

Patient's Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_



**Mt. Washington Pediatric Hospital, Inc.**  
**CENTER FOR NUTRITIONAL  
 REHABILITATION**

**New Patient Information Form Infant/Toddler**

1708 West Rogers Avenue ♦ Baltimore, Maryland 21209-4596

(410) 367-2222 ♦ FAX: (410)578-5245

***PLEASE OBTAIN A COPY OF YOUR CHILD'S GROWTH CHART FROM YOUR  
 PRIMARY CARE PHYSICIAN AND ATTACH TO THIS FORM. RETURN ALL FORMS  
 TO THE ABOVE ADDRESS***

Today's Date: \_\_\_\_\_

Name of person completing the form \_\_\_\_\_ Relationship to child: \_\_\_\_\_

Do you have custody of child: Yes No If not, who does: \_\_\_\_\_

Patient Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_ Current Weight: \_\_\_\_\_ Ht: \_\_\_\_\_

Patient Ethnicity: (Please note: for informational purposes and is optional) **PLEASE CIRCLE**

0-Caucasian

3-Asian

1-African American

4-Other \_\_\_\_\_

2-Hispanic

Preferred Language: \_\_\_\_\_

Address: \_\_\_\_\_

Telephone: Home: \_\_\_\_\_ Cell: \_\_\_\_\_ Work: \_\_\_\_\_

E-mail Address: \_\_\_\_\_

Parent's name: \_\_\_\_\_

Referring Physician: \_\_\_\_\_ Phone: \_\_\_\_\_

Medical Diagnosis: \_\_\_\_\_

What are your feeding or nutrition concerns: \_\_\_\_\_

Does your child have any food allergies? \_\_\_ Yes \_\_\_ No

If yes, list the specific food allergies: \_\_\_\_\_

Does your child have any food intolerance? \_\_\_ Yes \_\_\_ No

**FEEDING HISTORY:**

Breast fed: Yes No

If yes, how long: \_\_\_\_\_ and if yes please circle one: **Pumped** or **Nursed**

Describe any difficulties with breast feeding/nursing: \_\_\_\_\_

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What infant formulas were used: \_\_\_\_\_

Describe any difficulties: \_\_\_\_\_

At what age were rice cereal and baby foods introduced: \_\_\_\_\_

Described any difficulties: \_\_\_\_\_

At what age were table foods introduced: \_\_\_\_\_

Describe any difficulties: \_\_\_\_\_

Are there foods do you avoid giving to your child: (please list) \_\_\_\_\_

Is there evidence of pain during swallowing? \_\_\_\_\_ Yes \_\_\_\_\_ No

If yes, explain \_\_\_\_\_

Has your child ever had any problem with the following?

Choking? \_\_\_\_\_ Yes \_\_\_\_\_ No

Gagging? \_\_\_\_\_ Yes \_\_\_\_\_ No

Coughing with solids/liquids \_\_\_\_\_ Yes \_\_\_\_\_ No

If yes,

a. At what age did the problem start? \_\_\_\_\_

b. At what age did the problem stop? \_\_\_\_\_

Does your child have vomiting ? If so, when does vomiting occur?

During feeding? \_\_\_\_\_ Yes \_\_\_\_\_ No

After feeding? \_\_\_\_\_ Yes \_\_\_\_\_ No

Unrelated to feeding? \_\_\_\_\_ Yes \_\_\_\_\_ No

When upset? \_\_\_\_\_ Yes \_\_\_\_\_ No

How often does vomiting occur?

\_\_\_\_\_ Times per day \_\_\_\_\_ Times per week \_\_\_\_\_ Times per month \_\_\_\_\_ Occasionally

How often does your child have a bowel movement?

\_\_\_\_\_ Times per day \_\_\_\_\_ Times per week \_\_\_\_\_ Times per month \_\_\_\_\_ Occasionally

Are stools usually

a. Watery

c. Pasty

b. Formed

d. Runny

c.

Has your child ever had a problem with ongoing constipation? \_\_\_\_\_ Yes \_\_\_\_\_ No

If yes, explain \_\_\_\_\_

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Does your child receive tube feedings (NG or G-tube)? \_\_\_\_\_ Yes \_\_\_\_\_ No

What is the schedule (include volume of each feeding and water flushes) \_\_\_\_\_

What rate is your child's tube-feed? \_\_\_\_\_

What formula is used for the tube feed? \_\_\_\_\_

How is the formula prepared (if not ready to feed) \_\_\_\_\_

Has there been any problems tolerating the current tube feed? \_\_\_\_\_ Yes \_\_\_\_\_ No

Describe if problems are occurring \_\_\_\_\_

What consistencies does your child eat (circle all that apply): smooth, soft, crunchy, chewy (meat), mixed/lumpy.

