

15th Annual Conference

The Science & Art of Pain and Symptom Management

Saturday, November 21, 2009



Sponsored by
the Division of Palliative Care,
University of Toronto

A conjoint effort of:

The Rapid Response Radiotherapy Program
at the Odette Cancer Centre, Sunnybrook Health
Sciences Centre and the Department of Radiation
Oncology, University of Toronto; and the Division
of Palliative Care of the Department of Family and
Community Medicine, University of Toronto.

Health Sciences Building
155 College Street, 6th Floor
Auditorium, Room 610
University of Toronto

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UNIVERSITY OF TORONTO
FACULTY OF MEDICINE

Saturday, November 21, 2009

Each presentation will include time for questions and answers from the audience (a minimum of 25%)

7:45 Registration and Continental Breakfast

8:20 **Welcome** Drs. Elizabeth Barnes and Jeff Myers

Key Note Address

8:30 Emerging Concepts in the Assessment and Management of Cancer-Related Pain Dr. Judith A. Paice

Plenary I

9:15 Learning from Our Patients: Team-based Research in Palliative Care Dr. Camilla Zimmermann

10:00 Refreshment Break and Exhibits

10:30 Workshops (three topics repeated at 1:45 pm)

1. Practical Skills in Managing Pain for Patients with Addictions in the Palliative Care Setting
Speaker: Dr. Judith Paice

2. Emerging Trends in Oncology: What the Palliative Care Clinician Needs to Know
Speaker: Dr. Christine Simmons

3. Patients with Advanced Cancer: Best Practices in Managing Common Co-Morbid Conditions
Speaker: Dr. Debbie Selby

4. Self-Care: How Clinicians Can Take Care of Themselves (AM only)
Speakers: Dr. Hyon Kim and Ms. Elaine Rapp

12:00 Lunch (provided) and Exhibits

Plenary II

1:00 "Can We Agree to Disagree?"

An Interprofessional Panel Discussion on Complex Decision-making and Conflict amongst Team and Family in the Oncology and Non-Oncology Population

Moderator: Dr. Russell Goldman

Chaplain: Ms. Sharon Konyen

Clinical Ethicist/Family Perspective: Ms. Marcia Sokolowski

Psycho-Oncologist: Dr. Sarah Hales

1:45 Workshops

5. Practical Skills in Managing Pain for Patients with Addictions in the Palliative Care Setting
Speaker: Dr. Judith Paice

6. Emerging Trends in Oncology: What the Palliative Care Clinician Needs to Know
Speaker: Dr. Christine Simmons

7. Patients with Advanced Cancer: Best Practices in Managing Common Co-Morbid Conditions
Speaker: Dr. Debbie Selby

8. Prognostication: Are We Getting Closer? (PM only)
Speakers: Drs. Jeff Myers and Giovanna Sirianni

3:15 Refreshment Break and Exhibits

Plenary III

3:35 "Hot off the Presses": A Critical Review of Recent Practice Changing Publications from the Palliative Care and Oncology Literature
Speakers: Drs. Daphna Grossman and Dori Seccareccia

4:30 Evaluation and Adjourn



Guest Faculty

Judith A. Paice, PhD, RN

Director, Cancer Pain Program, Division of Hematology-Oncology
Northwestern University, Feinberg School of Medicine
Chicago, Illinois

Visiting Speaker of the Royal College of Physicians and Surgeons
of Canada, Region 3 Advisory Committee

Local Faculty

Sharon Konyen, BA, BEd, MTS

Spiritual Care Provider, Palliative Care, Princess Margaret Hospital

Elaine Rapp, MSW, RSW

Clinical Social Worker, Palliative Care Consult Team
Sunnybrook Health Sciences Centre

Debbie Selby, MD, FRCPC

Palliative Care Consultant, Sunnybrook Health Sciences Centre

University of Toronto Faculty

Daphna Grossman, MD, CCFP(em), FCFP

Lecturer, Department of Family and Community Medicine
Palliative Care Physician, Baycrest Centre for Geriatric Care

Sarah Hales, MD, FRCPC

Lecturer, Department of Psychiatry
Staff Psychiatrist, Psychosocial Oncology & Palliative Care
Princess Margaret Hospital

