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IDEAL IMAGE

APRIL 2nd, 2016 NPC

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NPC TEAM UNIVERSE QUALIFIER ★ NPC PHYSIQUE NATIONAL QUALIFIER ★ NPC BIKINI NATIONAL QUALIFIER ★ NPC FIGURE NATIONAL QUALIFIER

Open Men's Bodybuilding

6 Classes
Bantamweight • Lightweight
Welterweight • Middleweight
Light-Heavyweight
Heavyweight
LIMITED - 2 CLASSES

Master's Men's Bodybuilding

2 Classes
40-49 yrs. old,
50 yrs. old & over

Teenage Men's Bodybuilding

1 Class
16-19 yrs. old

Open Men's Physique

A = Up to & including 5'7"
B = Over 5'7" up to & incl. 5'8"
C = Over 5'8" up to & incl. 5'9"
D = Over 5'9" up to & incl. 5'11"
E = Over 5'11" up to & incl. 6'
F = Over 6'
LIMITED - 2 CLASSES

Master's Men's Physique

35 yrs. old & over
1 Class

Teenage Men's Physique

16-19 yrs. old
1 Class

VIDEO RECORDING PROHIBITED

NEW!

NEW!

NEW!

NEW!

NEW!

NEW!

NEW!

NEW!

NEW!

NEW!

NEW!

NEW!

NEW!

**** NEW ** "LIMITED DIVISION!" ADDED**

Limited Division will be for ANY competitor who has NOT PLACED IN THE TOP 2 in any NPC contest previously.

CLASSIC Men's Physique

3 Classes
Information on Entry



Special Guest Poser
IFBB PRO

ROELLY WINKLAAR

APRIL 2ND, 2016

PREJUDGING 9:00 AM (DOORS OPEN AT 8:00AM)

FINALS 5:30 PM (DOORS OPEN AT 4:45 PM)

Classes may be added as competitor numbers increase!

Women's Figure

5 Classes
CLASS A = Up to & including 5'2-1/2"
CLASS B = Over 5'2-1/2" up to & incl. 5'4"
CLASS C = Over 5'4" up to & incl. 5'5-1/2"
CLASS D = Over 5'5-1/2" up to & incl. 5'7"
CLASS E = Over 5'7"
LIMITED - 2 CLASSES

Master's Figure

3 Classes
35-39 yrs. old, 40-49 yrs. old,
50 yrs. old & over

NPC Bikini Contest

6 Classes
A = Up to and incl. 5'1"
B = Over 5'1" up to and incl. 5'2-1/2"
C = Over 5'2-1/2" up to and incl. 5'4"
D = Over 5'4" up to and incl. 5'5-1/2"
E = Over 5'5-1/2" up to and incl. 5'7"
F = Over 5'7"
LIMITED - 2 CLASSES

Master's Bikini

1 Class • 35 yrs. old & over

Open Women's Physique

2 Classes
Height Classes determined day of contest
LIMITED - 1 CLASS

Master's Women's Physique

1 Class • 35 yrs. old & over

EVERY COMPETITOR RECEIVES:

Photo on npcnews.com, rxmuscle.com, musculardevelopment.com & bodybuilding.com • Competitor's Award
Contest T-shirt • Contest Program • Bodybuilding.com Gym Bag

OVERALL OPEN WINNERS RECEIVE:

A Contest Title Jacket • 8ft. overall trophy • Title Weight Belt
Photo published in Ironman Magazine, NPC News, Flex, and Muscular Development

MANDATORY CHECK-INS/WEIGH-INS
FRIDAY, APRIL 1ST • 6:00-9:00 pm



COURTYARD MARRIOTT
http://cwp.marriott.com/clecw/npcmarch

25050 Sperry Drive
Westlake, Ohio 44145
(440) 871-3756

NO ATHLETE CHECK-INS ON SATURDAY! NO EXCEPTIONS!

NEW VENUE! CLEVELAND PUBLIC AUDITORIUM
PARKING! There are 1,200 convenient parking spaces directly in front of Public Hall at "Willard Parking Garage!" There are other parking garages located in the near vicinity of the venue as well.

