



# Training Calendar



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### Shield the Vulnerable

Raise the awareness and prevention of the mistreatment of the vulnerable. Shield the Vulnerable helps adults spot the signs of abuse, neglect, predators, bullying, boundaries, respect, and the perils of cyberspace. You can access this training by going to [www.shieldthevulnerable.org](http://www.shieldthevulnerable.org), select "First Time Signup Click Here", and select "Girl Scouts of Kentuckiana" as your organization. This required training takes 60-90 minutes to complete. Need internet access - contact Training and Troop Support (pg 16) for assistance.

**Course Length:** 1 - 1.5 Hours

**Fee:** Free

**Patch:** None

### Girl Scouting 101 Online

Welcome to Girl Scouts! Girl Scouting 101 introduces new volunteers to the Girl Scouts national leadership experience—from Journey resources and *The Girl's Guide to Girl Scouting*, to the Girl Scout Cookie Program, safety guidelines, and much more. This required training for all volunteers takes about 45–50 minutes to complete. You can access this training by going to [training.girlscouts.org](http://training.girlscouts.org). Need internet access - contact Training and Troop Support (pg 16) for assistance.

**Course Length:** 45 minutes

**Fee:** Free

**Patch:** None

This easy-to-use online training introduces new volunteers to Girl Scouts' inspiring national leadership experience from Journey resources and *The Girl's Guide to Girl Scouting*, to the Girl Scout Cookie Program, safety guidelines and much more. It is a required training for all Girl Scouts of Kentuckiana volunteers and requires about 45 – 50 minutes to complete. You can access **GS101** by logging onto the GSUSA training website and following the directions below.

#### Instructions:

1. Go to **<http://training.girlscouts.org/>**
2. Click: **Girl Scouting 101**
3. Fill out the registration: name, address, etc. Our council name is: **Kentuckiana**. Click: Submit.
4. Click Instructions. This will explain the procedure for the training.
5. Click Resources. This will suggest ideas how to work with your grade level girls.

**Important:** Please fill in the correct council name to receive training credit. This is the only way we have to verify you have completed the required course.

If you do not have access to online training via the Internet, please contact Training and Troop Support (pg 16) for assistance.

# Troop Courses

## Getting Started

Get your troop year started and going strong! Getting Started provides new leaders the tools needed to successfully hold their first family meeting, register their troop, organize the troop committee, and hold regular troop meetings. Can you handle one more, take Staying Safe! Need funds, take Troop Finances!

**Fee:** Free

**Patch:** None

*May be completed via home study. Go to <https://www.gskentuckiana.org/en/for-volunteers/online-training.html> to get the home study packet.*

## Staying Safe

Get ready for day trips with Staying Safe. Learn the GSUSA and council safety requirements and policies.

**Course Length:** 1 Hour

**Fee:** Free

**Patch:** Train Engine - Free

*May be completed via home study. Go to <https://www.gskentuckiana.org/en/for-volunteers/online-training.html> to get the home study packet. The face-to-face course is part of Troop Pathway Orientation.*

## Troop Finances

Learn about troop finances: bank account guidelines, record keeping, and money-earning. Upon completion, troops will be able to open a checking account and participate in money-earning activities.

**Course Length:** 1 Hour

**Fee:** Free

**Patch:** Train Engine - Free

*May be completed via home study. Go to <https://www.gskentuckiana.org/en/for-volunteers/online-training.html> to get the home study packet. The face-to-face course is part of Troop Pathway Orientation.*

## Troop Pathway Orientation

Set your path to a strong troop year. Troop Pathway Orientation gives new leaders and assistant leaders the tools needed for success. Important forms and information, in addition to a bit of “how to”, sets you on the path to a thriving troop. Troop Pathway Orientation is a required course for troop leader and assistant leaders within 3 months of starting their troop. You can complete the course in a face-to-face training or through two online modules: Staying Safe & Troop Finances.

**Course Length:** 1.5 - 2 Hours

**Fee:** Free

**Patch:** Smoke Cloud - Free

Event Location	Day	Date	Time	Trainer
<b>Louisville</b>				
Louisville/Metro PLC - Troop House	Tue	02/09/16	6:30 p.m. - 8:30 p.m.	Linda Zimmerman
<b>Owensboro</b>				
Owensboro/Pennyroyal PLC	Wed	01/13/16	6:00 p.m. - 8:00 p.m.	Lori Kimble

## Grade Level: Daisy

Help girls find their voice with programs created especially for them. This course guides you through the grade level resources like the *Girl's Guide to Girl Scouting*, *Journeys*, girl awards, and council programs. You'll become an expert in what it means to have "girl-led programming," with insight to Girl Scout traditions including the girl uniform, and discuss grade level appropriate activities.

