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## Onsite Overnight Packing List

Each camper needs to fit all of her/his personal belongings into 1 bag and be able to carry that bag a short distance to the camping site.

**Please come to camp wearing regular camp attire**

### **Clothing to pack:**

- 1 pair of socks
- 1 pair of shorts
- 1 pair of long pants
- 1 light-weight, long-sleeved shirt
- 1 T-shirt
- 1 wool sweater, fleece pullover, or sweatshirt
- 1 pair of underpants
- Rain gear (*poncho or coat*)
- Handkerchief or bandanna (*serves many purposes!*)
- Clothes for sleeping

### **Eating utensils to pack:**

- 1 One-liter plastic bottle of water.
- 1 Bowl – Plastic or lightweight metal (*bowls are universal, plates are unnecessary*)
- 1 Spoon and 1 Fork (*plasticware works nicely. No knives!*)
- 1 Plastic mug with a handle
- First day's lunch

### **Personal items to pack:**

- Sleeping bag (*able to fit into a pillow case when rolled up or compressed*)
- Sleeping pad (*foam insulate or similar type pad, can be found at dept. stores*)
- Toothbrush & Toothpaste
- Comb or hair brush
- Washcloth
- Flashlight with fresh batteries
- 1 Whistle
- 2 Large, heavy duty garbage bags (*for covering gear overnight*)

**Optional extras:**

- Small, paperback book
- Small notepad and pencil or pen w/ a cap
- Standard deck of playing cards

**Please do not bring:**

- Electronics of any kind – this includes cell phones, smart phones, ipods, or any other digital media device (*watches are OK*)

***Items supplied by camp:***

- Tents
- First aid supplies
- Food and drink (*snacks, dinner, breakfast, next day's lunch*)
- Cooking Supplies: pots, pans, etc.
- Soap and water for washing
- Toilet paper

**Please label everything!** Put your name on anything that you can write on. This will greatly cut down on the confusion of campers' equipment and unnecessary loss of personal items.

To prevent against ticks and insect bites, camper's clothing may be sprayed with insect repellent. Please notify us if you wish us *not* to spray your child.

**An important note about how to pack for an overnight:** When packing, first put various items into ***gallon-sized zip-loc bags***, sealed and labeled with your (child's) name. Then, line the inside of your (child's) backpack with a ***large, heavy-duty garbage bag***. Lastly, put the sealed items into the garbage bag lining the inside of your (child's) backpack. This will assure that these items remain dry, even in the event of rain while camping.