \_\_\_\_\_ c. \_\_\_\_\_

b. \_\_\_\_\_ d. \_\_\_\_\_

2. Complete the flowchart about the sequence in which urea is excreted from the body.



Name \_\_\_\_\_ Class \_\_\_\_\_ Date \_\_\_\_\_

### Section 10-3: Note Taking Guide *(continued)*

#### Filtration of Wastes

3. Briefly describe the two steps in which nephrons filter wastes.

a. \_\_\_\_\_

\_\_\_\_\_

b. \_\_\_\_\_

\_\_\_\_\_

#### Keeping Healthy

4. Complete the sentences about how to keep the kidneys healthy. Use the phrases from the box below.

eat a low-salt diet

receive dialysis treatments

take prescribed medicines

drink plenty of water

a. To dilute harmful substances, \_\_\_\_\_

\_\_\_\_\_.

b. To treat infections, \_\_\_\_\_

\_\_\_\_\_.

c. To prevent kidney stones, \_\_\_\_\_

\_\_\_\_\_.

d. To treat kidney failure, \_\_\_\_\_

\_\_\_\_\_.