

Inventory for College Success

Identifying the factors that contribute to your success as a student takes a commitment to understanding who you are and reflecting on your experiences. This inventory is intended to help you identify and analyze personal values, behaviors, and habits that impact your academic success, so that you can take the next step: creating strategies to address particular behaviors and acting on them. Please reflect on each statement carefully and enter a number according to the scale below.

Please review and rank the following statements as:

A = Always

N= Never

S= Sometimes

1. _____ I know the best time of day for me to absorb academic material and I set time aside accordingly.
2. _____ I do most of my work late at night because I run out of time during the day.
3. _____ I use a planner or another calendar to record class assignments and due dates and refer to it frequently.
4. _____ I get overwhelmed easily and don't know where to start.
5. _____ I get sick a lot but don't know why.
6. _____ I have many activities that prevent me from doing my school work.
7. _____ I start work on my class assignments as soon as I receive them.
8. _____ I procrastinate but can't seem to change the pattern.
9. _____ I have a place that is conducive to studying.
10. _____ It is difficult to stay motivated each day.
11. _____ Personal issues are affecting my concentration and performance.
12. _____ I complete reading assignments before each class.
13. _____ I do well on quizzes but not on exams.
14. _____ I carefully review the syllabi of each class to better understand the course expectations.
15. _____ I can monitor myself well and don't need anyone to help me.
16. _____ I am able to concentrate when reading and studying my textbook material.
17. _____ When reading textbooks I am able to locate the main ideas to determine what is important for class lectures, quizzes, and tests.
18. _____ If I do not understand the material I seek out assistance as soon as possible.
19. _____ Sometimes I rush through class assignments because I run out of time.
20. _____ I generally excel in my writing assignments.
21. _____ I skip classes.
22. _____ I am comfortable contacting my instructor for assistance.
23. _____ I utilize various resources on campus.
24. _____ I have strategies for maintaining my interest in courses and course material that I do not like.
25. _____ I pay close attention during lectures and take notes.