



CMV MEDICAL EXAMINER TRAINING PROGRAM

ALERT! - All commercial drivers whose current medical certificate expires on or after May 21, 2014, must be examined by a medical professional listed on the National Registry of Certified Medical Examiners.

Who can take your course?

Anyone licensed, certified or registered in their state to perform physical examinations. This includes NP, PA, MD, DO and DC.

How do I sign up for the course?

- ⇒ Go to cecenter.aanp.org and click on the green button on the right titled "CMV Examiner training."
- ⇒ Next click on the course title and read the description
- ⇒ When ready click on "Click here to login"
- ⇒ AANP members use your normal login, if you are not or do not wish to become a member of AANP then select "Create login for MyAANP" and once this is complete you will pay for the course
- ⇒ Non-nurse practitioners can be an associate member of AANP as long as they support the objectives of AANP and the NP profession
- ⇒ Members do receive a discounted rate for the course

"Thought the program was very well done!"

How long does it take to complete the CMV examiner training course?

It takes the average provider about 9 hours to complete. Each of the 12 modules are taken one at a time at your convenience and you can review the material as many times as you need for one full year.

Who developed the program?

The program was developed by two expert nurse practitioners, Jean Aertker DNP, ARNP-BC, COHN-S, FAANP and Wendy Paracka MS, ARNP-BC, FNP.

Wendy Paracka is the founder and owner of Remise Health Solutions in Tarpon Springs, Florida, an urgent care facility that provides occupational health services as well as care for acute and chronic patient conditions. She served for 3 years on the NRCME test development team as part of an expert group of medical professionals. She was recently asked to participate on the NRCME Medical Examiners Training and Education committee. Wendy conducts over 400 CMV Driver physical examinations annually.

Jean Aertker is owner and Director of Clinical Services for Tampa Occupational Health Services in Tampa, Florida. She is board certified as a Family Nurse Practitioner and Occupational Health Nurse Specialist. She has performed CDL examinations since 1992 for national, state and local transportation companies. In 2012, Dr. Aertker was appointed to serve on a national panel of independent medical experts for the NRCME Medical Examiner Training development Panel to develop the refresher training examination. Dr. Aertker is a member of the NRCME Champions Program to promote qualified medical personnel to conduct medical examinations for commercial motor vehicle drivers.

Does the program offer CE and is it accredited?

AANP meets the FMCSA qualifications to provide and accredited this course in accordance with AANP CE Standards and Policies and AANP Commercial Support Standards. This program offers 9 CE credit hours.

Do you have any study material I can use after I complete the course?

Yes! Once you have completed the course and received your certificate of completion you will receive a study guide containing over 120 study questions with answers and rationales. It also includes more resource links and information to help you find what you need to study and pass the certification exam.

"This course was very thorough and very informative. Would highly recommend it."

What happens after I complete the course and receive my certificate of completion?

You will log onto the [National Registry](#) and update your account with your training information. If you have not already set up your account then do so at this time. You will need the unique identification number assigned to you by the [National Registry](#) in order to sign up for the certification exam.

How do I sign up for the certification exam?

Log onto the [National Registry](#) and click on the "Find a Testing Organization" and put in the zip code where you wish to take the exam. All testing sites near the zip code you input will be listed.

Do I need to take any review course or recertify once I am a certified medical examiner?

Yes. Periodic training is required every 5 years to renew the FMCSA ME certification credential. It must be completed 3 years from the date the ME is certified. Periodic training is intended to keep the ME current with the latest FMCSA information. Be sure to stay up to date with FMCSA information by signing up on the [National Registry](#) website listserv.

"This program was very informative and the layout of each module was practical and easy to follow. I actually enjoyed the program. Thank you for taking the time to provide NPs with this program and certification eligibility."

COURSE CONTENT INCLUDES:

1. Background, rationale, mission, and goals of the FMCSA ME's role in reducing crashes, injuries, and fatalities involving CMV.
2. Familiarization with the responsibilities and work environment of CMV operation.
3. Identification of the operator and obtaining, reviewing, and documenting operator medical history, including prescription and over-the-counter medications.
4. Performing, reviewing, and documenting the operator's medical examination.
5. Performing, obtaining, and documenting additional diagnostic tests or medical opinion from a medical specialist or treating physician.
6. Informing and educating the operator about medications and non-disqualifying medical conditions that require remedial care.
7. Determining operator certification outcome and period for which certification should be valid.
8. FMCSA reporting and documentation requirements.

This ME training course conforms to FMCSA's training curriculum modules and topics on regulations and guidelines for conducting CMV driver medical examinations. FMCSA regulations and guidelines are reviewed regularly, and the training is updated as required. This course was last updated on May 7, 2014."