



LSVT GLOBAL announces the 2016 LSVT BIG® Training and Certification Workshop Series for physical and occupational therapists.

The LSVT BIG Training and Certification Workshop is a two-day program designed to train physical and occupational therapy professionals and students in an intensive whole body amplitude-based training protocol for individuals with Parkinson disease. The fundamental treatment principles and rationale, key treatment elements, efficacy data supporting treatment outcomes, details of treatment tasks, and practical delivery and marketing considerations are taught through lecture, demonstration, and case study presentations.

Steps for Certification:

1. Register for a two-day LSVT BIG Training and Certification Workshop.
2. Complete two pre-workshop readings; participants are responsible for information in these readings. **These readings will be sent as email attachments with your workshop confirmation (24-48 hours after registration is processed).**
3. Read and accept the LSVT Clinician Practice Agreement, Attendance and Cancellation policies.
4. Attend the entire two-day LSVT BIG Training and Certification Workshop.
5. **Complete a Certification Exam with an 85% score required to receive certification.** The exam will be administered during the two-day training course. If a participant does not pass the examination, there will be an opportunity for participants to re-take the exam online.



**Training and Certification Workshop
Phoenix Area, AZ**

Date:

Saturday, January 23, 2016: 9 am – 5 pm

Sunday, January 24, 2016: 8 am – 3 pm

Workshop Location:

**Royal Oaks Retirement Community
Life Enrichment Center - Auditorium**
10015 W Royal Oak Road
Sun City, AZ 85351

Directions/Map:

[Click here for Directions and Map](#)

Parking:

Available parking in front admin area or on street parking – Royal Oaks Rd

Registration Deadline:

January 9, 2016

Airport:

Phoenix Sky Harbor International Airport (PHX)
Phoenix-Deer Valley Municipal Airport (DVT)

Hotel Options Available:

Value Place

8949 W Sweetwater Ave, Peoria, AZ 85381

Reservation Number: (623) 486-2345

Best Western Inn & Suites of Sun City

11201 Grand Ave, Youngtown, AZ 85363

Reservation: (623) 933-8211

Days Hotel Peoria - Glendale Area

8955 W Grand Avenue, Peoria, AZ 85345

Reservation: (623) 979-7200

No group rates have been secured for the workshop.

LSVT BIG REGISTRATION FORM: Phoenix Area, AZ

January 23-24, 2016. Registration Deadline: *January 9, 2016.*

Registration Fees

- \$580 Professional LSVT BIG Training and Certification Workshop.** *Includes Workshop, Materials, and Certification Exam. This is for PT, OT and PTA, COTA participants.*
- \$300 Student LSVT BIG Training and Certification Workshop** *(to be activated upon evidence of graduation). Includes Workshop and Materials. This is for students actively enrolled in a professional PT, PTA, OT or OTA degree program. Students will need to contact LSVT Global to be upgraded as an LSVT Certified Professional to provide treatment upon graduation. Student registrations may be limited.*
- \$200 Previously Certified LSVT BIG Training and Certification Workshop.** *Includes Workshop, Materials, and Certification Renewal. Renewal registrations may be limited.*

Group Discounts: \$50/Professional Workshop registration or \$25/Graduate Student registration will be discounted when 5 or more registration brochures are submitted together. Group registrations can only be processed manually and NOT through online registration.

Promo Code (if applicable): _____

TOTAL ENCLOSED: _____

Method of Payment

Choose a payment option:

Check

Master Card

VISA

AMEX

Card #: _____ Expiration Date: _____

Cardholder Name: _____

Billing Information (required)

If paying by credit card, please use the billing address associated with the card.

First Name: _____ Middle Initial: _____

Last Name: _____

Affiliation: _____

Address: _____

Apt/Suite/Other: _____

City: _____ State: _____ Zip Code: _____

Country: _____ Country Mail Code: _____

Phone #: _____ Email: _____

Attendee Information (required)

The information, as it appears below, will be used for your user account within our Learning Management System. Please verify all of the information is correct and make any necessary edits.

First Name: _____ Middle Initial: _____
Last Name: _____

Check an option below (if graduate student, please indicate area of study):

- Physical Therapist PTA Occupational Therapist
 COTA PT/OT Student

NOTE: LSVT BIG provided by LSVT BIG Certified PTAs or COTAs must be delivered under the direction of LSVT BIG Certified PTs or OTs, respectively.

Check if Account and Billing Information is the same.

Office Name: _____
Office Address: _____
Suite/PO Box/Other: _____
City: _____ State: _____ Zip Code: _____
Office Phone: _____ Office Email: _____

If you provided office information, would you like us to display your office contact information on our website to receive referrals upon certification? **Yes** **No**

Participant Attendance Policy: Individual participation in the entire course is mandatory. Participants who do not fully complete every module will not be eligible for certification or a refund of any costs incurred.