**Course Length:** 2 - 3 Hours

**Fee:** Free

**Patch:** Daisy Train Car - \$1.25

Event Location	Day	Date	Time	Trainer
<b>Bowling Green</b>				
Bowling Green/Caveland PLC	Thu	03/03/16	6:00 p.m. - 8:00 p.m.	Beth Carroll (Multi-level class)
Bowling Green/Caveland PLC	Thu	04/07/16	6:00 p.m. - 8:00 p.m.	Beth Carroll
<b>Louisville</b>				
Louisville/Metro PLC - Troop House	Tue	02/23/16	6:00 p.m. - 9:00 p.m.	Linda Zimmerman
<b>Owensboro</b>				
Owensboro/Pennyroyal PLC	Wed	01/20/16	6:00 p.m. - 8:00 p.m.	Lori Kimble (D, B, J class)

## Grade Level: Brownie

Help girls find their voice with programs created especially for them. This course guides you through the grade level resources like the *Girl's Guide to Girl Scouting*, *Journeys*, girl awards, and council programs. You'll become an expert in what it means to have "girl-led programming," with insight to Girl Scout traditions including the girl uniform, and discuss grade level appropriate activities.

**Course Length:** 2 - 3 Hours

**Fee:** Free

**Patch:** Brownie Train Car - \$1.25

Event Location	Day	Date	Time	Trainer
<b>Bowling Green</b>				
Bowling Green/Caveland PLC	Thu	03/03/16	6:00 p.m. - 8:00 p.m.	Beth Carroll (Multi-level class)
Bowling Green/Caveland PLC	Thu	05/05/16	6:00 p.m. - 8:00 p.m.	Beth Carroll
<b>Louisville</b>				
Louisville/Metro PLC - Troop House	Thu	02/25/16	6:00 p.m. - 9:00 p.m.	Linda Zimmerman
<b>Owensboro</b>				
Owensboro/Pennyroyal PLC	Wed	01/20/16	6:00 p.m. - 8:00 p.m.	Lori Kimble (D, B, J class)

# Troop Courses

## Grade Level: Junior

Help girls find their voice with programs created especially for them. This course guides you through the grade level resources like the *Girl's Guide to Girl Scouting, Journeys*, girl awards, Girl Scout Bronze Award, and council programs. You'll become an expert in what it means to have "girl-led programming," with insight to Girl Scout traditions including the girl uniform, and discuss grade level appropriate activities

**Course Length:** 2 - 3 Hours

**Fee:** Free

**Patch:** Junior Train Car - \$1.25

Event Location	Day	Date	Time	Trainer
<b>Bowling Green</b>				
Bowling Green/Caveland PLC	Thu	03/03/16	6:00 p.m. - 8:00 p.m.	Beth Carroll (Multi-level class)
Bowling Green/Caveland PLC	Thu	06/02/16	6:00 p.m. - 8:00 p.m.	Beth Carroll
<b>Owensboro</b>				
Owensboro/Pennyroyal PLC	Wed	01/20/16	6:00 p.m. - 8:00 p.m.	Lori Kimble (D, B, J class)

## Grade Level: Cadette

Help girls find their voice with programs created especially for them. This course guides you through the grade level resources like the *Girl's Guide to Girl Scouting, Journeys*, girl awards, Girl Scout Silver Award, and council programs. You'll become an expert in what it means to have "girl-led programming," with insight to Girl Scout traditions including the girl uniform, and discuss grade level appropriate activities.