CONTEST COVERAGE PROVIDED BY:



FOR SPONSORSHIP, ENTRY, & TICKET INFORMATION, CONTACT: DAVE LIBERMAN (440) 942-5634 (www.daveliberman.com) OR TODD PEMBER (440) 984-2762

Check on www.daveliberman.com for important updates!

THE 2016



NPC NATURAL OHIO DRUG TESTED BODYBUILDING, PHYSIQUE, FIGURE & BIKINI CHAMPIONSHIPS

SATURDAY, APRIL 2ND, 2016 • CLEVELAND PUBLIC AUDITORIUM

DRUG TESTING:

THE FOLLOWING COMPETITORS WILL BE DRUG TRUSTED: MEN: BODYBUILDING, CLASSIC PHYSIQUE, & PHYSIQUE: Top 3 AND one random athlete per class will be drug tested. WOMEN: PHYSIQUE, FIGURE, & BIKINI: Top 2 AND one random athlete per class will be tested LIMITED DIVISIONS: Top 2 AND one random athletes in ALL classes will be drug tested. Competitors will be drug tested at Prejudging immediately following their class (crossovers get tested after their last crossover class).

MENS ONLY!!! It is the athletes responsibility to notify the promoter's if they placed in the top 3 and were not drug tested! If any athletes places in the top 3 of any class and leaves the auditorium without being tested, they will be disqualified.

WOMEN ONLY!!! It is the athletes responsibility to notify the promoter's if they placed in the top 2 and were not drug tested! If any athletes places in the top 2 of any class and leaves the auditorium without being tested, they will be disqualified.

If drug tested, you must wear only your posing suit. No shoes, jackets, sweatsuits or hats will be permitted in drug testing area. You MUST list all legal, over the counter supplements in the space provided on this entry and/or a separate piece of paper. *By signing the entry, you are agreeing to allow promoter's to post on www.daveliberman.com, any drug test failures including names, competitor number, photo and actual copy of drug test results.*

ALL DRUG TESTS RESULTS ARE FINAL. Even if you feel the test results are incorrect, by signing the entry form, you agree to let the drug testing companies result stand. If you test positive for anabolic steroids, diuretics or clenbuterol, you are disqualified and MUST repay your drug test fee and ship your award to whomever we designate and pay all fees.

PUBLICITY

• **HUGE** Trophies presented to the top five places in each class and one Overall Trophy awarded to: All Divisions in MEN'S BB, MASTER'S MEN BB, MEN'S PHYSIQUE, CLASSIC MEN'S PHYSIQUE, WOMEN'S PHYSIQUE, FIGURE, MASTER'S FIGURE AND BIKINI.

"LIMITED DIVISIONS" (only) receive Niels Andersen Sculptures.

& AWARDS:

• The Overall Champions receive an 7'6" overall trophy, title jacket, contest weight lifting belt and photo in *Ironman Magazine* and *NPC News Online* publications.

• JUNIOR MEN'S BB, TEENAGE MEN'S BB, TEENAGE MEN'S PHYSIQUE, MASTER'S MENS PHYSIQUE & MASTER'S WOMEN'S PHYSIQUE - Winners receive contest title jacket & weight lifting belt

• **Guaranteed awards to all competitors who enter before MARCH 12TH, 2016.**

• **Every Competitor Receives:** A contest t-shirt, competitor's award, souvenir contest program, bodybuilding.com gym bag (while supplies last), their photo on npcnewsonline.com, www.musculardevelopment.com, rxmuscle.com and bodybuilding.com.

ENTRY FEE:

ENTRY FEE is \$100 per class (crossovers welcome)

LATE FEE AFTER MARCH 12th an additional \$30.00 = \$130.00 (crossover class \$100.00 per class)

ENTRY DAY OF CHECK-IN'S, FRIDAY, APRIL 1st, \$160.00 (crossover class \$100.00 per class) **CASH ONLY - NO EXCEPTIONS.**

ATTENTION COMPETITORS: Anyone securing a **NEW** Sponsor will be compensated accordingly. Contact promoters for details.

ADVANCE ENTRY FEE PAYMENT BY MONEY ORDER ONLY - NO CHECKS - NO EXCEPTIONS.

