

FREE

Vol. 23 Issue 34/12

Friday 24th - Thursday 30th Aug 2012



KINSALE ADVERTISER

INCLUDING THE WEEKLY **WHAT'S ON** GUIDE TO KINSALE & DISTRICT

Tel: 021 477 4313 :: Email: info@kinsaleadvertiser.com :: Fax: 021 477 4339



Perryville Gift Shop & Garden Tea Room

LONG QUAY, KINSALE

Breakfast ~ Lunch ~ Afternoon Tea

Open Mon-Sat:
9.30am-5.00pm




www.perryvillehouse.com

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HOTEL & C SPA
KINSALE

★★★★



Spa Day

not to be missed @ the Carlton Kinsale

- Enjoy a hot oil Full Body Massage, Elemis Skin Modern Facial and Foot Ritual
- Finish off your Spa Journey in our Rockpool Bar & Restaurant with a light lunch.
- All treatments include full use of Pool and Leisure facilities and Relaxation area with Complementary Fruit, Juices and Herbal Teas

From Only €99

Midweek only Monday - Thursday

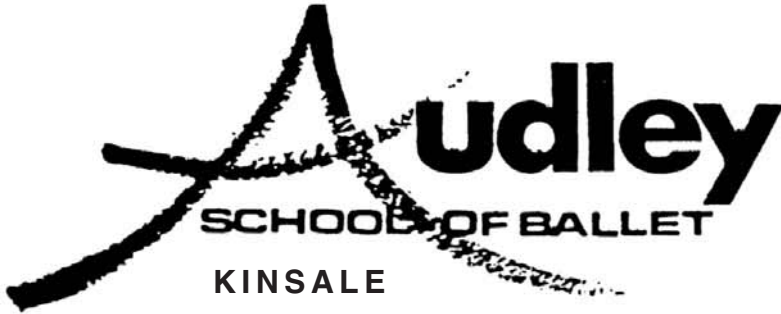
Book Now. Call (021) 470 6625

Email: kinsalespa@carlton.ie
www.carlton.ie/kinsale



Subject to Availability
T&C's apply

PART OF THE
CARLTON
HOTEL GROUP
★★★★



Re-opens
Monday 10th September

Classes each Monday (Starts 10th September)
St. Multose Hall from 2.30pm.

New students welcome - Class numbers restricted.

New Class for 3-5 year olds

Enrol now by completing form below and returning to:
Audley School of Ballet, 19 Granary Wharf, Passage West.

ENROLMENT FORM

Please use capitals when filling in this form

Surname: _____

Christian Name: _____

Address: _____

Tel. No.: _____

Date of Birth: _____

Audley School of Ballet, 19 Granary Wharf, Passage West.

Tel: 087 948 1168



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Call in:

Emmet Place,
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The White House

FULLY LICENCED GUESTHOUSE & BAR

Breakfast Served from 8am-12noon
Food Served Daily from 12noon-10pm

Special Set Menu

3 Courses €25 / 2 Courses €20

~ *Live Music* ~

Friday 24th August

Shane & Friends 9.30pm

Saturday 25th August

Liam O & Ger 10.30pm

Sunday 26th August

Mike O'Riordan 9.30pm

Thursday 30th August

Shane & Friends 9.30pm

Your hosts The Frauley Family & Staff

Tel: 021-4772125

www.whitehouse-kinsale.ie



Fasttrack Broadband

**Providing High speed
broadband in your area!**

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No Phone line needed - No line rental
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Ballinadee, Bandon, Co. Cork

email: info@fasttrackbroadband.ie

web: www.fasttrackbroadband.ie

THINGS TO DO IN KINSALE...



KINSALE POTTERY

ONE-DAY ADULTS POTTERY OR
CHILDRENS' ARTS AND CRAFTS:
DATES AT WWW.KINSALECERAMICS.COM
OR CALL ADRIAN: 087 9696 901



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EXPERIENCE NOT ESSENTIAL - TRAINING PROVIDED.
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SPECTACULAR VIEWS OF KINSALE & HISTORIC
SITES. CHILDREN FREE MON-FRI. T: 086 2505 456
WWW.KINSALEHARBOURCRUISES.COM

FOR FURTHER INFORMATION PLEASE
CONTACT THE SERVICE PROVIDER DIRECTLY
OR THE KINSALE TOURIST OFFICE



**Bulman Bar
& Toddies
Restaurant**
SUMMERCOVE, KINSALE

~ **Live Music** ~

Saturday 25th August

Crazy Chester

from 10.15pm

Sunday 26th August

Sling (Galway)
from 7.30pm



Bulman

~ **Bar Food** ~

Served 7 Days, 12.30pm-5pm

Bulman

~ **Bites Menu** ~

Served in the bar
Mon-Sat 6-9pm

Toddies

~ **Restaurant** ~

A la Carte menu
Mon-Sat, 6pm-9.30pm

T: 021 477 2131
www.thebulman.ie



**The 36th Kinsale
Gourmet Festival**
12th-14th October 2012

Tickets are on sale now at
www.kinsalerestaurants.com
or by calling Finishing Services
on 021 4773571



CHARLES FORT

**TEA
ROOMS**

OPEN DAILY 10AM TO 5PM

HERITAGE WEEK 2012

FREE ENTRY

TO CHARLES FORT
SUNDAY 26TH AUGUST

Please Contact Charles Fort At (021) 477 2263 For Details



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NEW WEBSITE!!!