Hyon Kim, MD, MTS, CCFP

Assistant Professor, Department of Family and Community Medicine
Palliative Care Consultant, Sunnybrook Health Sciences Centre

Dori Seccareccia, MD, CCFP-Em, MCISc

Assistant Professor, Department of Family and Community Medicine
Palliative Care Consultant, Toronto General Hospital

Christine Simmons, MD, FRCPC

Assistant Professor, Department of Medicine
Medical Oncologist, Odette Cancer Centre
Sunnybrook Health Sciences Centre

Giovanna Sirianni, MD, CCFP

Lecturer, Department of Family and Community Medicine
Palliative Care Consultant, Sunnybrook Health Sciences Centre

Marcia Sokolowski, MA, PhD Candidate

Clinical Ethicist, Joint Centre for Bioethics
and Baycrest Centre for Geriatric Care

Camilla Zimmermann, MD, MSc, FRCPC

Assistant Professor, Division of Medical Oncology
and Haematology, University of Toronto
Head, Palliative Care Services, University Health Network
Scientist, Ontario Cancer Institute
Medical Director, Lederman Palliative Care Centre
Princess Margaret Hospital

Course Directors

Elizabeth Barnes, MD, FRCPC

Assistant Professor, Department of Radiation Oncology

Russell Goldman, MD, CCFP

Lecturer, Department of Family and Community Medicine

Jeff Myers, MD, CCFP, MSEd

Assistant Professor, Department of Family and Community Medicine

Consultant

S. Lawrence Librach, MD, CCFP, FCFP

W. Gifford-Jones Professor, Pain Control & Palliative Care
Professor and Head, Division of Palliative Care
Department of Family and Community Medicine
University of Toronto

Objectives

The 2009 conference will combine lectures and small group workshops to provide participants with information and opportunities to discuss in an interprofessional setting:

- developments in the pain and symptom management of advanced cancer and non-malignant diseases
- what palliative care practitioners need to know about palliative chemotherapy and radiotherapy
- psychotherapeutics and psychosocial care for the patient with advanced cancer and non-malignant disease
- complex decision-making and controversies in palliative care

Accreditation

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada, approved by the University of Toronto (6 credits).

The Office of Continuing Education and Professional Development, Faculty of Medicine, University of Toronto designates this educational activity for a maximum of 6 category 1 credits toward the AMA Physician's Recognition Award. Each physician should claim only those credits that he/she actually spent in the activity.

This program meets the accreditation criteria of The College of Family Physicians of Canada and has been accredited for up to 6 Mainpro-M1 credits.

Letters of Accreditation or Attendance

Letters of accreditation/attendance are distributed at the end of the program. If you are leaving earlier, you may request your letter from us at that time. We do not routinely mail out accreditation letters. Should you forget to pick up your letter at the conference, please contact the Office of Continuing Education and Professional Development.

Fees

All Health Professionals \$215

Residents & Students \$65
(with documentation and proof of status)

Enrolment is limited. Please do not make travel arrangements until registration confirmation is received. Confirmation of registration is in the form of an emailed receipt.

Cancellation

Refunds will not be issued for cancellations received after November 11, 2009. A processing fee of \$40 will be retained on all cancellations. Requests for cancellation refunds must be made in writing. Registrations are not transferable.

The University of Toronto reserves the right to cancel events. Registrants will be notified at the earliest possible date in the event of a cancellation. Tuition fees for events cancelled by the University will be refunded; however, the University will not be liable for any loss, damages or other expenses that such cancellations may cause.

Disclosure

Speakers will be requested to disclose to the audience any real or apparent conflict(s) of interest that may have a direct bearing on the subject matter of this program.

Course Location

Health Sciences Building
155 College Street, 6th Floor
Auditorium, Room 610
University of Toronto

Directions: One block west of the Queen's Park TTC station, the Health Sciences Building is on the southeast corner of College and McCaul Streets. When entering at 155 College Street take the elevators immediately across from the entrance to the 6th floor.

Parking: Inexpensive outdoor parking (\$7 flat rate) is available on the west side of McCaul Street just south of College and on King's College Circle (accessed from King's College Road north off College just west of McCaul). Payment can be made by coins or credit card at the ticket machine. Please call 416-978-PARK or go to the website: <http://www.fs.utoronto.ca/parking.htm> for more information.

