

# Texas Society of Child and Adolescent Psychiatry Summer Meeting and Scientific Program

# "New Directions in Child and Adolescent Psychiatric Treatment"

July 27-29, 2007 • Moody Gardens Hotel • Galveston

Friday, July 27, 2007

#### **General Information**

### Location

All events will take place at the Moody Gardens Hotel, Seven Hope Boulevard, Galveston, Texas, 1/800/582-4673.

Surrounded by 242 acres of breathtaking gardens and majestic pyramids, the Four Diamond Moody Gardens Hotel, Spa and Convention Center is Galveston Island's premier meeting destination. Moody Gardens features: the ten story Rain Forest Pyramid, the IMAX 3D Theater, the Discovery Museum, the IMAX Ridefilm Theaters, Palm Beach - Moody Gardens secluded fresh water, white sand beach featuring crashing waterfalls, crystal clear lagoons, Jacuzzi's, volleyball courts and paddleboats, the Colonel Paddlewheel Boat and the Aquarium.

Golf and tennis facilities are available to Moody Gardens guests at the Galveston Country Club. The hotel concierge will make arrangements for you.

#### **Hotel Reservations**

TSCAP has arranged a limited, special discounted room rate for conference attendees at the Moody Gardens Hotel of \$175.00 single - quad occupancy until July 5, or upon sell-out of the discounted room block, whichever occurs first.

To place your reservation call (888) 388-8484 and identify yourself as an attendee of the Texas Society of Child and Adolescents Conference.

Check-In Time: 4:00 pm Check-Out Time: 12

# Opening Welcome Reception with Exhibitors

A special Welcome Reception has been planned to open the event, Friday, July 27, beginning at 6:30 pm until 8:00 pm in Floral Hall A-1 at the Moody Gardens Hotel.

## PROGRAM AT A GLANCE

1:00 pm - 5:30 pm	Exhibits Set-Up	Floral Hall A-1				
4:00 pm - 5:30 pm	Executive Cmte Business Mtg	Iris				
6:30 pm - 8:00 pm	Opening Welcome Reception with Exhibitors	Floral Hall A-1				
Saturday, July 28,	2007					
7:00 am - 3:30 pm	Exhibits	Floral Hall A-1				
7:30 am - 8:30 am	Complimentary Continental Breakfast	Floral Hall A-1				
	with Exhibitors					
Scientific Program: NEW DIRECTIONS IN CHILD AND ADOLESCENT PSYCHIATRIC TREATMENT						
8:15 am - 8:30 am	Welcome and Announcements	Floral Hall A-2				
8:30 am - 10:30 am		Floral Hall A-2				
0.50 alli - 10.50 alli	Pharmacogenetics in Child and Adolescent Psychiatry	FIOIAI FIAII A-2				
	James T. McCracken, MD					
10:30 am - 10:50 am	Refreshment Break w/Exhibitors	Floral Hall A-1				
10:50 am - 11:50 am	Brain Stimulation Technologies in Psychiatry	Floral Hall A-2				
10.00 um 11.00 um	Sarah Benington, DO	1101411141171 2				
11:50 am - 12:00 pm	Break / Lunch Set-Up					
12:00 pm - 2:15 pm	Luncheon Program: Case Presentation of VNS	Floral Hall A-2				
1 1	Resident Case Presentation -					
	Presenter: James Boger, MD /					
	Discussants: Valerie Robinson, MD and Sarah B	Benington, DO				
2:15 pm - 2:30 pm	Break					
2:30 pm - 3:30 pm	Use of Multiple Psychopharmacological	Floral Hall A-2				
	Agents in the Child with Severe Aggression					
	and/or Mood Lability					
2.20 4.20	Steven Pliszka, MD	Flowel Holl A 1				
3:30 pm - 4:30 pm	Exhibitors Depart	Floral Hall A-1				
Sunday - July 29, 2007						
8:00 am - 9:00 am	Membership Business Meeting Breakfast	Floral Hall A-1				
	Scientific Program					
9:15 am - 10:15 am	The Ethics of the Use of Multiple	Floral Hall A-2				
0.10 4111 10.10 4111	Psychopharmacologic Agents in the	110141114111112				
	Treatment of Children and Adolescents					
	Sarghi Sharma, MD					
10:15 am - 10:30 am	Refreshment Break					
10:30 am - 11:30 am	Panel Discussion: Medical-Legal Issues	Floral Hall A-2				
	Surrounding the Use of Multiple					
	Psychopharmacological Agents in					
	Children and Adolescents					
11.00	Steven Pliszka, MD and Randall Sellers, MD					
11:30 am - 11:35 am	Closing Remarks / Adjourn					



### **Continuing Medical Education**

#### Accreditation

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Texas Medical Association (TMA) through the Joint Sponsorship of the Texas Society of Psychiatric Physicians and the Texas Society of Child and Adolescent Psychiatry. The Texas Society of Psychiatric Physicians is accredited by the Texas Medical Association to provide continuing medical education for physicians.

The Texas Society of Psychiatric Physicians designates this educational activity for a maximum of eight (8) *AMA PRA Category 1 Credits* $^{\text{IM}}$ .

Participants should only claim credit commensurate with the extent of their participation in the activity.