**Deep Sea Angling
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38ft Aquastar, Operating All Year!

- Full & 1/2 Day Trips
- Shark Fishing
- Stag Parties etc.
- Scenic Tours Include
The Old Head etc.
- Whale/Dolphin Tours



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T: 021 477 8054

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email: info@anglingkinsale.com

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lunchboxes... and loads more
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for half nothing!!!

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(lotto nights)

mon & thurs 9-6 sun 12-5

market st, kinsale 4774282

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FITNESS • FUN • FRESH AIR
GET FIT OUTSIDE ...FEEL GREAT INSIDE

An outdoor, military style fitness program designed to get men & women of all fitness levels into shape fast.

NEW EVENING COURSE

Starting in Kinsale 28th Aug
Tuesday & Thursday @ 6.40pm
Course runs for 8 weeks and costs €150
Diet Plan Included.

Personal & Small Group Training Also Available

for further information or to book your place log onto:

WWW.REBELBOOTCAMP.IE

OR CALL MARK:

086 880 9542

EMAIL INFO@REBELBOOTCAMP.IE



FUN FOR FAMILY & FRIENDS!

FAMILY FUN

Kayaking, Orienteering, Archery,

WINDSURFING, KAYAKING & SAILING

Taster Days & Private Lessons
Introductory Sailing, Windsurfing
or Sea Kayaking Lessons

KIT HIRE

Dinghies, Kayaks, Windsurfers

Saturday 25th August : 11.30am - 6pm (last rental 4.30pm)

Monday 27th August: 12pm - 5pm (last rental 3.30pm)

Tues, Wed, Thurs 28th - 30th Aug: 11am-8pm (last rental 6.45pm)

Friday 31st August: 11am - 5pm (last rental 3.30pm)

Pre-Booking Essential

Tel. 021-4770738

info@oysterhaven.com

www.oysterhaven.com



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years making
a difference
Ecclesiastical

Padraig Fitzgerald of PJFitzgerald Insurance, is the sole appointed broker in Kinsale & West Cork for Ecclesiastical Insurance, Ireland's leading insurer for community groups, playschools & charities.

FOR FURTHER ENQUIRIES:

Tel: 021 4772001 / 021 4772332

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PJF Insurances Ltd t/a PJFitzgerald Insurances is regulated by the Central Bank of Ireland.

A traditional bar in the heart of Kinsale

Seanachai

Great Guinness &
a warm welcome!

The Best of Irish Trad
& Folk, Monday-Sunday



-Friday 24th August

Dublin Peter

Irish Folk & Ballads

-Saturday 25th August

Barry Tierney & Co.

Local Legend 'Rockin' Tr!

-Sunday 26th August

Liam O'

The Best of Folk & Ballads!

**Your Ideal
Party Venue**
...Call In & See!!



MARKET ST., KINSALE.
TEL: 086 163 3596



NEW CAR INSURANCE SCHEME FOR 18-24 YEAR OLD DRIVERS



- with
- ✓ No Claims
- ✓ Clean Licence
- ✓ Clear Record

Contact:

021 4772001 / 021 4772332

PJF Insurances Ltd t/a PJFitzgerald Insurances is regulated by the Central Bank of Ireland.

Anika & Sandra

Massage, Beauty, Hair & Nail

Pearse Street, Kinsale (above Londis - entrance is between Londis & Armada Bar)

Tel: 087 783 9626

Treatments offered by highly Qualified therapists at reasonable prices.

~ Beauty ~

NEW MESOSTYLE FACIAL ...only €65

Mesotherapy treatment without needles! Facelifting, skin rejuvenation with electroporation. The Mesotherapy treatments are the most effective way to penetrate active ingredients into the deep layer and cells of the skin.
(6 sessions for the price of 5)

MICRODERMABRASION FACIAL ...only €50

With free eyelash tint and eyebrow shape

EYELASH, EYEBROW TINT & SHAPE ...only €18

All waxing services at reasonable rates

~ Massages ~

BACK-NECK-SHOULDER

(30min) *only* €20

MULTI-VITAMIN FULL BODY MASSAGE

(60min) *only* €40

SWEDISH MASSAGE

(60min) *only* €40

DEEP TISSUE MASSAGE

(60min) *only* €40

SPORT MASSAGE

(60min) *only* €40

GOLFERS MASSAGE

(60min) *only* €50

~ Nails ~

SPA MANICURE

only €15

SPA PEDICURE

only €35

SPA PEDICURE & MANICURE

only €45

GEL VARNISH

(lasts up to 3 weeks)
only €25

GEL/ACRYLIC FULL SET

only €45

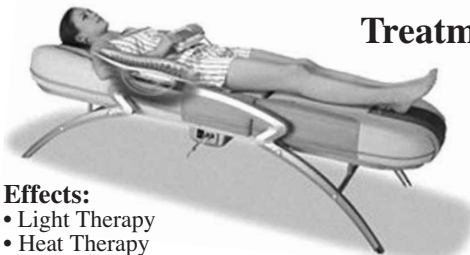
~ Beauty Pamper Package ...only €80 ~

(Full Body Massage + 60min Beauty Facial with Free Eyebrow Shape, Eyelash Tint, Hand Massage)

NEW Thermo Acupressure Massage Bed

(a Medical Aid)

Treatment takes 40min - €20



Effects:

- Light Therapy
- Heat Therapy
- Massage
- Acupressure

Recommended...