**What problem(s) does your child have with feeding? (Check all that apply)**

- |                           |                               |                       |
|---------------------------|-------------------------------|-----------------------|
| _____ Eats too fast       | _____ Eats too little         | _____ Messy eater     |
| _____ Eats too slow       | _____ Eats too much           | _____ Plays with food |
| _____ Does not chew       | _____ Pushes food away        | _____ Leaves table    |
| _____ Eats non-food items | _____ Sneaks food             | _____ Picky eater     |
| _____ Spits food out      | _____ Refuses to open mouth   | _____ Drools          |
| _____ Throws/drops food   | _____ Takes food from others  | _____ Ruminates       |
| _____ Cries or tantrums   | _____ Refuses to swallow food | _____ Vomits          |
| _____ Coughs              | _____ Turns away from spoon   | _____ Gags            |

Other \_\_\_\_\_

**What feeding techniques do you use with your child to get him/her to eat?**

- |                             |                            |                            |
|-----------------------------|----------------------------|----------------------------|
| _____ Coax                  | _____ Distract with toys   | _____ Limit foods          |
| _____ Threaten              | _____ Change meal schedule | _____ Spank                |
| _____ Offer reward          | _____ Mini-meals           | _____ Force feed           |
| _____ Ignore                | _____ Praise               | _____ Use television       |
| _____ Send to room/time out |                            | _____ Change foods offered |

Other \_\_\_\_\_

**Where do you feed your child? Check all that apply:**

- \_\_\_\_\_ Lap
- \_\_\_\_\_ Infant seat
- \_\_\_\_\_ High chair (regular \_\_\_\_\_ adapted \_\_\_\_\_)
- \_\_\_\_\_ Booster seat
- \_\_\_\_\_ Table/chair
- \_\_\_\_\_ Modified chair (e.g., wheelchair, rifton chair, etc)
- \_\_\_\_\_ Couch

Other \_\_\_\_\_

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Does your child self-feed? \_\_\_\_\_ Yes \_\_\_\_\_ No

Using hands? \_\_\_\_\_ Yes \_\_\_\_\_ No

Using utensils? \_\_\_\_\_ Yes \_\_\_\_\_ No

Is it hard for you to tell if your child is hungry? \_\_\_\_\_ Yes \_\_\_\_\_ No

What is your child's daily feeding schedule? \_\_\_\_\_

Does your child eat or have access to food between meals? \_\_\_\_\_ Yes \_\_\_\_\_ No

Does your child's food intake vary much from  
Meal to meal? \_\_\_\_\_ Yes \_\_\_\_\_ No

Day to day? \_\_\_\_\_ Yes \_\_\_\_\_ No

Is your child likely to eat more at one meal than other meals? \_\_\_\_\_ Yes \_\_\_\_\_ No

If so, which meal and why? \_\_\_\_\_

Does your child eat better for one caregiver or the other? \_\_\_\_\_ Yes \_\_\_\_\_ No

If yes, please specify the individual: \_\_\_\_\_

How long does a typical feeding/meal take?

\_\_\_\_\_ Less than 15 minutes

\_\_\_\_\_ 15-30 minutes

\_\_\_\_\_ 30-60 minutes

\_\_\_\_\_ More than 60 minutes

Does your child drool during feeding? \_\_\_\_\_ Yes \_\_\_\_\_ No

Can your child bite off pieces of food? \_\_\_\_\_ Yes \_\_\_\_\_ No

Does your child pocket food in his/her cheeks? \_\_\_\_\_ Yes \_\_\_\_\_ No

Does your child use any special utensils or cups? \_\_\_\_\_ Yes \_\_\_\_\_ No

Does your child drink from a bottle, sippy cup, open cup, straw? (circle all that apply)

Has your child received any other feeding therapy? \_\_\_\_\_ Yes \_\_\_\_\_ No

If yes, explain (when, where, who, how long) \_\_\_\_\_

**EATING STYLE:**

How many meals eaten outside the home/ week: \_\_\_\_\_ Where: \_\_\_\_\_

Favorite foods: \_\_\_\_\_

Favorite drinks: \_\_\_\_\_

Number of meals a day: 1    2    3    4    5    6    more? \_\_\_\_\_

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Eats at the table with family: Always Never Sometimes

Eats in front of television: Always Never Sometimes

How many hours per day does your child watch TV: \_\_\_\_\_

Is your child picky about certain foods: Yes No

If yes, what foods and brands are accepted:

