



Challenge Course Information

Trained facilitators guide you through a course and present obstacles in order to examine and share such common reactions, insights, and emotions as joy, fear, fatigue, compassion and laughter. The challenges these activities present require a combination of teamwork, skill and individual commitment. It is the goal of the UGA Challenge Course to allow groups to confront these challenges while (1) exploring solutions and working as a team, (2) developing trust and support within the group, (3) developing a feeling of personal worth and accomplishment, and most of all (4) having fun! The program provides University students, faculty, staff, community and corporate groups the opportunity to participate in a series of these activities involving mental, physical and emotional risk taking and challenge. The course consists of an esthetically designed obstacle course, simulating challenges that might be found in a natural setting while hiking or mountain climbing.

Outdoor Course: The University of Georgia Outdoor Challenge Course Program is a combination of 10 low course elements, a brand new teams challenge course comprised of 8 challenge elements, 1 individual high element, and 3 exits including zip line, giant swing, and quick jump; as well as various activities and games located in the trees and fields of the Oconee Forest Park.

Indoor Course: The University of Georgia Indoor Challenge Course Program is a combination of low elements and various activities and games, along with an 8-element static high course located in Gym East of the Ramsey Student Center.

What to Expect:

- The Courses involve a variety of activities that often include warm-ups, games, group initiative problems, high and low challenge course elements and other rigorous physical adventure activities. It is required that every participant complete an University of Georgia Health History Form and Challenge Course Waiver Form (forms will be sent with confirmation/invoice) before participating. It is the responsibility of the group contact person to give these completed forms to the facilitator on or before the day of participation. **The level of participation in a challenge course activity is at all times completely up to the individual.**
- Due to the inherent risk and danger involved in this program, intoxicated persons, tobacco, alcoholic beverages and other mind-altering substances are not allowed.
- Recreational Sports will assign facilitators for each group. Specific directions to course, parking information and meeting location will be sent with confirmation/invoice.
- Participants should wear comfortable clothing, loose fitting pants or shorts (sweats or loose jeans are OK), sneakers or other gym shoes (no sandals, clogs or opened-toed shoes please). Cell phones must be turned off.
- Meals are the responsibility of the group. Unless otherwise requested, one hour will be allowed for a meal during a full day course. Food and drink may not be allowed in all areas. Arrangements must be made in advance. It is the responsibility of the participants to pick up and carry out all trash left by the group.
- The organization/person in charge of the group is responsible for the behavior of the participants. Failure to cooperate with Challenge Course Staff when faced with emergencies/problems may result in the group's inability to reserve Rec Sports facilities in the future.

Fees (A deposit of 1/3 of the total payment is due upon making the reservation. The balance must be paid one week prior to event):

		Low Ropes* (Half-Day)	Indoor High Course (Half- Day)	NEW Outdoor High Teams Course** (Half Day)	Indoor Full Day (lows and highs)	Outdoor Full Day (Lows and Highs) with New Course
UGA Groups	Student	15 (\$150 group min)	15 (\$150 group min)	25 (\$250 group min)	30 (\$300 group min)	35 (\$350 group min)
	Faculty/Staff	20 (\$200 group min)	20 (\$200 group min)	35 (\$350 group min)	40 (\$400 group min)	50 (\$500 group min)
Community Groups	Non-profit	25 (\$250 group min)	25 (\$250 group min)	40 (\$400 group min)	50 (\$500 group min)	60 (\$600 group min)
	Corporate	40 (\$400 group min)	40 (\$400 group min)	60 (\$600 group min)	70 (\$700 group min)	90 (\$900 group min)

*Low Ropes can be indoor or outdoor; in the event of inclement weather, outdoor lows will be relocated in the Ramsey Student Center

**In the event of inclement weather, group can be relocated to the indoor high course or reschedule for another date

Only groups canceling three weeks in advance of their participation will receive a full refund. Groups cancelling less than three weeks to 48 hours prior to their event must pay a cancellation fee of no less than \$100. Groups cancelling less than 48 hours prior must make full payment. Groups may increase or decrease the size of their group without penalties if done at least two weeks prior to their event. Groups giving notification of the decrease in the number of participants less than two weeks prior will be charged for all participants previously reserved. Requests to increase group size less than two weeks prior to course must be submitted to Senior Coordinator for Facility Reservations.



Recreational Sports

Challenge Course Request Form

Group/Organization: _____

Number of Participants: _____

Course Participants: UGA Student Group _____ UGA Faculty/Staff _____
Non-UGA, Non-Profit _____ Non-UGA, Corporate _____

Contact Person: _____ Phone: _____

E-Mail Address: _____

Mailing Address: _____

City: _____ State: _____ Zip: _____

Requested Course: Indoor Low _____ Indoor High _____
Outdoor Low _____ New Outdoor High Teams Course _____

Date(s) of Event: _____

Starting Time(s): _____ Ending Time(s): _____

Description of Proposed Activity: _____

Requested Set-up: _____

Statement of Understanding

I understand that this is only a facility request and no facilities have been reserved for my group/organization at this time. Written notification of decision will be emailed to address listed above.

Signature of Contact Person

Return to: ugachallengecourse@gmail.com
Coordinator for Outdoor Recreation
The University of Georgia Department of Recreational Sports
201 Ramsey Student Center
Athens, GA 30602
706-542-5060
706-542-5590 fax

Alternatively, you can submit an online challenge course request at: http://www.recsports.uga.edu/out_ropes.php