- ...in musculoskeletal disorders
- ...in spinal conditions, rheumatic problems
- ...for the treatment of internal inflammations
- ...in skin conditions (psoriasis, eczema, moles)
- ...in osteoporosis
- ...in allergy, asthma, chronic rhinitis
- ...for weight loss
- ...for immunostimulation
- ...for improving eyesight
- ...for migrainous headache

Gift Vouchers Available ~ Open Mondays to Saturdays

SPECIALIST FOOTCARE/CHIROPODY CENTRE



✓ Health Board Approved

Haven Bay
Podiatry Clinic

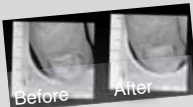
Laura Hagger

Chiroprapist/ Podiatrist D.Pod.M, M.Ch.S.I, S.R.Ch.

***NEW* The Cutera Genesis+**



For drug free treatment of fungal nails and quick effective treatment of verrucae.



Routine Footcare • Specialist Diabetic Footcare
Nail Surgery • Orthoses & Insoles • Sports Injuries
Children's Foothealth • Verruca Treatment
Acupuncture • House calls now available

By Appointment: 021 477 9578

No. 26 Haven Bay Apt, Ballinacubby, Kinsale

THE LORD KINGSALE

Bar ~ Function Room ~ Guesthouse
Main Street, Kinsale. Tel 021 477 2371

Food Served
~Monday To Saturday~

Lunch Served
from 12pm (Mon-Fri)

Evening Menu Served
from 5.30pm (Mon-Sat)

~Live Music~

Sat 25th Aug: Tim Martin

Sat 1st Sept: Kevin McSweeney

All Private Functions Catered For
~ Ensuite Accommodation Also Available ~

The Market Garden

PEARSE ST., KINSALE. Tel: 021 477 4574

GENERAL GROCERY

Specialising in Fresh Fruit & Vegetables,
Dried Fruit, Nuts, Spices and Herbs...
Fruit Baskets Prepared Potatoes & Vegetables.

Open
Mon - Sat
9am to 6pm



Alto Holistics

44 Main Street, Kinsale

~ Treatments Available ~

Back, Neck & Shoulder€25
Swedish Massage€45
Reflexology€45
Aromatherapy€45
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Indian Head Massage€45
Lymphatic Drainage€45
Sports Massage€50

~ THE HALF & HALF ~

Back Massage
& Reflexology
Only €50

~ GIFT VOUCHERS ~

late appointments available
by advanced booking

10% Off
EVERY WEDNESDAY

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The Folk House



Music Venue Guardwell - T: 021 4772382
www.folkhousevenue.com



**CHECK OUT
OUR WORLD
BEERS MENU**

**UNRIVALED SELECTION
INCLUDING:**

Fuller's Honey Dew Lager,
O'Hara's IPA, Old Speckled Hen,
Hobgoblin Ale,
London's Pride Ale

NEW ON TAP:

O'Hara's Red Ale,
Stowford Press Westons Cider,
Jennings' Slap & Tickle,
Metal Man Cask Ale,
8° Howling Gale
Abbot Ale,
Carrig Irish Craft Lager

---LIVE MUSIC---

FRI 24th SLING
5 Piece Celtic Rock Band

SAT 25th CADILLAC CATS
4 Piece Blues & Rock Covers

SUN 26th BIG ORDEAL
4 Piece Rockin Covers

THURS 30th BLUEJAYS
5 Piece Funk, Soul & Jazz

FRI 31st INDIGO

**SAT 1st FANTASY
JAM BAND**

**ALL SPORTS
SHOWN**
ON OUR 2 BIG SCREENS

GREEN ROOM
ALL PARTIES
CATERED FOR
FROM 3 TO 300

Bacchus Nightclub



Guardwell Kinsale

FRI 24th AUG - DJ Garian
90s Club Classics & Chart. Doors 11:30pm - FREE b4 12:00am

SAT 25th AUG - DJ Sean
All the Old & New Classics. Doors 11:30pm - FREE b4 12:00am

THURS 30th AUG - DJ Mark
All the Old & New Classics. Doors 11:30pm - FREE All Night



KINSALE COLLEGE OF FURTHER EDUCATION



**Interested in developing your talents?
...Maybe we can help!**

We have interesting courses to help you develop new skills which may help you in your search for employment or if you simply want to add another string to your bow!

