



HomeShare Program

Seeker Orientation Packet

6150 Mission Gorge Road, Suite 140, San Diego, CA 92120 P: 619.284.9281 F: 619.284.0214
www.elderhelpofsandiego.org

Seeker Orientation Packet

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What is HomeShare?

HomeShare is an arrangement where two or more unrelated people share a home to their mutual advantage. Each person has a private bedroom and may or may not share a bathroom. The common living areas, such as the kitchen and living room are shared.

Participants

Home Providers are people who want to share their homes and vary in age, health and economic status. They must be mentally, emotionally, physically, and financially self-sufficient and not require personal care giving. Some are individuals who work or may be retired. They may be individuals or married couples. The home being shared may be a house, apartment, condominium, townhouse, mobile home or a senior community. The Provider may rent or own their home; however, the majority of people sharing their homes are owners.

Home Seekers are adults of all ages looking for affordable housing that may not wish to live alone or cannot afford to do so. They may be working people, students, retired, or someone who is in a lifestyle or career transition. They must be mentally, emotionally, physically, and financially self-sufficient.

Types of HomeShare

There are two ways to participate in HomeShare, which is also referred to as shared housing. In either case, the Provider must have a private bedroom and a private or shared bathroom for the Seeker.

In a **rental** situation the home Provider may rent out a spare bedroom at a below market rate for extra income.

In a **service exchange** situation the Provider may offer a rent free or lower rent room in exchange for services such as housekeeping, cooking, gardening, transportation and companionship to name a few.

Service Exchange Program

In the *Service Exchange Program* you will have the opportunity to exchange services for a rent free or lower rent room. Some examples of the services you may provide are:

- Meal preparation
- Housekeeping
- Transportation to appointments
- Shopping and errands
- Laundry
- Companionship
- Yard work

Although you and your housemate will negotiate all aspects of your service exchange arrangement, here are some guidelines that may help you:

- Up to 20 hours/week in services = a rent free room
- Over 20 hours/week in services = room and board
- Days off are negotiated between the parties
- When transportation is provided, the Provider may pay the Seeker mileage, at the current going rate, when the Seeker uses his/her own car. Sometimes the Seeker will provide transportation using the Provider's car and no mileage is paid.

Some home Providers will request fewer services and a lower rent room. Others may want to provide room and board for fewer than 20 hours. The parties involved will negotiate the best arrangement for both.

HomeShare is not meant to be a home health service and Seekers are not expected to provide personal care services which include:

- Bathing/assistance with bathing
- Dressing
- Bathroom assistance
- Assistance with transferring, turning or lifting
- Service which brings the housemate in contact with bodily fluids
- Medical service, i.e. injections or administering medications
- Any service which involves "hands-on" care

Always keep in mind that it is up to the parties involved to negotiate every aspect of the service exchange arrangement. ElderHelp provides guidelines to help you; however, the final outcome is entirely up to you.

Rental Program

The *rental program* is an opportunity for the Provider to rent out a spare bedroom for extra income as well as providing an affordable housing option for people of all ages.

The Provider will establish the rental rate which might include utilities, cable and phone service. Sometimes these other charges are paid separately by the Seeker. A deposit may be required at the Provider's discretion. Every situation is different and the Seeker will be referred to rental situations that match their criteria.

It is up to the parties involved to negotiate their rental arrangement. ElderHelp does not establish the rental rates, however, Providers are advised that Seekers are typically low income and need affordable housing. It is always appropriate for the Seeker to negotiate rent and other charges.

In a rental situation the Seeker is expected to treat the home as though it were their own by sharing housekeeping chores and cleaning up after themselves. Some Providers ask for a lower rent and some services as well. In these cases the parties involved will negotiate the rent and services and come to an agreement between themselves.

ElderHelp will provide a Rental Agreement when the parties match. The Rental Agreement follows fair housing laws in California and is meant to protect both parties.