**Course Length:** 2 - 3 Hours

**Fee:** Free

**Patch:** Cadette Train Car - \$1.25

Event Location	Day	Date	Time	Trainer
<b>Bowling Green</b>				
Bowling Green/Caveland PLC	Thu	03/03/16	6:00 p.m. - 8:00 p.m.	Beth Carroll (Multi-level class)
<b>Owensboro</b>				
Owensboro/Pennyroyal PLC	Mon	01/11/16	6:00 p.m. - 8:00 p.m.	Lori Keller Schroeder (C, S, A class)

## Grade Level: Senior/Ambassador

Help girls find their voice with programs created especially for them. This course guides you through the grade level resources like the *Girl's Guide to Girl Scouting*, *Journeys*, girl awards, Girl Scout Gold Award, and council programs. You'll become an expert in what it means to have "girl-led programming," with insight to Girl Scout traditions including the girl uniform, and discuss grade level appropriate activities.

**Course Length:** 2 - 3 Hours

**Fee:** Free

**Patch:** Senior/Ambassador Train Car - \$1.25

Event Location	Day	Date	Time	Trainer
<b>Bowling Green</b>				
Bowling Green/Caveland PLC	Thu	03/03/16	6:00 p.m. - 8:00 p.m.	Beth Carroll (Multi-level class)
<b>Owensboro</b>				
Owensboro/Pennyroyal PLC	Mon	01/11/16	6:00 p.m. - 8:00 p.m.	Lori Keller Schroeder (C, S, A class)

## Girl Scouts Songs and Games

Learn a variety of activities that are fun and quick to do when you have some down time. These games can be used at troop meetings or at camp. Little or no equipment is needed, and no special knowledge is needed to use these games.

**Course Length:** 2 Hours

**Fee:** Free

*No courses scheduled at this time. Training for groups is available upon request. Please contact Training and Troop Support for more information. See page 16 for contact information.*

## Leave No Trace

Learn how to enjoy the outdoors with a limited impact so the next group can enjoy it as well. As Girl Scouts, we want to leave a place looking better than we find it and don't want to disturb other people around us. These things are considered in Leave No Trace ethics. Leave No Trace is a program of outdoor ethics. It teaches principles and skills that encourage outdoor enthusiasts to enjoy the outdoors without loving it to death.

**Course Length:** 4 Hours

**Fee:** Free

**Patch:** None

Event Location	Day	Date	Time	Trainer
<b>Bowling Green</b>				
Houchens Program Center	Sun	04/10/16	9:00 a.m. - 3:00 p.m.	Shirley Grise

## Enrichment Courses

### Journey Institutes

Troop leaders are encouraged to attend GSK's Journey Institute, an all-day intensive Journey training. Learn Journey content and how to incorporate it into troop activities, and participate in hands-on activities to take back to your troop. As follow up, leaders will receive monthly updates with supportive tips and activities!

At the It's Your Story-Tell It! Journey Institute, we'll gain a deeper understanding of girls using the Journeys: aMUSE, MEdia, & Mission Sisterhood along with Free Being Me. Learn to build girl's self-esteem, self-confidence, and leadership skills so they change the world.

At the It's Your Planet-Love It! Journey Institute, we'll dive into the STEM-based Journeys: Wonders of Water and Get Moving! Learn the importance of STEM, how to encourage girls to have fun with STEM, and field trip ideas to make the Journey come to life.

As a bonus for participation, each troop will receive one Adult Guide Journey Book Set, up to ten girl books, and a supplemental handbook full of activities and ideas to help along your Journey!

Register using the Journey Institute Registration forms on pages 19 and 20.

**Course Length:** 6 Hours

**Fee:** \$10.00

Event Location	Day	Date	Time	Trainer
<b>Louisville</b>				
Camp Shantituck	Sat	02/06/16	9:00 a.m. - 3:00 p.m.	Various (It's Your Story - Tell It!)
<b>Owensboro</b>				
Owensboro/Pennyroyal PLC	Sat	01/23/16	9:00 a.m. - 3:00 p.m.	Various (It's Your Story - Tell It!)



Girl Scout troops are required to have an adult certified in First Aid and CPR present for most activities. This certification can be obtained from many different institutions: American Red Cross (ARC), American Heart Association (AHA), and American Safety & Health Institute (ASHI) are just a few. The Girl Scouts of Kentuckiana is an American Red Cross (ARC) licensed training provider. You will receive a discounted combo price of \$35 when you take both CPR (ARC) and First Aid (ARC) through our training calendar. The costs listed below are the cost for the GSK sponsored ARC courses. Fees may vary by provider.

## First Aid & CPR

Learn basic first aid, adult and child CPR, and AED procedures. Certification is valid for two years. What to bring: blanket and note-taking materials. Wear casual clothing as you will be working on the floor.