We offer the following FETAC Level 5/6 courses commencing September 2012:

ART • CHILDCARE • CARING FOR THE ELDERLY • HOTEL AND CATERING
COMPUTER SKILLS • THEATRE PERFORMANCE • HORTICULTURE
OUTDOOR EDUCATION INSTRUCTORS COURSE • TOURISM & TRAVEL
MULTIMEDIA • TV & FILM PRODUCTION

Why not call in and pick up relevant flier or contact the college at

Tel: **021 477 2275** Email: **kinsalefurthered@eircom.net**

www.kinsalefurthered.ie

Eat • Drink • Sleepover



CUCINA

9 Market St., Kinsale T: 021 4700707

**BREAKFAST :: BRUNCH :: LUNCH
COFFEES & CAKES**

Open Monday to Saturday:
8.30am-4pm

**EVENING DINING
@ CUCINA**

Thursdays, Fridays
& Saturdays from 6pm

-Private Parties Catered For-
B&B Also Available



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PROTECTION**



**AA firesafety
TRAINING**

AA firesafety GROUP

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- Fire Hoses - Stand Pipes, Keys & Bars
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- Health & Safety training

086 265 4375 or 021 477 5868

mark@aafiresafety.ie

www.aafiresafety.ie

Mark Costelloe, Director, Ballyvrin, Dunderrow, Kinsale, Co. Cork

Open Fridays & Saturdays from 6pm
@ The Blue Haven Hotel



The Fishmarket

RESTAURANT @ THE BLUE HAVEN

Offering a stunning interior in a wonderful atmosphere right in the centre of Kinsale & located on the site of the oldest Fishmarket in the town which dates back to 1784. The Fishmarket Restaurant offers the very best fresh fish featuring a variety of great selections, made from only the freshest and highest quality ingredients. With dishes such as Crab & Avocado Salad, Smoked Salmon Fillet, Fillet of Sea Bass and more, you'll be sure to find something to satisfy your palate. The Blue Haven prides itself on its superb cuisine, great atmosphere and delightful staff and we want you to experience it!



So come and experience The Fish Market Restaurant for its mouth watering seafood, variety of wines, great service, pleasant setting and unique dining experience every time you visit. **Open Fridays & Saturdays, from 6pm.**



Thank you to all our regular customers at The Blue Haven Café

Today, Friday 24th at The Blue Haven Café we are putting on a special blend for the day! As a thank you to all our regular customers we have

BUY ONE, GET ONE FREE on every coffee purchased. Call in today.



T: 021-4772209

www.bluehavencollection.com



www.twitter.com/kinsaleneews



www.facebook.com/KinsaleNews



THE HOUSE OF HAIR

Guardwell, Kinsale Prop. Donna Murphy

**NEW @ HOUSE OF HAIR
BLOWDRY BAR**

**STRAIGHT BLOWDRY €10
CURLY BLOWDRY €15
EVERY MONDAY & TUESDAY**

**FOR AN APPOINTMENT:
CALL 021 477 2526**

Open Mon: from 10am. **Tues, Wed & Fri:** 9am-6pm
Thurs: 9am-Late (by Appointment) **Sat:** 8.30am-5pm

Enrolment for Kinsale Sept 2012 Classes



Baby Sensory (3 months - pre-walking, with carer)
Mirror dances, infant instruments, sensory light balls, baby drums, cuddle and tickle songs... a beautiful way to explore music with your baby.

Toddler Music & Art

(Walking - 3 1/2 years, with carer)
45 minutes of music and 30 minutes of art all in the one class. Action songs, boomwhackers, drums, movement and percussion instruments. Painting, sticking, dough and creating something to bring home each week.

Twinkles (4 - 7 years)

Instrumental playing, stage work, action songs, development of musicianship and confidence. Mini orchestra & mini musicals.



MUSIC MAKERS

First Steps in Music



www.musicmakers.ie

Musical Theatre (1st Class upwards)

For pupils who wish to combine music, singing, drama and dance into one class. Children's musicals, theatre games, improvisation, voice projection and clarity.

Instrumental Classes

Beginners to diploma level. Adults & Children. Junior pupils have free admission to Musicmakers choir and orchestra. Concerts, duet workshops and optional exams.

- Piano
- Flute
- Tin Whistle
- Keyboard
- Folk Guitar
- Drum Kit
- Banjo
- Electric Guitar
- Bodhrán
- Recorder - Descant & Treble
- Voice Training & Singing
- Music Theory & Appreciation
- Junior & Leaving Cert Grinds
- Violin
- Ukulele

Adult Classes Also Available

For enquiries or to enrol contact: Caroline Malone B.Mus. H.Dip.Ed.

087- 9513589 / 021- 4700024 email: info@musicmakers.ie

www.musicmakers.ie



HAMLETS

CAFÉ BAR, KINSALE Tel: 021 477 2939

**FULL MENU SERVED DAILY
FROM 12 NOON**

**FANTASTIC ITALIAN
EVENING MENU**

FROM 5pm
Pizzas a Speciality

PIZZA TAKEAWAY ALSO AVAILABLE

**:: LIVE MUSIC ::
THROUGHOUT THE WEEK**

Every Sunday	Crazy Chester
Every Tuesday	Sonnie & Friends
Every Wednesday	The Niall Mc Cabe Band
Every Thursday	Darren and Friends
Every Fri & Sat	DJ Mark
Friday 24th August	Crazy Chester
Friday 31st August	Smoking 45s

:: PARTIES & BBQS ::

:: VIP LOUNGE ::

:: COCKTAIL TRAINING ::

:: ALL SPORTS SHOWN ::

www.hamletsofkinsale.com

Coming soon: 80s Party @ Hamlets - Fri Sept 21st!