Must accompany entry form and be made payable to: Todd Pember, 202 Sleepy Hollow Dr., Amherst, OH 44001

MUST INCLUDE PHOTO COPY OF YOUR DRIVER'S LICENSE!

ENTRY FEES PAID ON FRI., APRIL 1ST, MUST BE PAID IN **CASH ONLY - NO EXCEPTION** * DO NOT MAIL ENTRY THAT REQUIRES A SIGNATURE FOR PICK UP! *NO REFUNDS OR EXCHANGES ON THE ENTRY FEE!

MANDATORY CHECK-IN/WEIGH-IN:

ALL COMPETITORS - MANDATORY CHECK-INS/WEIGH-INS FRIDAY, APRIL 1ST, BETWEEN 6:00PM - 9:00PM AT THE HOST HOTEL - COURTYARD MARRIOTT (25050 Sperry Drive - Westlake, Ohio 44145 - (440) 871-3756).

* **IMPORTANT NOTE:** BODYBUILDING, CLASSIC PHYSIQUE AND WOMEN'S PHYSIQUE COMPETITORS MUST BRING THEIR MUSIC AT CHECK-INS ON FRIDAY.* Airbrush tanning of **Liquid Sun Rayz** will be available for purchase from 1:00 pm at the Courtyard Marriott on Friday and all day on Saturday at the Cleveland Public Auditorium. Please schedule an appointment in advance by calling Marilyn at 513-460-6152 or e-mail her at info@liquidsunrayz.com.

IMPORTANT NOTE!!

NO DAY OF CONTEST CHECK-INS ON SATURDAY, APRIL 2ND! NO EXCEPTIONS!

Athletes must be at the Cleveland Public Auditorium by 7:00 AM **SHARP** on Saturday, April 2nd.

Prejudging begins at **9:00 AM. FINALS BEGIN AT 5:30 PM.**

MANDO DRUG TESTING WILL START DURING AND CONTINUE AFTER PREJUDGING.

NPC OFFICIALS:

Meet Chairman: NPC Ohio State Chairman Rick Bayardi. Any questions concerning NPC rules & regulations, contact Rick at 740-859-6053 rickbayardi@comcast.net

Head Judge: Mr. Olympia & NPC National Judge, NPC Mid-Atlantic Zone Chairman, Gary Udit.

ATHLETES' MEETINGS: PREJUDGING:

MANDATORY - 7:00 AM and 4:30 PM. * **IMPORTANT - FINALS! 5:30 PM SHARP!**
9:00 AM **SHARP!**

**** All Competitors MUST sign the NPC Disclaimer provided at Check-Ins ****
*****Be sure to check on www.daveliberman.com for IMPORTANT updates and possible changes*****

COURTYARD MARRIOTT IS THE OFFICIAL CONTEST HOTEL



Make reservations early!!

**ANY PROBLEMS SECURING HOTEL RESERVATION OR RECEIVING THE SPECIAL NPC RATES OF \$99.00 PER NIGHT, CONTACT HOTEL MANAGER, MICAH STAMPF at (859)-536-1460
e-mail: micah.stampf@cymwestlake.com

SITE OF THE MANDATORY CHECK-IN/WEIGH-IN, FRIDAY, APRIL 1, 2016, 6-9 PM

COURTYARD MARRIOTT
25050 Sperry Drive
Westlake, Ohio 44145
(440) 871-3756

Ask for Special NPC Rate \$99.00 After March 12th, rate goes to \$129 per night. Credit card will be charged at time of reservation. No Cancellations

Ask for the special NPC rate of \$99.00 per night thru March 12 (Friday, April 1 - Saturday April 2)

THE OFFICIAL CONTEST PHOTOGRAPHER IS

J.M. MANION of NPCNEWSONLINE.COM

J.M. PRODUCTIONS PHOTO STUDIO

P.O. BOX 293 • PRESTO, PA 15142-0293

(412) 257-4555 or 276-8267

www.jmmanion.com

E-mail: jmmnpc@aol.com



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ORDERING INDIVIDUAL CLASS (HD) VIDEO AVAILABLE AT CHECK-IN'S & DAY OF CONTEST, ONLY \$20.00!