Participant Cancellation Policy: In the event that a participant cancels registration or does not attend, tuition will be refunded minus the following cancellation fees:

- **\$50.00** cancellation fee any time after registration and up to 2 weeks prior to workshop date or transfer fee to change to a different workshop or online option
- **\$100.00** cancellation fee within 2 weeks prior to workshop date.

Late Fee: Registrations received AFTER the registration deadline will be subject to a \$50.00 late fee.

LSVT Global reserves the right to cancel any workshop due to inadequate attendance.

Make checks payable and mail the registration form to:

LSVT Global
3323 N Campbell Ave, Suite 5
Tucson, AZ 85719 USA

Or fax the registration form to:

(520) 867-8839

Or register online at:

www.LSVTGlobal.com

Workshop Schedule

Participation at the entire workshop is MANDATORY. Participants who arrive late or miss any portion of the workshop will NOT be eligible for certification or a refund of any costs incurred. Plan your travel arrangements accordingly.

DAY 1

8:15 – 9:00 a.m.

- **REGISTRATION**
- **Pre-Workshop EXAM:** The purpose of the pre-workshop Exam is to prime participants for information that is important during the 2-day workshop presentation. Participants are not expected to know the answers to the questions on the pre-exam. The post-exam is the one that will count for certification. All participants are required to take and complete the pre-workshop exam.

9:00 – 10:45 a.m.

- **Introduction to LSVT BIG Paradigm Shifts:** Target (amplitude), Mode (Intensive and High effort), and Calibration (addressing barriers to generalization)
- **Overview of Parkinson disease**

10:45-11:00 a.m.

- **BREAK**

11:00 – 12:30 p.m.

- **LIVE Patient DEMO**
- **Fundamentals – Neuroplasticity-based rationale**
- **Review of efficacy data for LSVT LOUD and LSVT BIG**

12:30 – 1:30 p.m.

- **LUNCH (on your own)**

1:30 – 3:15 p.m.

- **LSVT BIG METHODS:**
 - Daily Exercises– a detailed description
 - Role Play of LSVT BIG Daily Exercises

3:15 – 3:30 p.m.

BREAK

3:30 – 5:00 p.m.

- **LSVT BIG METHODS:**
 - Functional Component Tasks – a detailed description
 - Walking BIG
 - Hierarchy Tasks – a detailed description
 - Role Play of LSVT BIG Functional Component Movements, Walking BIG, and Hierarchy Tasks

DAY 2

8:00 – 9:45 a.m.

- **Review of Daily Exercises, Functional Component Movements and Hierarchy Tasks**
- **Freezing of gait**
- **LSVT BIG METHODS – Calibration:** Role Play of LSVT BIG Daily Exercises WITH Calibration techniques

9:45 – 10:00 a.m.

- **BREAK**

10:00 -11:30 a.m.

- **Follow-up Recommendations**
- **LSVT BIG Quantification and Reimbursement**
- **Interdisciplinary Care in PD**

11: 30 to 12:00 p.m.

- **EXAM – 85% pass required for certification**

12:00– 12:45 p.m.

- **LUNCH (on your own)**

12:45 – 1:00 p.m.

- **Prepare for Exercise Interaction**

1:00 – 2:15 p.m.

- **“Hands - on” Practice with Individuals with Parkinson Disease:** This section allows each clinician to practice the LSVT BIG techniques with an individual with Parkinson disease under the supervision of the workshop faculty.

2:15-3:00 p.m.

- **Review of LSVT BIG Paradigm Shifts**
- **LSVT BIG Marketing**
- **LSVT BIG Future Research & Technology**
- **LSVT BIG Workshop Conclusions**

Participants should wear loose fitting clothing and comfortable shoes that allow freedom of movement for participation in hands-on practice and interactive sessions.

“I liked the patient practice, it allows for me to begin working on LSVT BIG with my patient’s right away and feel comfortable that I am doing exercises/treatment correctly.”

LSVT BIG Workshop Faculty:

A team of 2-3 faculty will present at each workshop

The LSVT BIG Workshop faculty collectively have over 200 years of experience as physical or occupational therapists, personally treated over 2,000 people with PD or other neural disorders using LSVT BIG, and trained over 5,000 physical and occupational therapists in 33 countries!

