

# A Guided 5-Month Prayer Retreat

**... this retreat will change everything about how you relate to God!**

Based on the Spiritual Exercises of Ignatius of Loyola (the 16th Century founder of the Jesuit Order) you will learn how to engage in authentic encounters with God in prayer. Through scripturally-based teaching and time-honored spiritual practices you will deepen in your experience of God's love and learn to recognize and respond to the voice of Jesus every day.

Participants meet together one Saturday morning per month and are provided with daily prayer guides for the weeks in between.

**For Information and Registration:**  
Visit our website at [www.renewalminnw.org](http://www.renewalminnw.org)  
or call 425-361-7953.



*"and his sheep follow him because they know his voice."  
— John 10:4*

## What are the Spiritual Exercises?

The Spiritual Exercises are an invitation to renew and deepen our relationship with Jesus Christ through prayer and meditation on Scripture. The Exercises are not intellectual exercises – teaching a set of theological propositions, but rather a series of prayerful meditations on Scripture that help us to clarify and deepen our devotion to Jesus Christ.

## What is the commitment like?

In addition to the monthly retreat, a commitment to a daily time of prayer. You are provided with guided prayer exercises to aide you in your daily times of meditation and prayer.

5-MONTH PRAYER RETREAT

**Cost** | includes retreat materials and snacks. \$50 deposit due at time of registration, 1/2 of balance on first day of retreat, final payment in March.

(Payment plans & Scholarships available upon request.)

- Early-Bird** (by Jan 1) \$350
- Regular Registration** \$400
- Married Couple** \$625
- Retreat Alumni** \$300

\***NPSP Clergy** may apply to COM for scholarship funds

[www.renewalminnw.org](http://www.renewalminnw.org)

## 2016 5-Month Retreat Dates

- Saturday January 23** — 9 to 3:30 PM (includes lunch)
- Saturday February 20** — 9 to 1 PM
- Saturday March 12** — 9 to 1 PM
- Saturday April 16** — 9 to 1 PM
- Saturday May 21** — 9 to 1 PM
- Optional Wrap-up **June 25** — 9 to 2PM

**Location** | St Mary on-the-Lake Peace & Spirituality Center, Bellevue

## Facilitated by

Rev. Denise Easter, Rev. Dianna Kunce, Rev. Dr. Bob Slater

*Visit for powerful stories & testimonials!*

## ----- 5-Month Prayer Retreat Registration Form -----

- Enclosed is my \$50 **deposit** to reserve my place.
- I am **paying in full** (includes deposit fee), enclosed is my registration for:
  - \$350 (Early– before Jan 1.)  \$400 (General)  \$620 (Married)  \$300 (Alumni)
- I agree to pay in **two installments** to be paid in full by March 16, 2016.
  - Enclosed is the First Installment of \$ 150, due by January 23, 2016.
  - Second Installment of remaining balance due by March 16, 2016.

Name \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip/Postal Code: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Special Food Needs \_\_\_\_\_



### Payable to:

Renewal Ministries Northwest  
PO BOX 12243  
Mill Creek, WA 98082

425-361-7953

[renewalministries@live.com](mailto:renewalministries@live.com)

[www.renewalminnw.org](http://www.renewalminnw.org)

*Confirmation and directions will be sent 2-3 weeks before the retreat.*