\_\_\_\_\_

Is your child on a special diet: Yes No

If yes, which one(s): \_\_\_\_\_

What time of day is your child most hungry: **PLEASE CIRCLE**

0-Morning

1-Afternoon

2-Evening

3-Late Night

How many times a day does your child say she or he is hungry: **0 – 1 – 2 – 3 – 4 – 5 - More**

Does your child eat before going to bed: Yes No, what is eaten: \_\_\_\_\_

Does your child wake up hungry at night? Yes No, what is eaten: \_\_\_\_\_

How many ounces will your child drink at one time: \_\_\_\_\_

Does your child drink from a sippy cup, with a straw or from cup? \_\_\_\_\_

What does your child usually choose to drink: **PLEASE CIRCLE ALL THAT APPLY**

0-Soda how much per day (ounces or cups): \_\_\_\_\_

1-Juice how much per day (ounces or cups): \_\_\_\_\_

2-Water how much per day (ounces or cups): \_\_\_\_\_

3-Milk how much per day (ounces or cups): \_\_\_\_\_

4-Other: \_\_\_\_\_

### **PAST MEDICAL HISTORY:**

#### **Birth History:**

Weight: \_\_\_\_\_ Length: \_\_\_\_\_ Full Term: **Yes No** Premature: **Yes No**

**If premature, at what week was child born:** \_\_\_\_\_

#### **Please describe**

Problems during pregnancy: Yes No \_\_\_\_\_

Problems during delivery: Yes No \_\_\_\_\_

Problems in the first month: Yes No \_\_\_\_\_

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Please list any medical tests for feeding: (i.e. swallow study/upper GI/allergy testing) and note results of each \_\_\_\_\_  
\_\_\_\_\_

Has your child ever been hospitalized: Yes No, please list ages and for what \_\_\_\_\_  
\_\_\_\_\_

Has your child ever had surgery: Yes No, please list ages and for what \_\_\_\_\_  
\_\_\_\_\_

Has your child had any accidents: Yes No, please list ages and for what \_\_\_\_\_  
\_\_\_\_\_

Has your child's hearing been evaluated? \_\_\_\_\_ Yes \_\_\_\_\_ No

When? \_\_\_\_\_

What were results? \_\_\_\_\_

**DEVELOPMENTAL HISTORY: AT WHAT AGE DID YOUR CHILD:**

Sit Up: \_\_\_\_\_

Walk: \_\_\_\_\_

First Word: \_\_\_\_\_

Toilet Train: \_\_\_\_\_

**IMMUNIZATIONS AND ALLERGIES:**

Are Immunizations up to date? Yes No

Allergy to Food: No Yes, please list: \_\_\_\_\_

Allergy to Medicine: No Yes, please list: \_\_\_\_\_

Allergy to Latex: No Yes

**MEDICATIONS:** Please list all medications within the last 3 months (include vitamins, health food remedies, etc.) \_\_\_\_\_  
\_\_\_\_\_

**FAMILY HISTORY:**

Who lives in the home with your child? \_\_\_\_\_

Who is involved in your child's care? \_\_\_\_\_

Biological Parents:

Mother: Age: \_\_\_\_\_ Ht: \_\_\_\_\_ Current Wt: \_\_\_\_\_

Father: Age: \_\_\_\_\_ Ht: \_\_\_\_\_ Current Wt: \_\_\_\_\_

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Siblings:	Age	Male/Female
Full – Half – Step	_____	– M F
Full – Half – Step	_____	M F
Full – Half – Step	_____	M F
Full – Half – Step	_____	M F
Full – Half – Step	_____	M F
Full – Half – Step	_____	M F

**Circle if there is a family history of: (note: includes extended family- grandparents, aunts, uncles, cousins...)**

Diabetes	Thyroid Problems	Obesity	Weight loss surgery
Peptic Ulcer	Reflux	Cancer	Eating disorders
Gallbladder	Liver disease	ADHD	Seizure
Pancreatitis	Constipation	Anxiety	Depression
Arthritis	Hypertension	Mental Retardation	Learning problems
Stroke	Heart disease	Personality disorder	Infertility
Kidney disease	Schizophrenia	Low Blood Pressure	Allergies, Food
Eczema	Cystic Fibrosis	Celiac Disease	Gastric Ulcers
Eating Disorder	Feeding Disorder	Irritable Bowel Syndrome	
Sickle Cell Trait or Disease		Thalassemia Trait or Disease	
Other _____			

### **SOCIAL HISTORY:**

Caregiver marital status: **PLEASE CIRCLE**

- Married
- Sustained relationship (not married)
- Divorced
- Separated
- Single
- Widowed