TICKETS

TICKETS INFORMATION: Discounts on Advanced Tickets!! Save \$5 per ticket!
ADVANCED TICKETS DISCOUNT THROUGH PayPal at: www.daveliberman.com
(available through March 26th, 2016):

PREJUDGING = \$25.00: VIP SEATING - FIRST 10 ROWS CENTER SECTION

PREJUDGING = \$20.00: OPEN GENERAL ADMISSION SEATING

FINALS = \$35.00: VIP SEATING - FIRST 10 ROWS

FINALS = \$30.00: OPEN GENERAL ADMISSION SEATING

TICKETS DAY OF EVENT CASH ONLY AT BOX OFFICE

PREJUDGING = VIP: \$30.00 : OPEN SEATING = \$25.00

FINALS = \$40: VIP : OPEN SEATING = \$35.00

Plus 8% Sales Tax

Advance Discounted Ticket Prices

TRAINER PASS - \$100
Trainer MUST have a ticket to the event.



Credit Card orders through **PayPal** (Add \$1.00 per ticket for shipping & handling) log onto www.daveliberman.com to place an order. Credit Card orders will be available until 3/26/16. **There are no refunds or exchanges on tickets.**

Advance Tickets by Mail, send money order (NO CHECKS) payable to:
Todd Pember
202 Sleepy Hollow Dr. Amherst, OH 44001

SATURDAY, APRIL 2, 2016



APRIL 2nd, 2016 NPC
NATURAL OHIO
DRUG TESTED BODYBUILDING, PHYSIQUE, FIGURE & BIKINI CHAMPIONSHIPS
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— ENTRY FORM —

2016



NPC NATURAL OHIO DRUG TESTED CHAMPIONSHIPS

— ENTRY FORM —

WOMEN'S FIGURE, BIKINI, PHYSIQUE & MEN'S COMPETITION — National Qualifier — BODYBUILDING COMPETITION — NPC Team Universe Qualifier

MUST PRINT CLEARLY USING PEN ONLY!

MUST INCLUDE PHOTOCOPY OF CURRENT DRIVER'S LICENSE

Name _____ Date of Birth _____ Height _____ Weight _____
Address _____ City _____ State _____ ZIP _____
Home Telephone (_____) _____ Work Telephone (_____) _____ E-mail _____

Please check the correct category(ies): *Classes may be added as competitor numbers increase!*

*NOTE-email is the only way you will receive confirmation of entry from toddpember@twc.com.
Write in capital letters. Please add to safe sender list.

WOMEN'S FIGURE COMPETITION (National Qualifier)

- ☐ Class A - Up to & incl. 5'2-1/2"
☐ Class B - Over 5'2-1/2" up to & incl. 5'4"
☐ Class C - Over 5'4" up to & incl. 5'5-1/2"
☐ Class D - Over 5'5-1/2" up to & incl. 5'7"
☐ Class E - Over 5'7"
☐ Limited - 2 Classes, details on page 2

MASTER'S WOMEN'S FIGURE COMPETITION
(Master's National Figure Qualifier)

- ☐ 35 - 39 years old
☐ 40 - 49 years old
☐ 50 years old and over
☐ 2 Height classes
to be determined day of contest
☐ Limited - 1 Class, details on page 2

BIKINI COMPETITION (National Qualifier)

- ☐ Class A - Up to and incl. 5'1"
☐ Class B - Over 5'1" and up to and incl. 5'2-1/2"
☐ Class C - Over 5'2-1/2" and up to and incl. 5'4"
☐ Class D - 5'4" and up to and incl. 5'5-1/2"
☐ Class E - Over 5'5-1/2" and up to and incl. 5'7"
☐ Class F - Over 5'7"
☐ Limited - 2 Classes, details on page 2

MASTER'S - BIKINI

- ☐ 35 years old and over

MASTER'S - WOMEN'S PHYSIQUE

- ☐ 35 yrs old and over

MEN'S PHYSIQUE (National Qualifier)

- ☐ Class A - Up to & incl. 5'7"
☐ Class B - Over 5'7" up to & incl. 5'8"
☐ Class C - Over 5'8" up to & incl. 5'9"
☐ Class D - Over 5'9" up to & incl. 5'11"
☐ Class E - Over 5'11" up to & incl. 6'
☐ Class F - Over 6'
☐ Limited - 2 Classes, details on page 2

