



Dental Health in Teens

DRUG AWARENESS

S h a r e t h e C a r e

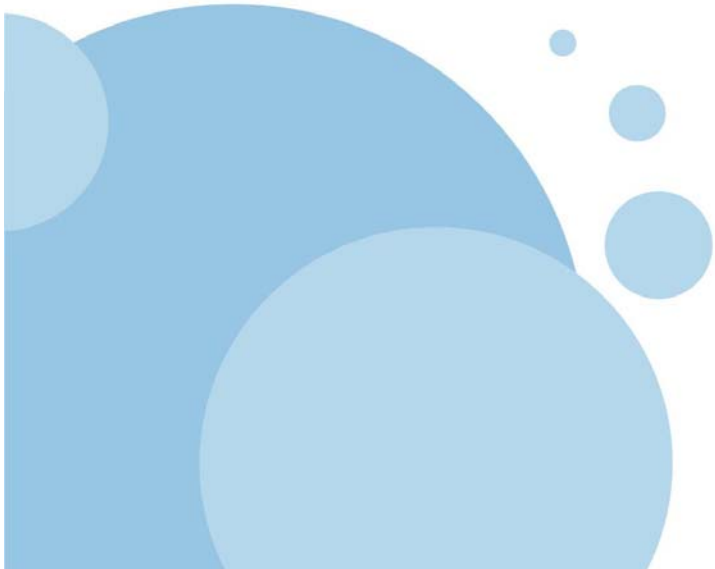
San Diego County Health and Human Services Agency





Why Focus on Oral Health?

- Dental problems are the ____ reason for missing school
- ____ of adolescents aged 16-19 have _____ or _____ in their permanent teeth





Oral Effects of Drugs



- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____





T o b a c c o



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- _____ people diagnosed in 2007
with _____
- _____ people die every year
from _____
- Effects on mouth:
 O _____ and _____ teeth
 O _____
 O _____
 O _____
 O _____
 O _____ of _____ / _____



Smokeless Tobacco

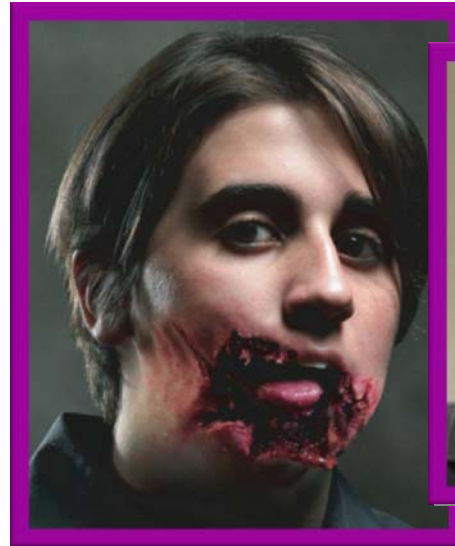


- Also known as _____, _____, _____, _____, and _____
- Types:
 - _____: Fine-grain tobacco that often comes in teabag-like pouches. Users "pinch" or "dip" between their lower lip and gum
 - _____: Shredded, twisted, or "bricked" tobacco leaves that users put between their cheek and gum.



Smokeless Tobacco

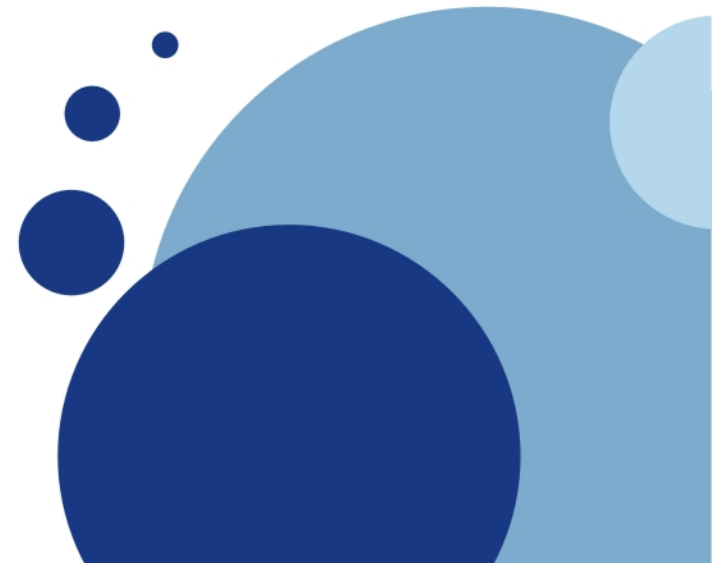
- The tobacco _____ in the _____ so users can suck or chew on the tobacco
- Users _____ often to get rid of the saliva that builds up
- The sucking and chewing allow _____ (an addictive drug) to be absorbed into the bloodstream through the tissues



*Smokeless does not mean *harmless*!*
Smokeless tobacco is every bit as dangerous as smoking!

