### DIABETES CONFERENCE

REGIONAL BEST PRACTICES & SWEET TOPICS IN DIABETES CARE

JANUARY 16 -17, 2015 ROSSLAND, BC









#### FRIDAY, JANUARY 16/2015

Join colleagues for informative and important conversations about diabetes care and regional best practices in Kootenay Boundary. Get the latest update on Interior Health's Diabetes Strategy - a 3 Year Plan, and contribute your ideas on how to best deliver care locally and regionally within that framework. Hear about the future of virtual diabetes clinics and learn about the benefit of telehealth from a patient perspective. Learn from keynote presentations by Dr. Lee MacKay on the history of diabetes clinics in Kootenay Boundary, and Dr. Phillip Malpass on the role of Shared Care in diabetes care.

Suitable for specialists, GPs, nurse practitioners, dieticians, podiatrists, pharmacists and all those working in the delivery of diabetes care.

### 2:30 WELCOME KEYNOTE Dr. Lee MacKay

# 2:50 CURRENT LANDSCAPE OF DIABETES CARE IN KOOTENAY BOUNDARY Jackie East (IH)

## 3:30 IH DIABETES STRATEGY Amanda McDougall (IH), Dawn Tomlin (IH), & Dr. Lee MacKay

#### 4:30 NETWORKING BREAK

# 4:45 TRANSITIONING FROM PEDIATRICS TO ADULT CARE AND BENEFITS OF TELEHEALTH Louise Kyle - Patient Voices Network

### 5:10 ROUND TABLE DISCUSSIONS Areas for Improvement

#### 6:15 DINNER BREAK

### **6:45** DESSERT & KEYNOTE SPEAKER Dr. Phillip Malpass

### **7:15 END OF EVENING SOCIAL** Early Bird Door Prize Draw

A ONE OR TWO HOUR SESSIONAL WILL BE PROVIDED FOR PHYSICIANS ATTENDING THE FRIDAY SESSION

#### SATURDAY, JANUARY 17/2015

Join us for a full day of medical education with experts from across the Kootenay Boundary region and beyond. With sessions focused on medications, nutrition, exercise, social supports and more, this is your chance to review best practices in diabetes care with colleagues from your team and other health care practitioners from nearby communities. Listen, learn and join the conversation!

7:30	YOGA WITH KERRY TURNER (please bring your own yoga mat)
8:30	REGISTRATION & CONTINENTAL BREAKFAST

#### **8:50 WELCOMING REMARKS -** Dr. Lee MacKay

9:00	WHAT'S NEW IN TYPE 2 MEDICATIONS
	Dr. Chi Zhang

9:45	<b>INSULIN 101</b>	- Dr. Lee	MacKay
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#### 10:25 MORNING BREAK

### 10:45 SPECIAL AUTHORITY & NAVIGATING THE SYSTEM - Jackie East (IH) et al

#### 11:10 CARB MANAGEMENT - Lisa Demolitor (IH)

#### 12:00 LUNCH BREAK

### **12:45 GROUP MEDICAL VISITS**Dr. Ellen Smart & Adam Wylie (PSP)

### 1:20 PERIPROCEDURAL DIABETES MANAGEMENT Dr. Brandon Tuvel

# 2:00 HIGH INTENSITY INTERVAL TRAINING FOR IMPROVING GLUCOSE CONTROL IN PREDIABETES AND TYPE 2 DIABETES Dr. Jonathan Little, UBCO

#### 2:40 AFTERNOON BREAK

### 3:00 DIABETIC FOOT ULCERS: WOUND CARE AND FOOT CARE - Dr. Andre De Greef

#### 3:45 WRAP UP & DOOR PRIZES

#### **REGISTRATION FORM**

REGISTER ONLINE AT:
WWW.KBDIVISION.ORG/DIABETESCONFERENCE

OR MAIL THIS FORM TO KB DIVISION PO BOX 9, NELSON BC V1L5P7

**REGISTRATION FEE:** \$50

(EARLY BIRD DEADLINE - DECEMBER 17/2014)

DISCIPLINE:	FAMILY PHYSICIAN

SPECIALIST\_\_\_\_\_NURSE PRACTITIONER

OTHER\_\_\_\_

PARTICIPANT N	AME:		

MAILING ADDRESS:	

PHONE:	

EMAIL ADDRESS:	

<b>DIETARY NEEDS:</b>	

### WHICH DAYS OF THE CONFERENCE WILL YOU BE ATTENDING? FRIDAY\_\_\_\_\_ SATURDAY\_\_\_\_\_

### WILL YOU BE ATTENDING YOGA ON SATURDAY MORNING? YES NO

PLEASE BRING YOUR OWN MAT

#### METHODS OF PAYMENT

VISA/MASTERCARD WHEN REGISTERING ONLINE

WWW.KBDIVISION.ORG/DIABETESCONFERENCE

OR MAKE CHEQUES PAYABLE TO KOOTENAY

BOUNDARY DIVISION OF FAMILY PRACTICE

#### **CANCELLATION POLICY**

PARTICIPANTS ARE ENTITLED TO A 100% REFUND IF NOTIFICATION IS RECEIVED IN WRITING BY JANUARY 2, 2015 TO **awalker@divisionsbc.ca**. PARTICIPANTS WILL NOT BE ENTITLED TO A REFUND IF THEY CANCEL AFTER JANUARY 2, 2015.