

Name: _____

Date: _____

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1. ☐ ☐ **Eating too much sugar causes diabetes.**
2. ☐ ☐ **Teens with diabetes can never eat sweets.**
3. ☐ ☐ **Teens can outgrow diabetes.**
4. ☐ ☐ **Diabetes is contagious.**
5. ☐ ☐ **High blood sugar levels are normal for some people and aren't a sign of diabetes.**
6. ☐ ☐ **People with diabetes can always feel if their blood sugar levels are high or low.**
7. ☐ ☐ **All people with diabetes need to take insulin.**
8. ☐ ☐ **Insulin cures diabetes.**
9. ☐ ☐ **Teens with diabetes shouldn't play sports or exercise.**
10. ☐ ☐ **Low-carb diets are good for people with diabetes because they should avoid carbs.**