Eligibility Criteria for Seeker Applicants

Personal Requirements

- Physically, mentally and financially self-sufficient and able to advocate for and take care of yourself in all ways.
- Assume full responsibility for every step of the registration process.
- You are a person of good character.

Residency Requirements

- You must reside in the county of San Diego to register in HomeShare.
- A local telephone number and local mailing address where you can be reached.

Identification Requirements

- Valid photo identification (driver's license, California State ID, Passport, or military ID).
- Social security card; **OR**, provide your social security number.

Proof of Income

- Copies of 2 most recent bank statements – **REQUIRED**
- Additionally, one or more of the following items may be required:**
- Paycheck stub showing year-to-date income
 - Letter from Social Security Administration if you are receiving Social Security benefits, or Social Security Disability
 - Other documents may be submitted, or substituted at the discretion of the HomeShare Coordinator.

Criminal Background Check

- Signed declaration (at time of personal interview) of no convictions of any felony or misdemeanor involving bodily injury, assault, elder abuse, a sexual offense, possession or distribution of an illegal substance, or theft of personal property.
- Signed Consent to Criminal Background Check (at the time of the personal interview).
- Felonies automatically disqualify you from participation in HomeShare
- Misdemeanors are subject to review by the HomeShare Coordinator and may or may not disqualify you from participating in HomeShare.

Alcohol or Drug Dependency

- Prior history does not automatically disqualify you, but admittance is at the discretion of the HomeShare Coordinator.
- You must sign a statement confirming your sobriety for at least one year.
- Provide at least one reference (sponsor, etc.) who can attest to your sobriety.

Health Screening Requirements

- If treatment is being received from a physician, psychiatrist, or therapist, applicant must sign a release giving ElderHelp permission to send a questionnaire to the healthcare provider or providers.
- Whether or not treatment is currently being received, applicant may be asked to sign a release, at the discretion of the HomeShare Coordinator.

Reference Requirements

- Housing/landlord reference known at least 3 months and no more than 1 year old.
- Supervisor reference known at least 3 months and no more than 1 year old.
- At least 1 personal reference known at least 5 years. Personal references may not be family members, significant others, boy/girl friends, spouses, or life partners.
- Personal references known at least 5 years may be substituted for landlord and supervisor references at the discretion of the HomeShare coordinator.

Driving Requirements

The following documents are usually required for a service exchange situation.

- Copy of current driving record from California Department of Motor Vehicles (if applicant has a valid driver's license)
- Proof of current California vehicle insurance (if applicant has a car)
- If you have lived in California for less than 1 year, a driving record will be required from your state of origin.

DMV convictions may or may not impact your eligibility. The following guidelines will be used:

- A DUI conviction at least 2 years old may not impact eligibility.
- In addition to DUI, all other DMV convictions will be considered on a case by case basis and may or may not impact eligibility at the discretion of the HomeShare Coordinator.

Immigration Requirements & Foreign Applicants

Foreign applicants may be registered in HomeShare if they can provide the following documents:

- Valid photo ID, as stated in ***Identification Requirements*** above and Social Security card.
- Passport, and if applicable, a student visa.

Enrollment Process

Following are the steps involved in the process to enroll you in the HomeShare Program, which generally takes two to four weeks.