Patricia S. Brown, PT, DPT, NCS

Dr. Brown received her Bachelor of Science in Physical Therapy from California State University Long Beach and her Doctor of Physical Therapy from Western University in Pomona. She is certified by the American Board of Physical Therapy Clinical Specialists in Neurology since 1999. She is certified in LSVT BIG and is a graduate of the National Parkinson Foundation's (NPF) Allied Team Training (ATTP) for PD. Currently, she is a Neurologic Clinical Specialist at Saddleback Memorial Medical Center in Laguna Hills, California.

Heather J. Cianci, PT, MS, GCS

Ms. Cianci is the Geriatric Team Leader and founding therapist of the Dan Aaron Parkinson's Rehab Center at Pennsylvania Hospital in Philadelphia, PA. She received her bachelor's in PT from the University of Scranton in Scranton, PA and her master's in gerontology from Saint Joseph's University in Philadelphia. Heather received her GCS in 1999. She is certified in LSVT BIG and is a graduate of the NPF's Allied Team Training for PD. She has written and lectured for both the NPF ("Fitness Counts") and PDF, and performed research on PD with respect to falls and bed mobility. Heather is also a board member for CurePSP, and the coordinator of their Medical Professionals Advisory Committee.

Cynthia Fox, Ph.D., CCC-SLP

Cynthia Fox, Ph.D., CCC-SLP received her doctorate degree in Speech and Hearing Sciences from the University of Arizona, Tucson. She is an expert on rehabilitation and neuroplasticity and the role of exercise in the improvement of function consequent to neural injury and disease. Dr. Fox is a leader in administration of LSVT LOUD speech treatment for people with Parkinson disease (PD). She was the first to apply this treatment to other disorders, such as multiple sclerosis and pioneered the application to pediatric populations. Dr. Fox has worked closely on the development of a physical therapy program - LSVT BIG - that was modeled after LSVT LOUD. Dr. Fox is a research associate at the National Center for Voice and Speech and Co-founder and Chief Clinical Officer of LSVT Global, Inc.

Thomas J. Gangemi, PT, DPT, MBA

Dr. Gangemi received his Bachelor of Science in Physical Therapy from Ithaca College, his Doctor of Physical Therapy from the University of Montana, and his MBA in Health Care from the University of Hartford. As a physical therapist, he has practiced in a variety of settings, including an outpatient clinic he co-founded focused on movement disorders and balance, particularly people with Parkinson's disease. He is LSVT BIG

certified. Dr. Gangemi is currently affiliated with a therapy management company where he oversees clinical operations in sub-acute settings.

Laura Gusé, MPT, MSCS

Ms. Gusé received her Master's Degree in Physical Therapy from the University of North Dakota. Ms. Gusé has worked extensively in the area of neurogenic disorders since then, both in outpatient and inpatient settings. She has specialized in treatment of Parkinson disease and Multiple Sclerosis. She has been certified in LSVT BIG® since 2009, and is a Multiple Sclerosis Certified Specialist. She is an LSVT BIG faculty member and Expert Clinician, and has helped to develop many of the current LSVT BIG treatment tools, webinars and curriculum. She now serves as the Chief Clinical Officer of LSVT BIG for LSVT Global.

Tamara Hefferon, PT, DPT

Dr. Hefferon received her Doctorate in Physical Therapy from A.T. Still University in Mesa, AZ. Dr. Hefferon has worked with a varied and dynamic patient population with a focus in the last several years on the treatment of Parkinson's disease. She is currently the Senior Clinical Manager of Outpatient Rehabilitation Services at Banner Thunderbird Medical Center in which she oversees a comprehensive physical therapy, occupational therapy, speech language therapy and pain program, consisting of 6 LSVT BIG certified clinicians and 3 certified LOUD clinicians. She also serves as adjunct faculty at Midwestern University in Glendale, AZ.

Bernadette Kosir OTR/L, CAPS

Ms. Kosir is a graduate of University of Michigan in Ann Arbor and Wayne State University in Detroit, and has been a practicing Occupational Therapist for 30 years. She joined Residential Home Health in 2001, and is currently Director of Therapy Services for the Michigan and Illinois multidisciplinary team, directing over 250 field clinicians, providing clinical program development and management, and participating as a corporate leader in marketing and community outreach efforts. She is a certified trainer in Integrated Care Management for coordinated care of patients with chronic diseases including Parkinson disease, and is an NAHB Certified Aging in Place Specialist. She remains active in corporate and community grass roots efforts for addressing continuum of care needs for persons with Parkinson disease, and is an Ad Hoc member of the Professional Advisory Board for the Michigan Parkinson's Foundation.

