



PENN STATE AQUATICS



LIFEGUARDING INSTRUCTOR COURSE SPRING 2016 REGISTRATION FORM

PARTICIPANT INFORMATION (Please Print)						
Participant's Last Name:		First:	Middle:	<input type="checkbox"/> Mr. <input type="checkbox"/> Mrs.	<input type="checkbox"/> Miss <input type="checkbox"/> Ms.	PSU ID (if any)
Is this your legal name? <input type="checkbox"/> Yes <input type="checkbox"/> No	If not, what is your legal name?		Are you a Member of the Nat? <input type="checkbox"/> Yes <input type="checkbox"/> No		Birth date: / /	Age: Sex: <input type="checkbox"/> M <input type="checkbox"/> F
Residential Street Address:			Contact Phone : ()		Email:	
P.O. Box:		City:		State:	ZIP Code:	

IN CASE OF EMERGENCY			
Name:	Relationship to Participant:	Primary Phone: ()	Secondary Phone ()
The above information is true to the best of my knowledge. I hereby give permission for PSU staff to seek emergency medical attention for myself / my child/children in the event of an emergency.			
Participant or Parent/Guardian Signature			Date

	Red Cross Price	Our Price
American Red Cross Lifeguard Training Course For those who wish to become a lifeguard Dates/Times (Must attend ALL): Wednesday, March 16: 6-10 PM Friday, March 18: 6-10 PM Wednesday, March 23: 6-10 PM Friday, March 25: 6-10 PM Thursday, March 31: 6-10 PM Friday, April 1: 6-10 PM Friday, April 8: 6-10 PM Saturday, April 9: 9 AM-6 PM Sunday, April 10: 9 AM-6 PM	\$500.00	\$350.00

Mail to: The Pennsylvania State University
McCoy Natatorium
University Park, PA 16802

**Please make checks
payable to:**
The Pennsylvania State
University

Please note: Registrations without a signed Waiver of Liability will not be accepted

ACCEPTANCE OF POLICIES	
My signature indicates that I have read and understand the important policies explained on the reverse/second page of this form and, further, that I agree to comply with all reasonable requests of Penn State staff.	
Signature (Parent/Guardian Required if Under Age 18)	Date

IMPORTANT INFORMATION & POLICIES

COURSE CANCELLATION POLICY: The University may cancel or postpone any course or activity because of insufficient enrollment or other unforeseen circumstances. If a course is canceled, a full refund will issue.

DISENROLLMENT POLICY: If you choose to cancel your registration for a course, refunds will only issue if written notice is received at least two (2) weeks prior to the start date. Refunds will not be provided for cancellations made within two weeks of the start date. Contact [Matt Hutchison](#) if you wish to cancel your registration.

INCLEMENT WEATHER POLICY: The University may cancel classes because of inclement weather. If the University is closed, there will be no classes. Those enrolled will be offered a choice of alternative dates to complete the course.

REGISTRATION POLICY: Class size is limited. Registrations are first-come, first served. Registrations will only be accepted with full payment. Please make checks payable to: *The Pennsylvania State University*. Credit cards are not accepted. Please do not mail cash payments. Cash payments must be made in person in the Aquatics Office.

HEALTH NOTICE: Health professionals recommend that all participants, *particularly those over 45 years of age*, complete a physical exam or have a doctor's approval prior to beginning an exercise program.

DO YOU NEED REASONABLE ACCOMMODATIONS? All Health & Safety programs include a written exam to help assess your understanding of course content. If you need special testing accommodations, please let us know in advance of the course. Exams are only available in English. Requested accommodations that fundamentally alter the nature of the skills will not be granted. For example, participants must be able to kneel on the ground and perform chest compressions at an appropriate rate and depth. Persons, for example, with back conditions who cannot perform these skills are welcomed to participate in the program to the extent they are able but will not be eligible for certification.

ATTIRE: Course participants will be expected to kneel and roll on the ground. Participants will practice opening airways and positioning each other in recovery positions. As such, we recommend that you dress appropriately. For water portions of the course, an appropriate swimsuit is required.

NO REFUNDS: Refunds are not provided to individuals who do not meet the minimum American Red Cross course completion requirements.

ATTENDANCE: Attendance at all course dates/times is required. If you miss a night, you are not eligible for recertification. No refunds will be given.

Prerequisites: To enroll in the Lifeguarding instructor course, you must be at least 17 years old before the last scheduled class session. You must possess Current Red Cross Lifeguarding/First Aid/CPR/AED certification (Certifications from other organizations will not be accepted). Original certifications (not copies) required and successfully complete pre-course skills assessments and online trainings.

If you are unable to complete the prerequisite assessment we will refund the price of the course less a \$25 administrative fee.

To successfully complete the course, you must complete all online components, attend the entire course, participate in all skill sessions/drills, activities and scenarios, demonstrate competency in all required skills and scenarios, and pass the final written exams with a minimum grade of 80 percent.

WAIVER OF LIABILITY / RELEASE OF ALL CLAIMS

In consideration of The Pennsylvania State University (hereinafter "University") providing instruction to myself/my child, attempting to further my/my child's knowledge, and permitting me/my child to participate in University programs, to wit **LIFEGUARD INSTRUCTOR COURSE** (hereinafter "Activity"), and after first being advised of the potential for injury and/or death I, _____, on behalf of myself and/or my minor child, hereby agree to the following:

1. I understand that my participation in this Activity generates a risk of injury to my/my child's person, including death, and/or damage to property, which risk I, on behalf of myself/my child, knowingly and voluntarily agree to assume. I fully understand and acknowledge that some of the risks in participating in said Activity include, but are not limited to, contusions, muscle strains and sprains, broken bones, lacerations, cardiac or respiratory malfunction, head, neck and back injury, paralysis, drowning (for water-related activities), and death as well as exacerbation of preexisting conditions, such as asthma and bronchitis.
2. I hereby covenant not to bring any action, legal, equitable or otherwise, or to make any claim of any nature whatsoever against The Pennsylvania State University, its officers, trustees, employees, and agents (whether actual, apparent or ostensible) and any other persons involved with the University's activities, either directly or indirectly, for any personal injury or injuries, including death, or property damage which I or my child might sustain while engaging in this Activity or any other activities necessarily or incidentally associated therewith.
3. I do hereby release and further discharge The Pennsylvania State University, its officers, trustees, employees, and agents (including instructors, coaches and aides) and any other persons involved with the University's activities, either directly or indirectly, of any responsibility or liability of any nature to me or my child for any personal injuries, death or property damage which I or my child may suffer or incur either directly or indirectly as a result of my/my child's participation in the University's programs and activities or other activities necessarily or incidentally associated therewith.
4. I make these covenants, releases and waivers knowingly and voluntarily with full knowledge of any existing or inherent dangers in training, practicing, playing, traveling and engaging in said Activity and any other activities necessarily or incidentally associated therewith, which dangers I hereby further expressly voluntarily assume.
5. I further make these covenants, releases and waivers to bind myself/my child and my/my child's executors, heirs, administrators and assigns to the fullest extent.
6. I do execute this Waiver with the intent to legally bind myself and/or my minor child, in addition to my/my child's heirs, administrators, executors and assigns.

Print Participant's Name

Signed (Parent/Guardian's signature required if participant is under 18 years of age)

Print Parent/Guardian's Name (If participant is under 18 yrs)

Date