**Course Length:** Varies

**Fee:** \$35

**Patch:** First Aid & CPR Train Cars - \$2.50

Event Location	Day	Date	Time	Trainer
<b>Bowling Green</b>				
Bowling Green/Caveland PLC	Sat	01/16/16	10:00 a.m. - 2:00 p.m.	Shirley Grise
Bowling Green/Caveland PLC	Sat	02/27/16	10:00 a.m. - 2:00 p.m.	Shirley Grise
Bowling Green/Caveland PLC	Sat	03/19/16	10:00 a.m. - 2:00 p.m.	Shirley Grise
Bowling Green/Caveland PLC	Sat	04/09/16	10:00 a.m. - 2:00 p.m.	Shirley Grise
<b>Louisville</b>				
Louisville/Metro PLC - Troop House	Sat	01/09/16	9:00 a.m. - 1:30 p.m.	Eileen Moseley
Louisville/Metro PLC	Sun	01/24/16	1:00 p.m. - 5:30 p.m.	Mary Lynn Hurst Riley
Louisville/Metro PLC	Sun	02/21/16	1:30 p.m. - 6:00 p.m.	Eileen Moseley
Louisville/Metro PLC	Sun	03/20/16	1:30 p.m. - 6:00 p.m.	Laura Hatfield
Louisville/Metro PLC	Tue	03/22/16	6:30 p.m. - 8:30 p.m.	Mary Lynn Hurst Riley
Louisville/Metro PLC	Thu	03/24/16	6:30 p.m. - 8:30 p.m.	Mary Lynn Hurst Riley
Louisville/Metro PLC	Sun	04/17/16	1:30 p.m. - 6:00 p.m.	Mary Sue Ryan
Louisville/Metro PLC	Sun	05/15/16	1:30 p.m. - 5:30 p.m.	Mary Lynn Hurst Riley

## Wilderness First Aid

Learn the skills needed to respond to an emergency when help may be delayed. Course topics include head (brain), neck and spinal injuries, hypothermia, allergies and anaphylaxis, bone and joint injuries, wounds and wound infection, heat-related emergencies, altitude-related illnesses, burns, and more. Prerequisite: CPR/AED.

**Fee:** \$25.00

**Patch:** Wilderness First Aid Train Car - \$1.25

Event Location	Day	Date	Time	Trainer
<b>Louisville</b>				
Camp Shantituck - Denham House	Sat	01/16/16	8:00 a.m. - 6:00 p.m.	Mary Sue Ryan and Mary Riley

## Outdoor Recreation Courses

### Camp In Part A & Part B

Get ready to have fun outdoors. Camp In teaches the skills needed to prepare girls for day activities, simple outdoor meals, and overnights in winterized buildings. Complete this in a face-to-face training or two parts. Total time for Camp In training is 7.5 hours.

**Course Length:** 7.5 Hours

**Fee:** \$6.00

**Patch:** Camp In Part A & Part B Train Cars - \$2.50

Event Location	Day	Date	Time	Trainer
Bowling Green				
Camp Houchens	Sat	04/02/16	9:00 a.m. - 5:30 p.m.	Mary Osterman and Marsha York

### Camp Out

Authorizes you to take troops camping in tents at developed tent areas. Learn the use of propane stoves, care of platform tents, tent pitching and usage, tool craft, knots, care of aluminum pots, use and care of ironware, cooking by a variety of methods, meal planning and food preparation, and use of coolers for storage of perishable food items. Camp Out is valid for five years or until you complete Wilderness Travel, Outdoor Update, or repeat Camp Out, whichever comes first. Prerequisite: Camp In.

**Course Length:** 8 Hours

**Fee:** \$10.00

**Patch:** Camp Out Train Car - \$1.25

Event Location	Day	Date	Time	Trainer
Bowling Green				
Barren Ridge - Tent Unit	Fri	05/13/15 5:30 p.m - 05/14/15 4:30 p.m.		Mary Osterman and Marsha York

## Bring On Bronze

Learn how Girl Scout Junior teams take on the Bronze Award. Bring on Bronze will teach girls how to look around their neighborhoods or schools and find ways to make a change for the better. Girls learn how to follow their passion to find a project that meets a neighborhood, school or local community need. Adults will learn how to guide girls to identify issues that they care about by exploring and developing their projects.