Does your child go to day care: Yes (schedule: \_\_\_\_\_) No, Sitter: Yes No

What grade is your child in: \_\_\_\_\_ What school does your child attend \_\_\_\_\_

How is your child's school performance: Poor Fair Average Excellent

Does your child have either an IEP: Yes No or 504 plan: Yes No

If yes, please detail: \_\_\_\_\_

What is the quality of your child's relations with other kids: Poor Fair Average Excellent

Is your child happy: Yes No, please explain: \_\_\_\_\_

Is your child receiving OT, PT or Speech services? (Circle all that apply)

Number of times per week \_\_\_\_\_

Which agency provides the service? \_\_\_ Infants and Toddlers \_\_\_ School \_\_\_ Private

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Does your child understand commands? \_\_\_\_\_ Yes \_\_\_\_\_ No

How does your child communicate?

Verbal \_\_\_\_\_ Yes \_\_\_\_\_ No

Non-verbal \_\_\_\_\_ Yes \_\_\_\_\_ No

Gestural \_\_\_\_\_ Yes \_\_\_\_\_ No

Electronic device \_\_\_\_\_ Yes \_\_\_\_\_ No

Does your child communicate food preferences? \_\_\_\_\_ Yes \_\_\_\_\_ No

Does your child sleep through the night? \_\_\_\_\_ Yes \_\_\_\_\_ No

If not, why? \_\_\_\_\_

Does your child have difficulty with separation? \_\_\_\_\_ Yes \_\_\_\_\_ No

Describe: \_\_\_\_\_

Do you have any concerns about your child's development or behavior? Yes \_\_\_\_\_ No

If yes, explain. \_\_\_\_\_

Mother's highest level of education: **PLEASE CIRCLE**

High School

GED

Some College

College Degree

Graduate Degree

Mother's Occupation: \_\_\_\_\_ and number of hours worked/week: \_\_\_\_\_

Father's highest level of education: **PLEASE CIRCLE**

High School

GED

Some College

College Degree

Graduate Degree

Father's Occupation: \_\_\_\_\_ and number of hours worked/week: \_\_\_\_\_

Primary caregiver's work schedule: **CIRCLE ALL THAT APPLY**

Weekends

Weekdays

Days

Nights

Any significant changes in the family in the past 6 months: \_\_\_\_\_



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**REVIEW OF SYSTEMS:** Does your child have any of these symptoms:

			Comments
Allergy	Yes	No	_____
Bleeding Tendency	Yes	No	_____
Headaches	Yes	No	_____
Morning Headaches	Yes	No	_____
Trouble breathing	Yes	No	_____
Shortness of Breath	Yes	No	_____
Heavy Breathing	Yes	No	_____
Asthma	Yes	No	_____
Snoring	Yes	No	Sleep study: _____
Snores Loudly	Yes	No	_____
Mouth open during the day	Yes	No	_____
Heartburn	Yes	No	_____
Abdominal Pain	Yes	No	_____
Constipation	Yes	No	_____
Diarrhea	Yes	No	_____
Bedwetting/urinary problems	Yes	No	_____
Joint problems	Yes	No	_____
Tired in the morning	Yes	No	_____
Sleepy in school	Yes	No	_____
Easily distracted	Yes	No	_____
Difficulty organizing	Yes	No	_____
Interrupts conversations	Yes	No	_____
Wears glasses	Yes	No	_____
Trouble following directions	Yes	No	_____
Gagging	Yes	No	_____
Vomiting	Yes	No	_____
Frequent ear infections	Yes	No	_____

Has your child ever been treated for the following conditions:

			Comments:
ADHD	Yes	No	_____
ODD	Yes	No	_____
Anxiety	Yes	No	_____
Depression	Yes	No	_____
Mental Health Conditions	Yes	No	please describe _____
Legal issues	Yes	No	_____

What does your child do for physical activity? (For example plays at playground, dances etc.)

\_\_\_\_\_

How much time each day does your child spend doing physical activities? \_\_\_\_\_







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Please return your completed form to MWPH.

Mail to:

Mt. Washington Pediatric Hospital  
Attn: Brooke Spund  
1708 West Rogers Ave  
Baltimore, MD 21209

Or Fax to us: 410-578-2654

Or use our secure email system – call Brooke at 410-578-5250 for the instructions to email this form using our secure messaging system.

If you chose to email this form to Mt. Washington Pediatric Hospital using unencrypted email, please sign below that you understand your child's personal and health information may be at risk if sent using an unsecured email system.

Include this consent with your form

\_\_\_\_\_  
Signature, parent/guardian

\_\_\_\_\_  
Date