TEENAGE MEN'S PHYSIQUE

- ☐ 16-19 yrs old 1 class

MASTER'S MEN'S PHYSIQUE

- ☐ 35 yrs old and over 1 class

CLASSIC MEN'S PHYSIQUE

- ☐ A ☐ B ☐ C *Divisions on page 2

MEN'S BODYBUILDING CHAMPIONSHIPS
(NPC Team Universe Qualifier)

- ☐ Bantamweight - up to 143-1/4 lbs.
☐ Lightweight - Over 143-1/4 lbs. up to and incl. 154-1/4 lbs.
☐ Welterweight - Over 154-1/4 lbs up to and incl. 165-1/4 lbs.
☐ Middleweight - Over 165-1/4 lbs. up to and incl. 176-1/4 lbs.
☐ Light-Heavyweight - Over 176-1/4 lbs. up to and incl. 198-1/4 lbs.
☐ Heavyweight - 198-1/4 lbs. and over

Limited - ☐ under 176lbs ☐ over 176lbs *Details on page 2

MASTER'S - MEN'S BB

- ☐ 40 - 49 yrs old ☐ 50 yrs old and over

JUNIOR MEN'S BB

- ☐ 23 yrs old and under

TEENAGE MEN'S BB

- ☐ 16-19 yrs old

In consideration of your acceptance of this entry, I (contestant) hereby declare for myself, my heirs, executors, waive and release all rights and claims for damages I may have against the National Physique Committee of the U.S.A., Inc., the 2016 NPC Natural Ohio Drug Tested Bodybuilding, Physique, Figure & Bikini Championships. I further agree to hold harmless Todd Pember, Dave Liberman, the City of Cleveland and Cleveland Public Auditorium and employees for any and all injuries and/or damages incurred by me in connection with these contests and in traveling to and from them. I hereby grant full permission to any and all of the foregoing to use any photographs, videotapes, motion pictures, recordings or any other record of this event for any purpose whatsoever. By signing this entry form you agree to receive emails from Dave Liberman/Todd Pember/Natural Northern USA/Natural Ohio and its affiliates.

YOU MUST list all LEGAL supplements used in preparation for this competition. FAILURE TO DO SO LEADS TO DISQUALIFICATION!! Must print clearly. If you run out of space, please list on separate sheet and send with entry.

*** BY SIGNING THIS ENTRY, YOU ARE AGREEING TO ALLOW PROMOTERS TO POST ON www.daveliberman.com, ANY DRUG TEST FAILURES INCLUDING THE NAME, COMPETITOR NUMBER & PHOTO, AND ACUTAL DRUG TEST.**

PLEASE NOTE: Any contestant failing the drug test will be responsible for the expense of the failed drug test and any expenses incurred in shipping awards back to promoters.

By signing this application I hereby declare that I have been drug free for at least one year prior to this competition.

Signature _____ Date _____ Total Amount Enclosed \$ _____
Parent Or Guardian Signature (if under 18 years of age) _____
DO NOT SEND MONEY FOR NPC CARD. **MONEY ORDER ONLY!!**

MUST enclose: • Entry form completed and signed - **PHOTOCOPY OF CURRENT DRIVERS LICENSE**

• Postmarked on or before MAR. 12, 2016 - \$100 for one class OR \$200 to crossover and compete in two classes

• Postmarked after MAR. 12, 2016 - \$130 for one class OR \$230 to crossover and compete in two classes

MONEY ORDER ONLY (NO CHECKS!) payable to:

Todd Pember, 202 Sleepy Hollow Dr., Amherst, OH 44001

*** DO NOT SEND ENTRY THAT REQUIRES A SIGNATURE FOR PICK UP! ***



**Send in your completed entry before
March 12, 2016 and save as much as \$60!**



Entry form mailed in MUST be received by Thursday, MARCH 31, 2016

Entries accepted at check-ins on Friday, April 1 - \$160 for one class OR \$260 to crossover and compete in two classes

Do not send money for NPC Card. They will be available on the day of the show.

Or call the NPC office at (412) 276-5027 for an NPC card application

*** NO REFUNDS OR EXCHANGES ON THE ENTRY FEE! ***