Call in today to experience some great food, great atmosphere and great service!



www.twitter.com/kinsalenews



www.facebook.com/KinsaleNews



KINSALE PILATES STUDIO



New Pilates Courses

Starting Monday 10 September
(6 & 8 Week Courses)

-Monday-

10am Intermediate & Advanced
11.15am Beginners & Postnatal

-Tuesday-

6.45pm Intermediate
& Advanced

8pm Antenatal Pilates

-Thursday-

10am 50+ Pilates & Back Care

6.45pm Intermediate

8pm Intermediate & Advanced

Maximum of 6 people per class
Private 1:1 sessions also available

Phone Trudy
087 610 6285

Located at the top of Featherbed Lane, 5 minutes walk from Kinsale Town Centre. All classes are taught by an experienced STOTT™ Pilates certified instructor.



HERBALIFE.

Independent Distributor

Affordable and effective

- Personalised wellness programmes
- Weight management solutions
- Sport, energy & fitness - introducing BRAND NEW H24!!!
- FREE Wellness evaluation, metabolism & body fat tests
- Weight Loss Challenge Classes only €45 for 12 weeks - Lose weight & win cash prizes!

Call: RONI 021 477 7891 or 086 8316681



The Spaniard

Scilly, Kinsale

~ Live Music ~

Friday 24th August

Martin & Friends, 9pm

Saturday 25th August

For Folk Sake, 9.30pm

Sunday 26th August

Michael & Jimmy, 6pm-8pm
with Sing Along

Wednesday 29th August

Our Famous Trad Sessions

with Tom - All musicians welcome!!!

~ Bar & Restaurant ~

Lunch 12pm-3pm, Mon-Fri, Food All Day, Sat & Sun
Restaurant Open 6pm Nightly, All Menus Available

~Private Functions Catered For~

Tel: 477 2436 www.thespaniard.ie



Another 7lb 10oz reason to take out Life Cover

Protect your most valuable asset
Life assurance cover starts from as little as €12 per month. For an appointment contact Pdraig Fitzgerald, PJ Fitzgerald Insurance, 27 Pearse Street, Kinsale, Co. Cork.

Online underwriting, cheaper premiums, quicker cover

Tel: 021 477 2001
or: 021 477 2332

www.pjfitzgeraldinsurance.com

5% DISCOUNT
on NEW Life Assurance
Policies taken out in July

pjfitzgerald

Does your lack of
computer skills hinder you?

Have you considered our flexible

Computer & Business Course?

KINSALE COMMUNITY SCHOOL
**Fetac Computer
& Business Course**
Commencing Wednesday 5th Sept 2012

Surf the internet with ease
Send & receive e-mail
Create simple web pages
competently

Investigate the world of work
Prepare a CV
Improve communication skills

Understand the impact of
information technology on
personal & working life

Learn to manage files
& folders on your computer

Develop basic skills in
database & computer graphics

Manage your accounts
& simplify your budget
with spreadsheets

Unravel the mysteries
of word processing

Prepare documents with confidence

- No previous experience necessary
- Suitable for all
- Flexible hours
- Reasonable tuition fees
which may be paid in instalments
- Grants available
- Courses lead to 3rd Level FETAC
recognised qualification

Enrolment:
**Tuesday 4th
September**
9.30am - 12pm



ECDL will also be available from September 2012 and is
designed for people with competent computer skills only



KINSALE COMMUNITY SCHOOL
(021) 477 3174

Email: daycourses.kcs@gmail.com
www.kinsalecommunityschool.ie

LUCY FRENCH

SCHOOL OF DANCE

New Term Starts
Monday 3rd September

Enrolling Now!!!

:: MONDAY

3.30-4.00 Natural Movement
4.00-4.45 R.A.D Pre Primary Ballet (Full)
4.45-5.45 R.A.D Grade 1 Ballet
5.45-6.45 R.A.D Grade 3 Ballet (Full)
6.45-7.45 R.A.D Grade 5 Ballet
7.45-8.45 R.A.D Inter Ballet (must have prior experience)

:: TUESDAY

3.30-4.30 Hip Hop A (Age 8-10)
4.30-5.30 Hip Hop B (Age 11-14) (Full)
5.30-6.30 Hip Hop C (Age 11-14)
6.30-8.00 Senior Hip Hop (Age 15+) (Full)
8.00-9.00 Adult Jazz

:: WEDNESDAY

3.30-4.00 Natural Movement
4.00-4.45 R.A.D Pre Primary (Full)
4.45-5.45 R.A.D Primary
5.45-6.45 R.A.D Grade 1 Ballet (Full)
6.45-7.45 R.A.D Grade 3 Ballet (Full)
7.45-9.00 Contemporary
(15+ must have ballet experience)

:: THURSDAY

3.30-4.30 Jazz A (Age 6-8) (Full)
4.30-5.30 Jazz B (Age 8-10) (Full)
5.30-6.30 Jazz C (Age 10-12) (Full)
6.30-7.45 Senior Jazz (Age 12+)
7.45-9.00 Jazz Repertoire
(Age 15+ must have prior experience)

:: FRIDAY

3.30-4.15 Boy's Streetdance (Age 6-8)
5.15-6.15 R.A.D Grade 5 Ballet
6.15-7.00 Boy's Streetdance (Age 9+)
7.00-8.30 R.A.D Inter Ballet and Pointe
(must have prior experience)

Tel: 087 9521463
or: 021 4773553

www.lucyfrenchschoolofdance.com

The Speckled Door

Old Head, Kinsale. T: 021 477 8243 www.speckleddoor.com

Spectacular Views of Kinsale Harbour
from bar, restaurant, patio & beer garden!



