



weightwatchers

50% OFF

**WEIGHT WATCHERS
OFFERINGS**

for U.S. Cooper Standard Employees

SHOW YOUR TRUE COLORS

And choose how you start to lose



Available Plan Offerings

If you are interested in a weight-loss program to improve your overall health, Cooper Standard is offering a discount on the Weight Watchers® offerings listed below.

With Weight Watchers proven, personalized approach to weight loss through food and fitness, you can achieve a healthier lifestyle that is not only measured in numbers but around the whole you.

Weight Watchers At Work Meeting Series Michigan Residents	Weight Watchers OnlinePlus**
<p>Enjoy convenient meetings in your workplace.</p> <ul style="list-style-type: none">• 12 Week At Work Meeting Series• Get FREE access to OnlinePlus, our full suite of digital tools to help you stay on track between meetings.• You will be provided with an eTools voucher to access OnlinePlus when you sign up for your meeting series. <p>Your Cost for 12 Weeks \$75.00</p>	<p>Easily follow the plan step-by-step entirely online with digital and mobile tools†, including:</p> <ul style="list-style-type: none">• Weight tracker, recipe builder, restaurant guides and much more• Available for men and women with tailored content that speaks directly to each audience <p>Your Monthly Cost \$8.05</p>

To purchase a Weight Watchers At Work Meeting Series, please see your local Wellness Champion for more details on the sign-up process.

To independently purchase Weight Watchers OnlinePlus (without meetings), visit wellness.weightwatchers.com and enter the following Employer ID and Passcode.

Employer ID: 11358954 Employer Passcode: WW11358954

If you experience any problems with this site, please call the Weight Watchers Wellness Hotline at 866-204-2885.

* Full payment is required in advance for At Work Meeting Series. Sold in participating areas only; may not be accepted for local and/or At Work meetings in all areas. Minimum enrollment and participation required to start an At Work Meeting series.

** OnlinePlus subscription will be automatically renewed each month and you will be charged in accordance with your company's pricing until you cancel.

† Digital tools and apps available only with OnlinePlus or eTools subscription. Apps available for iOS and Android devices.

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Registration for OnlinePlus

Step 1: Go to wellness.weightwatchers.com. Enter Employer ID: 11358954 and Employer Passcode: WW11358954.

Step 2: Personalize Your Account and create a username and password (will be used for this registration site only).

If you are a current OnlinePlus member, click the blue link “Do you already have a WeightWatchers.com account?” and enter your existing Weight Watchers username and password to link your account history to this new subscription. You will be asked to enter your current password.

Step 3: Complete your workplace information and enter your Employee ID. Enter the zip code for the building where you work and click on “find locations” or select a pre-populated work location. If the results do not show your particular work address, you will be asked to enter your building’s street address.

Step 4: Complete your Weight Watchers Subscription Account:

- A. If you are an existing member, re-enter your current Weight Watchers password (this will finalize your account history linking process) and enter/update the necessary information. If you are a new member to Weight Watchers, proceed to entering more information about you. Click Next
- B. On the next page, if you are new member, complete your account log in information by re-entering the password** created on the registration site in step 2. If the pre-populated username is not available on this section, please create a new one***.
- C. Enter your payment information
- D. Accept the subscription agreement and click on “Complete Sign Up”.

**This will be the username and password to use going forward on all consecutive logins to your WeightWatchers.com account to access eTools, Online Subscriptions and mobile applications.

***In rare instances, the username created in the registration site will not be available in this section.

At Work Meeting Series Registration

Step 1: An informational session will be coordinated through your local Wellness Champion, whereby a Weight Watchers leader will come onsite to garner interest and provide details about the program to interested employees.

Step 2: A meeting time and date will be requested by your Wellness Champion.

Step 3: A registration link will be provided to you from your Wellness Champion to initiate the online registration process.

Step 4: Your personal information and payment method is entered on the registration site but not charged until 15 employees have registered.

Step 5: Once 15 members have registered, your transaction will be completed and meetings will begin.

If you need assistance with any of these steps, please contact your local Wellness Champion.

Frequently Asked Questions

What is Weight Watchers and why are we offering their services and products?

Weight Watchers offers weight-loss services and products founded on a scientifically based approach to weight management. Based on the philosophy that successful weight loss is achieved through the attainment of a series of realistic goals, Weight Watchers offers multi-dimensional ways to learn how to achieve and then maintain a healthy body weight for the long term.

Cooper Standard has teamed up with Weight Watchers to bring our employees effective weight management offerings at a discounted price.

Who is eligible to participate in these offers?

All Cooper Standard employees are eligible to participate.

If I am currently a Weight Watchers member and want to take advantage of Cooper Standard special pricing, how can I do this?

If you registered for the OnlinePlus only option, you will still need to register under the Cooper Standard Weight Watchers portal (wellness.weightwatchers.com) with Employer ID: 11358954 and Employer Passcode: WW11358954 to take advantage of the discounted pricing.

Note: Click “Do you already have a weightwatchers.com account?” and enter your current user name and password into these fields to maintain your previous account history and favorites.

How do I sign up for Weight Watchers OnlinePlus only?

Purchase through wellness.weightwatchers.com with Employer ID: 11358954 and Employer Passcode: WW11358954 to receive discount pricing. For assistance, call 866-204-2885 or contact your local Wellness Champion.

How do I sign up for a Weight Watchers At Work Meeting Series?

Contact your local Wellness Champion for instructions on how to enroll for an At Work Meeting Series. Your Wellness Champion will coordinate an onsite At Work Meeting Series at your location if a minimum of 15 employees sign up to participate.

How much time should I plan on spending at a Weight Watchers At Work Meeting?

Your group meeting, led by a trained Weight Watchers Leader, will last approximately 30-45 minutes.

Is my weight kept confidential?

Yes. Only Weight Watchers will see a copy of your weight tracker. Cooper Standard does not receive individual weight loss information.

What are the requirements for becoming a Weight Watchers meetings member?

To become a Weight Watchers meetings member, you must:

1. Weigh at least 5 pounds more than the minimum healthy weight for your height, according to the Weight Watchers healthy weight ranges.
2. Not be pregnant.
3. Not have an active medical diagnosis of bulimia nervosa or anorexia nervosa.
4. Sign the Health Release on the Registration Card.

How do I cancel my Online subscription?

Weight Watchers is committed to a hassle-free cancellation process. You can easily cancel your Weight Watchers Online account by calling 866-204-2885.