**Course Length:** 2 Hours

**Fee:** Free

**Patch:** None

Event Location	Day	Date	Time	Trainer
<b>Louisville</b>				
Louisville/Metro PLC - Troop House	Sat	04/09/16	10:00 a.m. - 12:00 p.m.	Linda Zimmerman

## Striving for Silver

Learn how Girl Scout Cadettes can work together or go solo for their Silver. Striving for Silver will teach girls how to look around their neighborhoods or schools and find ways to make a change for the better. Girls learn how to follow their passion to find a project that meets a neighborhood, school or local community need (must be done beyond the Girl Scout community). Adults will learn how to guide girls to identify issues that they care about by exploring and developing their projects.

**Course Length:** 3 Hours

**Fee:** Free

**Patch:** None

Event Location	Day	Date	Time	Trainer
<b>Bowling Green</b>				
Bowling Green/Caveland PLC	Thu	03/10/16	6:00 p.m. - 9:00 p.m.	Mary Osterman

## Go Gold Workshop

Learn how Girl Scout Seniors/Ambassadors can earn the highest award in Girl Scouts. The Go Gold Workshop will teach girls how to follow their passion to find a project that meets a community need and can be sustainable after their involvement. The procedures for submitting Girl Scout Gold Award project plans and the Girl Scouts of Kentuckiana approval process will be detailed and explored in this course. Adults will learn how to guide girls to find their passion and proceed with the programmatic outcomes listed above.

**Course Length:** 2 Hours

**Fee:** Free

**Patch:** None

Event Location	Day	Date	Time	Trainer
<b>Bowling Green</b>				
Bowling Green/Caveland PLC	Thu	02/04/16	6:00 p.m. - 8:00 p.m.	Beth Carroll

## Beyond the Troop Courses

### Volunteer-Led Camp Training

Volunteer-Led Camp Training will provide hub staff with the tools they need to plan and facilitate their day camps and camporees. Learn how to build your team and host large camping events.

**Fee:** Free

**Patch:** Day & Mini Camp Train Car - \$1.25

*No courses scheduled at this time. Training for groups is available upon request. Please contact your local Training and Troop Support (pg 16) for more information. See page 16 for contact information.*

### Membership Recruiters Training

Share your love of Girl Scouts with others. Learn to carry out a recruitment plan including rallies, parent meetings, and other recruitment events. Trainers will also walk through the process of how to properly complete and submit membership registration forms. Membership Recruiters Training is required for anyone assisting with recruitment/registration.

**Fee:** Free

**Patch:** Service Team Train Car - \$1.25

*No courses scheduled at this time. Training for groups is available upon request. Please contact Training and Troop Support for more information. See page 16 for contact information.*

### Planning Large Group Events

Does your troop want to sponsor a large group event at camp? Does your Service Unit or Area Association want to sponsor a camporee? Come get planning tips, learn about council requirements for large group events, and exchange ideas to make your large group event successful. We welcome people who've never planned a large group event as well as experienced planners.

**Course Length:** 2.5 Hours

**Fee:** Free

**Patch:** None

*No courses scheduled at this time. Training for groups is available upon request. Please contact Training and Troop Support for more information. See page 16 for contact information.*

### Teams Course Facilitator

Put your troop through their paces. Teams Courses build confidence and self-esteem, teamwork, decision-making, leadership, and foster appreciation and respect for differences. Learn team building games and our low ropes courses including safety and effectiveness in building trust and problem-solving skills. Teams Courses are available at Camp Shantituck, Stem Adventure Center, Camp Bear Creek, Camp Pennyroyal, and Houchens.

**Course Length:** 3 Hours

**Fee:** Free

**Patch:** Teams Course Train Car - \$1.25

Event Location	Day	Date	Time	Trainer
Bowling Green				
Houchens Program Center	Sun	01/17/16	10:00 a.m. - 2:00 p.m.	Shirley Grise

## Adventure and Aquatic Facilitator Courses

### Introduction to Canoeing Level 1

Spend a day on the lake canoeing with girls. Learn paddling and rescue skills to take girls canoeing on non-moving or slow moving sheltered waters and bays (Camp Pennyroyal Lake, Camp Bear Creek's Bay, Barren River Reservoir Bays, or at Camp Houchens) at low to medium water levels.