10 minutes drive from Kinsale
Ample Parking & Wheelchair Facilities.

Food Served 7 Days
12.30pm - 8.45pm
~ Seafood & Steaks A Speciality ~
Also Kid's Menu & Selection of Sandwiches

KINSALE PILATES STUDIO



Antenatal Pilates 6 Week Courses

Starting Tuesday 11th September, 8pm
(For women in their 2nd & 3rd trimester)

- * feel calm, relaxed and energised
- * strengthen 'core' muscle groups
 - * improve posture
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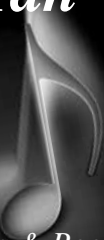
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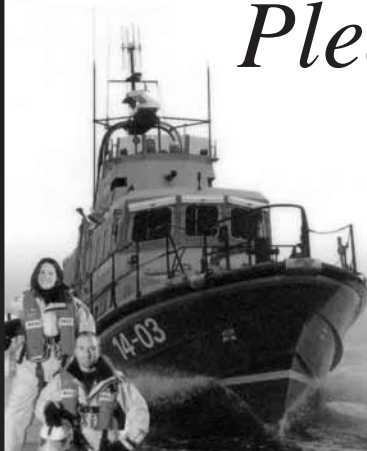
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Don't forget to have your pet's vaccinations up to date! ...see your vet!

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PIANO LESSONS

- Individual Lessons (20 or 30mins) 
- Adults & Children welcome
- R.I.A.M. Exams 
- Enrolling now for September 2012

Contact Gwyneth (Ballinspittle)

087 768 0387



Maths Grinds

023 8849523

Kilbrittain Area, 17 years experience.
Second and Third level, Includes Project Maths.

Creative Writing Workshops for Teenagers



Saturday mornings
Starting 15th September

One-to-one classes
also available

Contact Niamh 087 759 7107

PROPERTY

TO LET: Ballinspittle area
Bedsit suitable for one person.
Tel: 087 677 9577

TO RENT: LANZAROTE

Beautiful one bedroom apartment with sea views in Matagorda, Lanzarote. Small quiet complex with heated swimming pool. Close to all local amenities, 5 minutes walk to the beach, 10 minutes from airport. Satellite TV including: RTE 1, Network 2, BBC's and ITV

087-2355 258
or **087-986 3302**

TO LET LONG OR SHORT TERM

DOUBLE ROOM EN SUITE AND SINGLE ROOM WITH SHARED BATHROOM, COMMUNAL KITCHEN/DINING AREA & LAUNDRY. PRICE RANGING FROM €75 - €120 PER ROOM PER WEEK THIS INCLUDES ALL CHARGES AND BROADBAND
OFFICE HOURS **021 477 4940**
AFTER HOURS **087 267 1904**

ANN'S HAIR CREATIONS

Ladies & Gents Hair Salon The Glen, Kinsale. T: 021 477 2030

AUGUST SPECIALS:

- Full Head Mèche inc cut/blowdry Only €65 every Thursday/Friday
- Short Hair Blow Dry only €15
- Also specialising in Herbal Colour & Balayage Technique

T: 021 477 2030

Tues to Sat: 9.15am-6pm

FREE
CAR PARK
BEHIND
SALON

**Ensuite Room To Let
Kinsale Town Centre**
Tel: **087 226 2101**

To Let: 2 Bedroom House Ardbrack, Kinsale.

Parking, Garden & Spectacular
Sea Views. Call **086 312 7507**

ROOM AVAILABLE

in 3 bedroom (student) house share.
9 month lease, all mod cons. Compass Quay.
T: **087-220 0177** or **086-321 3626**

HAIR, HEALTH & BEAUTY

FINTAN LYNCH

HAIRDRESSING

61 MAIN STREET, KINSALE
Tel: **021 477 3900**

Open Tues-Fri 9am-5.30pm | Sat 9am-4pm
OPEN LATE THURSDAYS UNTIL 8pm
NOW ALSO OPEN ON MONDAYS


COLOUR HERBE
Permanent Hair Colour

Booking
Advisable!

L'OREAL
PROFESSIONNEL



Enda's Hair Salon
Ballinspittle, Co. Cork.
021-4778776


COLOUR HERBE
Permanent Hair Colour

Open Tuesday - Thursday: 9am - 6pm
& Saturday: 9am - 5pm
Late Opening Friday: 9am - 7pm



Michelle's
Hair Creations
LADIES & GENTS

Open
Tuesday to Saturday
9.30am - 5.30pm
T: 021 477 3133
14 Pearse Street, Kinsale, Co. Cork

KINSALE ADVERTISER

DOWNLOAD THE ADVERTISER ON YOUR COMPUTER/iPHONE

www.kinsaleadvertiser.com

PDF uploaded every Thursday (3mb approx).
Back issues also available.