1. Complete the **“Seeker Screening Form”** on both sides, and return it using one of the following options:
 - Mail to or drop off at the nearest HomeShare office:
 - 6150 Mission Gorge Rd. Suite 140, San Diego, CA 92120
 - 4425 Bannock Ave., San Diego, CA 92117
 - 13094 Civic Center Dr., Poway, CA 92064
 - Fax to: 619-284-0214 for San Diego or 858-748-6252 for Poway
2. Read the entire **“Seeker Orientation Packet”**.
3. Read both sides of **“Interview Instructions for Home Seekers”** and gather all the information and documents that apply to you.
4. Schedule a personal interview. The HomeShare Coordinator will call you to schedule an interview at the ElderHelp office. **Once you have all of your documents in hand, it is your responsibility to call to schedule a personal interview with one of ElderHelp’s HomeShare Coordinators. Personal interviews will not be scheduled until you can provide all of your documents.**
5. Attend the personal interview. You are required to bring all relevant documentation as specified in **“Interview Instructions for Home Seekers”**.
6. After the personal interview you generally do not need to do anything more until you hear back from the HomeShare Coordinator regarding the status of your file.
7. When the process is complete you will be advised of the status of your file. If the background check was completed satisfactorily you will be given referrals to prospective housemates. If your background check was not completed satisfactorily, you will be advised that you are denied enrollment in the program.

Interview Instructions for Home Seekers

IMPORTANT – please read prior to scheduling your personal interview.

You are required to bring all items, which apply to you, to the personal interview. If you do not have some of the items that apply to you, do not schedule a personal interview. Your interview will be delayed until you can provide all appropriate items.

Two forms of identification

- Photo ID - driver's license or state ID card are preferred
- Social Security card, or provide your Social Security number

Proof of Income – an example is:

- Paycheck stub showing year-to-date income
- Copy of bank statement showing automatic deposit of pay check or other income
- Copy of letter from Social Security Administration if receiving Social Security benefits, including Social Security Disability
- Refer to **Page 6** for clarification

Three references - bring the name of the reference and a phone number where they can be reached. Your references should include the following:

- Supervisor reference, known at least 3 months & no more than 1 year old
- Landlord reference, known at least 3 months and no more than 1 year old
- Personal reference known at least 5 year
- Refer to **Page 7** for clarification

Health Care Provider

- Name and phone number of the doctor(s) and/or therapist(s) you are currently seeing
- If you are taking prescription medications, provide name and phone number of the doctor or therapist who provides the prescription

Service Exchange Situation - the following items are required:

- Valid Driver's License, if you have one
- Proof of car insurance, if you have a car
- Current print-out of your driving record from the Department of Motor Vehicles

If you are unable to provide any of these requirements, please contact the HomeShare Coordinator before the scheduled meeting. Substitutions might be possible, at the discretion of the HomeShare Coordinator.

Referral & Matching Process

When the registration process is complete, and you have been accepted into the program, you will be given referrals to shared housing situations that match your criteria. Keep in mind that you take full responsibility for who you decide to live with, so choose carefully!

Here are some guidelines that might help you along the way:

- When you call the person, identify yourself with your full name and say ElderHelp referred you. You might also mention the name of the staff person you worked with.
- Tell the person something about yourself and ask them questions. If you are calling about a service exchange situation ask him/her exactly what they need help with and share with them what you are willing and able to do and what your availability is.
- If you are calling about a rental situation, confirm the rental amount you were given and ask if they require a deposit or reimbursement for utilities.
- Once you have established a rapport, he/she will invite you over to meet in person. The initial meeting usually takes place in the home; however, the Provider might suggest you meet in another mutually convenient location.
- When you go to the Provider's home it is your responsibility to carefully assess the home environment to make sure you would be comfortable living there. If pets are involved, you will need to feel comfortable with them as well.
- If both parties think the match might be a possibility it is suggested you stay over as a "guest" for a short trial period which can be a weekend, a week, or whatever both parties agree on. This is especially important in a service exchange situation. During the trial period you should perform some of the services that will be expected of you. A trial always gives a good indication if the match will work.
First-time seekers: It is imperative that you do not take steps to end your current housing situation before ensuring that the match will continue beyond the trial period.
- Once both parties have agreed to live together, you should contact the HomeShare Coordinator within 24 hours. The HomeShare Coordinator will schedule a mutually convenient appointment to meet both parties in the home to facilitate the Match Agreement. Although the Match Agreement is not required, it is highly recommended to provide structure for the match and protect both parties.
- In the case of a rental situation, the HomeShare Coordinator will mail the Rental Agreement to you for completion. This is a simpler contract than the Service Exchange Agreement and does not need to be facilitated unless both parties request it.