Smoking and Drinking

are risk factors for a higher incidence of tooth decay, gum disease and oral cancer





Alcohol Statistics

- More than _____ U.S. deaths are caused by excessive alcohol consumption each year
- Direct and indirect causes of death include _____, _____ of the _____, _____, _____, and _____
- Alcohol is the most _____ used drug among young people
- Underage drinking costs the United States more than _____ every year— enough to buy every public school student a state-of-the-art computer!



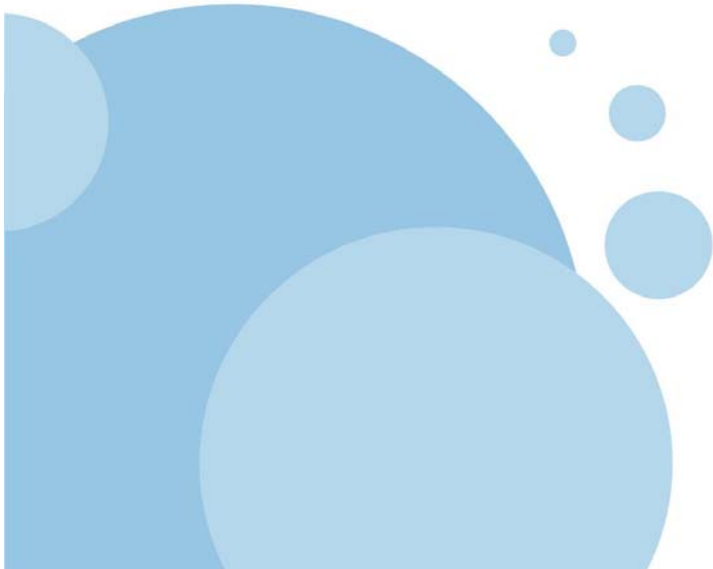
Alcohol Statistics

- Alcohol kills _____ times more youth than all other illicit drugs combined
 - In surveys done recalling the prior 30 days, _____ of high school seniors report drinking, with _____ reporting having been drunk at least once
 - Youth who drink alcohol are _____ times more likely to use _____ than those who never drink alcohol
 - _____ are the greatest single cause of death for persons aged _____
 - About _____ of these fatalities are in alcohol-related crashes
-



Drinking Alcohol and Dental Problems

- Heavy drinking can cause:
 - _____ of the gum, tongue, and oral tissues
 - Poor _____ after dental surgery
 - Poor _____ health habits
 - Increase in _____ from the increased exposure to sugars and acids in the alcoholic beverage itself





ILLEGAL RECREATIONAL DRUGS





Dental Problems with Crack Cocaine



- Higher risk for ___ infection and other medical concerns, such as: ___, ___, ___, or ___ from the ___
- Dental Problems include:
 - o ___ (hole) in the separation between the 2 nostrils or nasal septum
 - o ___
 - o ___ to tooth surfaces



What is Meth?

- Short for _____
- A powerful and addictive stimulant that:
 - Affects _____
 - Has a _____ potential for _____
- To prevent “crash”, user takes more meth
- _____ develops rapidly, leading to an addiction in a relatively short time





W h a t i s M e t h ?

**“Double Whammy”
Drug**

FIRST STAGE

e n e r g e t i c & p o w e r f u l



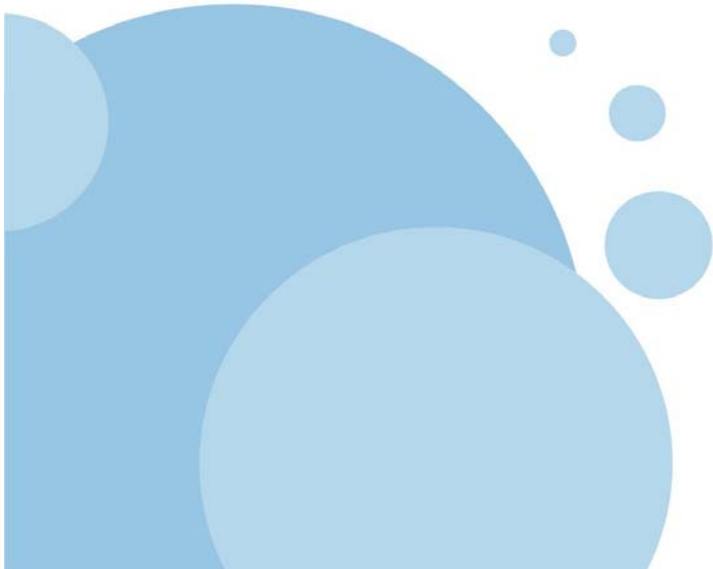
SEC O N D STAGE

d o w n f a l l / “c r a s h”



Meth Street Names

- **C r a n k**
- **T i n a**
- **S p e e d**
- **I c e**
- **Z i p**
- **C r y s t a l**
- **F i r e**
- **C h a l k**
- **T w e a k**
- **G l a s s**





Who Uses Meth?



- A meth user could be _____!

- Teens, parents, college students, men, women, and professionals
- Meth is used in a variety of _____, _____, and _____



Students & Meth

- Students are attracted by the drug's reputation for _____
- Others use it to _____ for extended periods of time
- Women and girls view it as a way to _____

- Student Profile:
 - 4.5 % of High School Seniors
 - 4.1% of 10th Graders
 - 3.1% of 8th Graders

MY FRIENDS AND I
SHARE EVERYTHING.