Accommodation

A limited block of rooms is being held at **The Metropolitan Hotel**, 108 Chestnut Street, Toronto. Single/Double, Luxury King \$135 (plus taxes). Rooms at the conference rate are available **until the bedroom block fills or October 21, 2009**, whichever occurs first. Hotel rooms in Toronto are at a premium; please book early to avoid disappointment. Call the hotel directly for a reservation stating your group affiliation as "Pain & Symptom Management".

Phone: 416.599.0555 / Toll Free: 1.800.668.6600

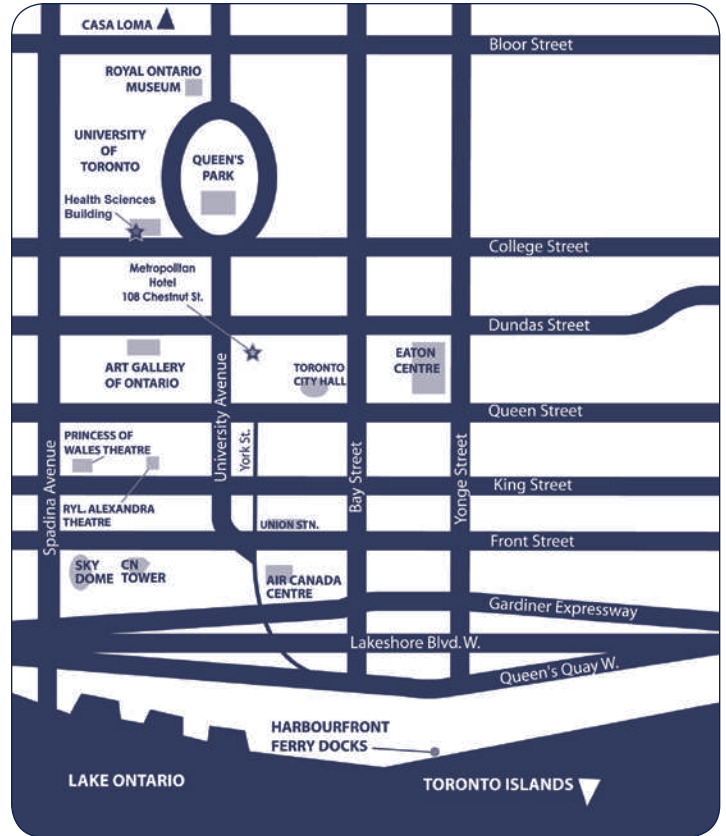
Fax: 416.597.6351

Email: reservations@tor.metropolitan.com

Website: www.metropolitan.com/toronto

Reservations cancelled within five (5) days of arrival will be charged for the stay in its entirety.

Map



Acknowledgements

We gratefully acknowledge our Supporters:
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The Royal College of Physicians and Surgeons of Canada, Region 3 Advisory Committee, has provided a continuing medical education grant in support of our meeting.

For Information

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Toronto, Ontario M5G 1V7

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Website: www.cepd.utoronto.ca

Registration Form: The Science & Art of Pain and Symptom Management 2009

Online Registration

To register online and pay by Visa, MasterCard or American Express, please visit: www.cepd.utoronto.ca. Click on "Courses & Conferences" and then "Find a Course". Enter course name or event code: **FCM0904**.

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Registration Fees

All Health Professionals.....\$215 CAD

Residents & Students.....\$65 CAD
(with documentation and proof of status)

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Workshop Session Selections

Saturday, November 21, 2009 - 10:30 am and 1:45 pm

Workshop enrolment is limited. Preferred workshop selections cannot be guaranteed. Participants will be able to attend two of the workshops offered (one in the morning and one in the afternoon).

Please rank your choices in order of preference (1-5):

- _____ Practical Skills in Managing Pain for Patients with Addictions in the Palliative Care Setting (repeated)
- _____ Emerging Trends in Oncology: What the Palliative Care Clinician Needs to Know (repeated)
- _____ Patients with Advanced Cancer: Best Practices in Managing Common Co-Morbid Conditions (repeated)
- _____ Self-Care: How Clinicians Can Take Care of Themselves (AM only)
- _____ Prognostication: Are We Getting Closer? (PM only)