

MENU FORM
USDA- Child and Adult Care Food Program

MONDAY**TUESDAY****WEDNESDAY****THURSDAY****FRIDAY****BREAKFAST**

Milk
Fruit and/or Vegetable
Bread or Cereal

MORNING SNACK

Serve any two of the
following foods:

Milk
Fruit and/or Vegetable
Bread or Bread Alternate
Meat or Meat Alternate

LUNCH OR SUPPER

Meat or Meat Alternate
Vegetables and/or Fruits
(2 or more)
Bread or Bread Alternate
Milk
Other Foods

AFTERNOON SNACK

Serve any two of the
following foods:

Milk
Fruit and/or Vegetable
Bread or Bread Alternate
Meat or Meat Alternate