

BRIGHT HORIZONS
Parent Release - Sunscreen and Insect Repellent

Sunscreen and insect repellent should be applied to a child at least once at home to test for any allergic reaction. Aerosol sprays and combined sunscreen and insect repellent are prohibited.

Sunscreen/sunblock must provide UVB and UVA protection with an **SPF of 15 or higher**. Sunscreen **may not** be used on infants under **6 months** of age unless accompanied by a note from the child's medical provider.

Insect repellent may only be used if recommended by public health authorities or requested by a parent/guardian. The repellent must contain a concentration of **30% DEET or less** and may be applied *no more than once a day*. Insect repellent **may not** be used on infants under **2 months** of age.

All sunscreen/sunblock and insect repellent provided by a parent/guardian must be:

- provided in the original container;
- clearly labeled with the child's full name;
- within the expiration date; and
- appropriate for the age of the child.

I give Bright Horizons permission to apply (*name of sunscreen*) _____

and/or (*name of insect repellent*) _____

to my child (*a separate form is required for each child*), _____

From: ____ / ____ / ____ To: ____ / ____ / ____ (not to exceed one year).

Special Instructions

Sunscreen/Sunblock: _____

Insect Repellent: _____

(Parent/Guardian Signature)

(Date)

Print Name: _____