Talk it over!

Before a decision is made to move in with another person, think carefully about the following. Do not assume anything; talk it over.

1. If you are considering a service exchange situation did you discuss details about what services you are willing and able to provide?
2. Do you fully understand what the other person needs and expects of you?
3. Are you willing and able to provide the services the other person needs?
4. Can you be available when your housemate needs you?
5. Did you talk about your need for private time and time off?
6. Did you discuss privacy issues in the home, such as, should your housemate knock before entering your room and vice versa?
7. Did you ask about inviting guests over such as your friends and family?
8. If you are providing transportation, whose car will you use? If it's your car, will he/she provide mileage reimbursement and how much?
9. Do you have a clear understanding of rules about pets, drinking, and smoking?
10. Did you discuss your need for extra storage, if required?
11. If you are renting a room, have you both agreed on the rental rate, security deposit, payment of utilities, and when the rent is due?
12. Have all your questions been answered and do you generally have a good feeling about moving in with this person?

We know that honest and open communication is the key to a healthy and mutually rewarding HomeShare match. When you talk things over and “clear the air” before you move in, your match stands a much better chance of success.

HomeShare Self-Questionnaire

The following questions are meant to help you make appropriate decisions about committing to a HomeShare living situation. These questions are for your consideration and you do not have to turn in your answers to ElderHelp.

1. Why do you want to participate in HomeShare?
2. What are your expectations when you think about sharing someone else's home?
3. What kind of relationship do you want with your housemate?
4. Would you enjoy being a companion to an elderly person, and how much time are you willing to spend.
5. Do you have any particular interests or activities you would like to share with your housemate?
6. What are your lifestyle preferences? How adaptable and flexible are you and willing to compromise if necessary.
7. Do you like the idea of eating meals together?
8. How often do you have guests over? Do you ever have overnight guests?
9. If you would like to rent a room, how much rent can you afford.
10. If you would like to participate in a service exchange situation, what services are you willing to provide and what is your availability?
11. What are your housekeeping standards?
12. Are you willing and able to express your needs easily or is it difficult for you to speak up when something is bothering you?
13. How do you generally resolve differences or conflicts?
14. What are your television and music preferences? Are you willing to compromise with your housemate?
15. How important is your private time and how much do you need.

Some Needs of Older Adults

- They fight to maintain their independence and they need to be encouraged to do things for themselves whenever possible.
- They need to maintain dignity, self-respect and self-esteem.
- They want to feel needed and useful.
- They need to feel appreciated - not only for what they can do now, but also for what they have done in the past.
- They may be forgetful and repetitious and will require your patience and understanding.
- They may have to adjust to dramatic and often tragic changes in their lives, such as the loss of a spouse or other family member or friend as well as adapt to physical limitations, a change in economic circumstances or unfamiliar living arrangements.
- They need personal attention, creative activities and intellectual stimulation.
- They need to assume responsibility where they can, no matter how small.
- They need to know that someone cares and is interested.
- They may be stubborn: however, this may be a lifelong habit or a way of coping with the changes and losses in their lives.

Creating a Successful HomeShare Match With Effective Communication

A successful HomeShare match is not possible without effective communication. From the moment you sleep over for the first time, communication becomes the primary catalyst to help determine whether or not you are compatible housemates. Communication is the glue that holds the match together or in a difficult situation may become the breaking point that ends the match.

Stages of a HomeShare Match

First, let's take a look at the natural and predictable stages to a HomeShare relationship - and most relationships!

Honeymoon Stage: Everything is going smoothly and the situation seems ideal. You may not notice the small ways you are different from each other, but those discoveries will come as time passes.

Disillusionment Stage: You cannot really know how things will go until you actually live together under the same roof. Lifestyle differences and misunderstandings over everyday matters can become a challenge. You find you don't know the person quite as well as you thought you did.