Beth Marcoux, DPT, PhD

Dr. Marcoux holds a BS in Physical Therapy from Russell Sage College, an advanced Master's degree in Physical Therapy Education from the University of Alabama, Birmingham, and a Ph.D. in Public Health (Health Behavior and Health Education) from the University of Michigan and a Doctor of Physical Therapy from the Massachusetts General Hospital Institute for Health Professions. She has served on physical therapy faculties at the University of Vermont, the University of Michigan, and University of Michigan-Flint, Henry Ford Community, Oakland University and the University of Rhode Island where she was Professor and Chair of Physical Therapy for seven years. She is certified in LSVT BIG and for the past several her clinical experience has focused on the treatment of patients with Parkinson's disease.

Kathleen Salik., PT, CCCE

Ms. Salik received her Bachelor's degree in Physical Therapy from Ithaca College in New York in 1985 and her Doctorate in Physical Therapy from the University of Montana. Ms. Salik is the Clinical Coordinator for Education for Banner Thunderbird Rehabilitation Services in the outpatient department at Banner Thunderbird Medical Center in Glendale, AZ. Ms. Salik has advanced training in Vestibular Rehabilitation and is LSVT BIG certified. She has recently established exercise classes for patients with PD using large amplitude and intensive neuroplasticity principles. She presents on LSVT BIG and PD to staff, community groups and Physical Therapy Doctoral programs in the Phoenix area.

Jenny Tuccitto, MPT, GCS

Ms. Tuccitto received her Master's degree in Physical Therapy from the College of St Catherine in Minneapolis, MN in 2001. As a physical therapist she treats a wide variety of clients with neurological and/or orthopedic diagnoses at Courage Kenny Rehabilitation Institute, part of Allina health in Minnesota. She serves as the facility lead for treatment of clients with Parkinson disease. Ms. Tuccitto is an LSVT BIG Faculty member & Expert Clinician, and has assisted with development of many LSVT BIG treatment tools including the LSVT BIG Homework Helper DVD. She has presented for the National Parkinson Foundation, the Minnesota Physical Therapy Association and at the American Speech and Hearing Association on LSVT BIG as well as being actively involved with local Parkinson support groups.

Erica Vitek, MOT, OTR, BCB-PMD, PRPC

Ms. Vitek received her master's in Occupational Therapy from Concordia University WI in 2002. She is employed by Aurora Sinai Medical Center in Milwaukee, WI, home of the Wisconsin Institute for Neurologic and Sleep Disorders and Parkinson Research Institute. Ms. Vitek is a graduate of the NPFs Allied Team Training and LSVT BIG. In Milwaukee, she is the LSVT program lead and runs LSVT BIG and LSVT LOUD skills classes for LSVT graduates. Ms. Vitek is Board Certified in Biofeedback for Pelvic Muscle Dysfunction allowing her to address bladder, bowel and sexual dysfunction in her patients with PD. She regularly presents and authors articles for the Wisconsin Parkinson Association.

Learning Outcomes:

Upon conclusion of this workshop, participants (Physical and Occupational Therapy Professionals and Students) will be able to:

- Describe 3 paradigm shifts unique to LSVT BIG treatment
- Provide rationale for using a single target of amplitude when working with patients with Parkinson's disease.
- Correctly identify at least 3 key principles used in LSVT BIG that drive activity dependent neuroplasticity.
- Discuss efficacy findings that support use of LSVT BIG for persons with Parkinson's disease.
- Provide the rationale for each of the Maximal Daily Exercises
- Describe the correct performance techniques of the LSVT Maximal Daily Exercises

- Given patient scenarios of patients with Parkinson's disease with various levels of function, describe how to adapt or progress LSVT BIG treatment.
- Correctly list 5/5 teaching techniques unique to LSVT protocols.
- Differentiate between Functional Component Tasks, Hierarchy Tasks, and Carryover tasks.
- Identify the purposes of Functional Component Tasks, Hierarchy Tasks, and Carryover Tasks.
- Provide an example of calibration in LSVT BIG.
- Synthesize data from patient interview, examination, stimulability tests and results of standardized tests to determine if the patient will benefit from LSVT BIG treatment.

Continuing Education: This program qualifies for 12 contact hours. Save your course outline and certificate of completion, and contact your own board or organization well in advance for specific filing requirements. This course has been submitted to multiple state Physical Therapy Associations for approval. Provider approval does not imply endorsement of course content, specific products, or clinical procedures.



This course is offered for 1.2 CEUs (Intermediate to Advanced level; Professional area)

LSVT Global, Inc. is an AOTA Approved Provider of continuing education. AOTA does not endorse specific course content, products, or clinical procedures. 1.2 AOTA CEU's has been awarded for this course. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA.

"This is quite possibly the most exciting thing I have ever learned in my professional career."

For more information contact LSVT Global:

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