



**Center for Endocrinology, Diabetes,
Nutrition and Weight Management**

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Outpatient Referral Form

Patient info:

Patient Name: _____
(Please print)

Date of Birth: _____ Phone #: _____

Social Security #: _____

Address: _____

Interpreter needed? No Yes Language: _____

Referring physician info:

Name: _____

Address: _____

Phone: _____

Choose from the following two tracks:

Comprehensive Diabetes Management-ongoing management that includes individualized evaluations and interventions by physician/diabetes nurse practitioner, certified diabetes nurse educator and registered dietician.

This is recommended for :

- All Type 1 diabetes
- T2 DM with suboptimal control on oral agents/insulin, A1c>7 x 3 mos
- Insulin initiation
- Insulin pumps
- Diabetes with complex co-morbid conditions
- Recent hospitalization with a lack of health care follow-up
- Labile blood sugar patterns
- Hypoglycemic unawareness, frequent or severe hypoglycemia
- More intensified diabetes treatment and/ or management needs

Diabetes Education Group is a series of 9 monthly patient education sessions in a group format that teaches diabetes self-management skills, such as the use of a glucometer, diet and foot care. Sessions are conducted by certified diabetes educators and guest speakers.

Diabetes management maintained by referring provider.

Recommended for:

- Pre diabetes (impaired fasting glucose or impaired glucose tolerance)
- Diabetes controlled with diet alone
- On oral agents with A1c <7
- Diabetes knowledge base



Boston University
School of Medicine

– Glucometer use