NOTICES

Kinsale Heritage Town Walk

DERMOT RYAN 086 826 7656

From The Tourist Office

at 10.30am Daily & 3pm (by Appointment)

Number 1 Kinsale Attraction & Cert of Excellence on



BEST GUIDE IN IRELAND AWARD

-IRISH INDEPENDENT

Adults €5, Children Free

Kinsale Gymnastics

Fridays @ St. Multose Hall

4-5pm (4-6yrs)

5-6pm (7-10yrs)

6-7pm (10yrs+)

(Times flexible to suit siblings)

**Starting Friday 21st Sept
for 10 weeks.**

To Book contact Sinead: 086 8360275

KINSALE SCRABBLE CLUB

**Will meet on Thursdays at 2pm
from September 6th in the
Lord Kingsale. All Welcome.**

DATE FOR THE DIARY

**Festival Of Flowers
'From The Rich Earth'
Sacred Heart Church, Belgooly
5th - 7th October 2012**

Entry €10 (inc refreshments)

Proceeds to Clontead Parish Funds, Kinsale Community
Hospital & The World Flower Show 2014

Further Details Eileen O'Brien 4773256
or Nicola Desmond 086 8515371

DON & BARRY'S HISTORIC STROLL, KINSALE

**From the Tourist Office @ 11.15am Daily
+ Our Early Bird @ 9.15am, Mon-Sat**

*"Excellent ...Kinsale's single
best attraction" - Rick Steves*

**www.HistoricStrollKinsale.com Tel: 087 2500731
Adults €6 / Children €1**

-CELEBRATING OUR 20TH SEASON-

*Ringrone allotment
in need of some TLC...*

AUTUMN PREPARATION IN EXCHANGE FOR USE OF VEG PATCH!

Please call 087 6728232

Get fit the fun way this Autumn...

'ZUMBA fitness classes

Commencing:

Wednesday 5th September, 10am

**@ Lucy French Dance Studio,
Kinsale Commercial Park.**

**Evening classes also available in Innishannon
Parish Hall Tuesdays & Thursdays 7.30pm.**

Classes enrolling now.

For more Info contact: 087 9514346

HARBOUR CRUISE

Departure Beyond Actons Hotel on board 'Spirit of Kinsale'



**Fri 24th Aug: 12, 2, 3 & 5pm
Sat 25th Aug: 12, 2 & 3pm
Sun 26th Aug: 12, 2, 3 & 5pm
Mon to Fri: 12, 2, 3 & 5pm**

**Complimentary Tea/Coffee Served
Cruises are subject to weather and tide.**

**T:086 250 5456
www.kinsaleharbourcruises.com**

for the very latest see... www.kinsaleadvertiser.com/whats-on

FRI 24th AUG

AN SEANACHAI:
Dublin Peter, 10pm.
ARMADA BAR:
Amarillo.
BACCHUS NIGHTCLUB:
with DJ Garlan, 11.30pm.
BLUE HAVEN: Hank Wedel & Edel Curtain, 10pm.
BOATHOUSE GALLERY:
Amélie Gagné Exhibition
Opening Night, 7pm
DERMOT RYAN'S HERITAGE WALKS: 10:30am & 3pm (by apt) From The Tourist Office.
DON & BARRY'S TOURS:
From The Tourist Office, 9.15am & 11.15am.
FOLKHOUSE: Sling.
HAMLETS: Crazy Chester.
HARBOUR CRUISE: From The Pier @ 12, 2, 3 & 5pm.
SILENT BANJO:
Live Music, 10.30pm.
SPANIARD BAR:
Martin & Friends, 9pm.
THE MARKET BAR: Mark McCarthy & Leon Buckley.
WHITE HOUSE:
Shane & Friends, 9.30pm

SAT 25th AUG

AN SEANACHAI: Barry Tierney & Co., 10.30pm.
ARMADA BAR:
Dan The Man.

Sunday Market & Car Boot Sale @ Ballinspittle Community Hall, 11am - 3pm

*Crafts * Antiques * Vintage & Books * Jewellery
Handmade Cosmetics * Plants * Bags * Cafe*

Sunday August 26th

Bookings: 085 1272156
ballinspittlemarket@gmail.com

5th Annual West Cork Honda Run *Bandon to Mizen & back*

Saturday 25th August 2012

All funds raised go to BASC, Bandon Area Special Children.
Departing from Bandon GAA Pavilion at 10.30am.

A Mass will be held for the
Late Edward Walker on Friday 31st August
at 10am in the Friary, followed afterwards
by tea & coffee in the Friary Centre.
Friends of Edward are very welcome to attend.