Acceptance Stage: You both come to know each other better and adapt to each other's preferences and style. Acceptance grows with time and helps you work through the small differences that occasionally arise in any close relationship.

Understanding Older People: A Bridge to Effective Communication

Different Backgrounds: Today's elderly grew up in a different socioeconomic and political environment. Many experienced economic deprivation and received little formal education. As a result of growing up in an era with different value systems, traditions and experiences, their ideals and expectations may be far different from yours. Combined with various physical, psychological, and social changes that the elderly have to adjust to, and lack of understanding your part, communications may be adversely affected.

Physical Health:

Hearing loss makes you harder to understand, so be patient, make eye contact, and speak clearly. Face the person when you talk and eliminate distractions and background noise like TV. More information about communicating effectively with someone with hearing loss is available from your HomeShare Coordinator.

Speech and articulation problems may result when the individual's capacity to speak becomes more difficult because of health problems. The elderly person's voice can become weaker making it harder to hear or understand them. Be patient when listening and notice when the elderly person gets tired and wants the conversation to end.

Health changes in general can effect not only communication but overall functioning and the way the individual interacts with his/her environment. Patience, understanding, and willingness to listen and respond in a friendly manner will go a long way in nurturing excellent communication with your elderly housemate.

Psychological Health:

Decline in memory, particularly short-term memory, is common in aging and does not mean the person has dementia.

Processing information takes longer and can slow down the communication process. Be patient and give the person enough time to complete their thoughts. It is important not to rush the conversation.

Communication Guidelines for Avoiding and Resolving Conflict

The key to avoiding or resolving conflict with your elderly housemate is to make the effort to understand what the other person is experiencing. Following are some suggestions to successfully handle housemate conflicts. It is easier to tackle a small problem rather than waiting until it gets out of hand

1. **Take time to have conversations** with your housemate rather than assuming you know what the problems or issues are and you know how to fix them.
2. **Discuss only one issue at a time.** Clearly state the problem as you see it. Avoid being defensive, blaming or accusing the other person.
3. **Listen.** If they bring up something that seems unrelated to the matter at hand, it's tempting to want to interrupt and redirect the conversation. But, if you pay close attention, you might learn of a concern you were not aware of.
4. **Both parties must agree on what the problem is.** It helps to clarify what you think the other person is saying by paraphrasing. For instance you can respond with: "It sounds like you are saying, thinking, feeling..."
5. **Ask questions, and listen carefully to the response.** Pay attention to what the other person is thinking and feeling to help you better understand the problem.
6. **Discuss solutions together** and respect the other person's suggestions.
7. Above and beyond everything else, be **patient with your elderly housemate.** They are doing the best they can and want the match to work just as you do.
8. Always feel free to **ask for help from a third party.** If needed, a mediation session can be scheduled with your HomeShare Coordinator.

Guidelines for Creating a Successful Match

1. **Discuss your needs and expectations, as they relate to your living situation, before you begin living together.** This is a vital component of building a successful match from the start.
2. **Insist on a Match Agreement!** It has been proven time and time again that HomeShare living has a much better success rate when a match agreement is in place. Your HomeShare Coordinator will facilitate it for you.
3. Be a good listener.

4. Be patient.
5. Resist the temptation to judge or criticize your housemate.
6. Always **ask, don't tell**. For example, ask what the other person's preferences are rather than telling them what you think they need or want. No one wants to live with a "know it all" person. Honor your elderly housemate's need for independence and autonomy. You are not there to control their life; you are there to share it.
7. Housemate situations can sometimes get out of control and feel threatening to one or both parties. In these cases it is important to stop and take time to calm down and take care of yourself. You can set a later date and time to discuss the issue.
8. If you are considering a Service Exchange situation with your housemate, conduct a "**Trial Period**" prior to moving in permanently. Talk to your HomeShare Coordinator about how to do this.
9. Don't hesitate to **ask your HomeShare Coordinator for help** mediating problems. That's what they are there for.
10. Remember, the **first 30 days or so is always a period of adjustment**. By following the guidelines in this outline, your HomeShare match stands an excellent chance of success.