**Course Length:** 7-8 Hours

**Fee:** \$10

**Patch:** Aquatics Train Car - \$1.25

Event Location	Day	Date	Time	Trainer
Bowling Green				
Camp Barren Ridge	Sat	06/18/16	9:00 a.m. - 4:30 p.m.	Mary Osterman

### Small Craft Safety

This workshop will teach ice and water safety, water rescues, PFD's, self-rescues, and water survival. You will be in the water, bring long sleeve shirt and long pants. Bring your own lunch. Includes patch. Senior and Ambassador Girl Scouts welcome.

**Course Length:** 7 Hours

**Fee:** Varies

**Patch:** Included

*No courses scheduled at this time. Training for groups is available upon request. Please contact Training and Troop Support for more information. See page 16 for contact information.*

### Water Safety Workshop

This workshop will teach ice and water safety, water rescues, PFD's, self-rescues, and water survival. You will be in the water, bring long sleeve shirt and long pants. Bring your own lunch. Senior and Ambassador Girl Scouts welcome.

**Course Length:** 4 Hours

**Fee:** Varies

**Patch:** Included

*No courses scheduled at this time. Training for groups is available upon request. Please contact Training and Troop Support for more information. See page 16 for contact information.*



**It's Your Story – Tell It!**

## Need help with the Journeys?

Troop leaders are encouraged to attend GSK's *Journey Institute*, an all-day intensive Journey training. Learn Journey content and how to incorporate it into troop activities, and participate in hands-on activities to take back to your troop. As follow up, leaders will receive monthly updates with supportive tips and activities!

**Cost is \$10.00 / adult and includes lunch.**

At the It's Your Story-Tell It! Journey Institute, we'll gain a deeper understanding of girls using the Journeys: *aMUSE*, *MEDia*, & *Mission Sisterhood* along with Free Being Me. Learn to build girl's self-esteem, self-confidence, and leadership skills so they change the world.

*As a bonus for participation, each troop will receive one Adult Guide Journey Book Set, up to ten girl books, and a supplemental handbook full of activities and ideas to help along your Journey!*

**Saturday, January 9, 2016**

9:00 am to 3:00 pm Eastern

Southern Indiana

Register By: December 23, 2016

**Saturday, January 23, 2016**

9:00 am to 3:00 pm Central

Pennyroyal PLC

Register By: January 6, 2016

**Saturday, February 6, 2016**

9:00 am to 3:00 pm Eastern

Camp Shantituck

Register By: January 18, 2016

Section 1: Event/Training Information					
Event/Training Name:	Journey Institute - It's Your Story-Tell It!		Time:	9:00 to 3:00 Local Time	
Date:	<input type="checkbox"/> 01/09/16 Southern Indiana	<input type="checkbox"/> 01/23/16 Pennyroyal PLC	<input type="checkbox"/> 02/06/16 Camp Shantituck		
Section 2: Troop/Group Information					
Group/Troop:			Service Unit:		
Contact Name:					
Address:					
City:			State:		Zip:
Email:					
Day Phone:			Alt Phone:		
Girls Registered:	Juniors <input type="checkbox"/>	Cadettes <input type="checkbox"/>	Seniors <input type="checkbox"/>		
Section 3: Registration Information					
Item	Number	Cost Per Item	Total Cost		
Adult		\$10.00 Each			
Section 4: Attending					
Grade Level	Name	Email			
<input type="checkbox"/> Jr <input type="checkbox"/> Cad/Sr					
<input type="checkbox"/> Jr <input type="checkbox"/> Cad/Sr					
<input type="checkbox"/> Jr <input type="checkbox"/> Cad/Sr					
<input type="checkbox"/> Jr <input type="checkbox"/> Cad/Sr					
Section 5: Payment Information <input type="checkbox"/> Cash <input type="checkbox"/> Check <input type="checkbox"/> Credit Card <input type="checkbox"/> Other					
Name on Credit Card					
Credit Card Number				Expiration Date	