The presentations "The Ethics of the Use of Multiple Psychopharmacologic Agents in the Treatment of Children and Adolescents and Panel Discussion: Medical-Legal Issues Surrounding the Use of Multiple Psychopharmacological Agents in Children and Adolescents" has been designated by the Texas Society of Psychiatric Physicians for two (2) hours of education in medical ethics and/or professional responsibility.

#### Featured Speakers / Discussants

Sarah Benington, DO - Assistant Professor Dept of Psychiatry, UTHSCSA, San Antonio Clinical Director of Mood Research at Be Well Center UTHSCSA, San Antonio

**James R. Boger, MD** - General Psychiatry Resident, Texas Tech University Health Sciences Center, Lubbock

James T. McCracken, MD - Director, Department of Child and Adolescent Psychiatry, UCLA Los Angeles, California

Steven R. Pliszka, MD - Professor and Vice Chair Chief, Division of Child & Adolescent Psychiatry Dept of Psychiatry, UTHSCSA, San Antonio

Valerie R. Robinson, MD - Assistant Professor Dept of Neuropsychiatry, TTUHSC School of Medicine, Lubbock

Randall V. Sellers, MD - Private Practice, Child, Adolescent, Adult & Forensic Psychiatry, San Antonio Clinical Associate Professor, UTHSCSA, San Antonio

**Sarghi Sharma, MD**, Assistant Professor Department of Psychiatry / Behavioral Sciences UTMB, Galveston

## Scientific Program Target Audience / Program Goals and Objectives

The primary target audience of the program consists of Child and Adolescent Psychiatrists, Psychiatrists and other specialties of medicine. This continuing medical education activity will be presented in a classroom style format, with didactic lectures supplemented with audiovisual presentations, case presentations and question and answer discussions. At the conclusion of this program, attendees will be able to:

## Pharmacogenetics in Child and Adolescent Psychiatry

- Understand the basic principles of pharmacogenetics.
- Discuss how pharmacogenetics affects the tolerability of psychotropic medications.
- Discuss research to predict treatment response in child and adolescent psychiatry using pharmacogenetics.

## **Brain Stimulation Technologies in Psychiatry**

- Understand the basic principles of Vagus Nerve Stimulation (VNS) and transmagnetic stimulation.
- Know the indications for VNS.
- Discuss current research in new brain stimulation techniques.

#### **Case Presentation of VNS**

- Discuss how VNS is used to treat epilepsy in children.
- Discuss possible psychological effects of VNS in epileptic children.
- Discuss the interaction of VNS with a child's psychopharmacological treatment.

# Use of Multiple Psychopharmacological Agents in the Child with Severe Aggression and/or Mood Lability

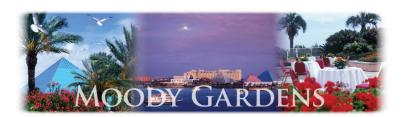
- Review the current literature on the use of multiple agents in severe psychiatric disorders.
- Discuss barriers to the research on the effectiveness of two or more medications in psychiatric disorder.
- Discuss recent guidelines issued by the Texas State Department of Health Services for the use of multiple psychotropic agents for foster children.

## The Ethics of the Use of Multiple Psychopharmacologic Agents in the Treatment of Children and Adolescents

- Discuss the standards for off label use of psychotropic medication in children and adolescents.
- Distinguish research from pharmaceutical company marketing in dosing and selection of agent.
- Discuss informed consent issues related to long term side effects with poly-Psychopharmacology.

# Panel Discussion: Medical-Legal Issues Surrounding the Use of Multiple Psychopharmacological Agents in Children and Adolescents

- Discuss how standard of care is arrived at and how peer review determines if care is substandard.
- Discuss current development in the political process regarding regulation of Psychiatric treatment.
- Provide input to colleagues on current practices in the psychopharmacology of children and adolescents.



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REGISTRATION					
NAME DEGREE					
MAILING ADDRESS	CITY	STATE ZIP			
telephone number	FAX NUMBER				
E-MAIL					
name of spouse/guest(s) attending welcome rece	EPTION				
Conference fee includes the Friday evening welc Refreshment Breaks; Saturday Scientific					
REGISTRATION TSCAP Member Physician Non-Member Physician Allied Health Professional / Spouse / Guest Trainee/Medical Student-Member/Non-Member	### Sefore July 14 ### \$195 ### \$250 ### \$180 ### No Fee	After July 14 \$215 \$270 \$200 \$30			
Friday Welcome Reception  ☐ Friday Welcome Reception — indicate if attending if so, their Name(s): ☐ Saturday Scientific Program Luncheon, indicate ☐ Vegetarian Plate Requested. No additional fee if re otherwise there will be an additional fee of \$15.00 ☐ Sunday Membership Breakfast, indicate if attentional If you require any special assistance to fully participate in this corplease contact TSCAP via e-mail tscapofc@aol.com or 512/478-06	e if attending equested prior ) ding				
PAYMENT  Make checks payable to 'TSCAP' and mail to 401 West 15th Stre  Check USA MasterCard AMEX Credit Card #	et, Suite #675, Au	stin, TX 78701 or fax w/cred	it card payment to 5		
Name of Cardholder (as it appears on card)					
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Billing Address / Zip CodeADDRE	SS	CITY	STATE	ZIP	
CANCELLATIONS – Deadline for cancellation is July 14, 2007. In		ellation, a full refund will be			