Frequently Asked Questions About the HomeShare Program

1. **How long does the enrollment process take?** Following your personal interview it will take 1-2 weeks to complete the process.
2. **How long will it take to find me housing once I am enrolled?** Some people match quickly, sometimes it takes a few weeks or months, and some never find the right situation for themselves. It all depends on you, your specific needs and preferences, and the availability of home providers who can offer what you are looking for.
3. **Do you have a lot of people who are looking for a housemate?** We always have a large number of home providers ready to share their home. Your special needs and preferences will determine which one is the right match for you.
4. **How much rent will I have to pay?** The average rent at this time is about \$500/month and you may or may not be asked to pay a security deposit, share of utilities and/or cable/Internet service. Rents and other charges are usually negotiable between the parties.
5. **How long does a match usually last?** The average length of a HomeShare match is almost 2 years. Some matches last longer and some may end sooner. Although there is no set rule HomeShare is meant to provide a permanent home lasting a year or more with some lasting as long as 10 years.
6. **Can I get a rent free room?** Rent free rooms are sometimes available, however, it is likely that you will be asked to pay some rent even if you are providing services.
7. **What kinds of services do people usually ask for?** Services such as housekeeping, meal preparation, transportation, companionship and light yard work are most commonly asked for.
8. **What if my housemate asks me to do things I don't want to do or can't do?** Your HomeShare Coordinator is always available to provide guidance and support in these matters. You will be encouraged to sign a written agreement with your housemate outlining the duties you agree to perform which will help you create boundaries for yourself and the services you provide.
9. **What if the match doesn't work out? Can you find me another place?** You are encouraged to choose carefully and follow our guidelines to help ensure a successful match. However, re-matching is an option if desired.
10. **Can I bring my pet?** You may keep your pet and we will look for a home provider who accepts pets.

Fair Housing & Tenant/Landlord Law

ElderHelp provides support by facilitating written agreements when individuals match. Both the Rental Agreement and Service Exchange Agreement are important tools which provide structure for the match and follow fair housing laws in California. When the agreement is in effect for less than a year, either party can terminate the agreement by giving a 30-day notice in writing. If the agreement is in effect for more than a year, the Provider is to give a 60-day notice and the Seeker a 30-day notice, per California law. ElderHelp's HomeShare program is not liable or responsible for any legal action and/or fees associated with such action regarding your relationship with your housemate, including but not limited to eviction proceedings.

Everyone registered in the HomeShare program is required to follow all applicable tenant landlord laws. If you have any questions about your legal responsibilities, you may call either of the numbers listed below:

- Tenant Legal Center – 858-571-1166
- Center for Social Advocacy – 619-444-5700

Mediation Process

The first month or two are usually an adjustment period for matched individuals. If conflicts occur which the parties are unable to solve themselves, they may request mediation by calling the HomeShare Coordinator. Both parties must agree to mediation before the process can begin. The HomeShare Coordinator will facilitate mediation by meeting both parties in the Provider's home and following a formal mediation process. Open communication between the parties is the key to a successful match; however, mediation is always available if requested.

Mandated Reporter

Any person who has assumed full or intermittent responsibility for the care or custody of an elder or dependent adult, whether or not he or she receives compensation, including administrators, supervisors, and any licensed staff of a public or private facility that provides care or services for elder or dependent adults, or any elder or dependent adult care custodian, health practitioner, clergy member, or employee of a county adult protective services agency or a local law enforcement agency, is a **mandated reporter**. (W&I Code 15630 {a})

What Must Be Reported

Any mandated reporter, who, in his/her professional capacity, or within the scope of employment:

- Has observed or has knowledge of an incident or incidents, that reasonably appears to be the physical abuse, financial abuse, abandonment, isolation, abduction, the neglect by others and/or self-neglect.
- Is told by an elder or dependent adult that he/she has experienced behavior constituting physical abuse, financial abuse, neglect, abandonment, isolation or abduction. (W&I Code 15630 [b] [1]).