**Submit completed registration form and payment to your local PLC:**

<b>Bowling Green/Caveland PLC</b> Attn: GSLE Specialist 901 Lehman Ave., Ste. 7 Bowling Green, KY 42101	<b>Elizabethtown/Heartland PLC</b> Attn: GSLE Specialist 200 Sycamore St., Ste. 124 Elizabethtown, KY 42701	<b>Louisville/Metro PLC</b> Attn: GSLE Specialist 2115 Lexington Rd. Louisville, KY 40206	<b>Owensboro/Pennyroyal PLC</b> Attn: GSLE Specialist 140 Salem Dr. Owensboro, KY 42303	<b>Paducah/Bear Creek PLC</b> Attn: GSLE Specialist 711 Jefferson St. Paducah, KY 42001
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## Free Packets & Patches

Girl Scouts of Kentuckiana is proud to partner with Dove and Girl Scouts of the USA to launch **Free Being Me**, a leadership initiative focused on helping girls better understand global definitions of beauty, define beauty for themselves and boost their self-confidence in the process.

**Free Being Me** will help girls understand, from a global perspective, that a greater diversity of beauty exists and provide them the opportunity to take action to promote diversity to girls locally and globally. Importantly, it can be used to introduce or enhance girls' experiences along with the It's Your Story—Tell It! leadership Journey series.

**We need your help!** Girl Scouts of Kentuckiana is participating in GSUSA's **Free Being Me** Incentive Plan. This incentive plan will award incentive funds to the top 9 councils for reporting the most girls-reached with **Free Being Me** programming by March 31, 2016. Come by your local PLC to pick up the Free Packet & Patches for this great program.

Section 1: Event/Training Information					
Event Name:	Free Being Me - Program Packet & Patch Order Form				
Section 2: Troop/Group Information					
Group/Troop:		Service Unit:		Date:	
Contact Name:					
Address:					
City:		State:		Zip:	
Email:					
Day Phone:		Alt Phone:			
Packet Needed:	<input type="checkbox"/> Brownies <input type="checkbox"/> Juniors <input type="checkbox"/> Cadettes <input type="checkbox"/> Seniors				
Section 3: Patch Order					
Grade Level	Girls Participating	Patches / Girl	Total Patches		
Brownies		1 per Girl Participating			
Juniors		1 per Girl Participating			
Cadettes		5 per Girl Participating			
Seniors		5 per Girl Participating			
<b>Total Patches Needed</b>					

Submit completed registration form and payment to your local PLC:				
Bowling Green/Caveland PLC Attn: GSLE Specialist 901 Lehman Ave., Ste. 7 Bowling Green, KY 42101	Elizabethtown/Heartland PLC Attn: GSLE Specialist 200 Sycamore St., Ste. 124 Elizabethtown, KY 42701	Louisville/Metro PLC Attn: GSLE Specialist 2115 Lexington Rd. Louisville, KY 40206	Owensboro/Pennyroyal PLC Attn: GSLE Specialist 140 Salem Dr. Owensboro, KY 42303	Paducah/Bear Creek PLC Attn: GSLE Specialist 711 Jefferson St. Paducah, KY 42001



## Important Information – FAQs

Training courses are listed as of publication date. Please check the Events calendar at [www.gskentuckiana.org](http://www.gskentuckiana.org) for a complete and updated listing of courses.

### Who can attend Adult Education courses?

Adult education courses are open to all registered adults. Ambassador Girl Scouts are also welcome to attend appropriate courses.

### I'm a new volunteer.

#### What courses do I need to take?

There are recommended and required courses for new volunteers (see below list). Required courses in **bold**.

- **GS101**
- **Shield the Vulnerable**
- **Pathway Orientation**
- **First Aid/CPR** (see course description)
- Grade Level Courses
- Camp In A and B

### How do I register for a course?

Visit the Girl Scouts of Kentuckiana Volunteer Training and Events calendar at [www.gskentuckiana.org](http://www.gskentuckiana.org) for on-line registration, or use the registration form located in the back of this guide. Advance registration is required for all courses.

### How much does it cost to take a course?

Most courses are provided without charge as a service of the council. When a fee is charged, it will be listed on the course description, and is due at the time of registration.

### Is financial assistance available?

Financial assistance is available for adult education courses. The application is available online at [www.gskentuckiana.org](http://www.gskentuckiana.org). Search for Financial Assistance Application under *Resources*. Submit this form to your local Program and Learning Center when registering for a course.

### Will my course registration be confirmed?

Yes. Course registration confirmations are emailed.

### What should I bring to class?

Always bring note-taking materials and your adult education training card. Some courses require additional materials; please check the course description and registration confirmation for details. Please do not bring children to workshops unless childcare is specially noted. This is for your child's safety and the consideration of those in attendance.