BACCHUS NIGHTCLUB:
with DJ Sean, 11.30pm.
BLUE HAVEN:
Crazy Chester, 10pm.
BULMAN, SUMMERCOVE:
Crazy Chester, 10.15pm.
DERMOT RYAN'S HERITAGE WALKS: 10:30am & 3pm (by apt) From The Tourist Office.
DON & BARRY'S TOURS:
From The Tourist Office, 9.15am & 11.15am
FOLKHOUSE: Cadillac Cats.
HAMLET CAFE BAR: DJ Mark.
HARBOUR CRUISE: From The Pier @ 12pm, 2pm & 3pm.
LORD KINGSALE:
Tim Martin.
SILENT BANJO:
Space Gypsies.
SPANIARD BAR:
For Folk Sake, 9.30pm.
THE MARKET BAR: DJ Ed.
WEST CORK HONDA RUN:
Leaves Bandon GAA at 10.30am.
WHARF TAVERN @ THE TRIDENT HOTEL:
Easybeats, 9pm.
WHITE HOUSE:
Liam O' & Ger, 10.30pm.

SUN 26th AUG

AN SEANACHAI:
Liam O', 9pm.
ARMADA BAR Free Beer.

BALLINSPIITTE MARKET:
Ballinspittle Community Centre, 11am-3pm.
BLUE HAVEN:
Elly & Friends, 9.30pm.
BULMAN, SUMMERCOVE:
Sling, 7.30pm.
CARLTON HOTEL & C-SPA:
Billy Crosbie & Sons Trio,
Afternoon Jazz, 12pm.
CHARLES FORT:
Heritage Week - Free Entry.
DERMOT RYAN'S HERITAGE WALKS: 10:30am & 3pm (by apt) From The Tourist Office.
DON & BARRY'S TOURS:
Tourist Office, 11.15am.
FOLKHOUSE:
The Big Ordeal.
HAMLETS CAFÉ BAR:
Crazy Chester, 9.30pm.
HARBOUR CRUISE:
From The Pier @ 12pm, 2pm, 3pm & 5pm.
SILENT BANJO:
Deirdre McCallum & Billy Crosbie, 5.30-7.30pm.
SPANIARD BAR:
Michael & Jimmy with Sing-Along, From 6pm-8pm.
THE MARKET BAR:
Katie Ann & Clem, 9pm.
WHITE HOUSE:
Mike O'Riordan, 9pm.

MON 27th AUG

AN SEANACHAI:
Dublin Peter, 9.30pm.
BLUE HAVEN: Trad with John & Friends, plus Irish Dancing.
DALTONS BAR:
Traditional Irish Music & Ballads.
DERMOT RYAN'S HERITAGE WALKS: 10:30am & 3pm (by apt) From The Tourist Office.
DON & BARRY'S TOURS:
From The Tourist Office, 9.15am & 11.15am.
HARBOUR CRUISE: From The Pier @ 12, 2, 3 & 5pm.

TUES 28th AUG

AN SEANACHAI:
Trad Routes, 9.30pm.
BLUE HAVEN:
Sonny & Friends, 9.30pm.
DALTONS BAR: Traditional Irish Music & Ballads.

DERMOT RYAN'S HERITAGE WALKS: 10:30am & 3pm (by apt) From The Tourist Office.
DON & BARRY'S TOURS:
From The Tourist Office, 9.15am & 11.15am.
HAMLETS CAFÉ BAR:
Sonny & Friends, 9.30pm.
HARBOUR CRUISE: From The Pier @ 12, 2, 3 & 5pm.

WED 29th AUG

AN SEANACHAI:
Peter Returns, 9.30pm.
ARMADA BAR:
Jamestown.
BLUE HAVEN: Trad with John & Friends, 9.30pm.
DERMOT RYAN'S HERITAGE WALKS: 10:30am & 3pm (by apt) From The Tourist Office.
DON & BARRY'S TOURS:
From The Tourist Office, 9.15am & 11.15am.
HAMLETS CAFÉ BAR:
Niall McCabe Band.
HARBOUR CRUISE: From The Pier @ 12, 2, 3 & 5pm.
SPANIARD BAR:
Trad Session with Tom.
TEMPERANCE HALL:
Tempo Café, 9pm-11pm.
Free Entry, 15yrs+.

THURS 30th AUG

AN SEANACHAI:
Liam O', 9.30pm.
BACCHUS NIGHTCLUB:
with DJ Mark, 11.30pm.
BLUE HAVEN: Trad with John & Friends plus Irish Dancing.
DALTONS BAR: Traditional Irish Music & Ballads.
DERMOT RYAN'S HERITAGE WALKS: 10:30am & 3pm (by apt) From The Tourist Office.
DON & BARRY'S TOURS:
From The Tourist Office, 9.15am & 11.15am.
FOLKHOUSE:
The Bluejays.
HAMLETS CAFÉ BAR:
Music with Darren & Friends.
HARBOUR CRUISE: From The Pier @ 12, 2, 3 & 5pm.
THE MARKET BAR:
Old No. 7.
WHITE HOUSE:
Shane & Friends, 9.30pm.



Fitzgerald & Partners
Auditors & Accountants,
No. 9 Pearse Street,
Kinsale, Co, Cork

Tel: 021-477-4500

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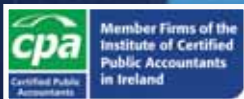
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