When to Report

A mandated reporter shall report the known or suspected incident of abuse as soon as practically possible, by telephone and by written report within two working days. The written report is the State of California Health and Welfare Agency Report of Suspected Dependent Adult/Elder Abuse SOC 341 form. (W&I Code 15630 [b] [1]).

A report may be made by calling Aging and Independence Services at 800-510-2020 and asking for the Senior Team. The Senior Team is co-managed with Adult Protective Services. It is also advisable to contact the HomeShare Coordinator to report any suspected incident of abuse and to discuss possible strategies for reporting the incident.

Confidentiality

The identity of the responding party is kept confidential

Resource List

1. Tenant/Landlord law for State of California

www.dca.ca.gov/publications/landlordbook/catenant.pdf

Online copy of government publication titled “California Tenants: a guide to residential tenants’ and landlords’ rights and responsibilities.

This publication addresses “single lodger in a private residence”, and all aspects of CA housing laws.

2. Fair Housing Services

Center for Social Advocacy - 619-444-5700; 800-954-0441

www.hhrfha.org

- Housing discrimination
- Tenant/landlord mediation
- Shared housing
- ...and much more

3. Housing Resources Guide – San Diego Housing Commission

www.sdhc.net/giAffordHsgRes.html

- SRO hotels in City of San Diego
- Housing Services Contacts Quick List
- Section 8 information
- Countywide Affordable Rental Housing list
- ... And much more.

4. Legal Matters

Elder Law & Advocacy - 858-565-1392

www.seniorlaw-sd.org

- Some free legal services for people 60+
- Click on “Senior Citizens Legal Services’ Web Links” for the following:
 - California Codes
 - Legal Research Links
 - Senior Law Home Page
 - ...and much more

5. Shelters and Emergency Housing

www.sdhc.net/giAffordHsgRes5.html

a. Countywide homeless shelters

www.hud.gov/local/ca/homeless/shelters/sdgshelter.cfm

b. Emergency housing and shelters in San Diego County

6. Adult Protective Services

Aging & Independence Services (AIS), Senior Team – report suspected elder abuse
800-510-2020 - ask for “Senior Team”

ElderHelp office has supply of “Report of Suspected Dependent Adult/Elder Abuse” forms which might be completed in certain cases. Senior Team can advise.

7. Mandated Reporters

www.leginfo.ca.gov/calaw.html

California Law – Welfare and Institutions Code
Regarding mandated reporters

8. Domestic Violence

National Domestic Violence Hotline
800-799-SAFE

Shared Housing in San Diego County
Service Areas
Updated 04/30/2013

ElderHelp (South San Diego)

Stacey Uy: 619-284-9281 ext. 127

suy@elderhelpofsandiego.org

Service Area: Central/South San Diego – 92101-07, 10, 12-16, 32, 33, 36, 39-40, 54 zip codes; except 92118 (Coronado).

ElderHelp (North San Diego)

Robert Shearer: 858-483-5100 ext. 302

rshearer@elderhelpofsandiego.org

Service Area: North San Diego – 92108, 09, 11, 17, 19-24, 26-31, 45, 92037 (La Jolla) zip codes; except 92118 (Coronado).

ElderHelp (Poway office)

Sunita Upchurch: 858-748-9675

supchurch@elderhelpofsandiego.org

Service Area: City of Poway – zip code 92064

Shared Housing Agencies not affiliated with ElderHelp

Center for Social Advocacy

Crystal Lyon: 619-444-5700 x310

Service Area: La Mesa

City of Del Mar: 858-792-7565

Service Area: City of Del Mar