### How do I cancel my course registration?

Please call Kasey Bryant, Training and Toop Support Specialist at least 10 business days prior to the training to cancel your registration for a full refund. If an emergency situation arises, and you need to cancel your registration, please notify Kasey as soon as possible. Refunds are available for cancellations due to medical reasons, personal injury, or death in the family when notified at least 24 hours before the training.

### Will I be notified if my course is cancelled or full?

Yes, if the minimum number of participants is not met, the course may be cancelled. If the course is full, cancelled, or changed in any way, you will be notified by phone or email.



**I cancelled my registration. Can I get a refund?**

Fees for council-cancelled courses are refundable or transferable within the same year. Fees for courses which are held, but which you do not attend, are forfeited. We will not guarantee a refund for cancellations on trainings less than 10 business days out, unless the cancellation is due to medical reasons, personal injury, or death in the family.

**Does GSK keep track of training records?**

Yes, your training records are recorded at the GSK Council office. It is recommended that you also keep track of the courses you have taken on the Record of Adult Education wallet card.

**Are training patches available?**

Yes, train car patches are available for most adult education courses. These patches (\$1.25) may be purchased when you register online or through your local Girl Scout Shop.

**I don't see the training I need.****How do I schedule training?**

Training for groups is available upon request. Please contact your local Training and Troop Support (pg 16) for more information.

## Training and Troop Support Contact Information

**Volunteer Care Line: 888-771-517**

### **Training and Troop Support Staff**

**Ginger Boone**

Manager of Training and Troop Support  
gboone@gskentuckiana.org  
x-10444

**Kasey Bryant**

kbryant@gskentuckiana.org  
Training and Troop Support Specialist  
x-13333

### **Program and Learning Centers**

**Bowling Green**

**Caveland Program and Learning Center**

901 Lehman Ave., Ste. 7  
Bowling Green, KY 42101

**Elizabethtown**

**Heartland Program and Learning Center**

200 Sycamore St.  
Houchens Plaza, Suite 134  
Elizabethtown, KY 42701

**Louisville Metro Program  
and Learning Center**

2115 Lexington Rd., Louisville, KY 40206

**Owensboro**

**Pennyroyal Program and Learning Center**

140 Salem Dr.  
Owensboro, KY 42303

**Paducah**

**Bear Creek Program and Learning Center**

711 Jefferson St.  
Paducah, KY 42001







# **OUTDOOR TRAINING WEEKEND MAY 20-22, 2016**

**Save the dates!**  
**Friday May 20th - Sunday May 22th**

- Who:** Girl Scout Adult Volunteers and Girl Scout Ambassadors (all courses)  
Wilderness Travel also open to Girl Scout Seniors
- What:** Courses required for outdoor activities in Girl Scouting, plus optional enrichment courses
- Where:** Camp Shantituck
- Why:** The great outdoors is one of the BEST places to meet our mission of building girls of courage, confidence, and character who make the world a better place!

Courses offered this weekend will include those required for adult volunteers who accompany girls on day outings in the out-of-doors, camping overnight in buildings and tents, and wilderness travel. If you want to take a troop/group to the outdoors and/or if you want to volunteer for day camp, this weekend has everything you need--plus more!

**Expected Course Offerings** (see course descriptions under Outdoor Education in a training calendar):

- Camp In (both Part A and B will be offered)
- Camp Out
- Outdoor Update
- Wilderness Travel
- Teams Course Facilitation Course

**In addition, the following outdoor enrichment courses are likely to be offered during the weekend:**

Archery Instructor's Training, Archery for Fun, Canoeing for Fun (and maybe Canoeing Facilitation Course), Campfire Program, some Outdoor Program Roundtables, Outdoor Cooking, Hike Shantituck, and more!

**For More Information and Registration Forms:**

- Contact Marty Woelfel, Outdoor Training Weekend committee, at [WoelfelMarty@aol.com](mailto:WoelfelMarty@aol.com) or 502-454-3443 if you have questions or need help finding information.
- Go to [www.gskentuckiana.org](http://www.gskentuckiana.org) and search for Outdoor Training Weekend for the full weekend flyer, cost information, and the registration form. Information on the website will be posted early in the Spring after additional planning has happened.