NOW WE SHARE HEPATITIS AND HIV.

METH

NOT EVEN ONCE.

NotEvenOnce.com



1 Year of Use

1 Year of Use

2 Months of Use

4 Years of Use



5 Years of Use

6 Months of Use

7 Months of Use

11 Months of Use



8 Months of Use

5 Years of Use

4 Months of Use

1.5 Years of Use





What is Meth Mouth?



- Caused by _____ nature of the drug and its tendency to cause _____
 - _____ acts as buffer against cavities
 - To relieve thirst or dry mouth, meth users crave _____ - _____ foods, drinks, and gum
- This contributes to widespread _____



What is Meth Mouth?



- If left untreated, tooth decay leads to severe _____ and _____
 - Infection can spread to gums, causing _____ and _____ damage
- Anxiety leads to clenching and grinding of teeth → _____ teeth



Signs of Meth Mouth



- **Dry mouth**
- **Bad breath**
- **Cavities**
- **Breaking or crumbling teeth**
- **Bleeding gums**
- **Swollen gums**
- **Loose teeth**
- **Mouth and gum sores**
- **Pain**



This is Meth Mouth





Other Signs of Meth Use

- **Excessively happy**
- **Loss of appetite**
- **Nervousness**
- **Increased acne**
- **Constant talking**
- **Rapid eye movements**
- **Dilated pupils**
- **Sweating**
- **Rapid weight loss**
- **Sleeplessness**
- **Excessive itching & sensation of “bugs” under skin**

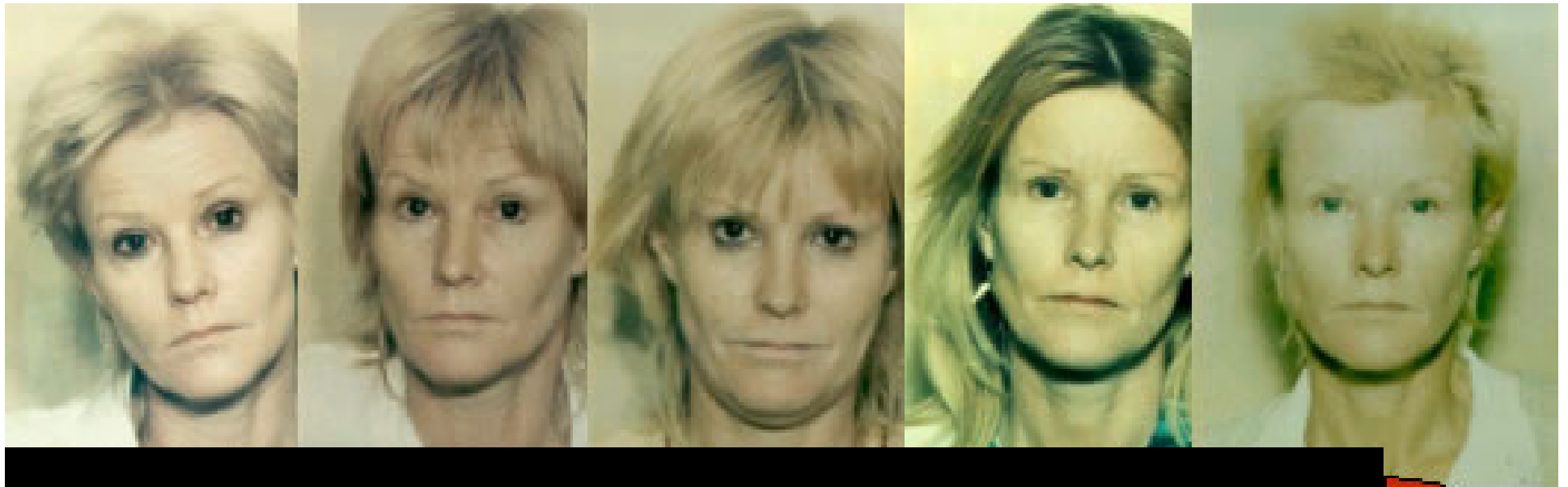


Long Term Use

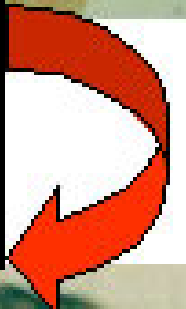
- Can lead to:
_____ (resulting
in inability to do
daily activities)

- Can cause:

- o _____,
_____, _____
_____, _____
_____, _____ to skin
and severe _____
- o Ultimately _____,
_____ or _____
_____, or even



10 YEARS OF METH USE
WHERE WILL YOU BE IN 10 YEARS?



Drugs will kill!
Is it worth it?



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**For Further Questions,
Ask Your NURSE or
HEALTH CARE PROVIDER**

Q?

A!

Dental Health Initiative

Share the Care

San Diego Health and Human Services Agency

SHARE
THE **CARE**



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