

Work Experience Log Sheet (Week 3)

Student Name: _____

Work Placement Location: _____

Dates covered by this log sheet: _____
(no more than 5 days)

How many hours did I begin this week with (please bring forward the last hours worked on your previous sheet and place them here. It is your responsibility to keep track of your own hours.

Hours from previous log sheet: _____

What math did I have to use this week?	What English language skills did I use this week?
What activities did I take part in this week and what did I learn from those activities? (use the space beside this one to complete the activity)	
How does my work this week tie into my career pathway?	How does my work this week tie into my focus area?
Consider one thing you learned this week – it could be a practical skill, something about your own character, about relationships with co-workers, employers, customers, responsibility, etc.	What do I excel in and what do I need to work on in this job to be my best?

Discuss how what you learned from the above affected you in some way.	
Were there any problems or concerns this week—either connected with the job itself or with yourself or school?	What more do you know about yourself as a result of working in the world of work this week?
New Highlights for my resume (include things you have done outside of school as well-use the space beside if needed)	
What plans have I made for next year? Do I have my courses planned? Do I know what NIC offers for dual credit? (use the space beside as well)	
General comments from employer:	General comments from student:
Total hours of work for this week:	Running balance of hours:
Student Signature	Employer Signature
Parent Signature	Please email completed for to: diana.camerin@sd72.bc.ca

